



<p>Commission on Aging - Resources, Access & Inclusion Committee Meeting Monday, November 13, 2023 Location: 455 County Center Room 101 Committee Members Present: Lee (Chair), Arnos, Barsi, Giannini, Porter, Vico Staff Present: Cristina Ugaitafa, Suki Ho Public Present: none</p>	
1. Welcome and Introductions	Chair Lee welcomed committee members at 11:15 a.m.
2. Public Comment	none
3. Revise/Approve November 13, 2023 Agenda	Commissioner Giannini moved to accept; Commissioner Porter seconded. The Agenda was approved.
4. Revise/Approve October 2023 Minutes	Commissioner Porter moved to accept; Commissioner Barsi seconded. Commissioner Vico abstained. The Minutes were approved.
5. Committee Work Plan Implementation	<p>a. Help at Home:</p> <ul style="list-style-type: none"> • Subcommittee Report: Chair Lee thanked Commissioner Barsi for coordinating the updates and creating a new Word version of the guide. Commissioner Barsi is waiting to receive the updated AAS section, and there will be a comparison made with the updated Senior Mobility Guide published by SamTrans. Commissioner Barsi will then send the final version to all commissioners for comments and suggestions. Commissioner Arnos provided some suggestions for changes. There was discussion about the font size and whether it is appropriate to have more pages due to a larger font. An updated version of the guide should be available in early 2024. • Discussion of how to ensure that the online version of the guide can easily be updated, and of the need to work with Network of Care to update the information on that website. <p>b. Tabling:</p> <ul style="list-style-type: none"> • Subcommittee Report: Commissioner Porter provided updates on tabling statistics. A total of 1375 Help at Home guides have been distributed through tabling events since we started keeping track. 24 events have been staffed in 2023. The subcommittee will analyze the data and the feedback received from commissioners to identify which events deserve priority next year. It was pointed out that we still do not have a runner tablecloth (needed when sharing a table) and that commissioners should be issued business cards. (Commissioner Lee subsequently arranged with Anna Sawamura to have cards prepared for all commissioners) • Commissioner Arnos opined that sharing tables with other organizations is counter-productive and that the Commission ought to have a budget so that it can pay fees for getting a separate table. Commissioner Lee explained that the only events

	<p>requiring payment in 2023 were those organized by the Daily Journal, and that she has been able to get a reduced rate of \$150 beginning in the fall, which amount has been paid by AAS. It is expected that going forward this or a similar arrangement will enable CoA to have its own table at most events unless there are space limitations.</p> <p>c. Building Relationships Commissioner Lee had circulated the updated Buddy list and, at the General Meeting, asked that all Commissioners contact their local buddy organizations and convey any staffing changes to her. She thanked Commissioner Arnos for already having provided these updates. There was a discussion about the organization “Yes in God’s Backyard,” https://yigby.org/, which advocates for using property of faith-based organization for housing people. “Safe parking” also was discussed and it was pointed out that there is great controversy about people parking along the coast. Pacifica has such a program. www.pacresourcecenter.org/services The committee decided to explore the topic of emergency housing for older adults as a presentation topic. Another topic proposed was a One-stop place where people can learn about all available housing options for low-income and/or senior citizens and about how to apply to the programs. It was suggested that the committee check out CID (Center or Independence of Individuals with Disabilities). The Openhouse, www.openhousesf.org, database was mentioned, and the housing resources workshop conducted by the Pacifica Age Friendly group.</p>
6. Review of Work Plan	Timelines and goals to be reviewed as part of upcoming strategy session.
7. Proposals for Presentation Topics	Mental Health, Star Vista, Peer Counseling and Adult Protective Services were mentioned as potential topics for presentation.
8. Publicity, Facebook, Website Issues	There was a general discussion about ways to get the public more involved, including potential changes in meeting times, sequence of presentation/meeting, etc. A question was raised whether it may make sense for the Commission to “go on the road,” <i>i.e.</i> , hold meetings in different communities.
9. Reports from Commissioners	
10. Review Assignments from this Meeting	Assignments are bolded.
11. Adjournment	Meeting adjourned at 12:30p.m. The next meeting of the Committee will be held on January 8, 2024, at 11:15 a.m. at 455 County Center Room 101.