

APPENDIX 2
SAN MATEO COUNTY YOUTH COMMISSION
NEEDS ASSESSMENT SURVEY 2006

Youth Commission Report Table of Contents

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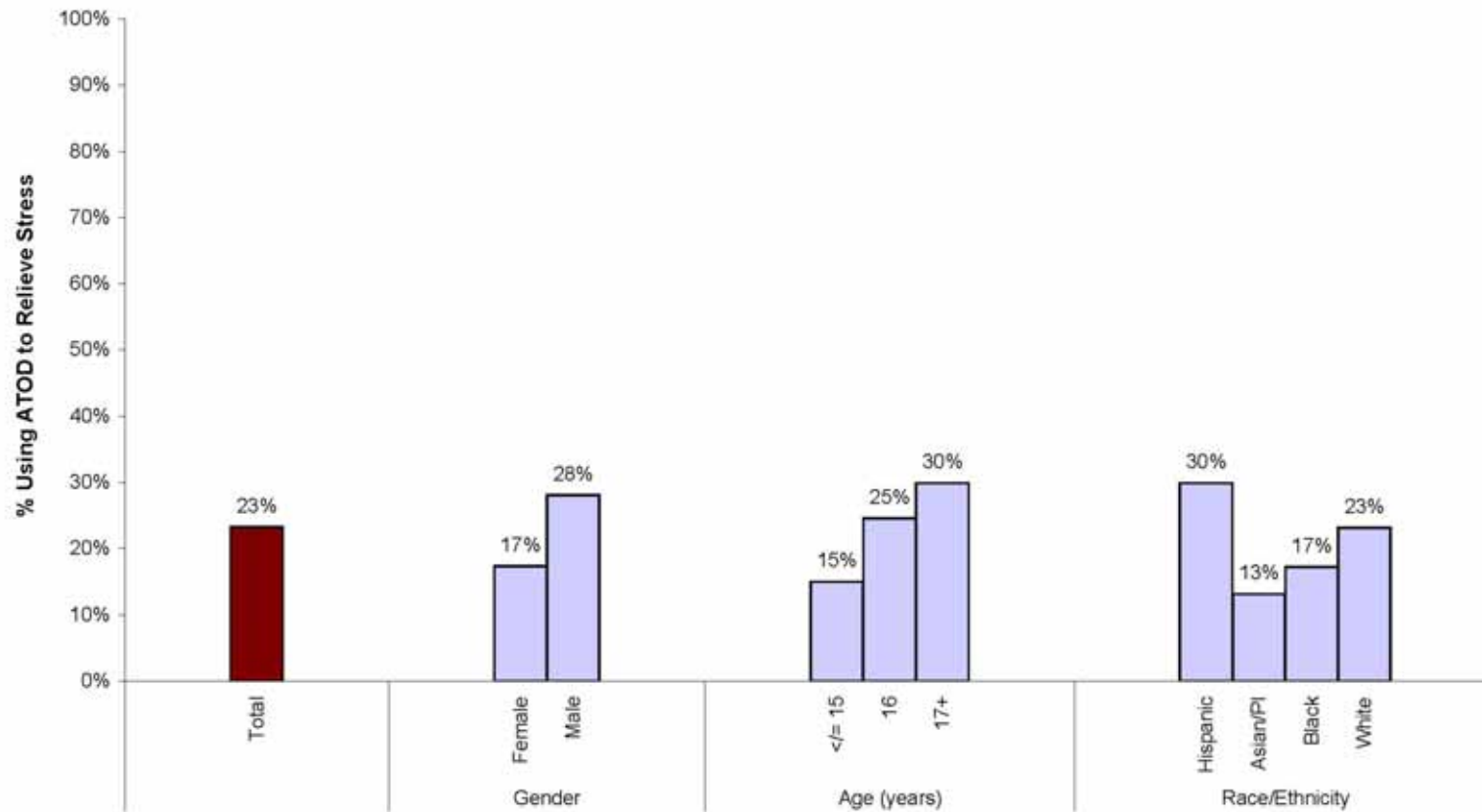
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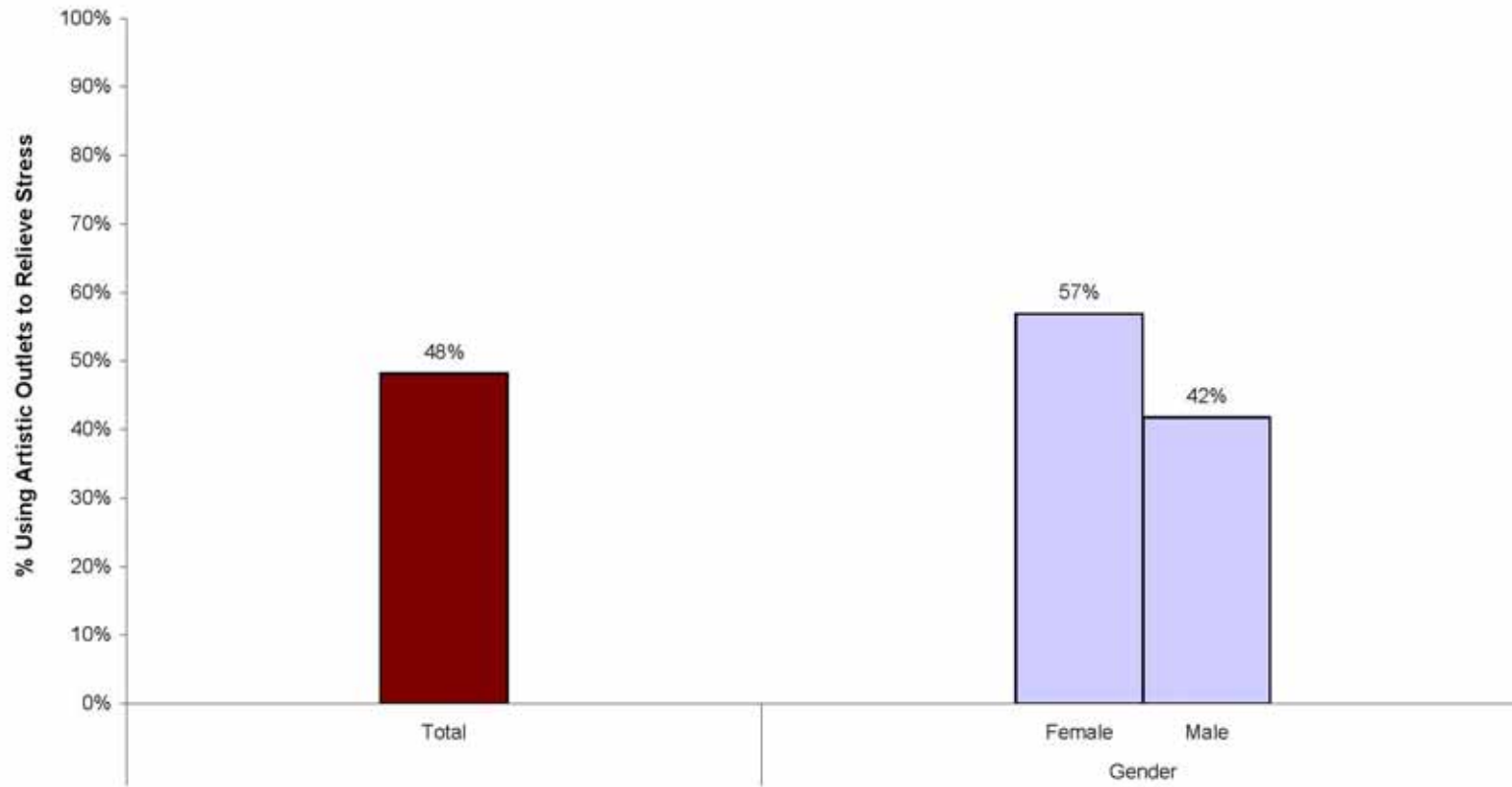
Mental Health

