## THE EMPOWERED CAREGIVER SERIES

## RESPONDING TO DEMENTIA-RELATED BEHAVIORS

An education program presented by the Alzheimer's Association®



People living with dementia may use behaviors as a way to communicate their needs and feelings as the disease progresses. Learn how dementia can change a person's behavior, possible triggers and person-centered care approaches to address behaviors.

## Topics in the program include:

- » How dementia affects behavior.
- Identifying and understanding possible triggers.
- >> Non-medical and medical approaches to addressing behaviors.
- » Four steps for managing behaviors.

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Register at bit.ly/SMC-BEH24 or call 800.272.3900.

Presented in partnership with San Mateo County Public Authority for In-Home Supportive Services.

Visit **alz.org/CRF** to explore additional caregiver education programs in your area.



