



**Commission on Aging – Information, Resources and Community Engagement  
 Committee Meeting Minutes**

**Monday, November 18, 2024**

Location: 455 County Center, Room 101

Commissioners Present: Arnos, Barsi, Dependahl, Giannini, Lee, Owdom

Commissioners excused: none

Staff Present: Anna Sawamura, Shawne O’Connell

Youth Commissioner Collin Chu did not participate

1. Welcome and Introductions	Chair Lee welcomed committee members at 11:15 a.m.
2. Public Comment	none
3. Revise/Approve November 18, 2024 Agenda	Chair Lee requested that the agenda be changed to move item 7, New Business, before item 6, Old Business. Commissioner Owdom moved to approve as amended; Commissioner Giannini seconded. The agenda was approved.
4. Revise/Approve October 2024 Committee Minutes	Commissioner Barsi moved to approve; Commissioner Giannini seconded. Commissioners Arnos and Dependahl abstained. The Minutes were approved.
5. Note Taking Assignment	Commissioner Lee agreed to take notes.
6. New Business	<p>a. <u>Goal Setting and Work Plan</u>          The group reviewed the proposed revised workplan that had been circulated which incorporates the changes discussed at the October meeting. A number of further changes were agreed upon as reflected in the Workplan 2025-2026 attached hereto. Chair Lee agreed to prepare the revised plan.</p> <p>b. <u>Identify Presentation Topics</u>          Commissioner Barsi reported on her efforts to solicit a speaker on the topic of Ageism as outlined in the description regarding the AGESense© program she had circulated. She will continue this effort. The Committee agreed to propose the following four presentation topics:</p> <ol style="list-style-type: none"> <li>1. Myths and Facts about Aging</li> <li>2. The work of the Commission on the Status of Women regarding older women</li> <li>3. San Mateo County Mental Health Services Act programs, particularly programs affecting older adults</li> <li>4. Ethics for Commissioners and Brown Act updates</li> </ol>
7. Old Business	<p>a. <u>General Guidelines for representing Commission</u>          Commissioner Barsi presented the revised guidelines for commissioner communications with the public. Commissioner Owdom volunteered to write a paragraph regarding the need to distinguish between personal opinions and those of the Commission..</p> <p>b. <u>Tabling</u> – Several commissioners expressed the opinion that</p>



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	<p>tabling fees are too high and that non-profits and community organizations should be given free or significantly reduced tabling opportunities.</p> <p>c. <u>Help at Home Distribution</u> No discussion</p> <p>d. <u>Buddy Assignments</u> – Suggestion that all commissioners be asked to provide quarterly updates on their local buddies to the commission</p>
8. Announcements	There were no announcements
9. Adjournment	The meeting was adjourned at 12:35 p.m. The next meeting will be on January 13, 2025, at 11:15 a.m. at 455 County Center Room 101.