

San Mateo County Commission on Aging Annual Report



May 10, 2016

Presented by Christina Dimas-Kahn, Chair

Commission on Aging Mission Statement



The Commission is to serve as the Advisory Council to the Board of Supervisors in its role as Area Agency on Aging (AAA) for San Mateo County, to assist the County in its implementation of the Older Americans Act (OAA), the Older Californians Act (OCA), and other federal and state laws and regulations, and to advocate for and support senior services throughout the County.

Why does the Commission Exist?



- The Older Americans Act of 2016, re-authorized by President Obama on April 19, 2016
- The Mello-Granlund Older Californians Act (AB280)

Commission on Aging Commissioners

Christina Dimas-Kahn, Chair

Scott McMullin, 1st Co-Chair

Armetta Parker, 2nd Co-Chair

Rita Alexander, Joanne Arnos, Walter Batara,
Sandra Cooperman, Lisa Costello, Aurea Cruz,
Sandra Lang, Mary Larenas, Pamela O'Leary,
Cherie Querol-Moreno, May Ratiu,
Francine Serafin-Dickson

By the year
2030, nearly
one out of four
San Mateo
County
residents will
be over the
age of 65.



San Mateo County Health Policy and Planning Division
San Mateo County Projection Model (2008)

Accomplishments 2015-2016



Commission Planning Process

Commission on Aging (CoA) Retreat February 27, 2015

Team building, clarify roles and relationships, identify priority goal areas, assess meeting effectiveness and explore communication concerns.

Needs & Issues Identified by the Commission:

Adult Abuse Prevention

Transportation

Resource Access

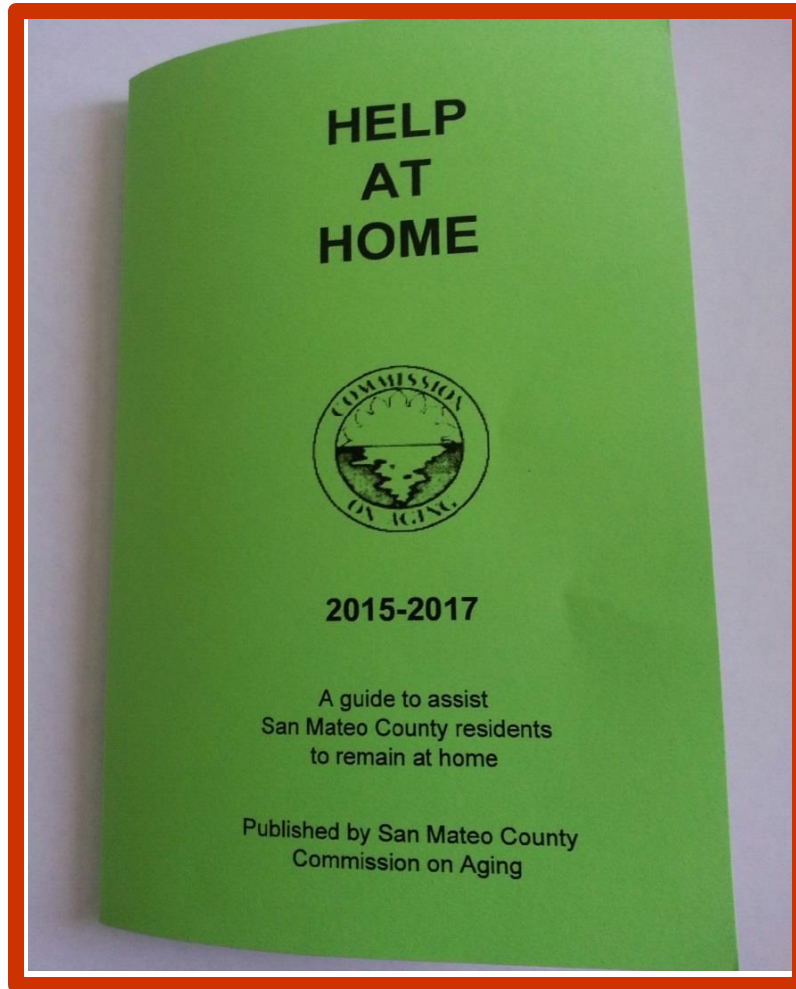


Actions taken by Committees

Adult Abuse Prevention Committee



Resource Access Committee Help At Home Booklet





Resource Table at Seniors on the Move

Participated in Seniors on the Move sponsored by
Congresswoman Jackie Speier
and Supervisor Adrienne Tossier.

Transportation Committee

- Primary goal: To become an advocate for safe senior mobility
- Studied the 2006 Senior Mobility Action Plan for San Mateo County
- Identify gaps in service to the community
- Develop proposed action items that will be presented to the Commission

Area Plan and Needs Assessment

- The Four-Year Area Plan is based on a needs assessment of the community.
- The needs assessment included:
 - the community survey,
 - stakeholder forums, and
 - a review of secondary data from other community needs assessments
- **Housing and Transportation** were identified as the top community needs.



Area Plan and Needs Assessment continued

- The community survey was distributed to over 9000 residents.
- The top three issues revealed by the survey:
 - **Learning about services/benefits for older adults**
 - **Remaining in one's home**
 - **Financial security/money to live on**
- The total needs assessment data was used to develop the goals and objectives for the Plan.

Current Commission Challenges

- Advocating and advising on complex and widespread community concerns such as adult abuse, housing, transportation, and resource access
- Limited availability of Commissioners due to changes in employment, health issues, or family obligations
- Encouraging Commissioners to take on leadership roles in standing committees



What's ahead for 2016-2017

- Revise recruiting efforts and process
- Update and revise the Commissioner training and orientation manual
- Continue committee work established in 2015-16



San Mateo County Board of Supervisors

- Adrienne Tissier, Supervisor
- Patricia Brown, Consultant



San Mateo County

Aging & Adult Services Staff

- Lisa Mancini, Director
- Michelle Makino, Program Services Manager
- Lorelei Bresler, Community Program Analyst II
 - Lindsey Joyner, Office Specialist
- Craig McCulloh, Community Program Analyst II
- Cristina Ugaitafa, Community Program Analyst II,
Planner



COUNTY OF SAN MATEO
HEALTH SYSTEM