

00:01:10 Sylvia Tang | She/Her/她 | SMC BHRS ODE:Sorry Chantae  
00:01:17 Sylvia Tang | She/Her/她 | SMC BHRS ODE:I need both devices because  
of my computer sound issues  
00:01:20 Sylvia Tang | She/Her/她 | SMC BHRS ODE::D  
00:08:29 Sylvia Tang | She/Her/她 | SMC BHRS ODE:Hello Panelists! You can  
find Suicide Prevention Month virtual backgrounds at  
<https://www.smchealth.org/post/social-media>. In case you want to use it!  
00:10:33 Sylvia Tang | She/Her/她 | SMC BHRS ODE:So happy for you, Frieda!!  
Huge milestone  
00:12:03 Sylvia Tang | She/Her/她 | SMC BHRS ODE:Candice just messaged me  
saying "I can't be heard No Mic"  
00:20:14 Chantae Rochester: Candice I'm not able to promote you to  
panelist. Please try to log and back in one more time.  
00:21:32 Michael Lim he/him/his: Ken Burn's 2-part Documentary on Children &  
Mental Health - "Hiding In Plain Sight". Currently streaming on PBS:  
<https://www.pbs.org/show/hiding-plain-sight-youth-mental-illness/>  
00:22:26 Candice Hawley< LE (She Her, Hers): I'm here. Have been able to  
hear all, but have no ability to speak. Sorry.  
00:23:30 Michael Lim he/him/his: National Alliance for Eating Disorders 3rd  
Annual "Dare to Love Yourself" Summit on Sept 19th. Register at:  
[https://r20.rs6.net/tn.jsp?f=001srsW9YQtvB4c8Yrem\\_ajk5mYd7DGURL0-HrJ3hKaLuB3UZ9jpGbkKf2CVuL\\_jkEA4XaER-T2smYabeIcU00ASeiDUYuKKncLHINc1eut7gQBYnFl5NuXoj3Lj01b81tBJ5j9Vre3pGSmFD2zBjLj1Q==&c=Fck2DsuY1eBeB90KpKssN6B6W5LUpJYqiClixG3KmQeXEi6MnKkN0g==&ch=yewWxQ6IsC-2dkS5\\_jyz5ne0ewu4p-afk5TsPMSfc6d1MzIx-l6HCw==](https://r20.rs6.net/tn.jsp?f=001srsW9YQtvB4c8Yrem_ajk5mYd7DGURL0-HrJ3hKaLuB3UZ9jpGbkKf2CVuL_jkEA4XaER-T2smYabeIcU00ASeiDUYuKKncLHINc1eut7gQBYnFl5NuXoj3Lj01b81tBJ5j9Vre3pGSmFD2zBjLj1Q==&c=Fck2DsuY1eBeB90KpKssN6B6W5LUpJYqiClixG3KmQeXEi6MnKkN0g==&ch=yewWxQ6IsC-2dkS5_jyz5ne0ewu4p-afk5TsPMSfc6d1MzIx-l6HCw==)  
00:23:59 Michael Lim he/him/his: Office of Consumer & Family Affairs will be  
having a Lived Experience Academy, a Workshop to teach MH Clients on how to tell  
their story. Class starts on 10/13. Application deadline is 9/30.  
<https://forms.office.com/Pages/ResponsePage.aspx?id=Nfb6DU2gzEin422hrwiD-QEz8qC32JpFq9ndYj27mRNUN1NaRFU2WdC4UFJPNTRXU0RUQ0tJWFFOOCQlQCN0PWcu>  
00:39:46 Leti Bidó (She/Her): Please join us for the next MHSA Steering  
Committee Meeting via Zoom: Thursday, October 6, 3-4:30pm:  
<https://www.smchealth.org/bhrs/mhsa>  
00:42:41 Leti Bidó (She/Her): To join the MHSA Three-Year Plan Workgroup,  
please visit: <https://www.surveymonkey.com/r/3YrPlanWorkgroup>  
00:53:54 Jean Perry: My computer will not do backgrounds without a  
physical green screen. If I use iPad, I can do backgrounds  
01:00:38 Sylvia Tang | She/Her/她 | SMC BHRS ODE:And of course BHRS Director  
Lisa Mancini was there too :)  
01:02:12 Leti Bidó (She/Her): Mental Health Services Act (MHSA)  
Innovation Funds Community Input Needed- Native Hawaiian & Pacific Islander (NHPI):  
We are looking for input on MHSA Innovation previously approved funding to support  
the mental wellness of NHPI youth. Join a discussion about the needs of NHPI youth  
in San Mateo County- Wed., September 14, 2022 at 6pm. Please spread the word!  
Register here:  
<https://us02web.zoom.us/meeting/register/tZMtfumhqjwuHNe6kUDrVeGF0dFwpD06atZ8>  
01:17:32 Hudson Fox: Ms. Tang, will the posts also be available to be  
shared on Instagram?  
01:26:01 Frieda K. Edgette: Looks like the 12th. I am available and  
happy to support the proclamations  
01:28:12 Sylvia Tang | She/Her/她 | SMC BHRS ODE:

[https://smcgov-my.sharepoint.com/%3Aw%3A/g/personal/kflui\\_smcgov\\_org/Ebx207kHLNhAkVs\\_mNGX9JykBK6QuKJVvV5Pazy\\_pBSEvTA?wdhostclicktime=1660948063322](https://smcgov-my.sharepoint.com/%3Aw%3A/g/personal/kflui_smcgov_org/Ebx207kHLNhAkVs_mNGX9JykBK6QuKJVvV5Pazy_pBSEvTA?wdhostclicktime=1660948063322)

01:28:38 Candice Hawley< LE (She Her, Hers): It would be good to have things that we could post on Next Door

01:28:43 Chris Rasmussen: Syl, link doesn't work

01:28:58 Sylvia Tang | She/Her/她 | SMC BHRS ODE:Will work on that!

01:30:17 Frieda K. Edgette: Recovery Month >

<https://www.vorsmc.org/recoveryhappens2022>

01:30:23 Sylvia Tang | She/Her/她 | SMC BHRS ODE:I uploaded Social Media Calendar Word document. You may not see it if you are on a mobile device. I'll work on uploading the word document to our website "Get Involved" section

01:31:02 Frieda K. Edgette: @Sylvia, this works. Thanks so much - and very helpful.

01:31:54 Sylvia Tang | She/Her/她 | SMC BHRS ODE:

<http://smchealth.org/suicide-prevention-month>

01:36:42 Frieda K. Edgette: Congratulations, Jeff! Thank you so much for your service.