



Be the one to help



Mental Health Service Act (MHSA) Steering Committee

Open to the public! Join advocates, providers, clients and families to provide input on behavioral health prevention efforts.

MHSA Steering Committee meetings are open to the public. Meeting objectives include:

- Provide input and considerations on new MHSA developments and ongoing efforts.
- Hear the latest updates on Prop. 1 transition planning and the MHSA Outcomes Workgroup's efforts to identify meaningful key indicators for BHRS clients.
- Learn about the Community Health Improvement Plan (CHIP) to address population health and equity in San Mateo County, which will guide behavioral health prevention efforts moving forward.

- ✓ Stipends are available for clients/families
- ✓ Language interpretation is provided as requested**

** To reserve language services, please contact us at mhsa@smcgov.org at least 2 weeks prior to the meeting.

DATE & TIME

Thursday, December 5, 2024

3:00 pm – 4:30 pm

Hybrid Meeting:

Location: San Mateo Public Library*, Laurel Room 55
W 3rd Ave, San Mateo, CA 94403

Zoom: <https://us02web.zoom.us/j/89224214146>

Dial in: +1 669 900 6833 / Mtg ID: 892 2421 4146

Contact:

Doris Estremera, MHSA Manager
(650) 573-2889 ♦ mhsa@smcgov.org

www.smchealth.org/MHSA

**The San Mateo Public Library facilities are being rented for this event. The viewpoints and materials presented at this event are not necessarily endorsed.*



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

The Mental Health Services Act (MHSA) provides a dedicated source of funding in California for mental health services by imposing a 1% tax on personal income over \$1 million.



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AGENDA

- | | |
|--|---------------|
| <p>1. Welcome & Introductions
 <i>Jean Perry and Leticia Bido, BHC Commissioners & MHSA Steering Committee Co-Chairpersons</i></p> | <p>5 min</p> |
| <p>2. Agenda Review & Logistics – <i>Doris Estremera, MHSA Manager</i></p> <ul style="list-style-type: none"> • Previous meeting minutes available on the MHSA website, www.smchealth.org/MHSA | <p>5 min</p> |
| <p>3. General Public Comment – <i>Commissioner Leti</i></p> <ul style="list-style-type: none"> • For non-agenda items • Additional public comments can also be submitted via email to mhsa@smcgov.org. | <p>10 min</p> |
| <p>4. Announcements – <i>Commissioner Jean and Doris</i></p> <ul style="list-style-type: none"> • MHSA Program Outcomes Workgroup • BHS (Prop. 1) Transition Next Steps | <p>15 min</p> |
| <p>5. San Mateo County Community Health Improvement Plan (CHIP) – <i>Dr. Tamarra Jones, Director of Public Health, Policy & Planning and Luci Latu, CHIP Mental Health Workgroup, Associate Director of Taulama for Tongans</i></p> <ul style="list-style-type: none"> • Q&A | <p>50 min</p> |
| <p>6. Adjourn</p> | <p>5 min</p> |

*** Public Participation:** All members of the public can offer comment at this public meeting; there will be set opportunities in the agenda to provide input. You can also submit questions and comments in the chat. If you would like to speak, please click on the icon labeled “Participants” at the bottom center of the Zoom screen then click on “Raise Hand.” The host(s) will call on you and you will unmute yourself. Please limit your questions and comments to 1-2 minutes. The meeting will be recorded. Questions and public comments can also be submitted via email to mhsa@smcgov.org.

