



SAN MATEO COUNTY HEALTH
AGING & ADULT SERVICES

Commission on Aging General Meeting Minutes Monday,
 February 10, 2025, 9:00 – 11:00 a.m.

Location: In Person 455 County Center Room 101, Redwood City, CA 94063 Webinar
 Option for Public Attendance

Members present: JoAnne Arnos, Maria Barr, Eileen Barsi, Patty Clement, Karen
 Coppock, Twila Dependahl, Monika Lee, Marita Leth, Irene Liana,
 David Linnell, Deborah Owdom, Liz Taylor, Kathy Uhl, Ophelie Vico

Members excused: Angela Giannini, Daniela Jonguitud

Board of Supervisors Office: Supervisor Canepa, Tony Bayudan

Public Virtual Attendance: Carol Batte, Christina Irving, Carmen Santoni, Cynthia
 Nakayama, Dao Do, Kamilah Najieb-Wachob, Lori Levore, Maya Baltinester, Melissa
 Nihei, Robert Hall, Sandra Lang, Sandra Winter, Wesley Taoka

In Person Public Attendance: Stephanie Figeira Peninsula Volunteers, Inc

ITEM	DISCUSSION
1. Call to Order 2. Pledge of Allegiance 3. Roll Call	Meeting called to order at 9:00 a.m. by Chair Lee followed by reciting of the Pledge of Allegiance led by Commissioner Barr. Roll call conducted and quorum was established.
4. Introduction of members of the public	Chair Lee welcomed all in attendance both in person and virtually.
5. Oral Communications	Stephanie Figeira announced Peninsula Volunteers Inc. is holding a Champions Breakfast on Thursday March 20 th at Little House. All are welcome to attend. Sandra Lang thanked the commission for focusing on financial issues facing seniors and the importance of social security.
6. Approval of Today's Agenda: February 10, 2025	Commissioner Coppock motioned to approve the agenda with edits. Seconded by Commissioner Owdom. Motion passed.
7. Approval of Minutes: January 13, 2025	Commissioner Linnell motioned to approve the minutes with edits. Seconded by Commissioner Arnos. Commissioners Barsi, Coppock, Vico abstained. Motion passed.

8. Update on Board of Supervisor (BoS) activities regarding items concerning older adults

Supervisor Canepa attended and announced county is working on its mid-year budget and paying close attention to activity regarding the federal and state budget.

A 169th birthday celebration of the county is occurring in May. A re-enactment of when the first county building was opened is planned.

The BoS is currently working on Measure A which will be voted on in March.

A debate is currently occurring regarding Measure K allocations particularly regarding district discretionary funds. A hearing is being planned on February 25th.

County focus on loneliness continues. Six workshops were held as part of a loneliness to light series. Focus was on loneliness related to housing, the role animals play in alleviating loneliness, etc.

Supervisor Canepa encouraged the commission to continue including ways to support engaging older adults to avoid becoming or feeling alone.

Supervisor Canepa also announced his intent to support the commission with \$100,000 of district discretionary funds but this is currently being evaluated. Discussion followed. Commissioner Clement reminded all that the commission's work is not to allocate funds to the community. Funds would need to go to AAS for allocation through the county process.

Commissioner Taylor raised concerns over home insurance and where tax dollars are going. Supervisor Canepa recommended reaching out to the school district regarding senior exemptions.

Commissioner Liana mentioned work of social isolation and transportation. Supervisor Canepa announced he will have his staff create a list of goals for the isolation and loneliness initiative.

Sandi Winter thanked the Supervisor for his support. On behalf of the Age Forward Coalition of San Mateo County, she would like the Board of Supervisors to support the creation of a strategic plan for older adults.

