Making the Invisible Visible



Bay Area Regional Health Inequities Initiative

Melissa Jones, Executive Director

WE START WITH A RIDDLE....

What is the Worst Subject to Study in School?







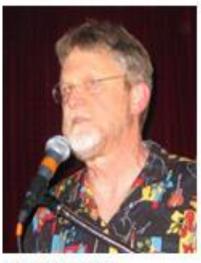
MISSION STATEMENT

To transform public health practice for the purpose of eliminating health inequities using a broad spectrum of approaches that create healthy communities.



Leadership That Shapes History

Early Founders



Bob Prentice, Former Director

Public Health Division, San Francisco Health Department



Arnold Perkins, Former Director Alameda County Public Health Department

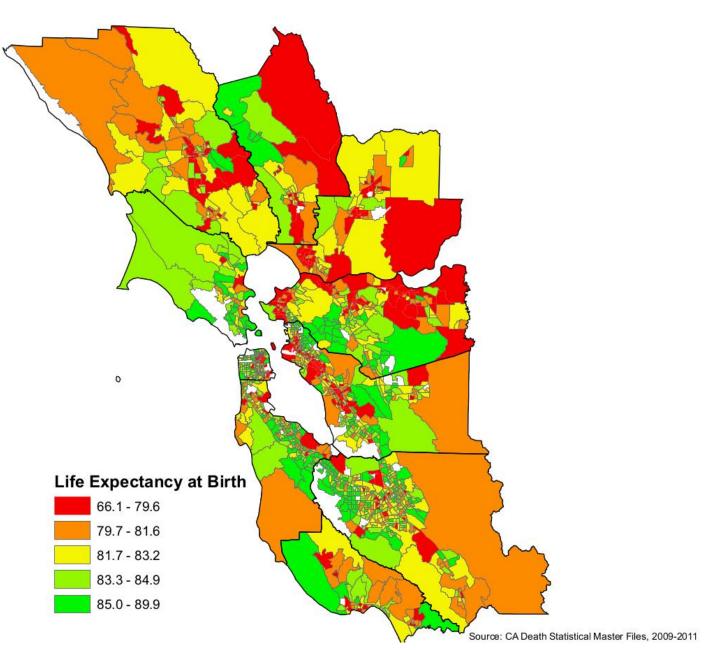


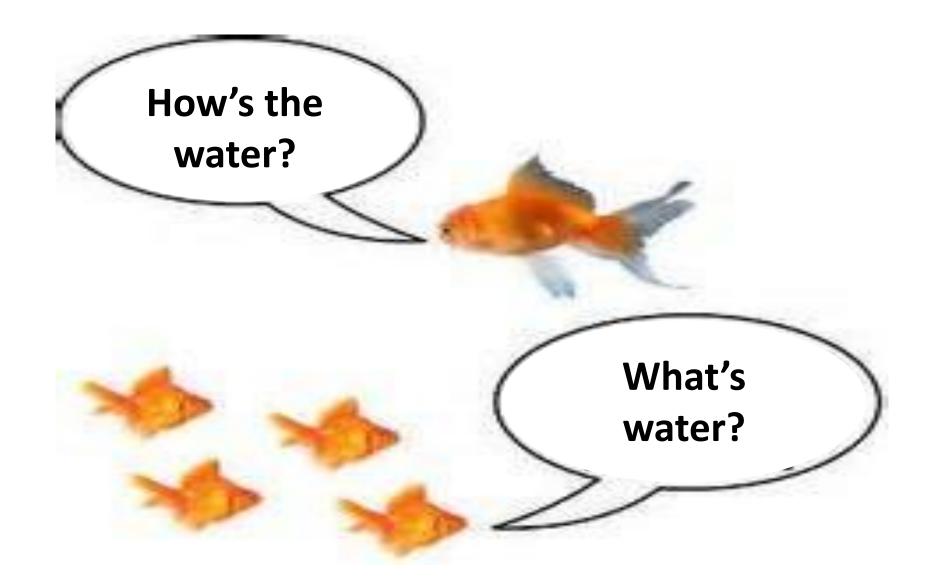
Wendel Brunner, Public Health Director Contra Costa County Health Services



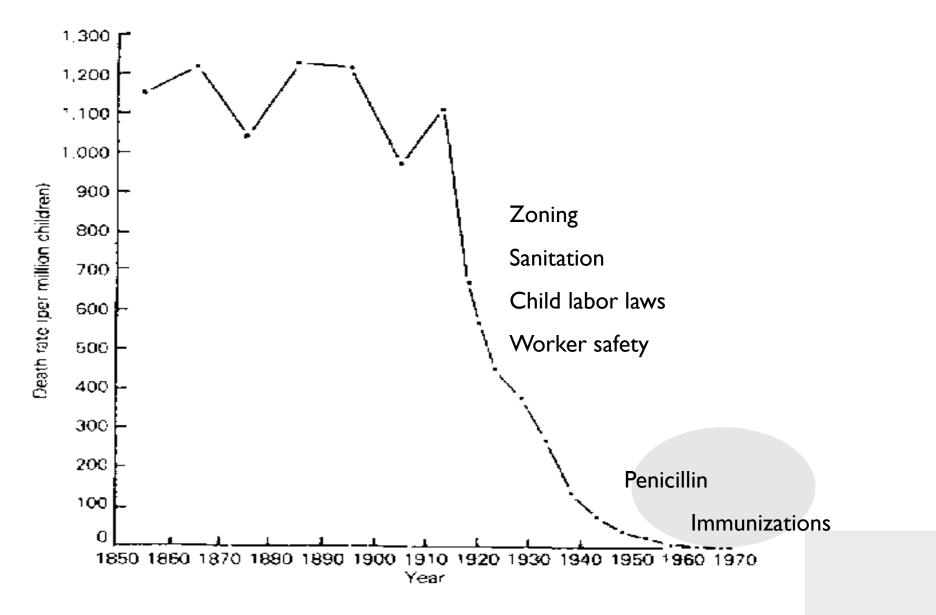
Art Chen, Former Health Officer

Alameda County Public Health Department Bay Area Life Expectancy by Census Tract





What Reduced Child Death Rates?