Questions 1 through 17

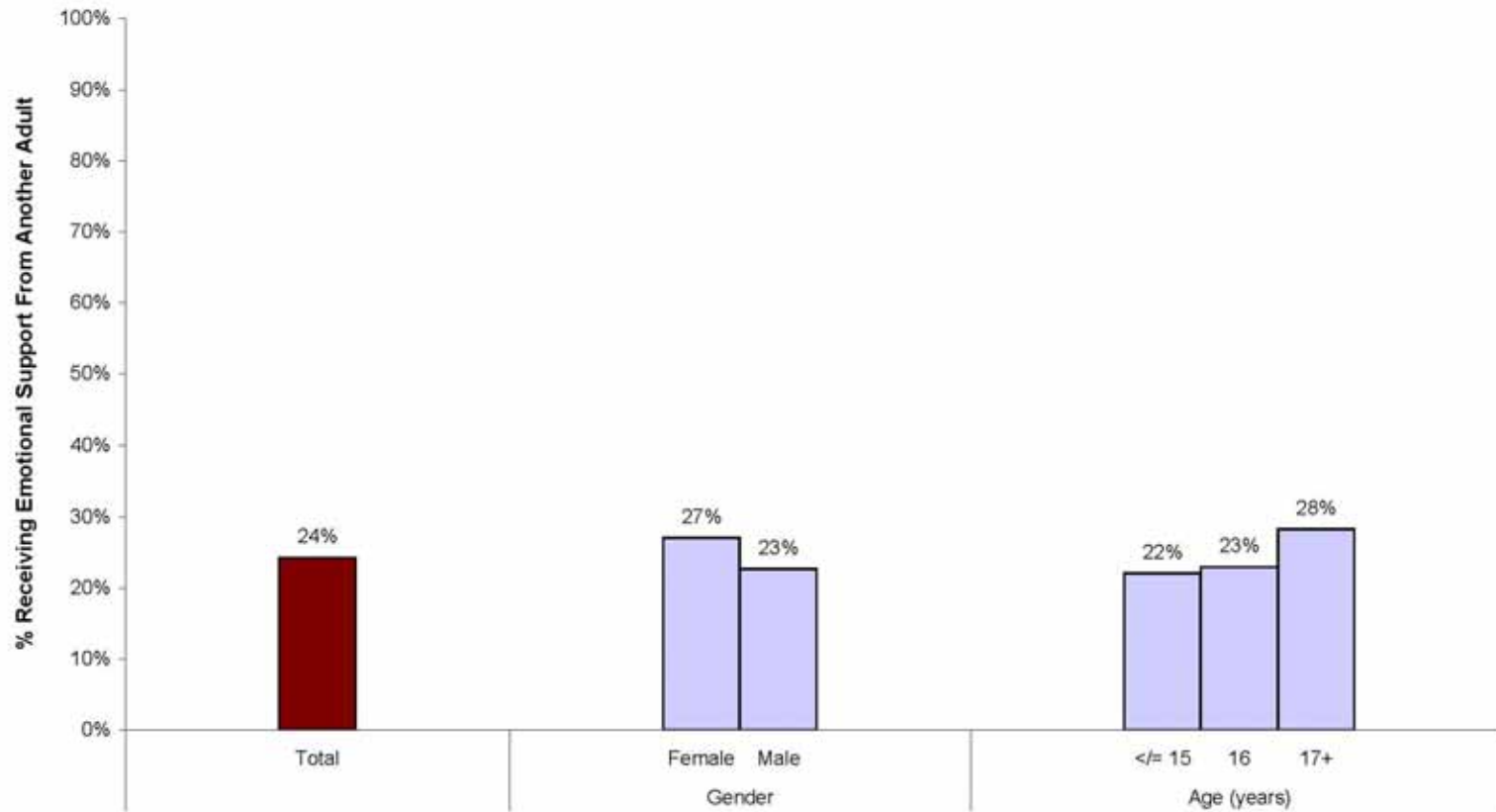
**#1_3: Which of the following ways do you relieve stress:
Alcohol, tobacco or other drugs**



