

# QUEST FOR RECOVERY

BY PAM WARD

PALM SWEATING PANIC  
THROAT TIGHTENING TENSION  
ANGER RIDDEN ANXIETY  
WITH ANTICIPATION AND GREAT RELUCTANCE  
A SOUL WEARY SEEKER SETS OFF ON LIFE  
CHANGING QUEST FOR SELF  
FEARING THE KNOWN AND THE UNKNOWN  
POTENTIALLY DISCLOSING FESTERING RAW  
WOUNDS  
ONLY A FOOL DARES SOLO TRAVEL ON A SOUL  
SEARCHING SOJOURN  
SHEDDING GAME - FACE  
REVEALING SHAME - BASE  
SEEKING SAFE PASSAGE IN THE COMPANY OF A  
LOVING SUPPORTIVE GUIDE ONE WHO  
UNDERSTANDS THE PERIL OF INTERNAL  
TREKKING  
RAISING CRUCIAL QUESTIONS HONORING HEART-  
FELT TRUTHS TRUSTING IN A HIGHER POWER  
IN TANDEM,  
SEEKER AND GUIDE GRACEFULLY MANEUVER THE  
ROAD LESS TRAVELED  
UNAFRAID OF RAW WOUNDS  
SLOWLY,  
WITH PAINSTAKING PRECISION OPENING  
PANDORA'S BOX  
EXPLORING RAW WOUNDS  
ONE DAY AT A TIME  
DEVELOPING SPIRITUAL INSIGHTS AND SELF  
UNDERSTANDING  
ACCEPTING RAW WOUNDS  
AND FINALLY DISCOVERING  
PEACE