<p>9. Committee and Ad Hoc Reports</p>	<p><u>Executive Committee</u> Chair Lee presented the following action items for vote.</p> <p>Action Item: Approval of letter to Supervisor Canepa regarding transportation services for Veteran’s Village.</p> <p>No public comment</p> <p>Commissioner Linnell motioned to approve. Commissioner Barr seconded the motion. Commissioner Owdom voted no. Commissioner Coppock abstained. Motion passed..</p> <p>Action Item: Approval of Welcome Letter to new Board of Supervisors</p> <p>Discussion took place. Commissioner Barsi requested the letter be edited as follows:</p> <ul style="list-style-type: none"> • Letter be sent individually to Supervisor Gauthier and Supervisor Speier. • Quantify the number of older adults in the County of San Mateo <p>No public comment</p> <p>Commissioner Liana motioned to approve the letters with edits. Commissioner Linnell seconded the motion. Motion passed.</p> <p>Discussion on Presentations and Speakers for General Meetings</p> <p>Chair Lee reported that in place of presentation for the coming months, executive committee is recommending we focus the second half of meetings on the following items:</p> <ol style="list-style-type: none"> 1. Learn more about how funds are allocated. 2. What commissioners learn from your buddies. Two one hour sessions for commissioners to hear about the work being done in the community

3. Learn about work of other commissions

Information, Resources and Community Engagement Committee

Chair Lee reported the following:

- Guidelines for commissioners when engaging with the public are being reviewed at today's committee meeting and will be finalized soon.
- Commission participated at the Senior Showcase in Millbrae. Thank you to Commissioners Uhl and Barr for tabling! Commissioner Uhl expressed that Millbrae had many activities going on which was a nice way to share information.
- Help at Home updates are being scheduled. All commissioners help will be requested.

Aging Readiness and Family Caregiver Support Committee

Commissioner Coppock reported out for Commissioner Uhl. The committee is looking at all elements of aging and advocating for the importance of creating a life plan with a focus on financial health. They are also discussing a recommendation to update the financial section of the Help@Home to include more guidelines similar to the homecare section.

Ad Hoc Retreat Planning Committee

Commissioner Dependahl reviewed the agenda and document to prepare commissioners for the retreat occurring on Saturday, February 22nd at the San Mateo Public Library. She requested commissioners to review and prepare so it will be a productive session.

10. Member Reports

Commissioner Arnos brought up Commission on Status of Women continues being interested in developing a stronger connection with our commission. In particular financial issues are a common concern.

Commissioner Barsi reported that Daly City leadership meets regularly and includes her to share about the work they are doing and she shared the work of the subcommittees.

	<p>Commissioner Uhl recommended a closer connection with the Commission on Disabilities.</p> <p>Commissioner Liana shared that SF Chronicle writer Katherine Ho will begin focusing on senior issues. Her contact email is cho@sfchronicle.com.</p>
<p>11. Staff Report</p>	<p>Director Pullen announced the Measure K Request for Proposals focusing on Community Engagement are being evaluated on Feb 24th and a recommendation on the provider will be forwarded to the BoS. Once a provider is selected an advisory committee will be formed. A member from the commission will be requested to ensure older adults are included in the work.</p> <p>Director Pullen also met with Supervisor Speier who is very interested in supporting older adults and would like to advocate for a community event for the Fall similar to the “Seniors on the Move” event she supported in past years.</p> <p>Director Pullen fielded questions from Commissioners and the public regarding affect of federal funding decisions and executive orders being made by the new Administration. He replied that Older Americans Act funding is on the list but any actions are currently being postponed until March 15th. Commissioner Linnell asked about the impact of DEI decisions being made at the federal level. Director Pullen replied that the county has strong commitment to DEI and no changes are currently being made.</p>
<p>12. Announcements</p>	<p>No announcements shared.</p>
<p>13. Stretch Break</p>	<p>There was a 5-minute stretch break.</p>
<p>14. Presentation on the Area Plan Allocations</p>	<p>Anna presented on Area Plan Allocations to provide commissioners with information as they prepare for the public hearing being scheduled for March 10th.</p>
<p>15. Adjourn</p>	<p>Commissioner Barr moved to adjourn the meeting. Seconded by Commissioner Linnell. Motion passed. Meeting adjourned at 11:00am.</p>



Commission on Aging

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