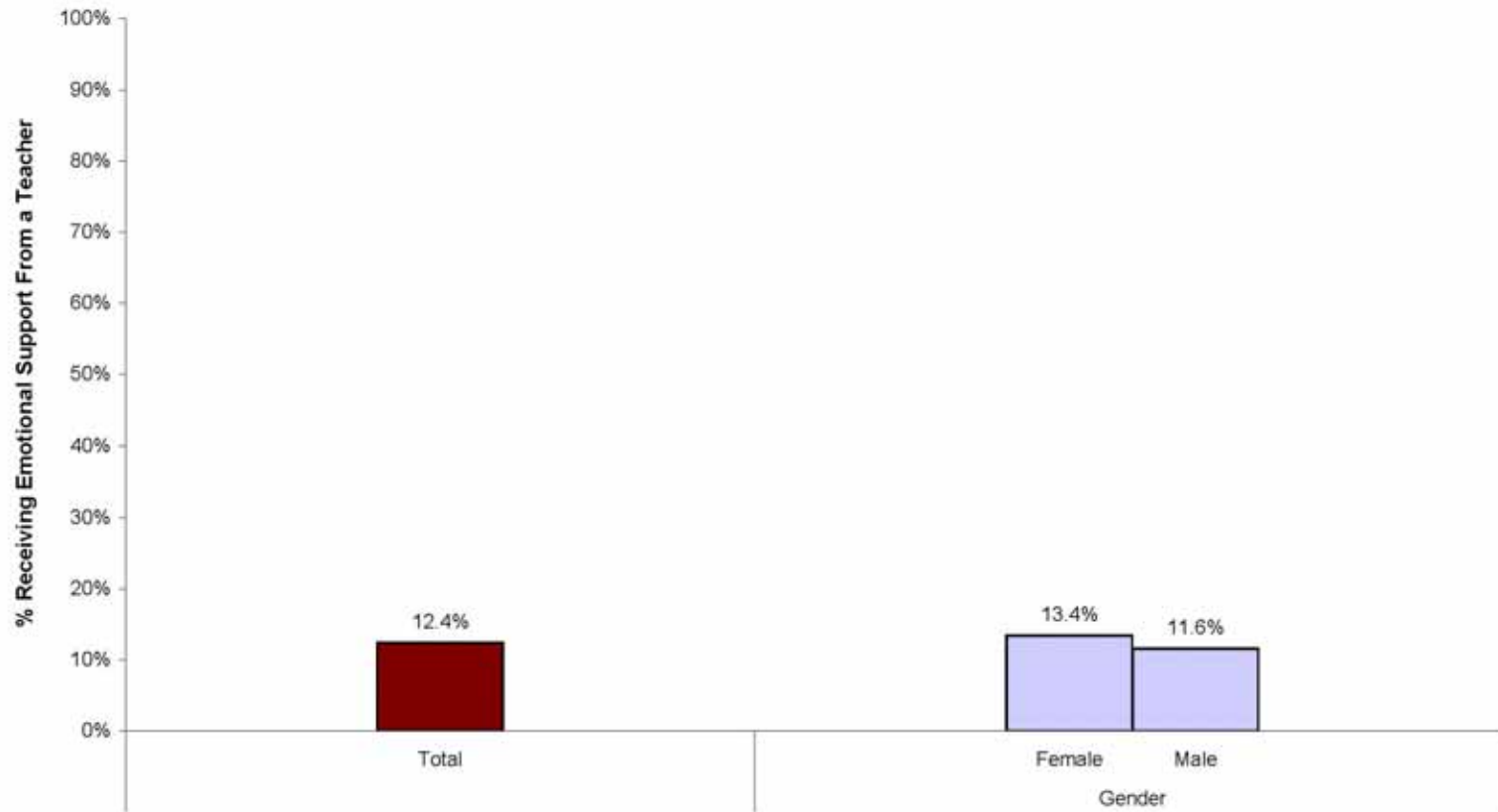
**#1_7: Which of the following ways do you relieve stress:
Artistic outlet such as music, drama, poetry, etc.**



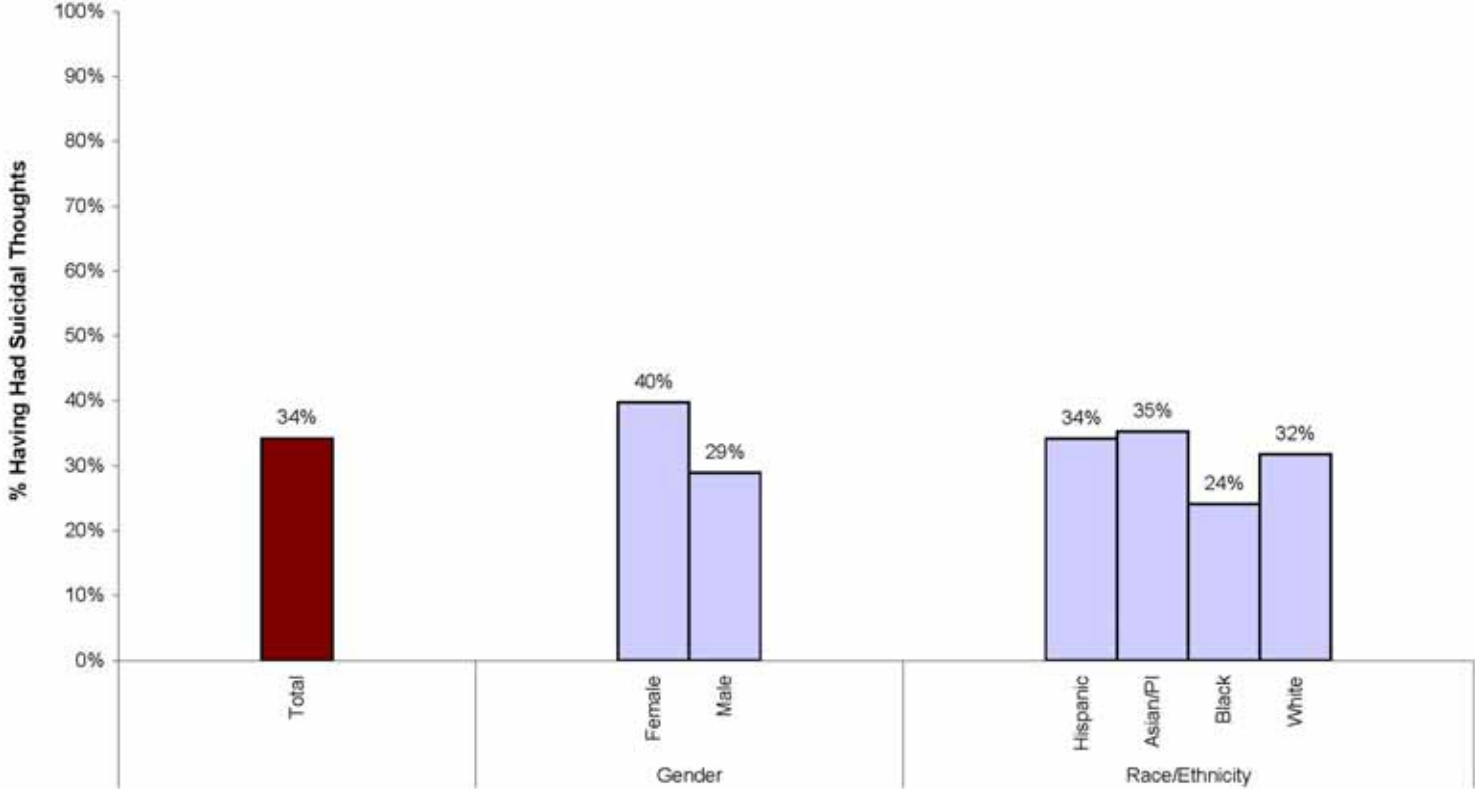
#3_4: Where do you get emotional support: Another adult



