

## Lived Experience Education Workgroup Meeting **Minutes**

Tuesday, January 5th, 2016

2000 Alameda de las Pulgas, San Mateo

Room 201

1. Introductions—Each person introduced themselves to the group and to our guest presenters.
2. Announcements
  - a. The Lived Experience Academy Application period is 1/4/16-1/18/16
  - b. Share “Guidelines for Supporting Committee and Commission Members with Lived Experience”
  - c. We will be conducting a LEEW mini-survey to find out about attendance and preferences around meeting content.
  - d. January 27<sup>th</sup> there is a NAMI General Meeting. More information is on the website.
3. Guest speakers share about programs and speakers’ bureaus at peer-run organizations
  - a. Bevin-Gaye Love at Seeing Through Stigma/Heart and Soul presented information about programs and speakers’ bureau and how LEA folks can get involved. She mentioned they are conducting an anti-stigma campaign by going into schools to share about life skills, how to have a voice, the importance of a support system. They also have events at 1950 Alameda and have locations in San Carlos and North County. They have drop-in services, WRAP, internet, and health and wellness education. LEA speakers can present on Seeing through Stigma Panels and receive a \$25 stipend per panel. They do about 36 panels per year. Speakers can meet with Bevin for coaching. The panels are at high schools for an audience of 18-20 year old young adults. LEA speakers signed up with Bevin to express interest in speaking on their panels. Possible connections: Youth Commissioners (have youth panelists) and panels at YMHFA.
  - b. Erica Horn and Gilbert from California Clubhouse presented information about their programs and talked about how LEA folks could get involved. The CA Clubhouse is an international rehabilitation model for those with schizophrenia, bipolar, major depression and co-occurring conditions. Programs they offer include a Transitional Employment program, Lunch and Learn where members eat and watch informational media such as TED talks, benefits planning, community meetings, the work-order day, and field trips. For more information, contact Kim Westrick ([kwestrick@smcgov.org](mailto:kwestrick@smcgov.org)) to be connected with Erica. LEEW is interested in holding a meeting there to learn about and tour the agency.
4. Check-in about commission and committee meetings

- a. Advocacy Academy graduates shared their experiences going to BHRS commission and committee meetings.