



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

**Unadopted Minutes
Wednesday, September 5, 2018
225 37th Avenue, Room 100
San Mateo**

BOARD MEMBERS PRESENT: Patricia Way, Betty Savin, Cherry Leung, Carol Marble, Kate Pfaff, Patrisha Ragins, Yoko Ng, Dorothy Christian, Catherine Koss, Wanda Thompson, Bill Nash, Donald Mattei, Rodney Roddewig, Leticia Bido

STAFF: Stephen Kaplan, Randy Torrijos, Karen Krahn, Suzanne Aubry, Lauren Mascarenhas, Sylvia Tang, Doris Estremera, Chantae Rochester, Terri Olvia,

BOARD MEMBERS ABSENT: Rocio Cornejo, Isabel Uibel, Eduardo Tirado, Sheila Brar, Eric Wollman

OTHERS PRESENT (signed in) Mark Christian, Helene Zimmerman, Cardum Harmon, Christopher Hoover, Marty Fox, Josephine Thompson, Marilyn Pearson, Juliana Fuebringer, Matt Boyle, Jan Allen, Jim Stansberry, Robert Bermudez,

CALL TO ORDER

The meeting was called to order at 3:05 p.m.

INTRODUCTIONS

APPROVAL OF TODAY'S AGENDA

- ▶ **M/S/C** Ragins/Marble – approved unanimously

APPROVAL OF MINUTES

Approval of minutes from the June 6, 2018 Mental Health & Substance Abuse Recovery Commission Meeting.

- ▶ **M/S/C** Marble/Roddewig passed unanimously

Approval of minutes from the June 19, 2018 Executive Committee Meeting

- ▶ **M/S/C** Marble/Roddewig passed unanimously

Correspondence, Announcements, and Public Comment

Helene Zimmerman – NAMI Walk is Saturday, September 22, 2018. We have a bus to transport clients to the walk.

Marty Fox

1. In November Proposition 2 is going to make a proposal to move a lot of MHSA money out of the fund and into building affordable housing but it is not going to come back to counties like San Mateo. The MHSA money that is going to be repurposed is also going to be redistributed. You can expect that there will be significantly less MHSA money if Proposition 2 passes. I'm working with people to come up the exact numbers but the preliminary figures are pretty telling for counties that have a high millionaires tax collection.
2. Senate Bill 10. This is the bill that changes pre-trial release from a cash bail system to what is called a risk assessment system and gives the judiciary of your superior court wide discretion in employing that risk assessment tool which they choose. I hope that at least some of you are interested in insisting on a place at the table so that the risk assessment tool that is chosen adequately addresses the issues of people like my family member who has a very serious mental illness. Sometimes he takes his medication and sometimes he doesn't; when he doesn't he almost always come to the attention of someone from law enforcement. You should understand that there are good parts of Senate Bill 10 and there are parts that are very questionable and if you aren't involved in the selection of the risk assessment tool and how it is implemented you're going to miss a tremendous opportunity to affect outcomes for countless thousands of persons living with serious mental illness.
3. AB1810 allows any defendant who can obtain a mental health professionals statement that their mental health condition contributes substantially to their offense to end up in a diversion program. There are no limits on AB1810. All courts would turn into mental health courts. If you don't get somebody involved with the judiciary and how AB1810 is going to be administered you're going to find that people with serious mental illness may not get the kind of treatment that you want them to get or they need.

Kate Pfaff – Tomorrow night the Parent Education Group for Sequoia Union High School District is going to be showing the movie *Angst* which is about teenagers' experience of anxiety in the school system. The showing is at Woodside High School tomorrow night and subsequent dates at Menlo Atherton High School and Carlmont High School. If you are interested in learning more about how our teenagers are facing anxiety I urge you to attend. You can go the district website and click on parent education for more information.

Randy Torrijos – my colleague with Supervisor Groom's office will be reaching out regarding the Youth Commissioners. If anyone is interested in being a mentor to youth commissioners that announcement will be coming out soon.

STANDING COMMITTEES

A. Committee for Children & Youth Reported by Betty Savin

Next meeting will be held on October 17, 2018 at 4:00 p.m.
2000 Alameda de las Pulgas, Room 201, San Mateo

B. Committee for Adults Reported by Dorothy Christian

Next meeting will be held on October 17, 2018 at 10:30 a.m.
2000 Alameda de las Pulgas, Room 209, San Mateo

C. Committee for Older Adults

Reported by Catherine Koss

Next meeting will be held on October 3, 2018 at 11:00 a.m.

Visit to Seton Hospital, San Bruno to see their Geriatric Behavioral Health Clinic.

Director's Report

Serenity House

As we get closer to securing when we can open there will be an open house. We want to welcome the public and those interested. We've had some delays in getting it open, I'm going to work with Karen Krahn to get myself up to speed on where we are and what we might be able to do to move things forward. It is an important piece to fill in our continuum of care.

MHSA

Regarding Mr. Fox's statement regarding Proposition 2 it is related to a legislation called No Place Like Home. It was former Senator Steinberg (now the Mayor of Sacramento) who was instrumental and one of the founders of the Prop 63 has been very interested in issues related to homelessness and wanted to find a way to secure funding that secures a bond that would encourage the development of housing that would significantly impact the homeless issues in California.

