



# Join the ODE Parent Project®



Find answers to your parenting questions

## Do you want to build a stronger relationship with your kids?

The Parent Project® is a 13-week class that gives parents, grandparents, and caregivers the tools to build strong and healthy families. *All classes are free!*

### Sign up for the Parent Project® and get:

- Resources to help you and your kids
- Tools to increase your child’s success and attendance at school
- Tips to improve communication with your child
- Strategies to prevent their use of alcohol or drugs
- Practical tools that work for your family

### DATES

**Classes start:**  
**Tuesday, September 10th, 2024**  
6:00 pm – 8:30 pm

#### Virtual Via Zoom

**Class dates:**  
9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 11/19, 11/26

#### Class language:

**English**

**Register in advance:**  
Joselyn Bautista  
[joselyn.bautista@star-vista.org](mailto:joselyn.bautista@star-vista.org)  
(650) 208-2257



SAN MATEO COUNTY HEALTH  
**BEHAVIORAL HEALTH & RECOVERY SERVICES**



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[www.smchealth.org/ParentProject](http://www.smchealth.org/ParentProject)