



San Mateo County  
Latino/a/x Collaborative

# 11th Annual Sana, Sana, Colita de Rana

**Pioneers of Change:  
Shaping the Future  
Together**

**Saturday, October 26, 2024**

**12:30 to 3:30 PM**

**Boys & Girls Club  
1109 Hilton Street  
Redwood City, CA**

**Keynote Speaker:  
Dr. Belinda Hernandez- Arriaga**

- Health and Wellness presentation by Kara
- Health Screenings by SMC Mobile Clinic and CSM Nursing Program
- Behavioral Health & Emotional Wellness Resources

**Free Family  
Event & Kid  
activities**

**Music**

**Free  
Food**

**Raffles**



SAN MATEO COUNTY HEALTH  
**BEHAVIORAL HEALTH  
& RECOVERY SERVICES**





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# 11° Anual Sana, Sana, Colita de Rana

Evento  
familiar  
gratuito

**Pioneros del cambio:  
Dando forma al futuro juntos**

**sábado, 26 de octubre de 2024**

**12:30 PM a 3:30 PM**

**Boys & Girls Club  
1109 Hilton Street  
Redwood City, CA**

Comida  
gratis

Música

**Oradora Principal:  
Dra. Belinda Hernandez-Arriaga**

- **Presentación de salud y bienestar proporcionado por Kara**
- **Exámenes de salud de la Clínica Móvil de SMC y el Programa de Enfermería de CSM**
- **Recursos de Salud Conductual y Bienestar Emocional**

Actividades  
Divertidas

Rifas



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