



May is Mental Health Month

*Mental Health
as a
Continuum*



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
& RECOVERY SERVICES**



Learn more at
SMCHealth.org/MHM
[#MayMentalHealthMonth](https://twitter.com/MayMentalHealthMonth)



Mayo es el mes de la salud mental



*Salud mental
como un
Continuo*



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BEHAVIORAL HEALTH
& RECOVERY SERVICES



Obtenga más información
en SMCHealth.org/MHM
#MayMentalHealthMonth





五月是 心理健 康月

心理健康
作為一
個連續體



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SMCHealth.org

