

NAI Resources:

BHRS ACCESS CALL CENTER: To obtain behavioral health and recovery services.
650-686-0101

24 HOUR CRISIS HOTLINE
650-579-0350

SUICIDE PREVENTION HOTLINE
1-800-273-talk (8255)

ALCOHOL AND DRUG HELPLINE
650-573-3950

PARENT PROJECT COURSES
Maggie Furey: 650-372-3272

MENTAL HEALTH FIRST AID COURSES
ADULT: Kathy Reyes: 650-573-2541
YOUTH: Lauren Getuiza: 650-573-8548

NATIVE AMERICAN HEALTH
<http://americanindianhealth.nlm.nih.gov/>



NAI Meetings and Contact Information:

Come join our Native American Initiative (NAI) & make a difference in helping our fellow Native American adults & children

When: *Every 3rd Thursday of the Month from 8:30 to 10:00am*

Where: 1950 Alameda de las Pulgas, San Mateo, CA

To learn more about the NAI, please contact: Gloria Gutierrez at GGutierrez@smcgov.org

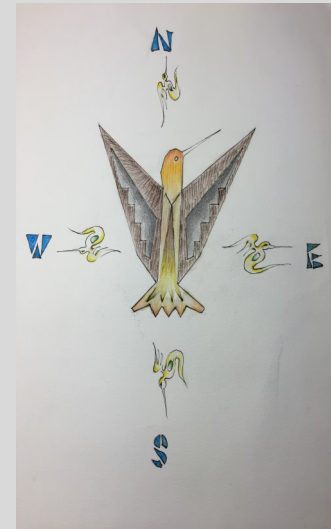


San Mateo County Behavioral Health and Recovery Services Office of Diversity and Equity

225 37th Avenue, 3rd Floor
San Mateo, CA 94403
www.smchealth.org/ODE

The Native American Initiative is supported by the San Mateo County Behavioral Health and Recovery Services, Office of Diversity and Equity and is funded by the voter-approved Mental Health Services Act (Prop 63) and Measure A.

NATIVE AMERICAN INITIATIVE



**San Mateo County Behavioral Health and Recovery Services
Office of Diversity and Equity**



San Mateo County Native American Initiative

NAI Mission:

The Native American Initiative was created to bring about a comprehensive revival of the Native American community in San Mateo County through awareness, health education, and outreach which honors culturally appropriate traditional Native healing practices.

NAI Vision:

Our vision is to provide support and build a safe environment for the Native American community in San Mateo. Additionally our goal is to appreciate and respect Native American history, culture, and spiritual and healing practices. In our work, we will strive to reduce stigma, provide assistance in accessing health care and establish ongoing training opportunities for behavioral health staff and community partners.

NAI Objective:

Increase Awareness: Improve visibility of the challenges faced by Native Americans and provide support for our community in San Mateo.

Outreach and Education: Outreach to and educate San Mateo County employees and community partners on how better to serve our community.

Welcome and Support: Welcome community members, clients, consumers, and family. Assist individuals in accessing and navigating the San Mateo County health care system.

Strengthen our Community: Provide opportunities for our Native Americans to strengthen their skills and create a collaboration for guidance, education and celebration of our community.

NAI Events:

- Presentations about Historical Trauma and the Native American Experience in boarding schools
- Presentation on Native Americans and Health Disparities: A look at the prevalence of suicide, diabetes and substance abuse
- Presentation to increase culturally appropriate treatment interventions when working with Native American clients.

NAI Activities

- Digital Story Telling
- The Parent Project®
- Adult Mental Health First Aid
- Continued collaboration with community agencies