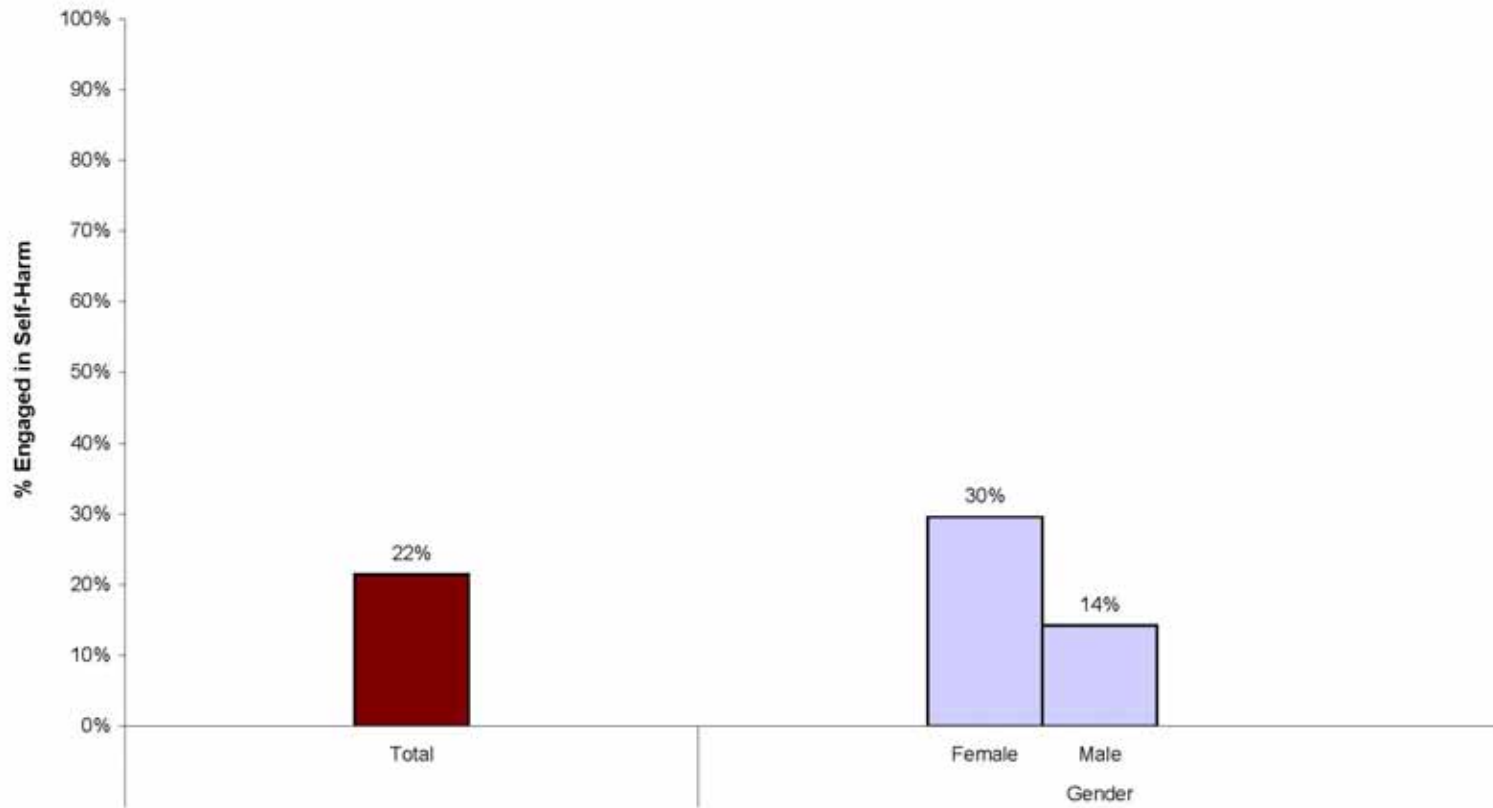
#3_8: Where do you get emotional support: Teacher



#5: Have you had suicidal thoughts?

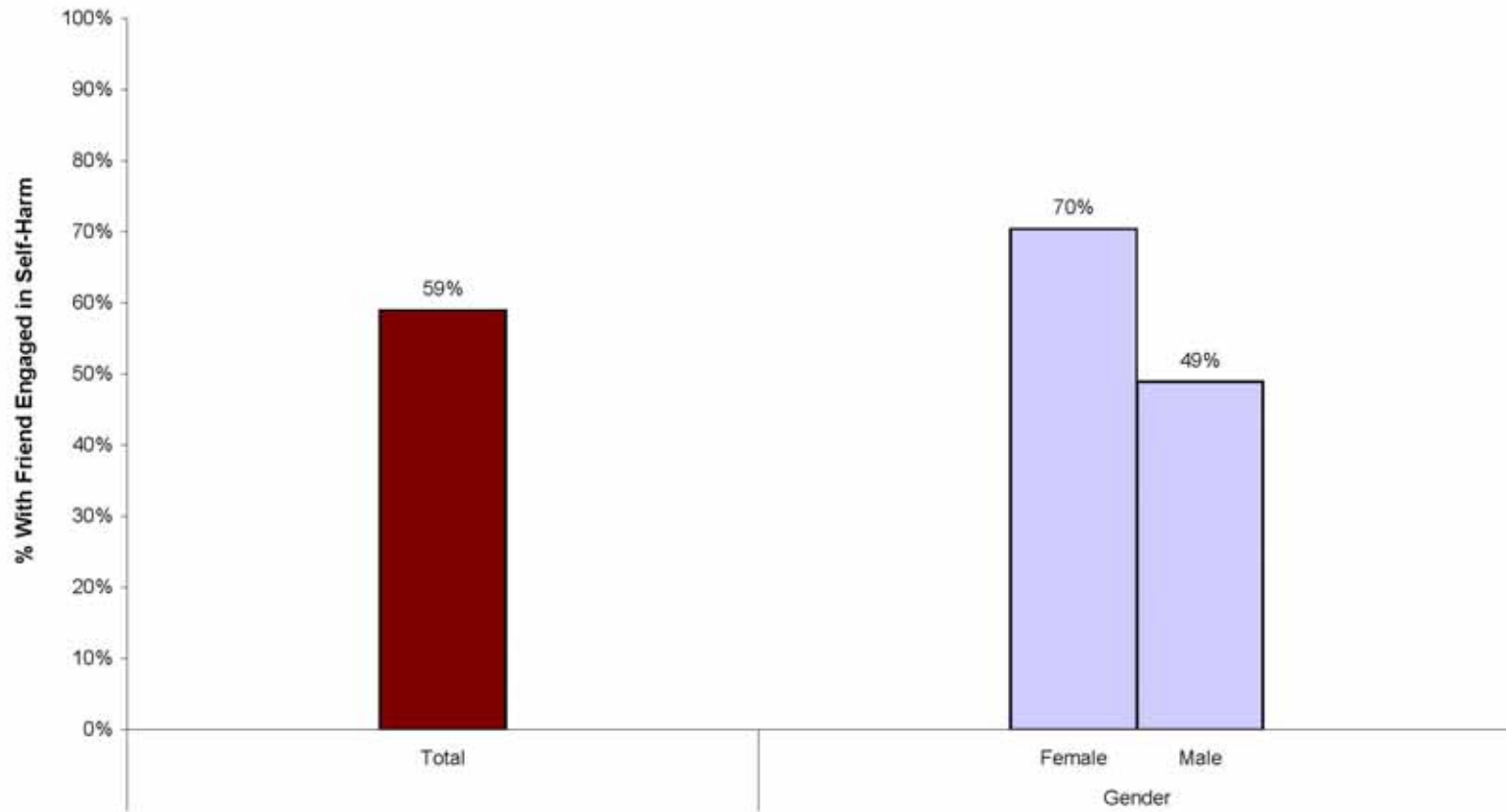


#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia, etc.)?