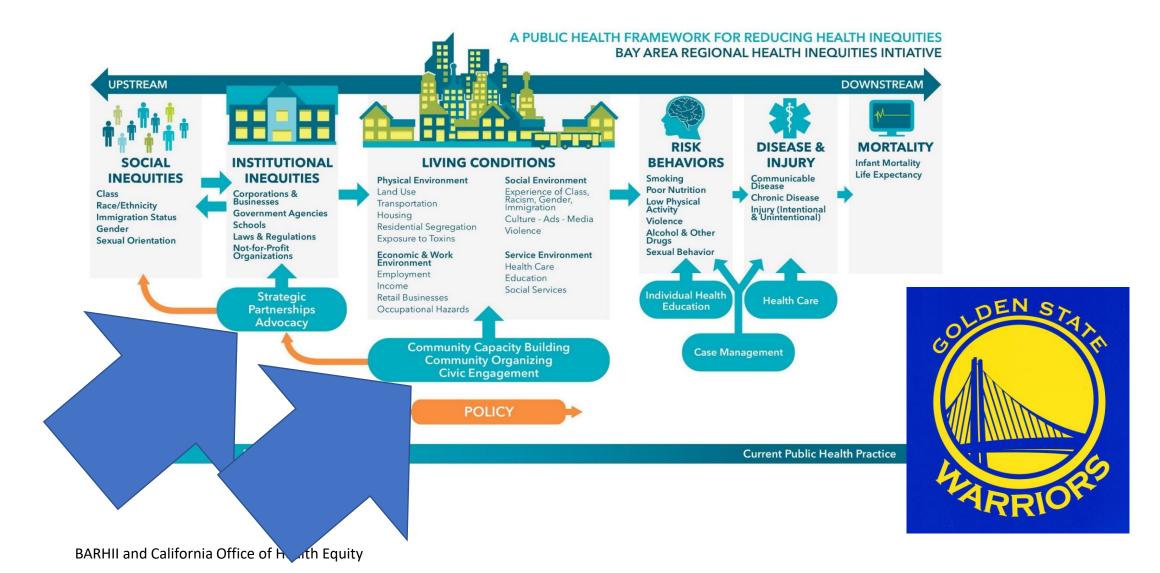
HUMAN IMPACT PARTNERS

Adaptive Leadership For Health Equity



- Tackling tough challenges and thriving
 - Noticing when changes in the external environment create new opportunities
 - Identifying changes in the landscape

The BARHII Framework: Strength In Numbers



Strength In Numbers

Public Health and Community Organizations are the EARLY WARNING SYSTEMS FOR SDOH

> **Institutional Energy For Many Flowers to Bloom** Providing training and capacity for as much diverse leadership as possible

> > **Eco System of Partnerships** that have enough power to create health

Shifting Moments – Creating Momentum



OUR APPROACH

"WHAT LEADERSHIP CREATES ENOUGH MOMENTUM TO CLOSE LIFE EXPECTANCY AND QUALITY OF LIFE GAPS?"



What We Know: 2 Trends Shaping Our Region

Housing Affordability and Health Hour Glass Economy



The Hourglass Economy

- Economic Prosperity Strategy:
 - 1,100,000 million low-wage workers in Bay Area
 - 31,000 middle-wage job openings per year
 - $^{\circ}$ 31,000 \div 1,100,000 = 2.8%
- People of color make up 71% of low-wage workers in the core Bay Area.



Housing Affordability and Health:

Research informed by Maternal and Child Health Programs and Front Line Staff

2017-2018



Finding from Two Issue Briefs

Authors of this publication are solely responsible for the accuracy of statements and interpretation contained herein.

• Housing Affordability and Health



DISPLACEMENT BRIEF Such interpretations do not necessarily reflect the views of MTC or ABAG.

HOUSING INSECURITY AND DISPLACEMENT IN THE BAY AREA

The Bay Area is in the midst of an unprecedented period of economic growth, adding nearly 200,000 jobs in the past decade.1 Along with lagging housing production and renewed investment in central cities, this growth has fueled dramatic increases in housing costs, with rents rising almost 40% between 2010 and 2014.2 Yet, over 1 million jobs region-wide pay less than \$18 per hour (or \$36,000 a year for full time work), making it extremely difficult to afford housing. 3 Indeed 89% of Bay Area renter households earning less than \$35,000 a year are considered rent-burdened, meaning they spend more than 30% of their household budget on housing.⁴ With budgets stretched to the breaking point, households experience housing insecurity and are vulnerable to displacement from their homes and neighborhoods.

Households may be displaced for many reasons-rising rents, poor housing or neighborhood conditions, or (new) development to name a few—and all these types of displacement can have health impacts. Research indicates that nearly half of Bay Area census tracts are affected by gentrification,

displacement and exclusion (21%) or at risk (26%) of these occurring (see Figure 1)5.

COUNTY	UNDERGOING & ADVANCED	AT RESK
Alameda	24%	32%
Contra Costa	17%	18%
Marin	18%	11%
Napa	15%	25%
an Francisco	25%	64%
San Mateo	28%	28%
Santa Clara	24%	12%
Solano	13%	16%
Sonoma	11%	26%
Region	22%	27%

While every county and most cities are affected (see Table), displacement risk is concentrated among the pproximately 350,000 low-income renter households ithin Priority Development Areas. 6 In addition to being ated for significant transportation investments, many of hese areas are the focus of our health department's esources, as we work to ensure that residents have access safe environments, good jobs and schools, parks, reliable nd affordable transportation and other amenities that elp people live healthy lives and improve a child's chances success later in life.7 Displacement can mean that ommunities with poor health outcomes fail to benefit from ublic investments in their former neighborhoods. 8

TABLE 2: P	Percent of House	holds Rent	Burdened	by
Income				

HOUSEHOLD INCOME	% RENT
	BURDENED
Less than \$35,000	89%
\$35-50,000	72%
\$50-75,000	39%
Source: UC Berkeley REWS	

At the same time, some outer suburban areas of the Bay

Area have seen dramatic increases in low-income households, and people of color. 9,10 As the suburbanization of poverty has progressed, fewer low-income people live near transit,11 which can provide an essential lifeline to jobs, schools and medical appointments. It has also strained city budgets, the social safety net, philanthropic giving and public health departments-making it difficult to keep people healthy, 12, 13, 14

• Housing Affordability's Impact on Families



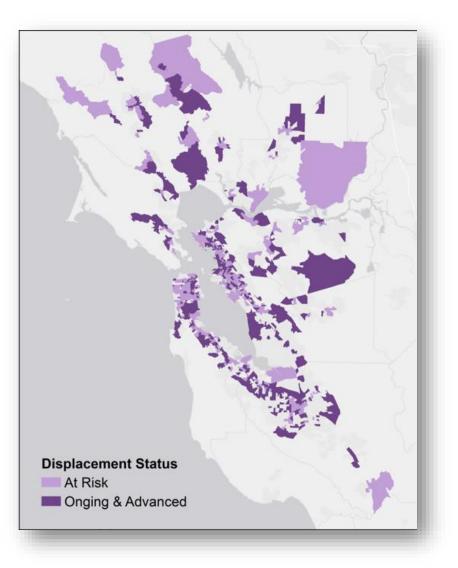


Displacement in the Bay Area

TABLE 1: Gentrification	and Displacement	by Tract
-------------------------	------------------	----------

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Percent Rent Burdened

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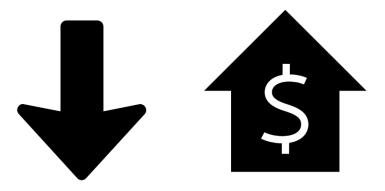
Percent of Families Rent Burdened

TABLE 1. PERCENTAGE OF FAMILIES WITH CHILDREN UNDER FIVE PAYING MORE THAN 30% OF THEIR INCOME ON HOUSING, BY COUNTY.