***REMINDER – Please Complete the Steering Committee Feedback Survey**

https://www.surveymonkey.com/r/MHSA_MtgFeedback_2024





Mental Health Services Act (MHSA) Steering Committee Meeting

December 5, 2024



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Welcome & Introductions

- Share your name, pronouns and affiliation in the chat
- MHSA Steering Committee Members:

- Jean Perry, BHC (MHSA Co-chair)
- Leticia Bido, BHC (MHSA Co-chair)
- Adriana Furuzawa, Felton Institute
- Chris Rasmussen, BHC
- Jackie Almes, Peninsula Health Care District
- Jana Spalding, BHRS OCFA
- Jessica Ho/Dee Wu, North East Medical Services
- Juliana Fuerbringer, California Clubhouse
- Kava Tulua, One East Palo Alto
- Maria Lorente-Foresti, BHRS ODE
- Mary Bier, North County Outreach Collaborative
- Melissa Platte, Mental Health Association
- Michael Lim, BHC
- Paul Nichols, BHC
- ShaRon Heath, Voices of Recovery



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**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

Agenda

1. Welcome & Logistics
2. General Public Comments
3. Announcements
 - MHSA Outcomes Workgroup
 - BHSA (Prop. 1) Transition
4. San Mateo County's Community Health Improvement Plan (CHIP)



A few logistics...

- Agenda, handouts, slides: www.smchealth.org/MHSA, under “Announcements” tab
 - Past meeting materials/minutes: under “Steering Committee”
- Stipends for clients and family members participating
 - Via chat (private message) - please provide your email





POLL: Demographics

Participation Guidelines

- Question/comment opportunity after each agenda item
 - Enter questions in the chat box as we go
 - “Raise Hand” option
- Share your unique perspective and experience
- Share the airtime
- Practice both/and thinking - consider others’ ideas along with your personal interests
- Be brief and meaningful

General Public Comments



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Announcements

- BHC Co-chairperson
- MHSA Outcomes Workgroup
- Prop. 1 - BHSA Transition



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MHSA Outcomes Workgroup: Client Outcomes for Direct Treatment Programs

Workgroup Objectives:

1. Develop a standardized framework for reporting on the outcomes of direct treatment programs.
2. Identify and define key indicators that capture behavioral health outcomes of clients in a meaningful and accessible manner.
3. Discuss strategies for improving both the data collected and reporting of key indicators.



BHSA Transition Updates



Community Program Planning (CPP) Process

CPP Activities	Timeline
BHSA Taskforce Implementation (Mar, May, July, Sept)	
BHSA Taskforce Promotion	Jan-Feb 2025
BHSA Taskforce Launch	March 2025
CPP Process Framework Development	March 2025
Needs Assessment – Review of Data/Reports + Survey	Apr-May 2025
Strategy Development – Staff and Community Input Sessions	Jun-Sep 2025
Integrated Three-Year Plan Development	
Plan and Budget Development	Sep 2025 – Jan 2026
Final Input and Approval	
MHSA Steering Committee*	February 2026
BHC 30-Day Public Comment	March 2026
BOS Approval	May 2026

San Mateo County's Community Health Improvement Plan (CHIP)

- Dr. Tamarra Jones, Director of Public Health, Policy & Planning



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**PUBLIC HEALTH,
 POLICY & PLANNING**



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**BEHAVIORAL HEALTH
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Goal of the Community Health Assessment (CHA)



Community Health Assessment: To provide the San Mateo County Health Public Health, Policy, and Planning division (PHPP); other County Health divisions and County departments; community-based organizations; and other stakeholders with **comprehensive information about the county's current health status and needs.**

Overview of CHA Forums

- Seven forums held September 12 - October 19:
 - English forums held in San Mateo, Half Moon Bay, Daly City, East Palo Alto, and one virtual meeting
 - Spanish forums held in Redwood City and Half Moon Bay
- Over 150 community members participated

CHA Forum: Methodology

Data sources shared:

1. Social Health Equity Project
2. San Mateo County Health Community Health Assessment

Small group discussions:

1. What is the **top health-related issue**, that people are facing in your community, that you would change or improve?
2. What types of things can make it **easier for people in your community to be healthy**?
3. What are the **barriers that make it harder to improve health issues** at a community level?