As this was developing there was a lot of conversation and a lot of concern, not that there shouldn't be more housing, but it was the mechanism for making it happen. Was this the voters' intention when they voted to enact Prop 63? The other concern was stigmatizing; inferring that all people who are homeless are mentally ill or have a substance use disorder which is not the case. The third concern, which is what Mr. Fox was talking about, is how all of this is getting funded. There isn't a guarantee or assurance that San Mateo County would benefit, that is to be determined through an RFP process around projects that are going to be proposed through the state process to address homelessness.

San Mateo is at a disadvantage, in some ways a good disadvantage because we don't have the types of homelessness that is impacting other areas of the state. The concern for San Mateo is that we would be a donor to the fund and not a recipient. When the bond is fully funded (\$2 million) we would lose \$2 million of MHSA funding and those funds come right off the top. Before the money flows to San Mateo the state would take their portion to make sure the bond was funded. The other lack of protection is if the MHSA revenue was to go down, the state would still take the same amount.

Managed Care

We run two managed care programs in BHRS. We have a contract with the state (Department of Health Care Services) and we are considered a mental health plan. From a federal perspective in the Medicaid program there are very stringent around being a managed care plan. We've also implemented the Substance Organized Delivery System (ODS) essentially for substance use related services, we are a managed care plan for the delivery of those services.

There are a lot of benefits to this but one of the challenges is that last July the Federal Government finalized what is called the Mega Managed Care Rules. Essentially these are rules that govern how, as a mental health and substance use plan, we must deliver services. We must comply and we are audited to ensure we are complying. Over the last

year, and it is continuing now, staff are plowing through these compliance requirements and we must look at where we are weak and where we are okay. I bring this up because this all very costly. We get reimbursed for some but even more than the cost issue is the burdensome issue in terms of staff resources and time and that of our providers and contractors.

I just want to bring this up as we continue to try to improve quality of care, in the back drop is how do we do all of that and stay in compliance with these requirements?

Budget

The County Manager (CMO) and the Board of Supervisors (BOS) have directed departments to start planning for potential economic down turns. As you know the economy goes in cycles and we've been on this ride for about six years now. We've started a planning process, there are some issues around how much county funding we get. We have five areas of money:

1. Medicaid – federal dollars that are reimbursed when we deliver services
2. Realignment – sales tax
3. Vehicle License Fees
4. MHSA Funding
5. County General Fund

The BOS has concerns about their general fund. If there were reductions to the county general fund, how would that impact us? We know there is a lot of confusion and conflict going on around the Affordable Care Act which could significantly impact our service delivery system. There are several things in the environment that could have potential negative impacts on our budget.

We had a meeting this morning with our staff around some of the issues we may be facing and discussed a planning process. This is not something that will impact us immediately, we are looking at the next two-year budget cycle which starts next July.

We will start a stakeholder process. We will reach out to you, our providers, staff, and others for gaining feedback on potential ideas if we must make reductions or ways to increase revenue. We are not here yet, it is just part of a planning process. I will keep you informed about the process, we probably need the Executive Committee to discuss the best way to do this with the commission to get some participation.

MHSA Update

2018 September Suicide Prevention Month

Presented by Sylvia Tang, Community Health Planner, Office of Diversity & Equity
Behavioral Health & Recovery Services

Suicide Prevention Roadmap

- Four strategies
- Twenty desired outcomes
- 31 future recommended activities
- 19 organizations and programs
- Statistics 2010-2015

Suicide Prevention Month

- September is Suicide Prevention Month
- September 9-15 is Suicide Prevention Week
- September 10 is World Suicide Prevention Day

Call to Action

- Attend/Share a Suicide Prevention Month Event
- Reach out to family/friends/co-workers/community
- Wear/share a ribbon and spark a conversation

More Information

- 24/7 Crisis Hotline
 - 1-800-273-TALK (8255) National
 - 650-579-0350 San Mateo County (StarVista)
 - Text "BAY" to 741741
- Suicide Prevention Committee
 - Meet first Tuesday of the month 1:30-3:00 p.m.
 - Silicon Valley Community Foundation, San Mateo

Liaison, Task Force and Ad Hoc Committees

Old Business

New Business

- Hall of Fame Nomination Forms will be available at the October meeting
 - Nominating Committee for the Slate of Officers
 - Rodney Roddewig, Patrisha Ragins, Bill Nash
 - MHSA Steering Committee Meeting is Monday, September 24, at 3:00 p.m.
- Standing Committee Annual Reports are due to Chantae as soon as possible

Program Presentation

We did not have program presentation this month.

Meeting Adjourned:

The meeting was adjourned at 4:12 p.m.

DAVID LEWIS AWARD CEREMONY Congratulations Robert Bermudez!

Next MHSARC Meeting:

October 3, 2018 from 3:00-5:00 p.m.
225 37th Avenue, Room 100
San Mateo, CA 94403

Next Executive Committee Meeting:

Tuesday, October 16, 2018, at 3:30 p.m.
2000 Alameda de las Pulgas, Suite 235
San Mateo

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.