## **CHDP Program Services**

#### **Health Assessments**

CHDP offers a full range of health assessment services. Components of the health assessment include:

- Health and developmental history
- Complete physical examination
- Oral health assessment
- Nutrition assessment
- Immunizations
- Vision screening
- Hearing screening
- Screening tests for anemia, lead, urine abnormalities, tuberculosis, and other problems as needed
- Health education and anticipatory guidance

At the time of the health assessment, the CHDP provider makes referrals as needed to:

- Women, Infants and Children (WIC) Nutrition
   Program for children 5 years of age and younger
- Dentists for preventive or restorative care
- Specialty health care providers as necessary
- Mental health care
- Other resources as needed

#### **Care Coordination**

The local CHDP Program will assist families in obtaining diagnostic and treatment services for medical, dental, and mental health problems identified during the health assessment. Providers may call the local CHDP Program and request assistance for their CHDP patients.

Regular health examinations are important for children. Health problems that are identified early and treated early can:

Be easier to correct
Save medical costs
Prevent problems from becoming
more serious

# First Grade Entry Requirements

By law, all California children entering the first grade are required to have either a certificate of a health assessment or a waiver on file at the school in which they enroll. The CHDP Program works with schools to meet the requirement of having a completed health assessment 18 months before or up to 90 days after enrolling in first grade. The CHDP Program assists families to meet the requirement by linking families with local CHDP providers to obtain health assessments. The certificate "Report of Health Examination for School Entry" is available through the local CHDP program or schools.

### **CHDP Program Organization**

Every local health department in the State of California has a Child Health and Disability Prevention (CHDP) program. These local CHDP programs administer the program on a day-to-day basis. The local CHDP program is responsible for provider recruitment, outreach to families with eligible children, community education, care coordination, and implementation of state and federal regulations pertaining to the CHDP program. State administrative offices are located in Sacramento in the Children's Medical Services Branch of the California Department of Health Services.

For information on locating a CHDP provider, finding health resources for children, or becoming a CHDP provider, contact the CHDP Program within your local health department. Local CHDP program information is available by calling the public health department listed in the government section of your telephone directory. Local CHDP contact information can be found in the "Local CHDP Directory" at www.dhs.ca.gov/chdp.



State of California Arnold Schwarzenegger, Governor Health and Human Services Agency Kim Belshé, Secretary

## A Preventive Health Program for Infants, Children & Teens

The Child Health and Disability
Prevention (CHDP) Program
is a health promotion and disease
prevention program serving California's
infants, children and teens.





### **California's CHDP Program**

The Child Health and Disability Prevention (CHDP) program is a health promotion and disease prevention program serving California's infants, children and teens. CHDP uses state and federal funds to reimburse enrolled health care providers for delivering health assessments and preventive health services to CHDP eligible children. CHDP services are provided free of charge to eligible children. The program helps to link children to needed resources and health care coverage.

The CHDP program is responsible for the development and implementation of standards and guidelines for the provision of quality preventive health services to eligible children in California. The CHDP program is accountable for meeting the federal Early and Periodic Screening, Diagnosis and Treatment (EPSDT) requirements.

Children eligible for CHDP services are from lowincome families. CHDP makes periodic preventive health assessments and services available to eligible children who appear well and also to children with existing health problems. Children identified with suspected problems after a health assessment are referred for necessary diagnosis and treatment. Many problems can be prevented, corrected, or reduced in severity with prompt diagnosis and treatment.

To ensure that eligible children receive health services, CHDP programs cooperate

- With many health professionals (Doctors, Dentists, Nurses, Nutritionists etc.)
- In public and private health care settings (Public Health Departments, Mental Health Programs, Community Clinics; private health care practices, etc.)
- By coordinating services with schools, health and social services agencies, health plans and many other organizations

# Eligibility for the CHDP Program

#### Infants, Children and Teens with Medi-Cal are eligible for CHDP Services

Children under age 21 with Medi-Cal are eligible to receive CHDP periodic health screenings and preventive health services. Children enrolled in Medi-Cal managed care plans receive these services through their health care plan. Children enrolled in fee-for-service Medi-Cal may receive CHDP services provided by CHDP enrolled Medi-Cal providers. Rescreening is necessary as children grow to make sure that no new problems develop and to provide immunizations and other preventive health services. Eligible children should receive one CHDP health assessment according to the periodic service schedule:

Birth -1 month	10 - 12 months	4 - 5 years
1 - 2 months	13 - 15 months	6 - 8 years
3 - 4 months	16 - 23 months	9 -12 years
5 - 6 months	2 years	13 - 16 years
7 - 9 months	3 years	17 - 20 years

#### Oral Health and Dental Care

Children under 21 years of age with Medi-Cal may receive preventive and restorative dental services at any time through Denti-Cal. For more information Medi-Cal beneficiaries should call 1-800-322-6384.

Referrals to a participating dentist are recommended for children under 21 years of age beginning at one (1) year of age. CHDP health assessment providers are required to make a referral to a dentist annually beginning at three (3) years of age

#### Mental Health Services

Children under 21 years of age with Medi-Cal are eligible to receive mental health services through local mental health agencies.

## Income-eligible (Not Medi-Cal eligible) Infants, Children and Teens

CHDP provides periodic preventive health services to income eligible children from birth to 19 years of age who are not in the Medi-Cal program, according to the periodic service schedule to the left. Children eligible for these services are in families whose income is at or below 200% of Federal Income Guidelines.

The CHDP program uses the electronic *CHDP Gateway* enrollment process to maximize the opportunities for eligible children to enroll into state and federally funded health insurance programs. If eligible, children receiving CHDP services will be given temporary, full-scope fee-for-service Medi-Cal. Families must complete a Medi-Cal/Healthy Families application to continue this health insurance coverage. Some children from low income families who are not eligible for Medi-Cal or Healthy Families health care coverage may continue to receive CHDP services according to the periodic service schedule shown.