COUNTY	TOTAL	WHITE	AFRICAN AMERICAN	ASIAN	HISPANIC/ LATINX	ALL OTHER
Alameda	34%	27%	50%	20%	52%	47%
Contra Costa	38%	30%	61%	30%	45%	38%
Marin	34%	21%	78%	64%	51%	×
Napa	46%	21%	×	47%	74%	×
San Francisco	26%	11%	70%	30%	58%	20%
San Mateo	30%	22%	×	27%	50%	18%
Santa Clara	33%	20%	39%	29%	52%	28%
Solano	37%	25%	75%	41%	40%	24%
Sonoma	36%	27%	67%	32%	47%	54%
BAY AREA TOTAL	34%	23%	57%	27%	50%	35%

[Source: BARHII/Alameda County Analysis of 2016 PUMS data. * indicates insufficient data]

Housing Affordability Impacts Spending on Healthcare and Food



Low-Income Households that can comfortably afford housing are able to spend:





1/3rd more on Healthy Food

5x as much on Healthcare

Housing Affordability Impacts on Families



2x more likely to be evicted

2x more likely to be in poor health

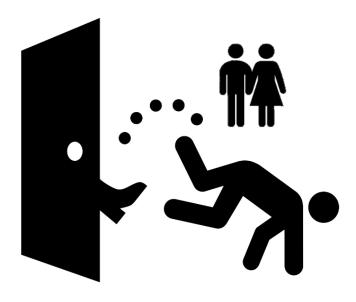
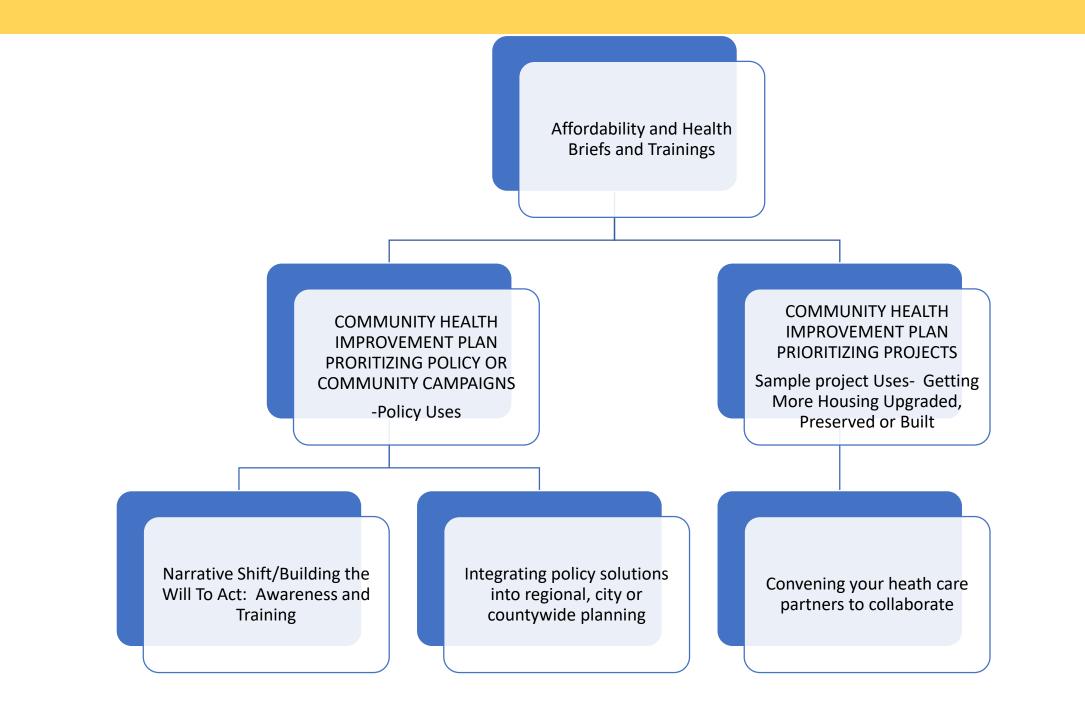


Image Credit: The Concord Pavilion



"Prescription for a healthy Bay Area? Homes for all"

Open Forum: Taking a regional approach to homelessness presents the best path forward By Keith Carson and Muntu Davis



Image Credit: SF Chronicle. "Prescription for a healthy Bay Area? Homes for all" https://www.sfchronicle.com/opinion/openforum/article/RX-for-healthy-Bay-Area-homes-for-all-13031388.php

The Curb Cut Effect



Health Equity Kitchen Cabinet - Solutions That Prioritize Public Health



Protection:

Goal: Protect more than 450,000 low-income renter households

How? \$400 million/year and adoption of incentives and requirements.

Preservation:

Goal: Take 25,550 homes occupied by and affordable to lowincome renters off the speculative market, and preserve and improve 11,110 expiring deed-restricted units. **How:** \$500 million/year for 10 years and adoption of incentives and requirements



Production:

Goal: Meet the region's need for 13,000 new affordable homes/year **How:** \$1.4 billion/year and adoption of incentives and requirements

Health Equity Kitchen Cabinet - Bills to Watch







o <u>Protection</u>

- Tenant protection package includes: AB 1482 (Chiu) Rent Cap or Anti-Rent Gouging, AB 1481 (Bonta) Just Cause Eviction, AB 36 (Bloom) Affordable housing and amends certain provision of Costa-Hawkins
- SB 329 (Mitchel) Source of Income Discrimination clarifies that housing vouchers are included within California' prohibition on discrimination based on source of income.
- o <u>Production</u>
- AB 10 (Chiu) State Low Income Housing Credit increases the aggregate housing credit dollar amount that may be allocated among low-income housing projects with specific allocations for farmworker housing.
- SB 50 (Weiner) Planning and zoning: Housing Development increases maximum building heights around transit and in jobs rich areas.
- ACA 1 (Aguiar-Curry) Constitutional Amendment reduces the voter threshold for affordable taxes (sales, parcel, or transactions taxes) from 66 to 55%

