

Behavioral Health Commission Wednesday, October 2, 2024 3:30-5:30 p.m.

# **Meeting Locations**

College of San Mateo, 1700 Hillsdale Blvd., Building 10, Room 468, San Mateo

Millbrae Library, Study Room B, 1 Library Avenue, Millbrae, CA 94030

## Zoom Link can be found at the end of the agenda.

Please see instructions for written and spoken public comments at the end of this agenda.

## **AGENDA**

| Call to Order Chris Rasmussen, Commissioner Chair  This meeting of the BHC will be held in CSM College Center, Building 10, Room 468 and the Millbrae Library Study Room B. Members of the public will be able to participate in the meeting remotely via the Zoom platform or in person. For information regarding how to participate in the meeting, either in person or remotely, please refer to the instructions at the end of the agenda. | 1 min  |
|---|--------|
| Introductions   | 3 min  |
| Acceptance of Agenda  Changes  Motion to approve  Vote to approve   | 2 min  |
| Approval of Minutes  • September 4, 2024 Behavioral Health Commission Meeting Minutes   | 3 min  |
| Correspondence, Announcements and Public Comment (opportunity to share resources)   | 8 min  |
| Presentation MHSA Innovation Plans Presented by Doris Estremera, MHSA Manager   | 15 min |

| Presentation   |          |
|--|----------|
| Databook   |          |
| Presented by Scott Gruendl, Assistant Director, Behavioral Health & Recovery Services                          | 10 min   |
| Standing Committees:   |          |
| Committee for Children & Youth Services  |          |
| Committee for Adult Services   |          |
| Committee for Older Adult Services   | 10 min   |
| Committee for Alcohol and Other Drug Services  |          |
| Mental Health Services Act (MHSA) Steering Committee   |          |
|  |          |
| Director's Report  | 10       |
| Jei Africa, PsyD, Director   | 10 min   |
| Linian Tark Form and Addis Committee   | <u> </u> |
| <ul> <li>Liaison, Task Force and Ad Hoc Committees</li> <li>Suicide Prevention Committee</li> </ul>            |          |
| Legislative Committee  |          |
| New Member Committee   | 10 min   |
| QIC Committee  | 10 min   |
| Site Visit Committee   |          |
|  |          |
| CALBHB/C Liaison   |          |
| Old Business   |          |
| Letter to Sam Trans  | 5 min    |
| Slate of officers  |          |
| New Business   | <u> </u> |
| Committee for January retreat  |          |
| Committee for bandary retreat  | 2 min    |
|  |          |
| Adjourn  |          |
| Chris Rasmussen, Commissioner Chair  | 1 min    |
|  | 1        |
| Next Commission Meeting  |          |
| Next meeting is Wednesday, November 6, 2024, at 3:30-5:30 p.m. <i>Hybrid Meeting (meeting link below)</i>      |          |
| <i>In Person:</i> College of San Mateo, 1700 Hillsdale Blvd., College Center, Building 10, Room 468, San Mateo |          |
| Millbrae Library, Study Room B, 1 Library Avenue, Millbrae, CA 94030   |          |
|  |          |
| Next Executive Committee Meeting – In Person October 2, 2024 et 5:22 p.m.                                      |          |
| October 2, 2024, at 5:30 p.m.<br>College of San Mateo, College Center, Building 10, room 468, San Mateo        |          |
| Millbrae Library, Study Room B, 1 Library Avenue, Millbrae, CA 94030   |          |
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#### Resources

BHRS Website: www.smchealth.org/bhrs

Director's Report Link: https://www.smchealth.org/bhrs/directors-update

BHRS Blog: www.smcbhrsblog.org

Commission website: <a href="https://www.smchealth.org/mhsarc">www.smchealth.org/mhsarc</a>

### **Meeting Link**

*Virtual:* Please click the link below to join the webinar:

https://smcgov.zoom.us/j/94275521280?pwd=ZnRUTDFSMGI5VVVPTkdiS3NaZW9MQTo9

Passcode: 457259 Or One tap mobile :

US: +12532050468,,94275521280# or +12532158782,,94275521280#

## **Instructions for Public Comment During Hybrid Meetings**

During hybrid meetings of the BHC, members of the public may address the Members of the BHC as follows:

#### **Written Comment:**

Written comment may be emailed in advance of the meeting. Please read the following instructions carefully:

- 1. Your written comment should be emailed to <u>crochester@smcgov.org</u> and <u>klui@smcgov.org</u>.
- 2. Your email should include the specific agenda item on which you are commenting or note that your comment concerns an item that is not on the agenda.
- 3. Members of the public are limited to one comment per agenda item.
- 4. The length of the emailed comment should be commensurate with the two minutes customarily allowed for verbal comments, which is approximately 250-300 words.
- 5. If your emailed comment is received by 5:00 p.m. on the day before the meeting, it will be provided to the Members of the BHC. If emailed comments are received after 5:00 p.m. on the day before the meeting, the Executive Secretary will make every effort to either (i) provide such emailed comments to the BHC, or (ii) reach such emails during the meeting. Whether such emailed comments are forwarded or are read during the meeting, they will still be included in the meeting minutes.

#### **Spoken Comments:**

In person participation:

#### **ADA Requests**

Individuals who require special assistance or a disability related modification or accommodation to participate in this meeting, or who have a disability and wish to request an alternative format for the meeting, should contact Chantae Rochester, Executive Secretary, as early as possible but no later than 10:00 a.m. on the day before the meeting at 650.573.2544 and/or <a href="mailto:crochester@smcgov.org">crochester@smcgov.org</a>. Notification in advance of the meeting will enable the County to make reasonable arrangements to ensure accessibility to this meeting, the materials, and your ability to comment.