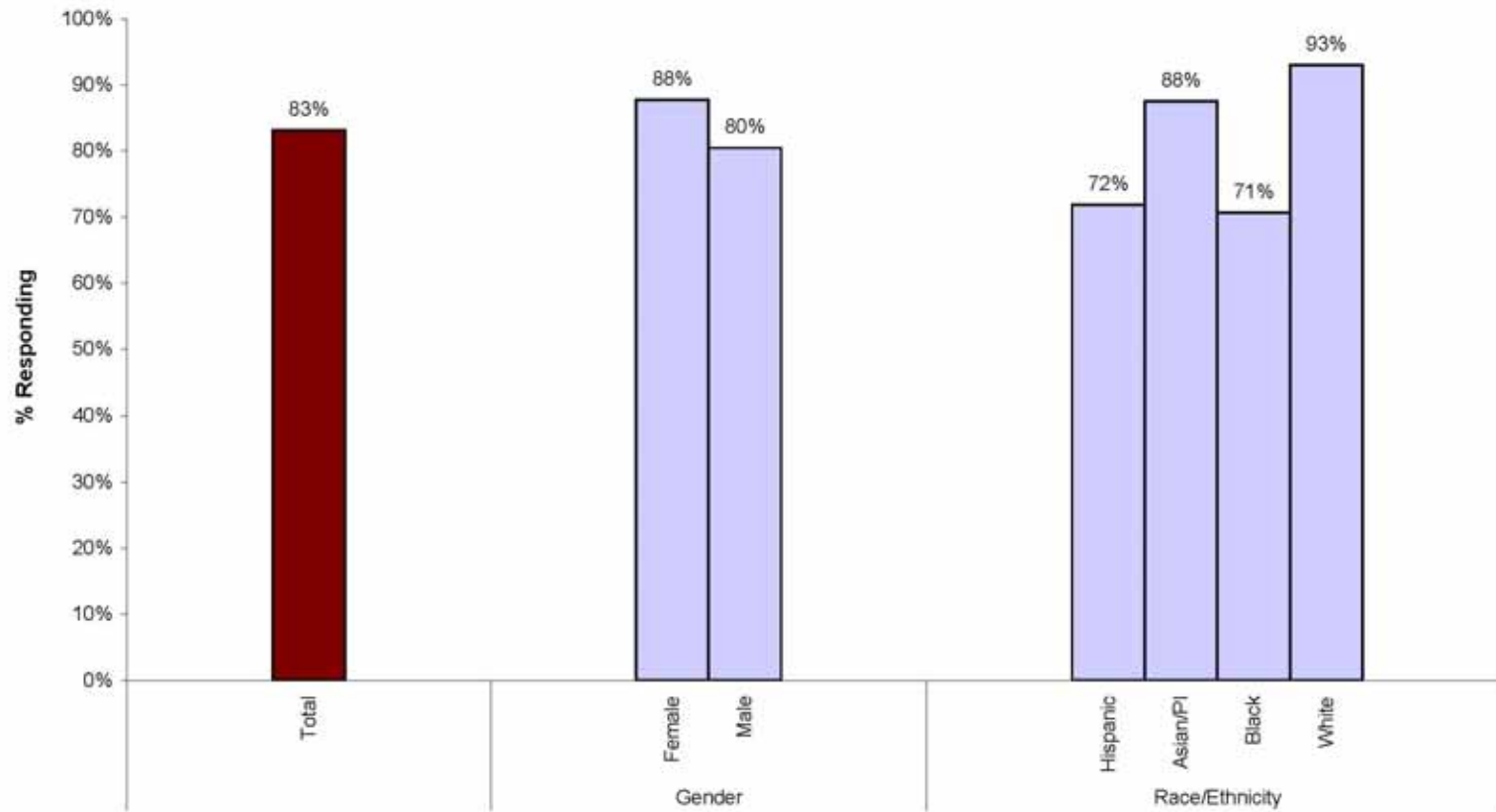


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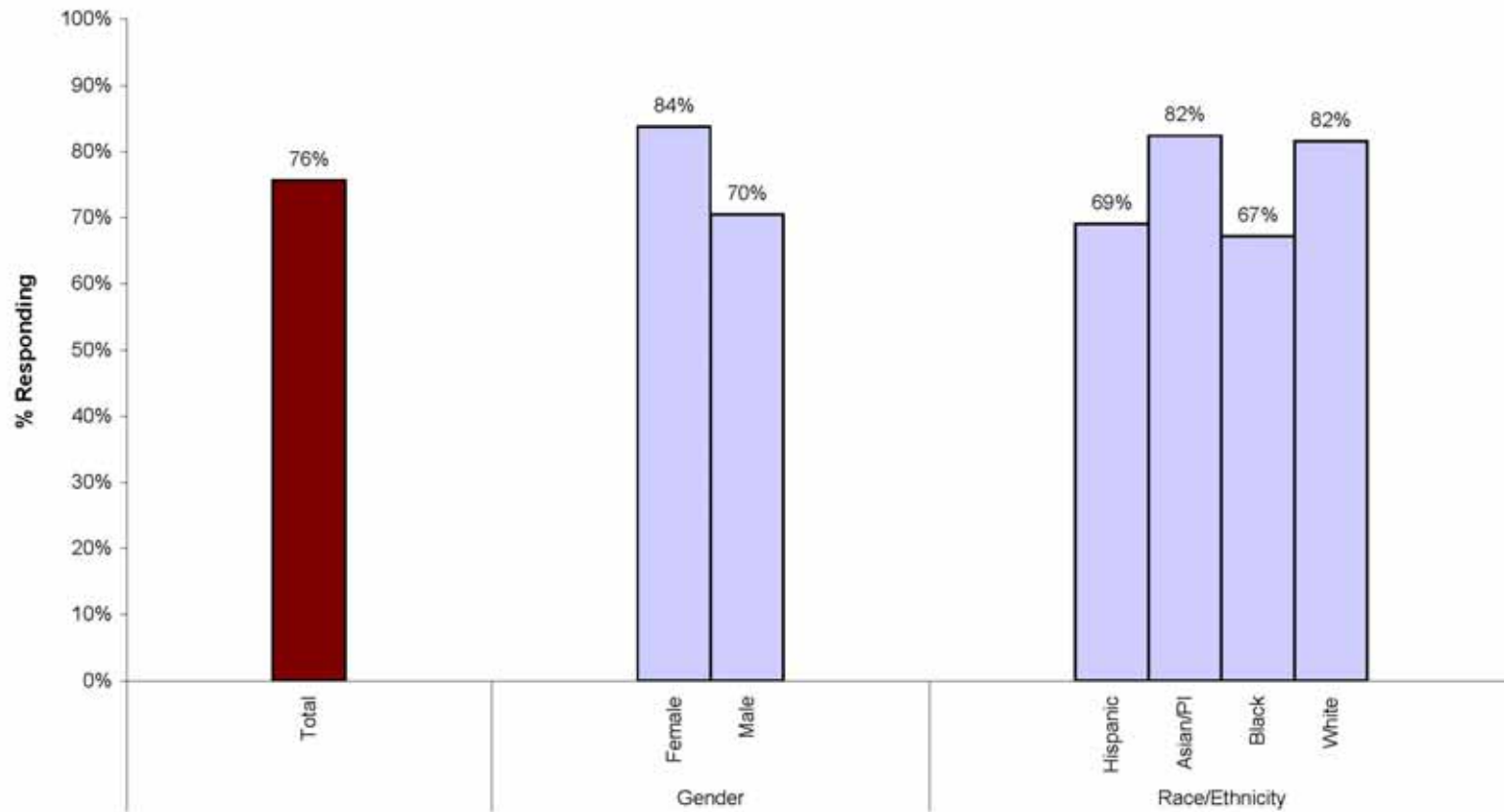
#9: Do you have a friend who has had engaged in self-harm (cutting burning, anorexia, bulimia, etc.)?