Rapid Response Survey: Health Impacts of Federal Immigration Policy

Meileen Acosta, Epidemiologist. Solano County Public Health





Methodology

Program Types

Clinical

N=157

•

N=50

- Clinics/FQHCs
- Pediatrics
- Medi-Cal

Public Health

- Mental Health
- Lead
- Drug and Alcohol
- Epidemiology
- Family Health/Maternal Health
- Immunizations
- Needle Exchange
- STD/HIV
- Rape Crises

Social Services

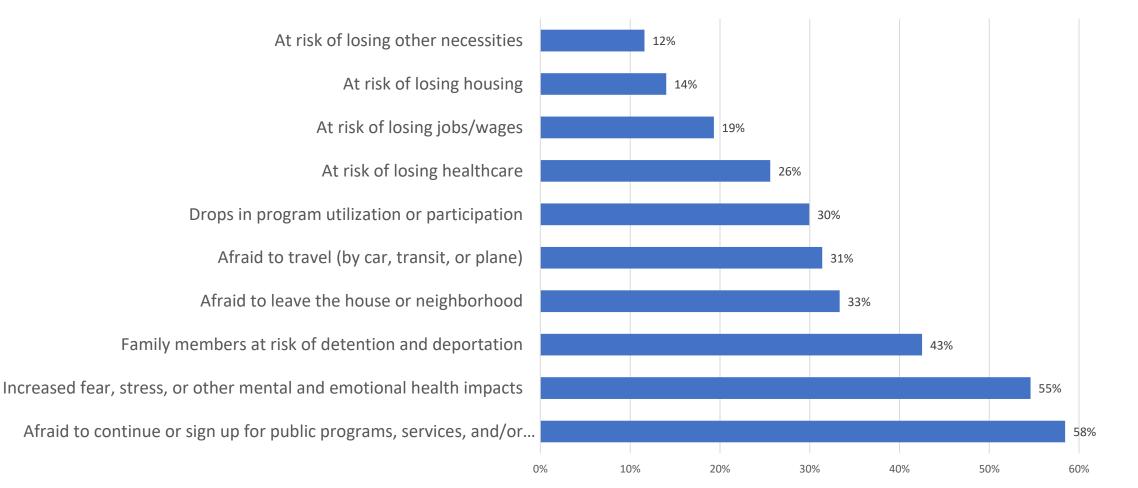
- WIC
- CALWorks and
 Employment
- CALFresh
- CPS
- Homelessness

Community Partners

Results: Quantitative

70%

"Have you witnessed or heard from clients that they have been impacted by the new immigration and refugee policy, enforcement and public discussion since November 2016 in the following ways:"



Data Into Action: Health Department Responses

Health Department/System Actions

- Welcoming communications to immigrant communities
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BARHII outcomes responding to changes in immigration policy

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BARHII members shared how they were preparing for changes to public charge rule. With BMSG support, staff developed model messages for LHD to adopt.

Key stakeholders in model policy development for SB54 – guidance on information sharing to keep public facilities safe

How Today's Climate Impacts Strain Health

Heat, Fires, Flooding, ad Human Health ilnerabilities

Heat

- Future heat extremes expected to begin as early as June and extend through September
- Heat waves
 - CA 2006– estimated excess of 655 deaths, 16,000 hospital admissions (CDPH)

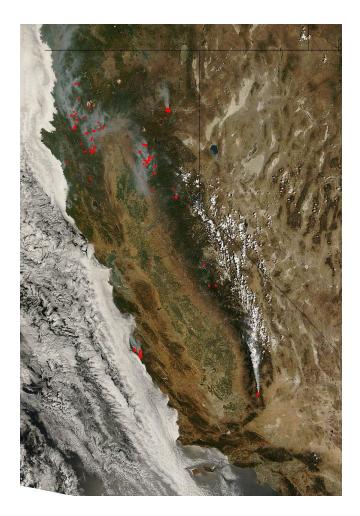
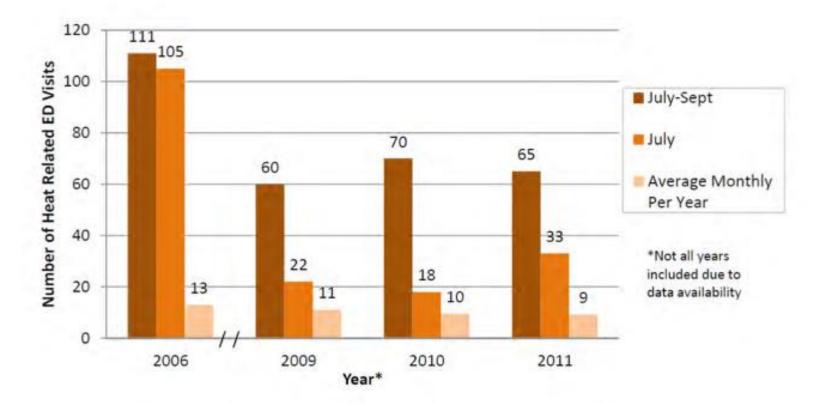
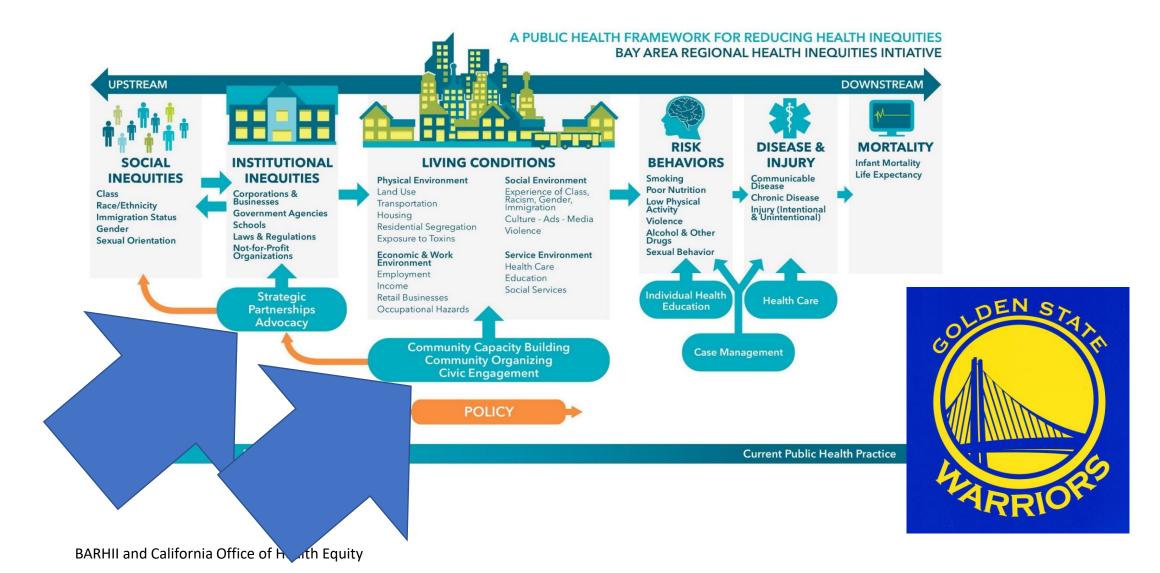


