



Who Are We?

The Pacific Islander Initiative was created to address health disparities within the community and to connect families to resources and services they may not know about, but are eligible for.

Our mission is to raise awareness in the Pacific Islander community in order to dispel stigma associated with mental illness and substance abuse. Together with service providers throughout the county, we strive to address all barriers experienced by the community when accessing services.

The Pacific Islander Initiative's vision is a healthier community that feels supported by service providers; is more accepting of mental illness and substance abuse; and is knowledgeable of the various resources and services that are available.

Frequently Asked Questions

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When does the group meet?

We meet the first Tuesday of every month from 11:00 AM – 1:00 PM on zoom.

Meeting ID: 867 9968 6355

* Please contact initiative Co-Chair for passcode

Co-Chair information found at:

www.smchealth.org/HEI

under *HEI Meeting Schedule*

Who is a part of the Pacific Islander Initiative and can anyone join?

The Pacific Islander Initiative is made up of community members and Pacific Islander staff from a variety of community based organizations. The Pacific Islander Initiative is not exclusive to Pacific Islanders only. We welcome anyone who is passionate about the community and has the same vision and mission as the initiative.

Are all trainings and projects free?

Yes! All trainings and projects are free for community members. For more information, please contact the co-chairs.



Goals & Objectives

Education & Awareness

Raise visibility of the pressures faced by Pacific Islanders and promote community resources that support the Pacific Islander Community.

Prevention

Actively support activities that promote positive behavioral and physical health through family and community engagement.

Capacity Building & Leadership

Host opportunities that build skills and the capacity of local Pacific Islander leaders through training, dialogue and celebrated successes.

Projects & Services

In collaboration with other county staff, community partners and stakeholders, we provide a variety of activities including educational resources (in multiple languages), facilitated trainings and community outreach.

Trainings

The Pacific Islander Initiative provides training in the following areas:

- “How to Serve the Pacific Islander Community”
- Mental Health First Aid
- Stigma Reduction - Mental Health/ Substance Abuse: Stigma Free Campaign
- Photovoice
- Pacific Islander Focused Parent Project® - A parenting curriculum that provides additional skills and tools for effective parenting in the Pacific Islander community.



Resources

BHRS ACCESS Call Center
(800) 686-0101

24 Hour Crisis Hotline
(650) 579-0350

Suicide Prevention Lifeline
1-800-273-TALK (8255)

Mental Health First Aid
www.smchealth.org/mhfa

Parent Project®
www.smchealth.org/parentproject

Contact Us

San Mateo County Behavioral
Health & Recovery Services
Office of Diversity & Equity

ODE@smcgov.org
www.smchealth.org



Learn More at

smchealth.org/pacific-islander-initiative



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