



SAN MATEO COUNTY HEALTH
**AGING & ADULT
 SERVICES**

Commission on Aging General Meeting Minutes

Monday, November 18, 2024, 9:00 – 11:00 a.m.

Location: In Person 455 County Center Room 101, Redwood City, CA 94063

Webinar Option for Public Attendance

Members present: JoAnne Arnos, Eileen Barsi, Maria Barr, Patty Clement, Karen Coppock, Twila Dependahl, Angela Giannini, Monika Lee, Marita Leth, Irene Liana, David Linnell, Deborah Owdom, Ophélie Vico

Member excused: Daniela Jonguitud, Liz Taylor, Kathy Uhl

Public Virtual Attendance: Adeline Jones, Carmen Santoni, Cynthia Nakayama, Dao Do-PVI, Erin Malone, Joan, Jonathan, Kasey Jo Kelly-City of SSF, Kenneth Szeto, Lisa Wilson, Meghan Rosin, Mina Richardson, Robert Hall, Sandra Lang, Terue Shinohara, Wesley Taoka

In Person Public Attendance: Stephanie Figeira Peninsula Volunteers, Inc, Emilyn Callado Housing Authority of the County of San Mateo; Timothy Ponti Housing and Community Development

ITEM	DISCUSSION
1. Call to Order 2. Pledge of Allegiance 3. Roll Call	Meeting called to order at 9:00 a.m. by Chair Lee followed by reciting of the Pledge of Allegiance. Roll call conducted and quorum was established. Chair Lee called out that November is National Alzheimer’s Disease Awareness Month and National Native American Heritage Month.
4. Introduction of members of the public	Chair Lee welcomed all in attendance both in person and virtually.
5. Oral Communications	No public comment.
6. Approval of Today’s Agenda: November 18, 2024	Commissioner Coppock motioned to approve the agenda. Seconded by Commissioner Barsi. Motion passed.
7. Approval of Minutes: October 21, 2024	Commissioner Owdom motioned to approve the minutes. Seconded by Commissioner Giannini. Commissioners Arnos, Clement, Coppock, Dependahl, Leth, and Linnell abstained. Motion passed.

<p>8. Update on BoS activities regarding aging items</p>	<p>On behalf of Supervisor Canepa, Anna thanked all those who were able to attend last month's Loneliness to Light event. Commissioners expressed concern over the lack of attendance by Supervisor Canepa's office at meetings. Anna will relay the request that staff attend and provide updates.</p>
<p>9. Committee and Ad Hoc Reports</p>	<p><u>Executive Committee</u> Chair Lee reported the following action items;</p> <ul style="list-style-type: none"> • Action item: approval to send a letter to Supervisor Canepa regarding transportation for veterans. A draft of the letter thanking him for helping with the extension of the existing South San Francisco Shuttle was shared. Discussion took place regarding content. The letter will be returned to the Social Isolation and Transportation Committee for clarification and reviewed again at the next General Meeting. • Action item: approval to draft a letter to the Board of Supervisors in support of the California Senior Legislature's 2025 legislative priorities. Chair Lee thanked Commissioner Owdom for all the work she has done as a Senior Senator representative to the California Senior Legislature. There was discussion on the legislative priorities and the legislative process. Motion made by Commissioner Owdom. Seconded by Commissioner Barr. Motion passed. • Action item: election of officers. Chair Lee thanked Commissioners Uhl and Vico for forming the ad-hoc nominating committee. Votes were cast for Chair, 1st Vice Chair, and 2nd Vice Chair. Election results- Chair – Monika Lee (11 votes) 1st Vice Chair – Irene Liana (12 votes) 2nd Vice Chair – David Linnell (12 votes) Commissioner Clement motioned to approve the new slate of officers. Seconded by Commissioner Coppock. Motion passed. • The CoA will be holding a retreat. The date is February 22, 2025 from 9:30am-12:30pm. Commissioners Dependahl and Uhl agreed to form an ad-hoc retreat planning committee. If any other Commissioners would like to join the ad hoc committee, please contact Chair Lee or Commissioners Dependahl or Uhl. • Commissioner Dependahl is planning a holiday gathering for the Commissioners. Please provide her with any input you may have for the event.

	<p><u>Information, Resources and Community Engagement Committee</u> Co-Chair Lee reported the committee continues to work on guidelines for representing the commission to the public and for use in conversation with the public.</p> <p>The commission will be tabling at the Senior Showcase event on Thursday, November 21. Funding to participate in these events, including ads in the Daily Journal, are supported by Supervisor Canepa’s office.</p> <p><u>Aging Readiness and Family Caregiver Support Committee</u> Commissioner Dependahl reported that the committee is continuing to work on setting goals and action items for their work plan.</p> <p><u>Social Isolation and Transportation Committee</u> Co-Chair Liana reported consistent participation in the committee by SamTrans and the committee will continue to work with them.</p> <p>Youth Commissioner Adele Ryono has begun sending out her survey and more will follow.</p> <p>The committee has decided on two goals for their work plan. More to follow on the action items.</p>
10. Presentations and Speakers	Chair Lee encouraged Commissioners to bring forward topics for presentation for the next year.
11. Member Reports	Commissioner Leth reported that thanks in part to efforts of Age Friendly Half Moon Bay Coastsides, a new urgent care center opened in Half Moon Bay last week. It is a 6-month pilot program.
12. Staff Report	Director Pullen announced this month the county will be issuing a request for proposal for a consultant or consulting firm to start looking at social isolation and community engagement.
13. Announcements	Commissioner Barsi brought a display which she used in the past to educate high school students and providers at Seton Medical Center.
14. Stretch Break	There was a 10-minute stretch break.
15. Presentation on County of San Mateo: Affordable Housing	Presentation given by Karen Coppock, Commission on Aging Commissioner and Housing and Community Development Supervisor; Emilyn Callado, Housing Authority of the County of San Mateo Housing Programs Supervisor; Timothy Ponti,

	Commission on Disabilities Commissioner and Housing and Community Development Specialist.
16. Adjourn	Commissioner Barr moved to adjourn the meeting. Seconded by Commissioner Linnell. Motion passed. Meeting adjourned at 11:00am.



Commission on Aging

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