Figure 6: Heat Related Emergency Department Visits In Contra Costa County, 2006 & 2009–2011



Source: California Statewide Office of Planning Health and Development

The BARHII Framework: Strength In Numbers



Early Momentum - Spotting Great Projects – Blending Coalition, Investment, and Policy

FAIRMONT COORIDOR - Boston













RESID SINGLE-FAMILY HOME	ENT CONTRO LINITED EQUITY HOUSING COOPERATIVE (LEHC)	CONDOMINIUM	UNGS MULTIFAMILY RENTAL			
	補					
	99 YEAR GROUND LEASE					
COMN	COMMUNITY OWNERSHIP OF LAND					



For more information:

WWW.BARHII.ORG



Intractability







Climate Change IS Exacerbates Existing Health Inequities NOW

Climate Impacts

Extreme Heat
Air Pollution
Wildfire
Severe Weather/Storms
Drought
Agricultural Disruptions

Health Impacts

•Death

•Cardiovascular Stress and Failure

- •Disease
- •Hunger; malnutrition
- Increased cost of water, food and energy
- •Illnesses such as Heat Stroke, Heat Exhaustion
- •Mental health disorders

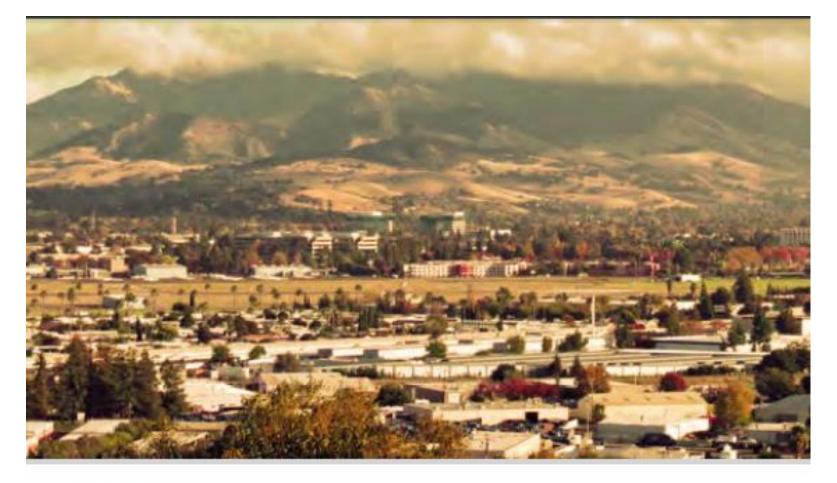


Groups Most Impacted

- •Elderly
- Children
- •Farm/Outdoor Workers
- •Diabetics
- •Low-Income Urban Residents
- •People with Respiratory Diseases

How Today's Climate Impacts Strain Health

Heat, Fires, Flooding, ad Human Health ilnerabilities



2015

Climate Change Vulnerability in Contra Costa County: A Focus on Heat

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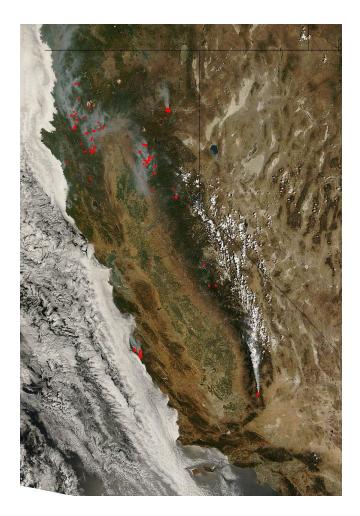
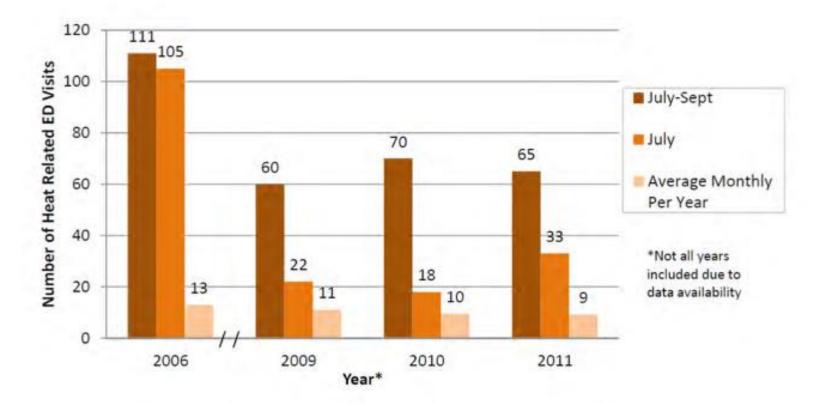


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Climate Change IS Exacerbates Existing Health Inequities NOW

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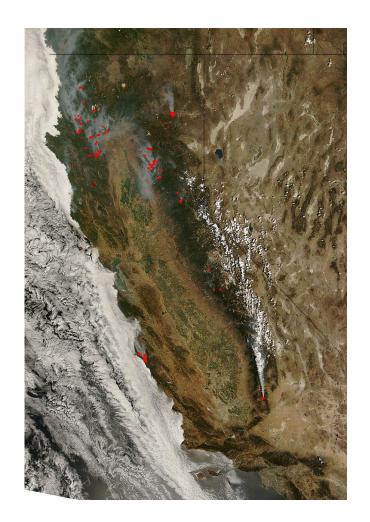
Other impacts...

Projected future increase in number and intensity of winter storms*

- Displaced populations
- Injuries and drowning
- Exposure to toxins
- Food and water contamination and shortages

• Climate change and air quality are linked

- Higher surface temperatures lead to formation of ground level ozone;
- Adverse effects on heart and lung function (e.g., risk of asthma attacks in exercising children)
- Longer growing seasons and increase in some pollens and molds



Changing patterns—yields of crops & pests & weed species resulting in: increased food costs and possible increased use of pesticides.

