





SAN MATEO COUNTY HEALTH
**CORRECTIONAL
HEALTH SERVICES**

Correctional Health Services

Jennifer Basler, LMFT
Clinical Services Manager, Forensic Mental Health
jbasler@smcgov.org



Correctional Health Services (CHS) Who are We?

- We are Correctional Health (we are not BHRS)
 - We sit under San Mateo Medical Center and are overseen by Louise Rogers
 - Our team includes medical, mental health (including substance use disorders) and specialty clinics
- 



Forensic Mental Health (FMH)

Expanded Substance Use
Disorder Program

Medicated Assisted Treatment
(MAT) for substance use disorder

Women and Men's Behavioral
Health Unit

Medical Observation Unit (Detox
Pod)

Release/Re-Entry Planning


What is BHU?

- Behavioral Health Unit
- Specific pod created to house mentally ill/ severely mentally ill IPs.
- This includes individuals with current, significant psychiatric and impaired psychological functioning. These individuals may be experiencing or may be predicted to have difficulty adapting to general population housing in the jail.
- While on BHU, IPs are given the opportunity to gain 'points' towards commissary type items. These points are gained when completing treatment goals that may be assigned to you by the mental health or medical team.

Criteria to get into BHU

- Previous SMI diagnosis (from either in custody or in the community)
- 1368/1370 (relates to competency to stand trial)
- Desire to participate in groups or to rec with others
- The IP will meet with a therapist, medical provider, and custody to determine if they are an appropriate fit for BHU. The final decision to accept someone into group programming will be made by a multi-disciplinary committee.

Roles of the BHU Clinician

- Collaboration with classification to ensure appropriate housing
 - Providing 1 on 1 f/u's, group therapy, assist with de-escalation
 - Re-entry services/ case management
 - Collaborate with community providers to ensure continuity of care outside of jail
 - Help facilitate interdisciplinary advocacy
- 

Treatment Modalities

Matrix Model for Early Recover
Risk Thinking/Criminogenic Thinking
START NOW
Medication Management
Morning Meditation
Chair Yoga
Movement Group
Socialization Skills

Art Therapy
Weekly Incentives
1:1 Treatment Planning
Inmate Library
Barber Shop
Movie Night
Hygiene Therapy
Psychiatric Clinic

SEE BHU Interventions Overview For Descriptions