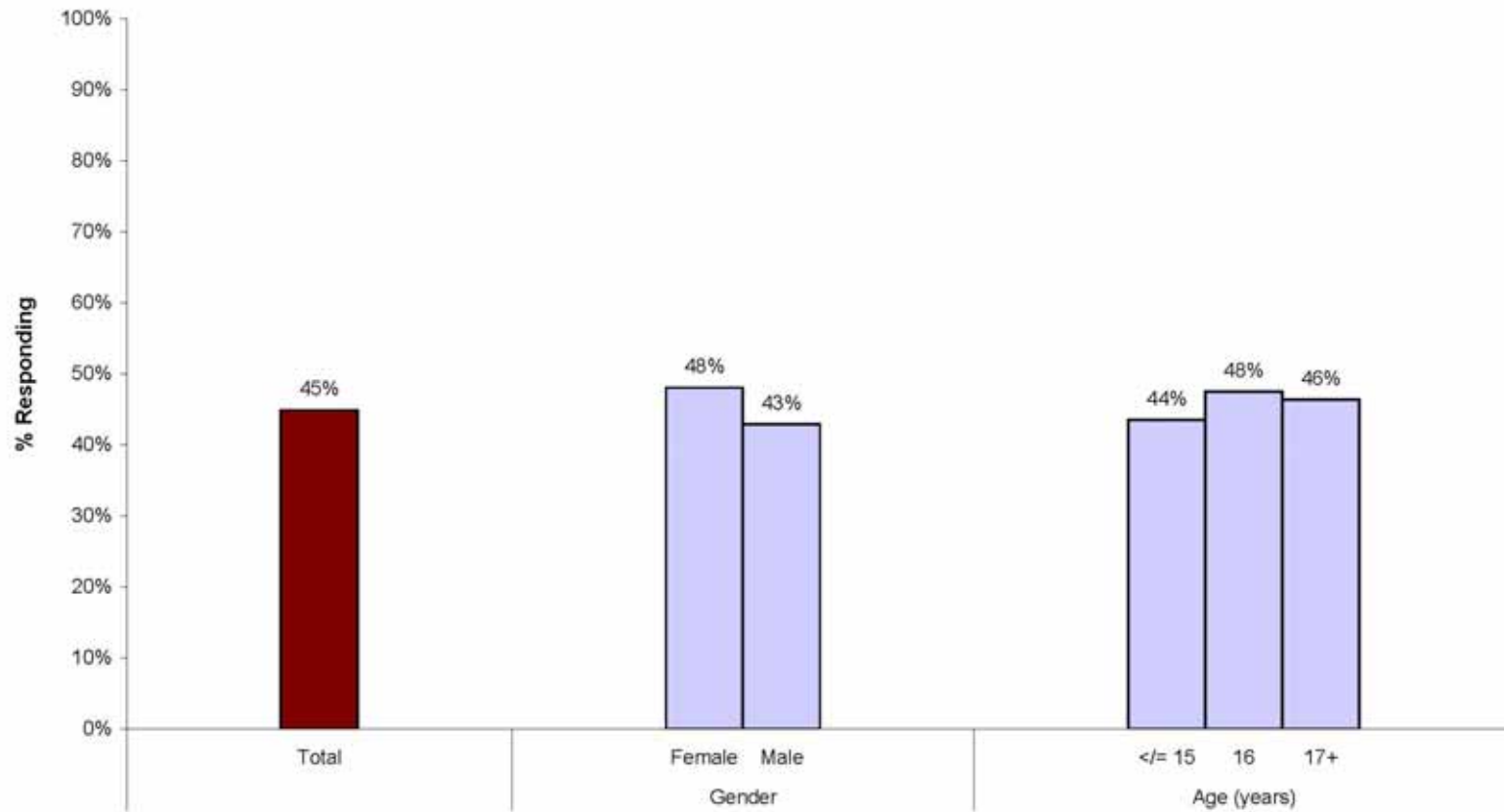
#11: I live in a caring environment.