Effects on local economy and workers --- displaced jobs and unemployment

Floods, Extreme Storms and Wildfire

Projected future increase in number and intensity of winter storms*

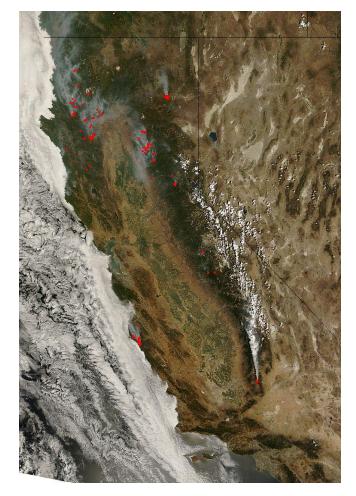
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- Injuries and drowning
- Exposure to toxins
- Food and water contamination and shortages

Building Resilience Before the Storm ightarrow

- Identify vulnerable clients, support strong neighborhoods to build social cohesion and informal systems of support and formal strategies for check ins during flooding, storms and fires.
 - Pregnant women
 - Elderly
 - People with small children
 - People who live in households without access to a vehicle
- Identify areas of the community at risk for flooding and address vulnerabilities in housing stock, report to public works (damaged sewer drains, standing water, etc...)

<u>Micro</u>

- Assist clients with emergency preparedness (to-go kit with lists of medications, flash lights, food water, etc...)
- Encourage clients in areas at risk for fire to clear brush



Climate Change Quick Guides



As part of its CDC funded Communities Pating Prevention to Work Obesity Prevention Initiative, the Santa Clara County Public Health Operativent (SCO-PH) worked with jurisdictions and community organizations on environmental strategies to increase the use of active transportation and the consumption of local fresh food. Some of the transport event: creation of a styl Community Supported Agriculture (ISA) project. Expositions in of the accessing of the EBT cards at termore markets, adoption of Salt Routers to School pacifies in school districts and cales, creation of a billingual bill anguard prevention of cales Routers to School pacifies in school districts and cales, creation of a billingual bill anguard prevention of cales Routers to School pacifies in school districts and cales, creation of a billingual bill anguard billinguard billingua

www.barhii.org

azardous materials, community land use, and vulnerable population issues were included and edited commun and use and equity reports. In addition, Public Health staff facilitated linkages to County and community-based

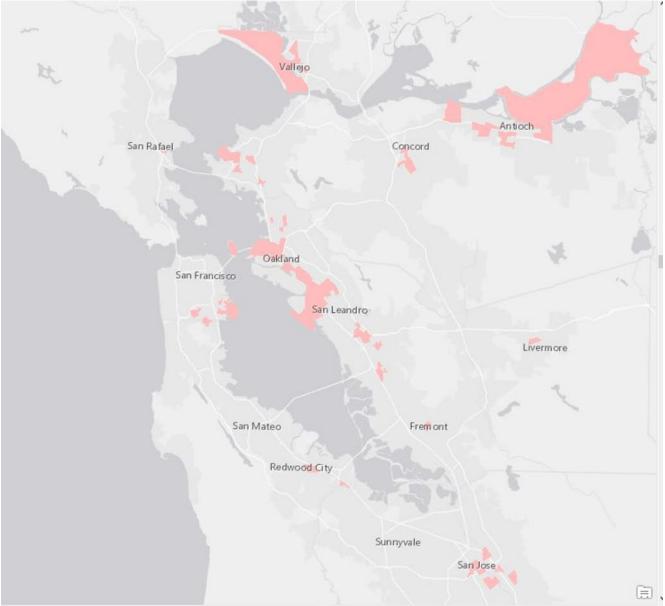
ART Partnership

Co-Benefits of Climate Change Efforts

Reduce vehicle miles traveled		 Increase physical activity Reduce chronic disease Improve mental health
Reduce emissions through land use changes		 Increase local access to essential services Enhance safety
Reduce residential building energy use	\longrightarrow	 Reduce household energy costs Promote healthy homes Create local green jobs
Urban greening		 Reduce temperature and urban heat island health effects Reduce air pollution and noise
More sustainable local food systems		 Increase access to healthy, fresh foods Reduce cardiovascular disease Increase local social cohesion Increase resilience

A Deeper Look At Opportunity Zones

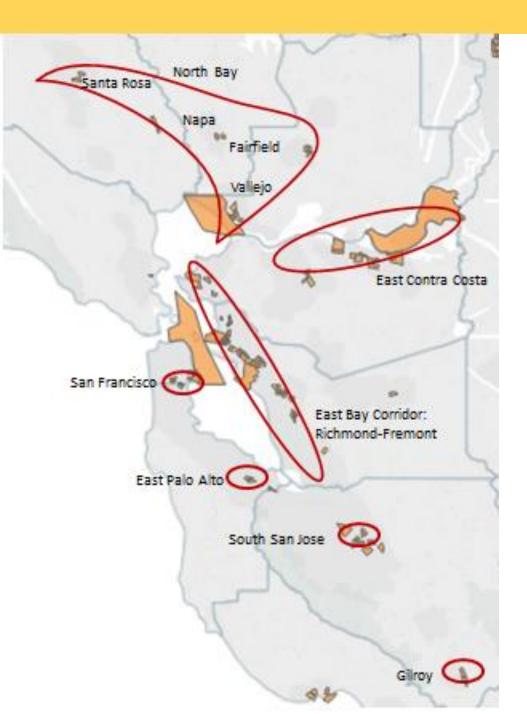




Bay Area Opportunity Zones By census tract

BARHI Bay Area Regional Health Inequities Initiative

Bay Area Opportunity Zones



Source: Enterprise Opportunity Zones 360 Tool

Displacement in the Bay Area

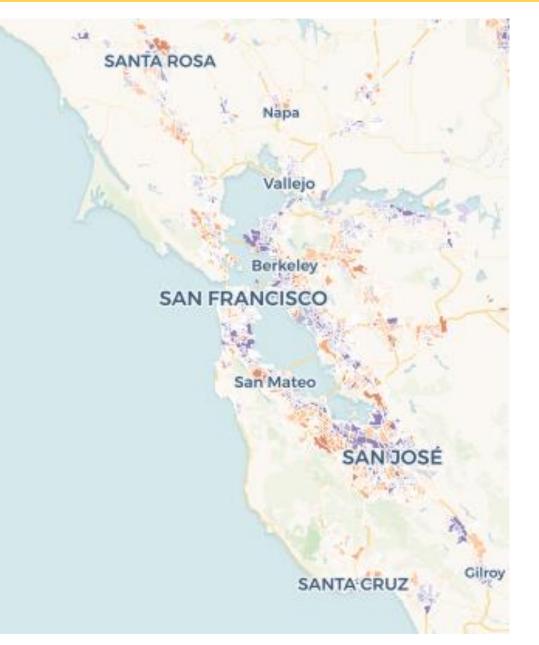
Displacement Typologies

Lower income (LI) tracts

- 1. Not losing LI households
- 2. At risk of gentrification and displacement
- 3. Ongoing Gentrification/Displacement

