



**SAN MATEO COUNTY HEALTH**  
**BEHAVIORAL HEALTH  
& RECOVERY SERVICES**

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**Mental Health Services Act (MHSA) Steering Committee**

Monday, September 24, 2018 / 3:00 – 4:30 PM  
Foster City Community Center, Wind Room  
1000 E. Hillsdale Blvd, Foster City, CA 94404

**MEETING MINUTES**

**Attendees:** (See Sign in Sheet)

- 1. Welcome** 3:05 PM  
Informal introductions: Steering committee members, commissioners, Director Steve Kaplan, Supervisor Pine
  
- 2. MHSA Background & Updates** 3:15 PM
  - Proposed Funding Principles – Steve Kaplan
    - MHSA funding goes through peaks and valleys
    - From 2009 – 2013 is recession years so we see a dip in funding.
    - Onward it has continued to grow, but we need to now be prepared for budget planning.
    - Be mindful of what are the key principles we must adhere to incase we have a downturn.
    - Back in 2009, we had key principles to look at our way of decisions. Louise Rogers helped with them then, and we are bringing them back now.
    - Q: Are funding principles by the state or San Mateo County? – San Mateo County
    - Q: Where does MHSA come from? – 1% funding from millionaires aka millionaires tax.
  - Innovation Funding – Request for Interest opportunity – Doris
    - Pride Center is a current innovation project; reaching its 3<sup>rd</sup> year
    - In 2019, we'd like to open new projects
    - January 2019 we'll send out a request for interest in piloting a technology based behavioral health intervention; Information available online
    - Priority targeted areas: older adults, youth, Chinese and Spanish monolingual communities
  
- 3. Pride Center Outcomes Review and Extension Request** 3:30 PM
  - Q&A  
Office of Diversity and Equity comment: The center is a powerful symbol of acceptance and a reminder of the importance of having community spaces in which

we can experience feelings of visibility and connectedness. The Pride Center has truly become the heart of San Mateo County's LGBTQ+ community.

- Alison Hamburg
  - How have the projects increased access, collaboration, quality, and outcome of services? Key themes of what we look for in evaluation.
  - How did Pride Center idea come up?
    - LGBTQ+ communities at higher risk of mental illness
    - 44% of LGBTQ adults reported needing access to mental health professional in past 12 months. Percentage even higher for those identifying as gender fluid. – LGBTQ Commission
    - Often mistrust of behavioral health care for those in LGBTQ+ community from decades of inappropriate care.
    - Shows there is a need for LGBTQ+ sensitive behavioral health care.
    - Pride Center envisioned as a service hub for social/ community activities, clinical support, and a resources hub for referrals for culturally appropriate care
    - What is the innovative portion of the Pride Center? This hub approach had not been done before. Being able to provide mental health as well as community based services.
    - Does the Pride Center increase access and collaboration? What are the key accomplishments?
    - What was learned from focus groups?
      - Pride center reaching individuals who might not otherwise access behavioral health services.
      - Knowing there was the Pride center, a lot of folks wish it were there in the past
    - How long does it take to build a collaborative model? Pride center is currently building on this. More time to achieve collaborative mode and figure out how to replicate it. Learned it takes more than 3 years to learn the certainty of how much impact on access and collaboration there has been.
  
- Lisa Putkey, Program Director of SMC Pride Center
  - Officially opened June 1<sup>st</sup> of 2017
  - Pride Initiative and LGBTQ Commission meet monthly on county wide events such as Pride celebration and Transgender Day of Remembrance
  - Trained over 2000 behavioral health professionals in LGBTQ affirming care
  - Worked closely with local schools and county office of education to provide appropriate care
  - Co-sponsored several community events
  - Over 1000 individuals accessed programs on site
    - 15% accessed therapy services
    - Majority of referrals come from county agencies, and some are self-referred
  - Over 2500 folks accessed trainings and events
  - Intersectionality viewed as a strength and influencing our experiences of homophobia, stigma, and microaggressions

- Over 54% served are people of color or multiracial
    - 24% transgender, genderqueer or questioning
    - Majority between 16 and 59
    - 5/6 are below county's median household income
    - 1 in 3 have annual income of under \$25000
  - Truly serving some of the county's most vulnerable communities
- Doris – opening to Q&A
  - Q: What do all partnered agencies bring to collaborative model
    - Star vista is lead agency – they are the fiscal sponsor: admin, IT and technology, rich history of affirming mental health services for families
    - Peninsula Family – History of serving families, history of senior peer counseling programs
    - Outlet – Rich history in providing youth spaces for LGBTQ youth
    - Daly City Partnership – Stronghold in North County; Rich history with families and schools in North County in providing series of different services
  - Q: Of the 1000 people who walked through the door, 15% getting clinical services. How does that number compare with your goal? Where would you like to move in the next 2 years?
    - Original vision was to serve 80 participants; serving over 125.
    - Need was far greater than prepared for or expected. Outgrowing their own space.
    - Broadening programs with languages.
  - Q: Do we have people from other counties coming in for the services?
    - Yes; we are the only county in our region without an LGBTQ+ center so a lot of our community had to go to other counties but now we are seeing some from other counties as well.
  - Q: What is the plan to continue with innovation after the instrumental innovation portion is over in 5 years?
    - Beyond innovation, would like to prove this is an innovative model that can be replicated in other counties.
    - Not only continue to get government funding but even have donors for the long run
  - Q: Are you a 501C3?
    - Yes; through our lead agency, Star-Vista
  - Q: How are you serving the developmentally disabled?
    - Constantly checking accessibility audits
    - For TDOR, wanting to do a march, figuring out the most accessible routes
    - Recently started a peer group called peers on the autism spectrum
  - Q: Guesstimate of what percentage of participants have alcohol and drug related issues?
    - A lot of clients are dual diagnosis
    - Kat is most trained clinician with substance abuse; says one-third of participants fall under that population
    - A lot of times questionnaire is anonymous so hard to get clear number
  - Q: Do you partner with LGBTQ+ specific members for services?

