



Commission on Aging – Information, Resources and Community Engagement Committee Meeting

Monday, February 10, 2025

Location: 455 County Center, Room 101

Commissioners Present: Arnos, Barsi, Dependahl, Lee, Owdom

Commissioners excused: Giannini

Staff Present: Anna Sawamura, Shawne O’Connell

1. Welcome and Introductions	Chair Lee welcomed committee members at 11:15 a.m.
2. Public Comment	none
3. Revise/Approve February 10, 2025, Agenda	Commissioner Lee requested that item 8.a be moved up to become item 7.b. Commissioner Dependahl moved to approve the agenda as amended. Commissioner Barsi seconded. The agenda was approved.
4. Revise/Approve January 2025 Committee Minutes	Commissioner Dependahl moved to approve; Commissioner Arnos seconded. Commissioner Barsi abstained. The Minutes were approved.
5. Note Taking Assignment	Commissioner Lee agreed to take notes.
6. Preparation for the retreat	Commissioner Owdom agreed to present the Committee’s Work Plan at the retreat. Discussion about the three work plans submitted by the three standing committees. It was noted that the other two committees may not be meeting again before the retreat and will not have an opportunity to review all of the work plans. Ms. Sawamura will send another email stressing that commissioners should review all work plans prior to the retreat.
7. Old Business	<ul style="list-style-type: none"> a. <u>General Guidelines for representing Commission</u> Commissioner Barsi read the introductory paragraph prepared by Commissioner Owdom and distributed copies. The text was approved by the committee. This paragraph will be added to the previously approved document and Ms. Sawamura will present the combined document to County Counsel for review. b. <u>Identify Presentation Topics</u> Commissioner Barsi agreed to contact the person that makes presentations on agism at Sequoia Hospital and to be responsible for identifying a topic for a presentation and preparation for the presentation. General discussion of how to use the presentation time. c. <u>Tabling</u> – Commissioner Lee raised the question why we have not been sharing tabling opportunities with APS as we did last year. Commissioner Arnos reported that the Pride Celebration in Central Park in San Mateo will be on June 14. d. <u>Buddy Assignments</u> – Commissioner Lee circulated an updated buddy assignment list. The list will be further updated and distributed to all commissioners. Suggestion that Commissioners ask their local contacts whether they can sit in on staff meetings or other informational meetings on a regular

	basis. e. <u>Help at Home Distribution</u> Commissioner Barsi agreed to commence the update process by preparing a guidance document. We will form an Ad Hoc Help At Home Update Committee next month.
8. New Business	a. <u>Goal Setting and Work Plan</u> No discussion.
9. Announcements	There were no announcements
10. Adjournment	The meeting was adjourned at 12:32 p.m. The next meeting will be on March 10, 2025, at 11:15 a.m. at 455 County Center Room 101.