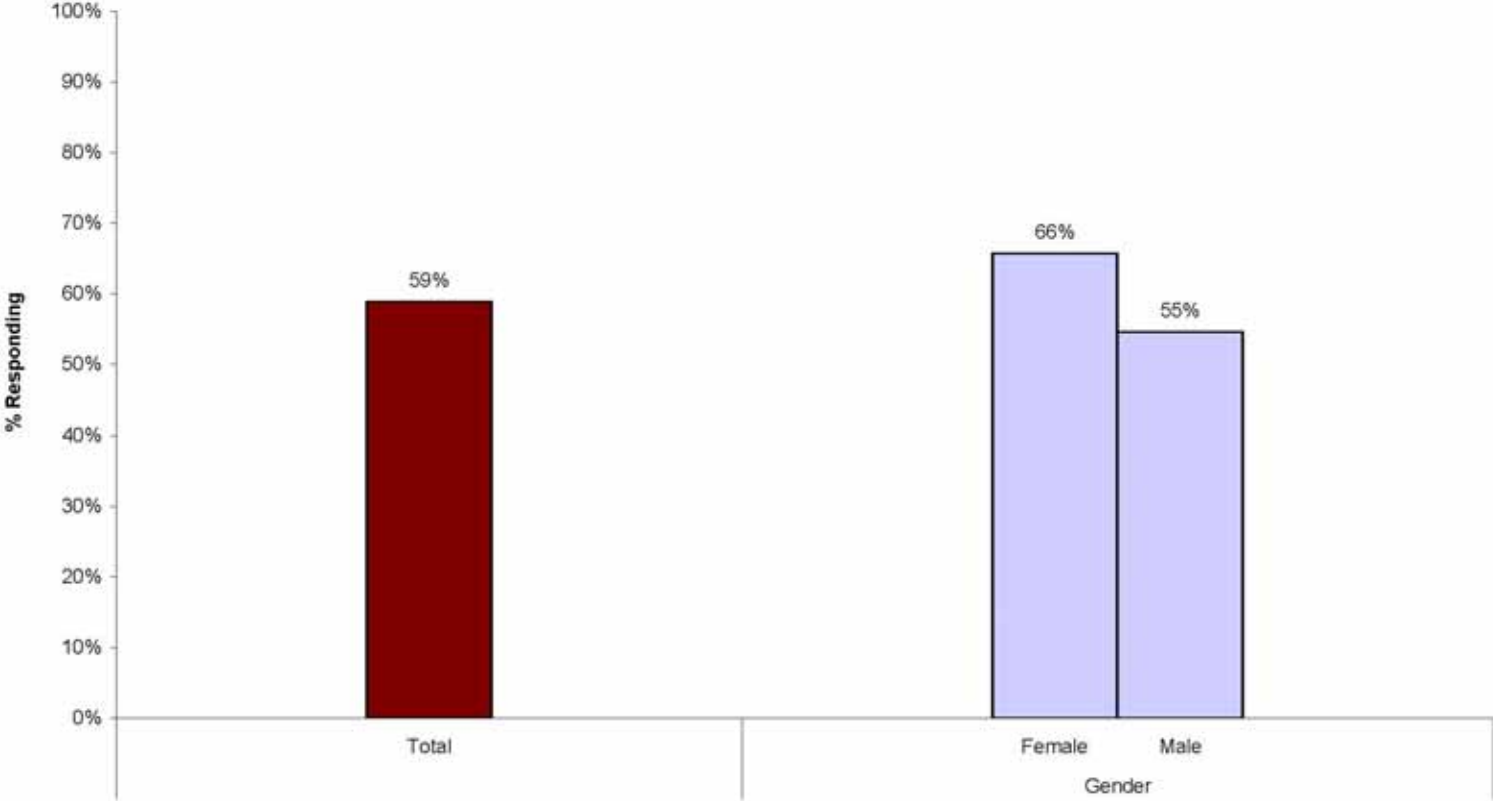
#12: My school provides a caring environment.



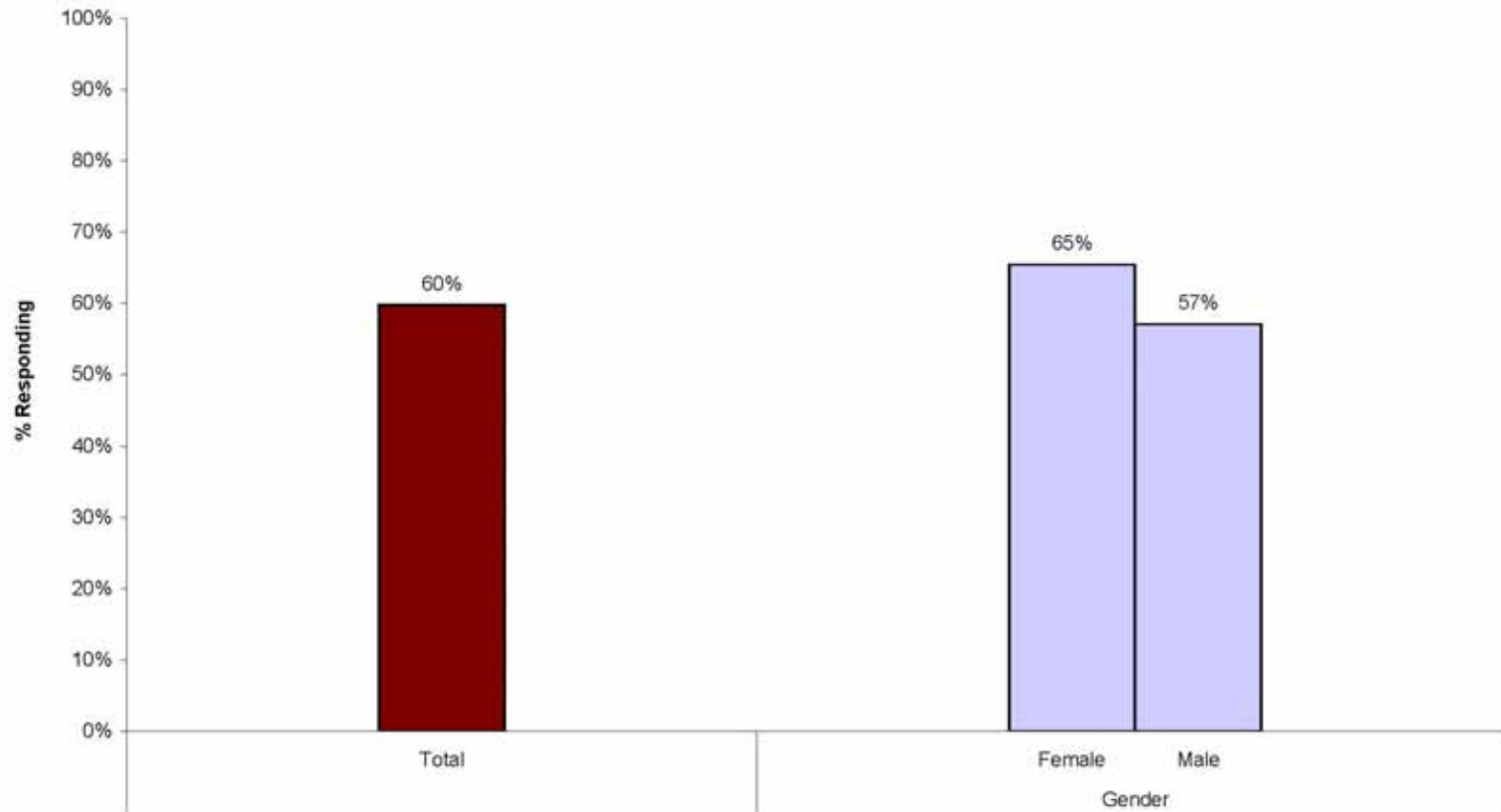
#15: My school provides suicide prevention services.



#16: My school should provide more mental health services for teens.