CHA Forum: Top Health Areas

(Arranged in alphabetical order)

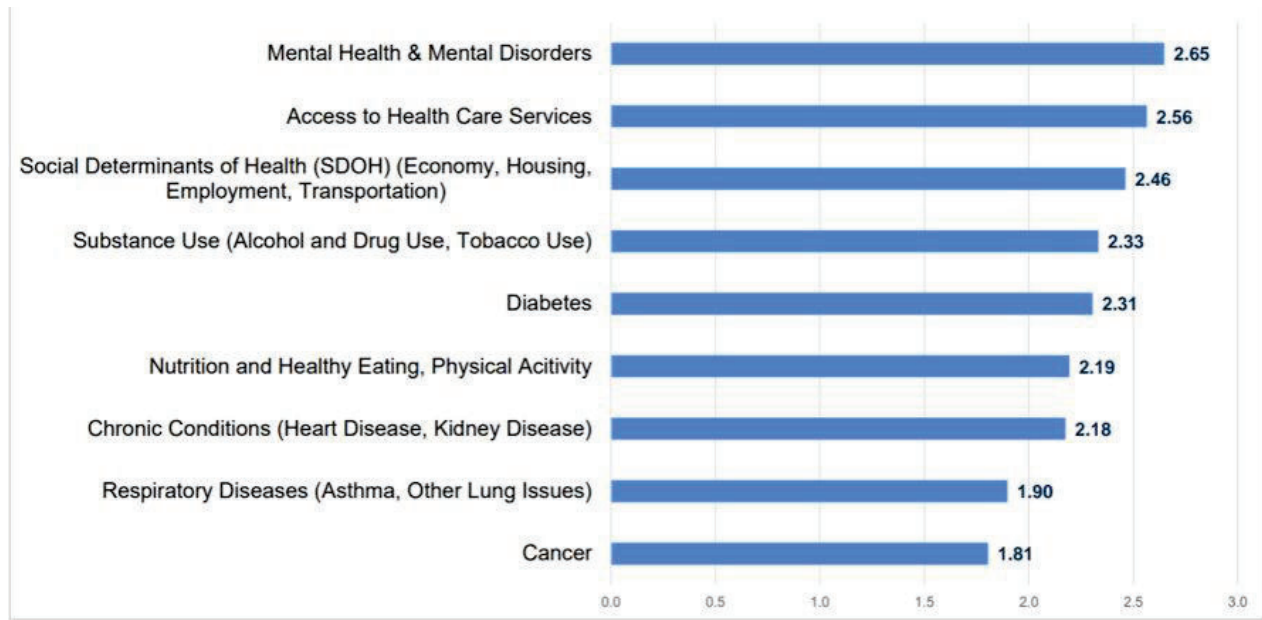
- Access to Health Services
- Cancer
- Chronic Conditions (Heart Disease, Kidney Disease)
- Diabetes
- Mental Health & Mental Disorders
- Nutrition & Healthy Eating, Physical Activity
- Respiratory Diseases (Asthma, Other Lung Issues)
- Social Determinants of Health (Economy, Housing, Employment, Transportation)
- Substance Use (Alcohol & Drug Use, Tobacco Use)

Goal of the CHIP



Community Health Improvement Plan: The CHIP outlines **key objectives and strategies** to address determinants of health that will lead to improvements in health outcomes. It lays out the strategic effort to address health issues based on results of the CHA.

CHIP Prioritization Results



Total Number of Responses: 54

Priority Area 1: Access to Health Care Services



Overarching Goal: Increase the proportion of San Mateo community members who can easily access quality health care services that meet their holistic needs, especially individuals and communities who are experiencing barriers caused by structural inequities including, but not limited to, racism, sexism, classicism, ageism, and homophobia.

Strategy 1:
Expand access to successful community-focused programs that improve access to health care services

Objective 1.1: By December 2026, increase knowledge about successful community-focused programs that improve access to health care services, especially for populations impacted by structural inequities, among community providers.

Strategy 2:
Enhance coordination of delivery of health care services across County and community programs

Objective 2.1: By December 2026, increase utilization of community navigators (e.g., community health worker, promotoras, family and community engagement coordinator) among medical providers.

Objective 2.2: By December 2026, increase completed referrals by successful programs that improve access to health care services, especially for populations impacted by structural inequities, among community providers.

