

Lived Experience Education Workgroup

Minutes from 12/1/2015 Meeting

In Attendance: Katy Davis, Sylvia Leung, Holly Severson, Kathy Mackin, Pam Ward, Carmen Lee

1. Announcements:

- There is a Full Time peer coaching position open at Total Wellness. The job announcement was passed around to participants at the meeting
- EQRO is coming to do a BHRS audit on 12/15 and 12/16. They would like to do focus groups with clients and family members. This posting has been sent to the LEEW group via email.
- There is a MHSA-funded website called Speak Our Minds where you can find a speaker/speaker bureaus and tools for speakers. See more at <http://www.speakourminds.org/>.
- The American Association of Suicidology is hosting their Paul G. Quinnett Lived Experience Writing Contest. Their website describes, "This annual essay writing prize is awarded to those who have attempted suicide or have experienced serious suicidal ideation. The goal is to encourage the voices of those who are ready to share their stories of survival, hope, and recovery." There are cash prizes ranging from \$500 to \$1,500. The entry fee is \$20 (which may be covered for LEEW members and LEA graduates). Submissions are due Friday, January 15, 2016 at 11:59pm EST. More information at <http://www.suicidology.org/writing-contest>.

2. Carmen Lee conducted a training on facilitating panels. She passed out a handout with tips on how to conduct an effective panel discussion, including:

- How to draw out the quiet panelist
- How to gently move on if a panelist is too talkative
- How to support and handle a panelist who is symptomatic
- How to deal with an audience member who is rude
- How to elicit questions from the audience

(Please see handout for more details)

3. We discussed that the next Lived Experience Academy will start in the second week in February and will be on Tuesdays at Edgewood. Kim Westrick is polling potential facilitators and potential participants to figure out what is the best time for everyone involve.