- Yes; community advisory board keeps us connected with community
  - Thriving volunteer program- 2 of which will speak today
  - Not assuming what community wants, but working side by side with them
- Q: Does organization bill insurance? Is there a provision for that?
  - Currently no; If we have patients coming in with private insurance, that's when we used our referral services
  - Sliding scale typically for those whose insurance does not cover mental health illness
- Q: How have other counties received the Pride Center? What kind of inquiries have been made with other counties?
  - Lucky to be a part of the Bay Area; hub for LGBTQ+ folks
  - Worked with San Jose, Office of LGBTQ+ affairs in Santa Clara, over 30 letters of VA support, South San Francisco, Oakland Center
  - Hoping to do more regional work
- Q: How many on your clinical team?
  - 7
- Q: Do you offer Pro Bono or assists?
  - Yes; currently developing allocation process for those who really need it most
  - Sliding scale based off monthly income
  - Have not turned anyone away so far
- Q: Are you aware of studies of about the financial net benefit to county for providing these kinds of services?
  - Studies show people who are in treatment in terms of their employment and stability, you can draw parallels
  - This program is still very new so too early to draw conclusions
- Q: Is the program restricted to only serving residents of SMC? Could someone from Santa Clara refer someone to the Pride Center?
  - Yes, for free all and community services
  - Clinical might be different because we work with the health plan of San Mateo so they might not be qualified for our county
- Q: Do you provide support for hormone or transgender care or is that referred out?
  - Do letter writing referrals for medical transitional care; no onsite endocrinologist
- Formally requesting approval to Steering Committee to request extension for funding
- Open 30-day public comment at next commission meeting and then close it and move to public hearing on November 7<sup>th</sup>.

#### **4. Announcements/ Public Comments**

4:20 PM

SMC Office of Education – Work Pride Center is doing through encouraging physical emotional and mental wellness of SMC through their programs is of utmost importance to LGBTQ+ community. Pride Center has offered space for first official GSA day in December. Makes school and county safe for all people. Imagine what they can do with more time on their programs and services.

Fennel Schubert – Capuchino High school, Pride Center greatly improved my quality of life. Staff wonderful and events amazing. This has been the best addition for well over a decade. Truly needed to get us sane, stable, and healthy. On a personal level, center is one of the few places I can feel safe without judgement. Often, I feel safer at the center than at home. These events help foster a sense of community. Please consider giving the center a few more years of funding.

Lynn Kaiser – Attended several peer support groups – The existence of the Pride Center already has a huge impact on mental health. That sense of community, support and guidance is very important for young people in particular. For myself as a transgender woman, it has been very important to have that sense of community and not have to explain myself. It feels nice to be in a space of likeminded people where I don't need to explain myself all the time

Resident of San Mateo County and LGBTQ+ Commission – As a mom, there were not a lot of services over here to help me and my partner be moms. I wish the Pride Center had been around at that time. I want to express the commission's whole hearted request to extend the funding. It has increased the quality and breadth of services, access and collaboration. Since 2017, it has provided an array of services for schools. The intergenerational events have been a blessing to learn about other pride center activities and to make new friends. In 2000, there was a survey done to assess LGBTQ needs. There were very few surveyed, but because of the Pride Center's work to get out the survey, we could tap into more than 3 times the number of adults and 6 times the amount of youth. So, when the statistics come out, it is very representative of the community. I want to say thanks to the MHSARC Steering Committee's vision to support this program.

Marvin – Found Pride Center this year and noticed the LGBTQ flag and noticed I had never seen the flag before. I am so happy that our center is here.

**\*\* Steering Committee members voting to approve the extension of funding for Pride Center. Unanimously voted yes for the extension. \*\***

**5. Adjourn**

4:30 PM



**Mental Health and Substance Abuse Recovery Commission (MHSARC)**

Vote to open of a 30-day public comment period for the Pride Center extension will occur at the next MHSARC meeting on October 3rd.

MHSARC Meetings are held the first Wednesday of the month from 3-5pm at the Health System Campus, Room 100, 225 37<sup>th</sup> Ave. San Mateo, CA 94403.

Meetings are open to the public!



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Member	Donald Mattaei*			<a href="mailto:donald.mattei@gmail.com">donald.mattei@gmail.com</a>	

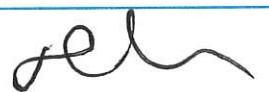
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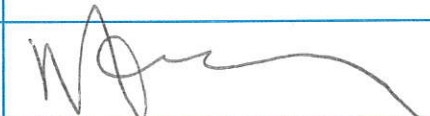
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 RYAN FUKUMORI  
 ALISA HAMBURG

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 Research Associate  
 Senior Associate

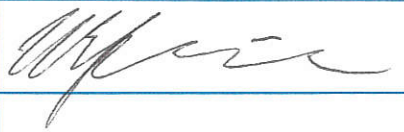
SMC Pride Center  
 Resource Development Associates  
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Stakeholder group


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CORA

Brenda Gonzalez

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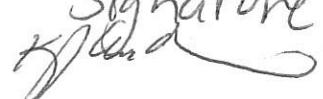





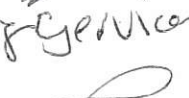


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