

**MHSA Innovation Ideas Prioritization – April 2019
(3 to 5-year projects)**

Target Population	Need	Potential Reach	Project Description	Innovation	Annual Cost
Pacific Islander college-aged youth	In San Mateo County Asian/Pacific Islanders have lowest rates of accessing specialty mental health service. Pacific Islander students demonstrate the lowest rate of student success of all ethnic groups. There is a need for culturally relevant mental wellbeing supports for college-age youth.	The largest number of Pacific Islanders in the Bay Area reside in San Mateo County (11,543). Pacific Islanders represent about 1.9% (510) of students in junior colleges in San Mateo County.	Empowerment program for junior college and surrounding community Pacific Islander youth addressing mental well-being and stigma. Program has 3 key components. 1) Leadership institute for cultural education, identity, history, community, mental health, institutions to develop knowledge, skills and mental health networks. 2) Mana sessions to provide a space to decompress, engage in group discussions around mental health and wellness, as well as skill building workshops. 3) Forward Movement Projects are opportunities to give back or be of service to their community.	Culturally relevant college student leadership, community development, mental health promotion program	\$250,000
Low income young adults 18-25	Young adults have the highest prevalence of severe mental illness however, only 35% receive treatment. BHRS currently intervenes at PES, through referrals or the schools.	MidPen houses 500 low-income young adults throughout San Mateo County	Preventative mental health and harm reduction workshops, a peer support group, mental health screenings, referrals and linkages to resources for mental health and drugs and alcohol, crisis support in low-income affordable housing and surrounding community housing.	Co-location of prevention and early intervention services in low-income housing complexes	\$250,000

<p>Clients with co-occurring disorders</p>	<p>In San Mateo Health, addiction-related conditions account for 25-30% of ED and PES visits. Likely 60-80% of BHRS clients (15,000/year) are co-occurring. In FY 17/18 33% (4,950) were identified co-occurring. The Youth Services Center has 75% (45-52) youth with co-occurring diagnosis.</p>	<p>A full-time fellow can potentially carry a caseload of 150 clients and see 100 clients/month</p>	<p>An addiction medicine fellowship in a community hospital setting to provide high quality, coordinated treatment of addiction for co-occurring clients. The fellowship would be housed under the psychiatry residency program. In addition to clinical work with diverse populations they would be assigned one advocacy activity outside their usual work responsibilities made for building opportunities for community change. They would also participate in the structural humility and advocacy training.</p>	<p>Addiction medicine fellowships sponsored by a government agency community hospital</p>	<p>\$157,000</p>
<p>Housed older adults at risk of homelessness</p>	<p>43% of all elders age 65+ do not have enough income to meet their most basic needs as measured by the Elder Index. That's over 38,000 elders struggling to make ends meet in San Mateo County. TIES Lines intake unit social workers received 3,301 housing related calls and 598 calls regarding homelessness.</p>	<p>For FY 18/19 there were 1,577 eligible 60+ older adults received/receiving Home Delivered Meals in San Mateo County. 900-1,300 older adults currently served by providers can be potentially screened.</p>	<p>A mental health peer counselor would screen older adults for risk factors cited in the literature including social, economic, anxiety and depression to identify early behavioral health issues and economic stresses that would put older adults at increased risk of homelessness. The peer worker would conduct home visits through home delivered meals program, outreach, group sessions at the senior centers and other community-based settings (e.g., churches, non-profit social services providers), and referrals from senior center staff. Preventative interventions will include behavioral health coaching, mental health linkages, creating safe discussion groups.</p>	<p>Early intervention economic stress screening to prevent homelessness</p>	<p>\$200,000</p>

<p>Filipino at-risk youth (16-24) in Daly City and North San Mateo County</p>	<p>Filipino youth have highest drop-out rates, highest rates of depression, and suicide.</p>	<p>33% (about 33,000) of Daly City population are Filipino. The Daly City Youth Health Center sees about 52 Filipino youth ages 13-22 for behavioral health counseling</p>	<p>KulturARTS Kafe is a school to career/youth development social enterprise Cafe, cultural arts and wellness center. The components of this program are school to career prep, mental health/wellness ambassadors, cultural identity formation, leadership development, and financial wellness. The social enterprise model will allow for sustainability. The space will also strengthen and build community.</p>	<p>Social enterprise as a cultural arts and wellness center</p>	<p>\$700,000</p>
				<p>Total Funding</p>	<p>\$1,557,000</p>