Moderate to high income (MHI) tracts

- 1. Advanced gentrification
- 2. Not losing LI households
- 3. At risk of exclusion
- 4. Ongoing Exclusion/Displacement
- 5. Advanced exclusion



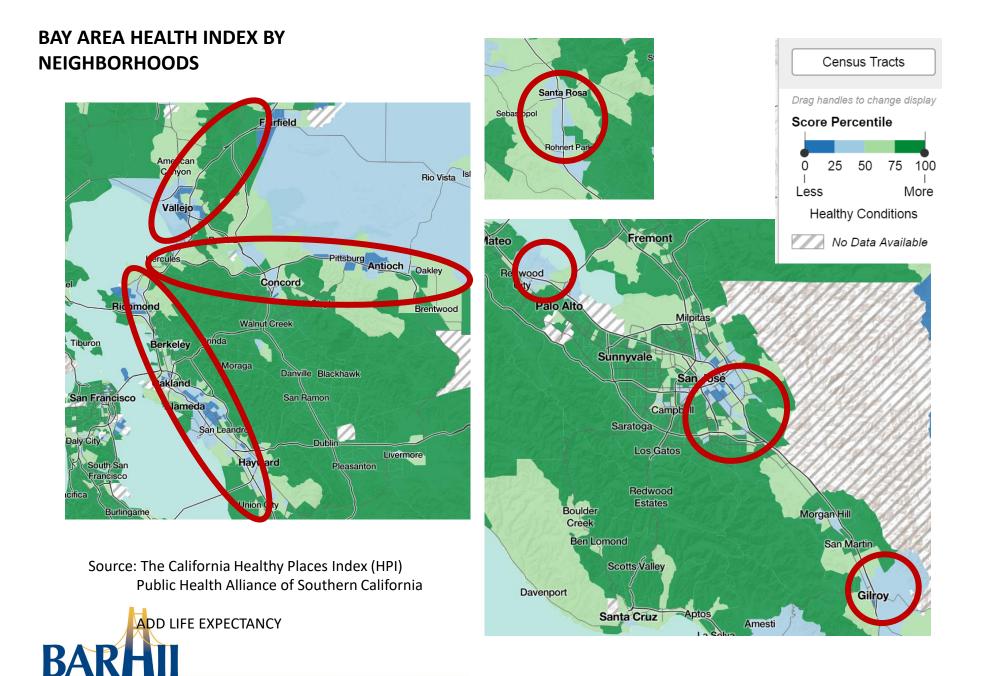
Source: Urban Displacement Project. http://www.urbandisplacement.org/map/sf

BAY AREA BELT FOR HOUSING PRESERVATION

- Addressing health disparities ٠
 - Cities economically disconnected ٠ from urban core
 - Increasing poverty and racial ٠ segregation
 - Vulnerable to displacement in the ٠ next economic cycle
 - Low community capacity ٠
- Addressing vulnerable communities ٠ needs:
 - Low-income neighborhoods along ٠ earthquake faults and in flooding areas
 - 70K units at risk for the next major ٠ earthquake
- Timely investments •
 - Lower housing cost than core
 - Retaining skilled work force
 - Retrofit would be ¼ cost of ٠ reconstruction

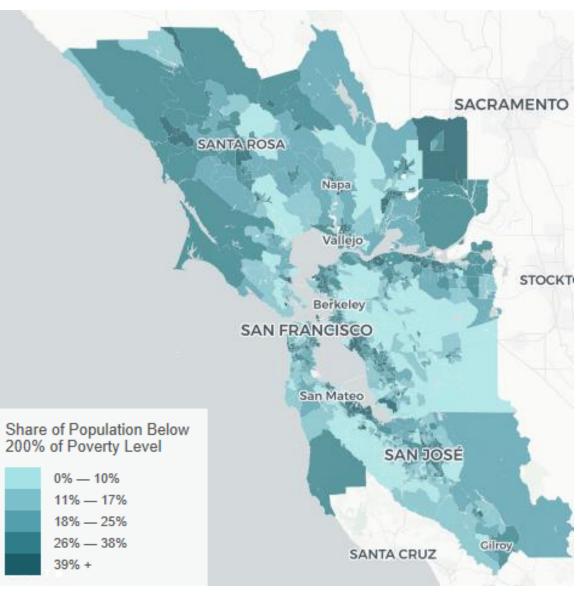


BA Bay Area Regional Health Inequities Initiative

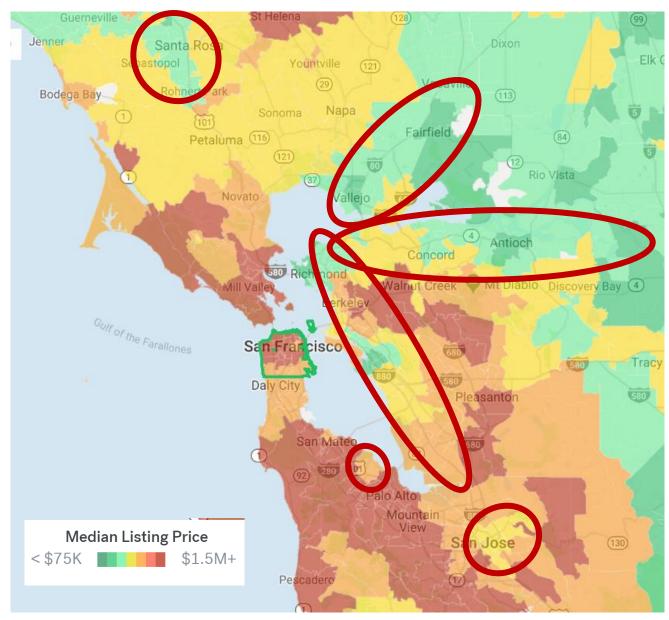


Bay Area Regional Health Inequities Initiative

Suburbanization of Poverty



Source: Vital Signs. http://www.vitalsigns.mtc.ca.gov/poverty



Housing Market Trends 2018 Trulia



Implementing a Health Equity Agenda Regionally

Changing the Narrative About The Problems and Solutions

Building New Capacities & Hiring New Expertise Forming Regional Communities of Practice to Support New Staff and Ways of Working To Create Ongoing learning for Impact

