



SAN MATEO COUNTY HEALTH
**AGING & ADULT
 SERVICES**

Commission on Aging General Meeting Minutes

Monday, October 21, 2024, 9:00 – 11:00 a.m.

Location: In Person 455 County Center Room 101, Redwood City, CA 94063

Webinar Option for Public Attendance

Members present: Monika Lee, Irene Liana, Maria Elena Barr, Eileen Barsi, Angela Giannini, Daniela Jongitud, Deborah Owdom, Liz Taylor, Kathy Uhl, Ophele Vico.

Members excused: JoAnne Arnos, Twila Dependahl, Karen Coppock, Patty Clement, Marita Leth. David Linnell

In Person Attendance: Stephanie Figueroa

Virtual Attendance: Patricia Duarte, Kasey Jo Cullinan, Lisa Wilson, Marita Leth, Wesley Taoka, Michelle Makino, Janet Bronson, Benjamin McMullin, Karen Lam, Cynthia Nakayama, Terue Shinohara, Kenneth Szeto

ITEM	DISCUSSION
1. Call to Order 2. Pledge of Allegiance 3. Roll Call	Meeting called to order at 9:00 a.m. by Chair Lee followed by reciting of the Pledge of Allegiance led by Commissioner Barr. Roll call conducted and quorum was established. Chair Lee shared October recognitions: Health Literacy Month, Breast Cancer Awareness Month. National Domestic Violence Awareness Month.
4. Introduction of members of the public	Chair Lee welcomed all in attendance both in person and virtually.
5. Oral Communications	No public comment.
6. Approval of Today's Agenda: October 21, 2024	Commissioner Giannini motioned to approve the agenda. Second by Commissioner Barr. Motion passed.
7. Approval of Minutes: September 9, 2024	Commissioner Barr motioned to approve the minutes. Seconded by Commissioner Uhl. Commissioner Barsi abstained. Motion passed.
8. Update on BoS activities regarding aging items	No updates provided.

9. Committee and Ad Hoc Reports

Executive Committee

Chair Lee reported the following:

- Commissioners Vico and Uhl have agreed to serving as the Ad Hoc Nominating Committee. A slate of officers will be presented to the Exec Committee for elections at the November CoA General meeting.
- The CoA will be holding a retreat. The date is February 22, 2025 from 9:30am-12:30pm. Chair Lee requested Commissioners' assistance in forming an ad hoc committee to develop content. Please contact Monika if interested. Main purpose: to establish a coordinated work plan for CoA.
- Holiday event for Commissioners. If interested in organizing the event, please let Monika know.
- **Action item: Approval to send a letter of thanks to Supervisor Canepa for his support of funds to support outreach and tabling activities.** Discussion took place regarding content and revisions were made.

Motion made by Commissioner Barsi, Seconded by Commissioner Barr. Motion passed.

The revised letter will be sent to Supervisor Canepa.

Information, Resources and Community Engagement Committee

Co-Chair Lee reported she sent out an updated list of buddies. Reminder: please contact her for any requests for changes. If you are ok with the assignments, please begin/continue developing relationships.

Commissioner Barsi is working on an elevator speech for Commissioners to reference as needed to identify and begin establishing relationships.

Aging Readiness and Family Caregiver Support Committee

Co-Chair Uhl reported the committee did not meet in September. Discussion on how best to include Family Caregiver Support in the committee's work will be discussed at their October meeting.

	<p><u>Social Isolation and Transportation Committee Meeting</u></p> <p>Co-Chair Liana thanked Commissioner Uhl for agreeing to co-chair the committee with her. She provided the following updates:</p> <ul style="list-style-type: none"> • Youth Commissioner Adele Ryono continues her work with the school district on a survey to identify intergenerational connections between high school students and older adults. • Samtrans offered free transportation services on September 16th. The cost was covered by a special grant they received. • The new E-train began service on September 21st. • Margaret Baggerly continues outreach to the community. She is now working the PVI Inc. to share info on transportation for their participants. Service area will be Millbrae to Portola Valley. • Social isolation and transportation needs are the two goals being addressed by the committee and action items will be worked on at the next meeting. • The Committee has written a draft letter they would like sent to Supervisor Canepa regarding transportation services for Veteran's Village. The letter is being given to the Executive Committee for review.
<p>10. Presentations and Speakers</p>	<p>Chair Lee requested each committee identify two topics of interest by the November meeting so presentations can be scheduled. Next month, a presentation on Affordable Housing Resources for older adults will be made.</p>

<p>11. Member Reports</p>	<p>Commissioner Liana reported people 70 and over are no longer required to undergo written DMV tests as long as they have a good driving record and pass the vision test.</p> <p>Commissioner Giannini attended the Loneliness Event held on October 1st. She is concerned regarding the high percentage of people identifying they are lonely.</p> <p>Commissioner Owdom reported the CSL is going into session from October 22nd. The legislative priorities will be presented and they will hear from the sponsors. She requested Commissioners review the bills being considered. She was asked which bills were of particular interest for CoA. In her opinion to were of interest:</p> <ul style="list-style-type: none"> • Adding Aging Readiness to the high school curriculum • Allowing for virtual participation on Commission meetings
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<p>12. Staff Report</p>	<p>Director Pullen is presenting today and so no staff report was given.</p>
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<p>13. Announcements</p>	<p>No announcements were shared</p>
<p>14. Stretch Break</p>	<p>There was a 10 minute stretch break.</p>
<p>15. Presentation on Aging and Adult Services</p>	<p>Presentation given by Lee Pullen, Director of Aging and Adult Services</p>
<p>16. Adjourn</p>	<p>Commissioner Barr moved to adjourn. Seconded by Commissioner Barsi. Motion passed.</p> <p>Meeting adjourned at 11:00am.</p>



Commission on Aging

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