



SAN MATEO COUNTY HEALTH
**AGING & ADULT
 SERVICES**

Commission on Aging General Meeting Minutes

Monday, January 13, 2025, 9:00 – 11:00 a.m.

Location: In Person 455 County Center Room 101, Redwood City, CA 94063

Webinar Option for Public Attendance

Members present: JoAnne Arnos, Maria Barr, Patty Clement, Karen Coppock, Twila Dependahl, Angela Giannini, Monika Lee, Marita Leth, Irene Liana, David Linnell, Deborah Owdom, Liz Taylor, Kathy Uhl

Members excused: Eileen Barsi, Karen Coppock, Daniela Jonguitud, Ophelie Vico

Public Virtual Attendance: Adeline Jones, Carmen Santoni, Cynthia Nakayama, Dao Do-PVI, Erin Malone, Joan, Jonathan, Kasey Jo Kelly-City of SSF, Kenneth Szeto, Lisa Wilson, Meghan Rosin, Mina Richardson, Robert Hall, Sandra Lang, Terue Shinohara, Wesley Taoka

In Person Public Attendance: Stephanie Figeira Peninsula Volunteers, Inc, Elyse Brummer Ombudsman Services San Mateo County

ITEM	DISCUSSION
1. Call to Order 2. Pledge of Allegiance 3. Roll Call	Meeting called to order at 9:00 a.m. by Chair Lee followed by reciting of the Pledge of Allegiance led by Commissioner Barr. Roll call conducted and quorum was established. Chair Lee expressed deep concerns over the wildfires in Southern California and encouraged all to support in any way they can. Blood drives are being held and is one option. She also acknowledged this month’s celebration of Martin Luther King’s birthday and the important work he did to advance equal rights for all.
4. Introduction of members of the public	Chair Lee welcomed all in attendance both in person and virtually.
5. Oral Communications	Stephanie Figeira invited the Commissioners and all to Peninsula Volunteers, Inc.’s community champions breakfast at Little House on Thursday, March 20 th . Elyse Brummer announced the Ombudsman is holding two upcoming events: a series of advance healthcare directive workshops starting on January 23 rd and a Dementia Friendly cinema event supporting the LGBTQ+ community at the Fox Theatre on March 18 th . Everyone is welcome to attend. Flyers for both events were shared.

<p>6. Approval of Today's Agenda: January 13, 2025</p>	<p>Commissioner Liana motioned to approve the agenda with edits. Seconded by Commissioner Barr. Motion passed.</p>
<p>7. Approval of Minutes: November 18, 2024</p>	<p>Commissioner Barr motioned to approve the minutes. Seconded by Commissioner Linnell. Motion passed.</p>
<p>8. Update on BoS activities regarding aging items</p>	<p>Tony Bayudan announced that Supervisor Canepa will be attending the February 13th meeting. He will be announcing support he would like to provide to the Commission. More information will be shared by him at the meeting.</p>
<p>9. Committee and Ad Hoc Reports</p>	<p><u>Executive Committee</u> Chair Lee reported that an ad hoc retreat planning committee has convened to hold a retreat in February. The goal is to develop a strategic plan for the Commission that includes work plans for each committee. She thanked the committee members: Twila Dependahl, Irene Liana, Kathy Uhl. More information on the retreat will be provided under Ad Hoc Retreat Planning Committee's report.</p> <p>Two new Supervisors are serving San Mateo County: Supervisor Jackie Speier, District 1 and Supervisor Lisa Gauthier, District 4. The Executive Committee would like to send each a welcome letter. A letter is being drafted for commission approval.</p> <p>For this new year, the committee would like to propose a change in the items included in general meeting agendas. The focus has been on presentations on services and programs in the county which have assisted the commission on what support is available in the county. The committee would now like to change direction and request time to learn more about how funds are identified and allocated to support services.</p> <p>In February, staff will provide information on Older American Act funds and the allocation process. Discussion followed.</p> <p><u>Information, Resources and Community Engagement Committee</u></p> <p>Chair Lee reported that the committee's work plan and goals were included in the documents for today's meeting. Buddy assignments are being reviewed. The Committee requests that quarterly reports be provided by Commissioners on how assignments are going.</p> <p>Talking points and guidelines for representing the commission are being worked on.</p>

The Millbrae senior showcase is being held on January 31st. Thanks to Commissioner Owdom for the excellent work she is doing in leading commission outreach and tabling activities.

