

Behavioral Health Services - Sheltered/Unsheltered HEAL & HCH

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Behavioral Health Commission

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SAN MATEO COUNTY HEALTH

**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

Overarching Goals & Approaches

- **Goals:** Connect to longer term treatment; address behavioral health barriers to available housing options
- **Approaches:**
 - **Prevention & Intervention** services for individuals experiencing Behavioral Health (BH) conditions – MH & SUD.
 - **Collaboration & Partnership** with homeless services providers.
- **Target populations:** All ages, mild to moderate & severely mentally ill
- **Referral:** HS_BHRS_HEAL@smcgov.org





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Homeless Engagement Assessment & Linkage (HEAL)

Overview of HEAL

- **Model:** HEAL clinicians assigned to specific regions in San Mateo; warm hand-off of HOT & HEAL
- **Services:** Comprehensive assessment, diagnosis, case management, therapeutic interventions, crisis interventions, psychoeducational groups, coordination for psych medications, providers meeting such as, multi disciplinary teams (MDTs)
- **Duration:** 9 months or more (grant-funding HEAL)



Overview of HEAL

- **Service Locations:** Encampments, shelters, transitional housing programs, telehealth, within San Mateo County
- **Consent for Treatment:** HEAL services are voluntary and consent is required beyond outreach & assessment
- **Psychosocial Groups:** Open to all residents – “drop in”
- **Medication Support:** HEAL part-time psychiatrist
- **Goal:** Resolve mental health issues, or connect to longer term treatment programs



Overview of HEAL

Funding Sources:

MHSA

Behavioral Health Bridge Housing: July 2024 – June 2027

Encampment Resolution Funds: July 2024 – June 2027

Staffing: 7 FTEs HEAL Clinicians (with Limited Terms; 3 vacancies)

0.20 FTE HEAL Psychiatrist

1 FTE HEAL AOD Case Manager

Grants' Requirements: Service Specificities, Duration of Service, Target Populations



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HealthCare for the Homeless (HCH)

BHRS HCH

- **Goal:** Identify and connect to needed health-care services
- **Referral:** From all shelters and HEAL team
- **Services:** Screening, case management, navigation and peer support
- **Target Populations:** Sheltered and unsheltered, mild to moderate SMI, all ages, all insurances.



Key Aspects – HCH & HEAL

- **Coordinated efforts:**

- Homeless Outreach Team (HOT)
- Shelters
- Street Medicine, HIA, SMMC Primary Care
- Mobile dental, mobile crisis response teams
- MDTs
- Field Crisis Collaborative Care (FCCC)

- **Database systems:**

- HMIS – Clarity
- Soarian - EPIC
- Avatar





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2024 DATA for HEAL & HCH

2024 Data – HEAL & HCH

- Total Clients served by HEAL: **113**
Approximate # of HEAL Clients received therapy: **38**
- Total Clients served by HCH: **214**
- Total # of Psycho-social Groups HEAL facilitated: **137** (0-6 attendees)



Thank you.

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