



SAN MATEO COUNTY HEALTH
AGING & ADULT SERVICES

Commission on Aging General Meeting Minutes

Monday, May 13, 2024, 9:00 – 11:00 a.m.

Location: In Person 455 County Center Room 101, Redwood City, CA 94063

Webinar Option for Public Attendance

Members present: Monika Lee, Irene Liana, JoAnne Arnos, Karen Coppock, Maria Elena Barr, Eileen Barsi, Patty Clement, Angela Giannini, Daniela Jongitud, Marita Leth, David Linnell, Deborah Owdom, Liz Taylor, Kathy Uhl, Ophelie Vico

Staff Present: Lee Pullen, Anna Sawamura, Diane Madriz, Suki Ho, Shawne O’Connell

Members excused: Twila Dependahl

Public Virtual Attendance: Sandra Green, Janet Bronson, Christina Irving, Cynthia Nakayama, Kasey Jo Cullinan, Robert Hall, Sandra Lang, Kenneth Szeto, Miguel Martinez, Sandra Winter, Terue Shinohara, Wesley Taoka, Jerron Harding, Jennifer Der, Jovana Toscano, Patricia Duate, Ann Keighran, Erin Malone, Leah H., Dyshun Beshears

In Person Public Attendance: Tony Bayudan, Supervisor Canepa’s office, Stephanie Figeira, Peninsula Volunteers, Inc. and Elyse Brummer, Ombudsman Services of SMC, Inc.

ITEM	DISCUSSION
1. Call to Order 2. Pledge of Allegiance 3. Roll Call	Meeting called to order at 9:00 a.m. by Chair Lee followed by reciting of the Pledge of Allegiance led by Commissioner Owdom. Roll call conducted and quorum was established. Chair Lee wanted to recognize May as Older Americans Month, Asian American Pacific Islander’s Month, and Affordable Housing Month in California.
4. Introduction of members of the public	Chair Lee welcomed all in attendance both in person and virtually. Attendees who wished to introduce themselves were given an opportunity to do so. Tony Bayudan from Supervisor Canepa’s Office, Elyse Brummer from Ombudsman Services of SMC and Stephanie Figeira from Peninsula Volunteers, Inc joined the meeting in person and introduced themselves.
5. Oral Communications	No public comment.

6. Approval of Today's Agenda: May 13, 2024	Commissioner Coppock motioned to approve the agenda. Seconded by Commissioner Linnell. Motion passed.
7. Approval of Minutes: April 8, 2024, 2024	Commissioner Liana motioned to approve the minutes with the following edit: Commissioner Clement was an excused absence. Abstentions: Commissioners Arnos, Coppock, Barsi Seconded by Commissioner Barr. Motion passed.
8. Update on BoS activities regarding items concerning older adults	<p>Tony Bayudan announced that Kevin Joyner has taken a position at HIP Housing. Tony is Supervisor Canepa's chief of staff and will be attending CoA General meetings. He shared the following updates:</p> <ul style="list-style-type: none"> • SamTrans shuttle service is starting for veteran's living at Veteran's Village supported by Supervisor Canepa and Slocum. • As part of addressing Social Isolation and Loneliness, Supervisor supported a book reading in Atherton addressing homelessness. • Supervisor Canepa is working with CAFÉ on an Age Friendly event to be held on October 1st at the Regional Operations Center (ROC) 9:30am-1:00pm. More information to come. • Funding for tabling events will be supported by Supervisor Canepa's office • Elyse shared that the Ombudsman program has received \$250,000 in total support from the county and Supervisor Slocum and Supervisor Mueller.
9. Committee and Ad Hoc Reports	<p><u>Executive Committee</u></p> <p>Chair Lee thanked Supervisor Canepa for supporting the costs associated with tabling. For the upcoming Senior Day at the Fair, COA has received space for ads in the Daily Journal. The Information and Resource Committee will discuss content.</p> <p>May is a month of transition as committees meet to discuss new committees and identify members, meeting schedules, and work plans.</p> <p>Social Isolation and Transportation committee received the most interest.</p> <p><u>Resource Access and Inclusion (RAI) Committee</u></p> <p>Chair Lee requested to have a QR code to link directly to the guide.</p>