At the last senior showcase, Supervisor Canepa attended and stated his support of the work of the commission. He will be presenting information on funding for the CoA with details to be shared at the February meeting. This information was also shared by Tony Bayudan from the Supervisor's office.

Aging Readiness and Family Caregiver Support Committee

Co-Chair Uhl reported that the committee has not met as a committee due to health issues and other events preventing attendance to establish quorum.

The committee will prioritize completing a work plan for review at the January meeting.

Social Isolation and Transportation Committee

Co-Chair Liana reported consistent participation by SamTrans and the committee will continue to work with them.

At the last committee meeting, Margaret Baggerly announced Mobility Guides will be updated in the coming months. They have distributed guides to approximately 740 families from PVI's home delivered meal program. Margaret is the program coordinator for senior mobility and the committee would like to recommend a thank you letter be sent to her for all the work she is doing.

Youth Commissioner Adele Ryono continues work on the intergenerational survey. She is working with the schools to distribute the surveys for completion.

Discussion took place regarding an action item to send a letter of thanks to Supervisor Canepa for his support of transportation for Veteran's Village. Considerable discussion took place and Commissioner Taylor requested the letter be held.

It was recommended a second letter be sent after Commissioner Taylor is able to assess and bring back data on the effectiveness of the rides being provided.

A vote was taken but since the item was not included on the agenda, the letter will be included as an action item on the February general meeting agenda.

<p>10. Ad Hoc Retreat Planning Committee</p>	<p>Commissioner Dependahl introduced members of the committee and distributed the proposed agenda. Diane Kaljian will be the facilitator. The second page includes pre-work to do before the retreat. Two questions to answer and share replies: 1. Why are you on the Commission on Aging? 2. What is the issue/issues that are your motivation?</p> <p>Also, please think about the things the commission has completed that you were involved in or are aware of in the last few years and be prepared to highlight them at the retreat.</p> <p>The retreat is being held on Saturday, February 22, 2025, 9:30-12:30pm at the San Mateo Public Library. More details will be provided and sent to Commissioners next month.</p> <p>Commissioner Linnell recommended that isolation and loneliness should be included as part of the retreat agenda.</p>
<p>11. Member Reports</p>	<p>Commissioner Leth felt additional clarification on the county's focus on addressing social isolation and loneliness is needed. She sees the Board of Supervisors, providers in the county, and our commissions' committees working on this public health issue.</p> <p>Commissioner Arnos inquired on the status of Peninsula Family Services receiving \$1,000,000 to address social isolation and loneliness. Director Pullen replied that a Request for Proposal (RFP) was issued through Aging and Adult Services as funds require going through an RFP process. The RFP is titled: "San Mateo County Aging and Adult Services Community Engagement RFP."</p> <p>Commissioner Giannini volunteered at the Samaritan House and expressed concern over length of time riders are required to wait for rides from Redi-Wheels.</p> <p>Commissioner Owdom announced that Commissioners are still needed to assist with outreach tabling at the Millbrae Senior Showcase on January 31st. Please sign up.</p> <p>Commissioner Arnos shared that Help@Home guides are increasing in popularity and would like more to be provided for outreach especially at tabling events. Quantities are determined by Commissioners and she was requested to contact staff for the number of copies needed.</p>

	Commissioner Barr is doing research on financial insecurity and wants the commission to continue advocating to helping those who are in need of financial support.
12. Staff Report	<p>Director Pullen thanked Chair Lee for presenting on the work of the commission at Aging and Adult Services All Staff meeting on January 15th.</p> <p>He presented information on the Aging and Adult Services Community Engagement RFP including the timeline and work to be performed by the selected applicant. The submission deadline was January 8th. A panel of subject matter experts from other counties are currently reviewing proposals.</p>
13. Announcements	<p>Commissioner Liana announced she attended a luncheon at the San Carlos Adult Community Center. Supervisor Mueller and the mayor of San Carlos were in attendance. It was a wonderful opportunity to outreach and she encouraged Commissioners to attend events.</p> <p>Commissioner Dependahl enjoyed the holiday breakfast and thanked Commissioners who were able to join.</p>
14. Stretch Break	There was a 5-minute stretch break.
15. Brown Act Presentation	Brown Act Presentation given by Tara Heumann, County Counsel for the Commission on Aging.
16. Adjourn	<p>Commissioner Barr moved to adjourn the meeting. Seconded by Commissioner Linnell. Motion passed.</p> <p>Meeting adjourned at 11:00am.</p>



Commission on Aging

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