A Deeper Look At Opportunity Zones



Rapid Response Survey: Health Impacts of Federal Immigration Policy

October, 2017

Meileen Acosta, Epidemiologist. Solano County Public Health





Who we Are



Two coalitions of local health departments responsible for 80% of the state's population



Methodology

Program Types

Clinical

N=157

•

N=50

- Clinics/FQHCs
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Public Health

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Social Services

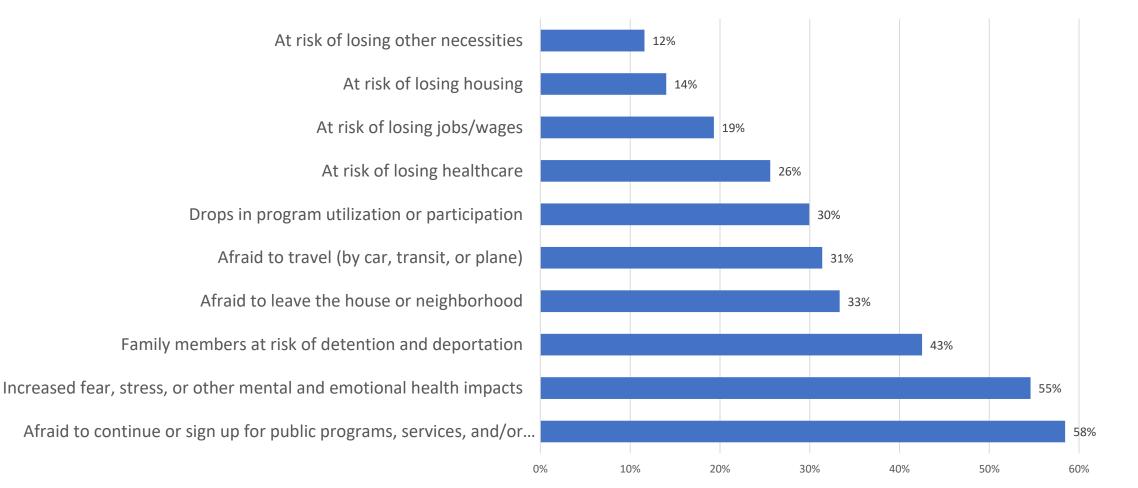
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Results: Quantitative

70%

"Have you witnessed or heard from clients that they have been impacted by the new immigration and refugee policy, enforcement and public discussion since November 2016 in the following ways:"



Results-Stories

"A patient told me she was afraid of going back to county clinic. Not only has she stopped seeing our clinic, her specialist, but also she is reluctant to take her daughter to the Pediatrics department for the same reason. Her daughter who is only 3 has had a history of abnormal blood work, was set up to see a specialist for possible leukemia and is recently fainting."

"I saw a patient recently at an evening clinic at a local school who was suffering from headaches.. As we explored sources of stress for her, she revealed that neither she nor her husband are documented but their only child was born in this country and is, therefore, a citizen. Should they be deported, she has no idea how she will deal with finding care for her child who is 8 years old." "One outreach client that was actively interested in engaging in Mental Heath Services prior to the election, who is now so afraid to leave their house that they have cut off all contact with government agencies for fear of being thought of as illegal(sic) because they are "brown," and are married to someone who is in fact illegal."

"I have an undocumented patient who has a diagnosis that's high risk to public health. He's a day laborer and, sometimes, due to fear he'll be caught and deported, he'll **forgo going to work. Lost wages renders him unable to support himself and his spouse. And, with the lack of basic need such as income to support their living, it has become a domino effect** that, ultimately, impacts the public negatively. ."

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Key stakeholders in model policy development for SB54 – guidance on information sharing to keep public facilities safe

Data Into Action through 2018: Health Depts and Systems

- RFP developed for \$3.7 M in contracts to fill the gap in services (Alameda)
- \$3.5 M allocated for legal services and deportation defense (Santa Clara)
- Welcoming outreach and messaging (Napa)
- Funds for organizations for deportation defense and support (Solano)
- Dedicate Office of Diversity and Equity to leave overall efforts, communication, outreach (San Mateo)
- Training for staff on how to communicate about immigration, race, racism (Marin)
- Training for staff on how to provide resources/info to clients like KYR. Mental wellness and self-care support (Santa Clara)

Data Into Action: Next Phases

- Building Mental Health Capacity
- Interrupting Hate and Bias (Bystander Intervention, Workforce Bias Training)
- Public Statements and Advocacy (DACA and other policies)

Data Into Action: Next Phases

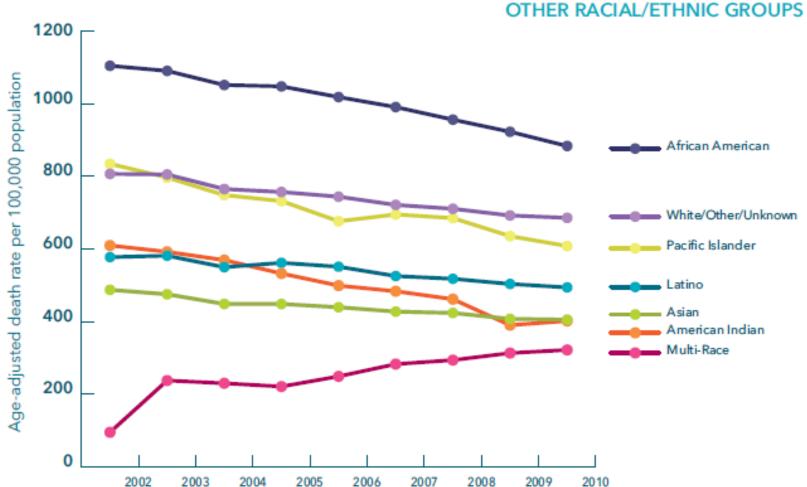
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Institutionalizing Health Equity

- Training & Development
 - Health Equity 101
 - Adaptive Leadership Series
 - Anti Bias Series: Bystander Intervention, Bias in Workplace

• Policy Solutions

- Integrating health equity into local legislative policy platforms
- Providing data and information on health/health equity impacts
- Serving as a resource, naming policies that can have broad scale health impacts



ALTHOUGH DEATH RATES IN CALIFORNIA HAVE DECLINED, DISPARITIES PERSIST WITH AFRICAN AMERICANS HAVING HIGHER DEATH RATES THAN THOSE OF OTHER RACIAL/ETHNIC GROUPS

FIGURE 2: Death rates, by race/ethnicity, California, 2002 to 2010.

Source: California Department of Public Health, Death Records; and California Department of Finance, Race and Ethnic Population with Age and Sex Detail, 2000-2050. Sacramento, California, July 2007.

Note: Age-adjusted rates are calculated using year 2000 U.S. standard population.





For more information:

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