	<p>Copies of the Help@Home were distributed to all Commissioners</p> <p>Thanks to Eileen for leading the project!</p> <p><u>MISO (Middle Income Senior Opportunities) Committee</u> No meeting conducted in April</p> <p><u>Social Isolation and Transportation Committee</u> Commissioner Liana reported that SamTrans continues to come regularly to meetings and provides great updates and information on services they provide. 238 trips were provided in March with the majority for medical appointments. The Senior Mobility Guide is now available in Chinese and Spanish.</p> <p>Commissioner Liana attended a meeting with various school districts with SamTrans.</p> <p>New E-train event was held on Saturday and will be in use in September.</p> <p>Adele Ryono, Youth Commissioner who attends committee meetings, shared a report on her intergenerational connections survey project.</p> <p><u>Ad Hoc Nominating Committee</u></p> <p>Work is continuing on the slate of officers.</p>
<p>10. Presentations and Speakers</p>	<p>The following updated presentation schedule was shared:</p> <ul style="list-style-type: none"> • May: Adult Protective Services • June: Transportation Services: Margaret Baggerly with SamTrans and Sue Eldridge with Villages of San Mateo County • July: Mental Health • August: Recess Month • September: Loneliness and Isolation • October: OPEN • November: Housing Resources for older adults
<p>11. Member Reports</p>	<p>Commissioner Barsi attended a Kaiser Health Fair in South San Francisco that was a great outreach opportunity. Approximately 80 Help@Home guides were distributed. She will visit City of Daly City programs in the coming month.</p>

	<p>Commissioner Coppock shared that she has made a connection with staff at the County Emergency Services Department and they are interested and available to make a presentation in the future.</p> <p>She also commended Commissioner Taylor on all her work to advocate on behalf of the veteran’s resulting in a shuttle service.</p> <p>Commissioner Arnos met with a commissioner serving on the Commission on the Status of Women. They are conducting an economic survey with results available in November. They would like to present this information to the CoA and look forward to finding ways to collaborate with CoA.</p> <p>Commissioner Owdom announced that she is filling the role of outreach/tabling lead for CoA. She has a sign up sheet that was circulated to request Commissioners assistance in tabling at upcoming events. Chair Lee thanked Commissioner Owdom for taking on this important role for the CoA.</p> <p>Commissioner Vico announced that a group has formed in the South Coast: The Older Adult Equity Alliance that will focus on advocacy. The two areas currently being focused on are Transportation and Affordable Housing. They will be attending future BoS meetings to provide public comments on the needs of residents on the coast.</p> <p>Commissioner Leth shared that there has recently been a lot of media regarding Affordable housing on the Coastside. The areas of concern are the height of the buildings and parking. She feels residents are supportive of housing for farmworkers. Affordable Housing is a need.</p> <p>Commissioner Liana shared that she accepted a proclamation from SamTrans on May 1st in recognition of May as Older Americans Month.</p>
12. Staff Report	<p>Director Pullen also acknowledged May as Older Americans Month and thanked the commission for all the work being done to support older adults and adults with disabilities in our county. Aging and Adult Services is established as the Area Agency on Aging (AAA) for San Mateo County and the CoA is federally mandated to support and advise the work of the AAA.</p>

The California Association of Area Agency's on Aging (C4A) represents and advocates for all the AAAs in the state and recently held a conference in San Jose titled, "Aging and Disability Network: The Best Is Yet To Come." The conference was held May 1-3 in San Jose with over 350 attendees to discuss federal and state policy issues and provided informative seminars and workshops. Fernando Torres Gil was a keynote speaker.

In recognition of Older Americans Month there are many celebrations being held across the nation. Thanks to those that attended the CoA presentation at the BoS meeting. Chair Lee did a wonderful job!

AAS will be working with other divisions in health on social isolation.

The Age Friendly event on October 1st will highlight projects being done in various cities.

On July 25th the CoD will be hosting the Inclusion Festival at Red Morton Park in Redwood City. We hope CoA will attend.

Anna shared the following items:

- Thanks to the support of the CoA, the BoS approved the Area Plan for submission to the California Department of Aging at their May 7th BoS meeting.
- The Modernization of the Older Californians Act (MOCA) Request for Proposal (RFP) is being released today.
- All Commissioners should have received an email inviting them to join the county's foundational equity training on May 22nd from 3-6:30pm. It is to provide information on how the county is promoting equity, inclusion, and diversity in the county. It is being held virtually and everyone is encouraged to join.
- We have hired Shawne O'Connell as our new Community Program Analyst II. Welcome Shawne!

13. Announcements	No announcements were made.
14. Stretch Break	There was a 6-minute stretch break.
15. Adult Protective Services and Ombudsman Presentation	Presentation given by Dyshun Beshears, Health Services Manager 1 (Work Out of Class) with Aging and Adult Services and Elyse Brummer, Executive Director with Ombudsman Services of San Mateo County, Inc.
16. Adjourn	Commissioner Uhl moved to adjourn the meeting. Seconded by Commissioner Barr. Motion passed. Meeting adjourned at 11:00 am.



Commission on Aging

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