Priority Area 2: Social Determinants of Health



Overarching Goal: Improve coordination among organizations providing essential services across sectors to all individuals and communities in San Mateo County, especially those currently experiencing disparities.

Strategy 1:
Advocate for policies across sectors that improve the social determinants of health

Objective 1.1: By December 2026, increase knowledge about the policy ecosystem among the Community Health Improvement Collaborative.

Objective 1.2: By December 2026, increase knowledge about the impact of social determinants of health policies among major public and private entities/organizations/networks.

Strategy 2:
Enhance coordination of delivery of essential services across County and community programs

Objective 2.1: By December 2026, increase social determinants of health screening by 50% at all client visits among all provider types (medical and social services).

Objective 2.2: By December 2026, increase completed referrals addressing social determinants of health.

Priority Area 3: Mental Health



Overarching Goal: Develop a country-wide and cohesive approach to improve mental well-being with a focus on decreasing disparities, especially among individuals and communities who are experiencing barriers caused by structural inequities including, but not limited to, racism, sexism, classism, ageism, and homophobia.

Strategy 1: Partner with the community to support strategies for addressing basic needs as identified as key stressors in community-informed assessments

Objective 1: Develop a process for receiving ongoing input on activities from the communities most impacted by mental health/substance use

Strategy 2: Enhance culturally informed services across community-based health care organizations providing mental health and substance use supports

Objective 1: Conduct a landscape analysis of culturally informed services

Resources and Information

- CHA: [SMC_CHNA_2023.pdf](#)
- CHIP: [San Mateo County CHIP 2024-2026 FINAL](#)
- Community Health Planning Website: [PHPP Strategic Direction - San Mateo County Health](#)

CHIP Workgroups

- Visit SMC All Together Better website to learn about the work groups: <https://www.smcalltogetherbetter.org/tiles/index/display?alias=chip>
- **Access Work Group:**
 - 2nd Wed 9-10:30am
 - Contact Corina Chung, cochung@smcgov.org
- **Social Determinants of Health (SDOH):**
 - 1st Thu 9-10:30am
 - Contact Veena Raghavan at vraghavan@smcgov.org
- **Mental Health:**
 - 3rd Thu 9-10:30am
 - Contact Doris Estremera, destremera@smcgov.org or Luci Latu, lflatu78@gmail.com



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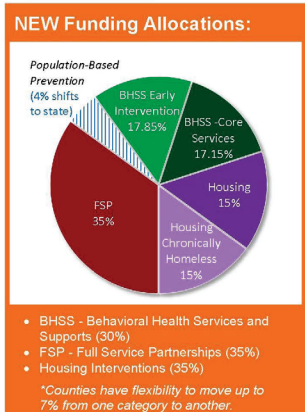


Questions?

Contact Jiana Riguera (jriguera@smcgov.org)
for more information about the CHIP



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Prop. 1 – Transition to Behavioral Health Services Act (BHS)

Key priorities for BHS include:

- Inclusive of substance use without a primary mental health diagnosis
- Focus on the most vulnerable individuals living with serious mental illness (SMI) and/or substance use disorder (SUD), who are at-risk or chronically homeless and at risk for justice involvement.
- Build supportive housing and unlocked community mental health and substance use treatment settings.
- Redirect the Mental Health Services Act (MHS) funds to housing interventions, full service partnerships, and other core services, including early intervention.
- Create transparency in fiscal planning and reporting across all behavioral health revenues (local and state) with an emphasis on Medi-Cal billing.
- Standardize outcome reporting across all behavioral

Get Involved!

- Subscribe** to stay up-to-date and receive opportunities to get involved in MHS and Prop. 1 planning: www.smchealth.org/MHSA
- Check out** these BHS-wide opportunities: <https://www.smchealth.org/get-involved>

Thank you!

Jean Perry, BHC Commissioner
 Leticia Bido, BHC Commissioner
 Doris Estremera, MHS Manager

Email: mhsa@smchealth.org

Website: www.smchealth.org/MHSA

Let us know how we can improve:

www.surveymonkey.com/r/MHSA_MtgFeedback_2024



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