



SAN MATEO COUNTY HEALTH
AGING & ADULT SERVICES

Commission on Aging General Meeting Minutes

Monday, June 10, 2024, 9:00 – 11:00 a.m.

Location: In Person 455 County Center Room 101, Redwood City, CA 94063

Webinar Option for Public Attendance

Members present: Irene Liana, JoAnne Arnos, Karen Coppock, Maria Elena Barr, Eileen Barsi, Patty Clement, Daniela Jonguitud, Marita Leth, David Linnell, Deborah Owdom, Liz Taylor, Kathy Uhl

Staff Present: Lee Pullen, Anna Sawamura, Diane Madriz, Suki Ho, Shawne O’Connell

Members excused: Monika Lee, Eileen Barsi, Angela Giannini, Ophelie Vico, Twila Dependahl

Public Virtual Attendance: Amber Shong, Margaret Baggerly, Wesley Taoka, Robert Hall, Eileen Barsi (attending as member of the public), Christina Irving, Erin Malone, Kenneth Szeto, Bella Bono, Anna Cwirko-Godycki, Dao Do, Terue Shinohara, Miguel Martinez, Ana Pulido, Sandra Winter, Jordan, 650-438-6378

In Person Public Attendance: Stephanie Figeira, Peninsula Volunteers, Inc., Jennifer Steele, Meals on Wheels San Francisco

ITEM	DISCUSSION
1. Call to Order 2. Pledge of Allegiance 3. Roll Call	Meeting called to order at 9:00 a.m. by First Vice Chair Liana followed by reciting of the Pledge of Allegiance led by Commissioner Barr. Roll call conducted and quorum was established. Vice Chair Liana recognized June as Pride Month.
4. Introduction of members of the public	Vice Chair Liana welcomed all in attendance both in person and virtually. Attendees who wished to introduce themselves were given an opportunity to do so. Stephanie Figeira from Peninsula Volunteers, Inc joined the meeting in person and introduced herself. Jennifer Steele with Meals on Wheels San Francisco also attended in person.
5. Oral Communications	No public comment.
6. Approval of Today’s Agenda: June 10, 2024	Commissioner Jonguitud motioned to approve the agenda. Seconded by Commissioner Coppock. Motion passed.

<p>7. Approval of Minutes: May 13, 2024</p>	<p>Commissioner Linnell motioned to approve the minutes with edits: Commissioner Barr seconded. Abstentions: Commissioners Arnos, Coppock, Barsi Motion passed</p>
<p>8. Update on BoS activities regarding items concerning older adults</p>	<p>Staff notified staff that they are unable to attend today's meeting. No updates were provided.</p>
<p>9. Committee and Ad Hoc Reports</p>	<p><u>Executive Committee</u></p> <p>Vice Chair Liana reported we are still in the process of filling the second vice chair vacancy.</p> <p>Commissioner Dependahl has requested and is on leave of absence.</p> <p>Discussion on times for committee meetings took place. Information and Resources and Social Isolation and Transportation Committees will continue meeting on their current schedule. The Aging Readiness and Family Caregiver Support committees will seek new time.</p> <p><u>Social Isolation and Transportation Committee</u></p> <p>Vice Chair Liana reported the next meeting is scheduled for June 13, 2024 3:00-4:30pm and welcomed additional members to join.</p> <p>Adele Ryono gave update on the survey project she is conducting with high school students. Content includes the following: How to use apps, interviews with seniors on favorite recipes, interview with seniors on their favorite things.</p> <p>Discussion took place regarding older adults who choose not to engage/become involved in services or receiving help.</p> <p>The committee is recruiting for a co-chair.</p> <p><u>Information and Resource Committee</u></p> <p>The Committee is working on the following items:</p> <ul style="list-style-type: none"> • Potential increase in distribution of the Help@Home guides • Talking points for Commissioners when tabling • Discussion on what is the goal of tabling? • Revitalizing the buddy system. Commissioners Owdom, Barsi, and Dependahl will work on this item.

	<p><u>Aging Readiness and Family Caregiver Committee</u> No meeting conducted in April</p> <p>Commissioner Uhl reported that the committee met and had a full discussion Seniors helping others How to help them live more successfully at home Welcome all to join Work with community based agencies to get more info on what is being provided.</p>
<p>10. Presentations and Speakers</p>	<p>The following updated presentation schedule was shared:</p> <ul style="list-style-type: none"> • May: Adult Protective Services • June: Transportation Services: Margaret Baggerly with SamTrans and Sue Eldridge with Villages of San Mateo County • July: Presentation on the county's Older Adult System of Integrated Services (OASIS) program. • August: Recess Month • September: Loneliness and Isolation presentation by Stephanie Figeira. • October: Presentation on Area Agency on Aging (AAA) programs and funding for older adults • November: Housing Resources for older adults • December: Recess Month • 2025 potential topics: Commission on the Status of Women presentation on their survey, session on Help@Home content,
<p>11. Member Reports</p>	<p>Commissioner Linnell shared his thoughts about his tabling at the Pride event. Great opportunity to learn and meet others as well as talking about the work of the Commission.</p> <p>Commissioner Arnos also expressed her support of the outreach at Pride. She met a gentleman from Marin who was very interested in our work.</p> <p>Commissioner Barr was able to table at Senior Day at the Fair. She thanked Deborah for her work in organizing and scheduling tabling.</p>

	<p>Commissioner Taylor went on a shuttle ride on the new shuttle for Veteran's Village. The ride is long to go to Safeway and additional stops such as to Target is more needed.</p> <p>Commissioner Liana shared that Commissioners Barsi, Vico and she attended the Diversity, Equity, and Inclusion training provided by the county. They found it very informative.</p>
12. Staff Report	<p>Anna provided the following report:</p> <ul style="list-style-type: none"> • Access to Technology Program: Through April, 450 tablets, 6266 hours of training, 931 unduplicated clients, 3,718 duplicated clients served. Community Tech Network. Senior Coastsiders, DCP, Peninsula Family Services. • Aging and Disability Resource Connection (ADRC) is launching on July 1st. • May 25th a Youth Commission celebration event was held and staff attended on behalf of the Commission. • Andrew Eng shared information regarding the upcoming CoD Inclusion Festival being held on July 25th from 11:00am-3:00pm at Red Morton Park in Redwood City. • He also shared that Program to Encourage Active Rewarding Lives (PEARLS) is a new program being offered by Daly City Partnership to support those facing social isolation and loneliness. Please contact him for more information.
13. Announcements	No announcements were made.
14. Stretch Break	There was a 5-minute stretch break.
15. Transportation Presentation	Presentation given by Margaret Baggerly of SamTrans and Sue Eldridge with Villages of San Mateo County.
16. Adjourn	<p>Commissioner Jonguitud moved to adjourn the meeting. Seconded by Vice Chair Liana. Motion passed.</p> <p>Meeting adjourned at approximately 11:00 am.</p>



Commission on Aging

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