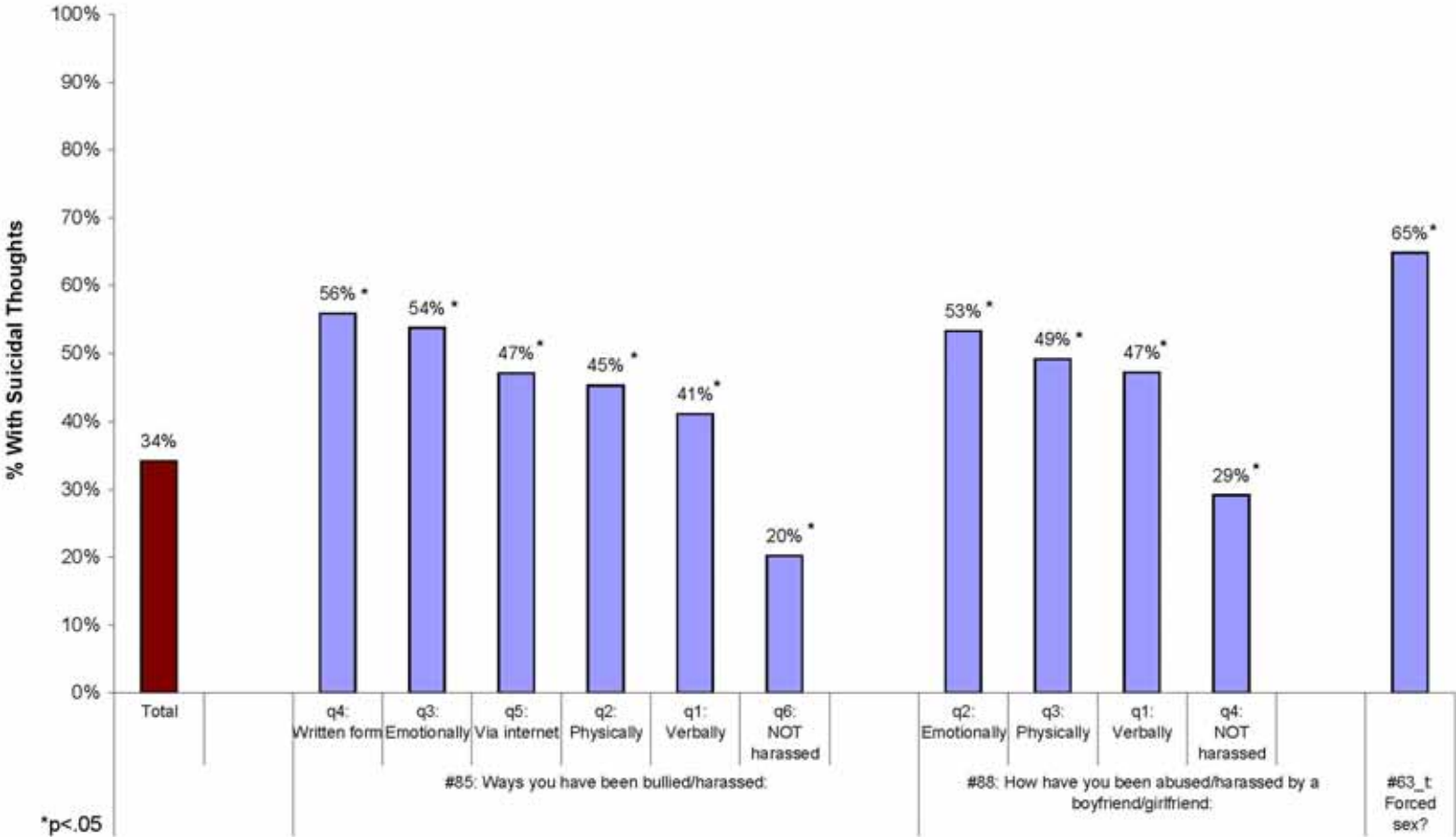


#17: My school should provide more suicide prevention services for teens.



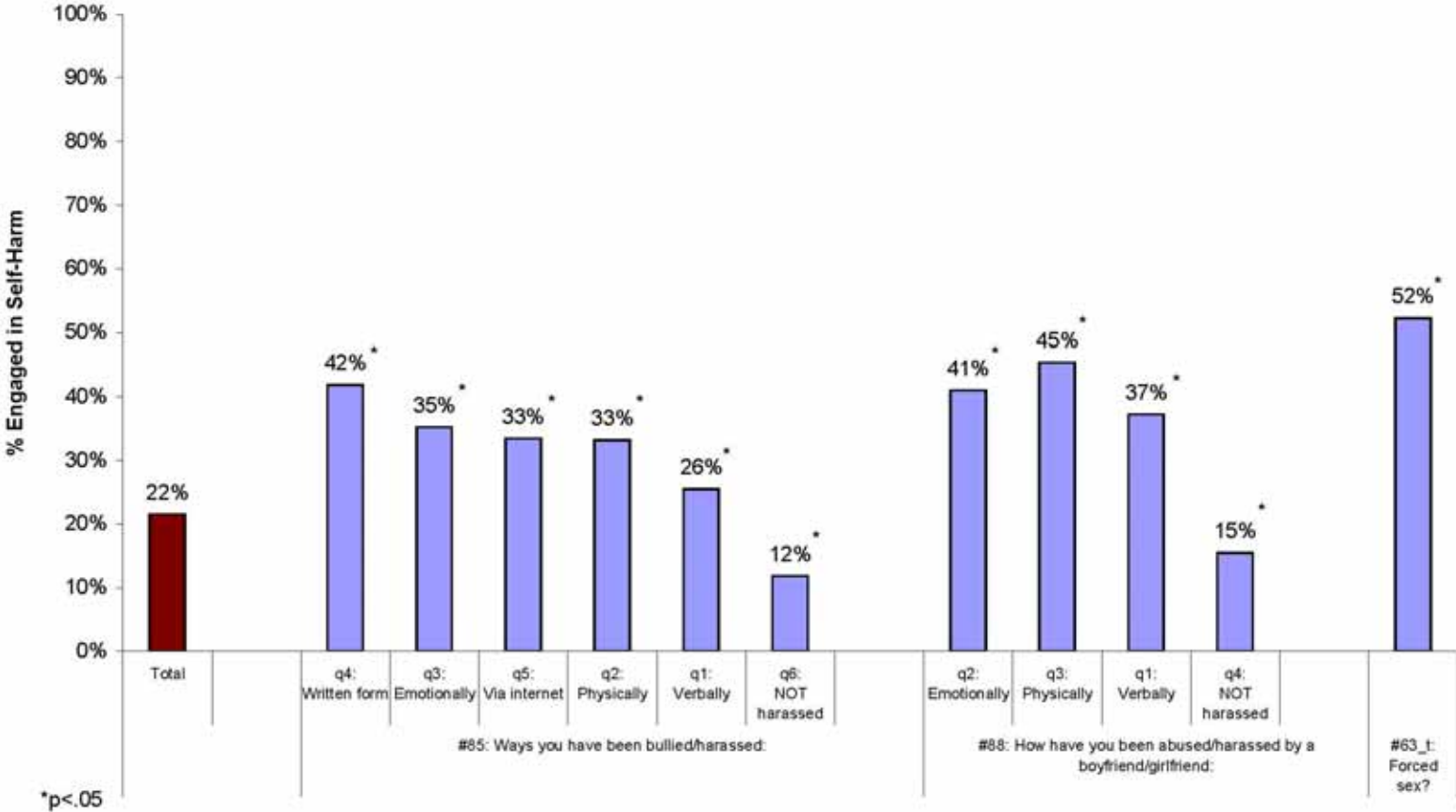
#5: Have you had suicidal thoughts?

Hypothesis 1: Youth who have been abused or raped are more likely to harm (or think about harming) themselves than those not abused.



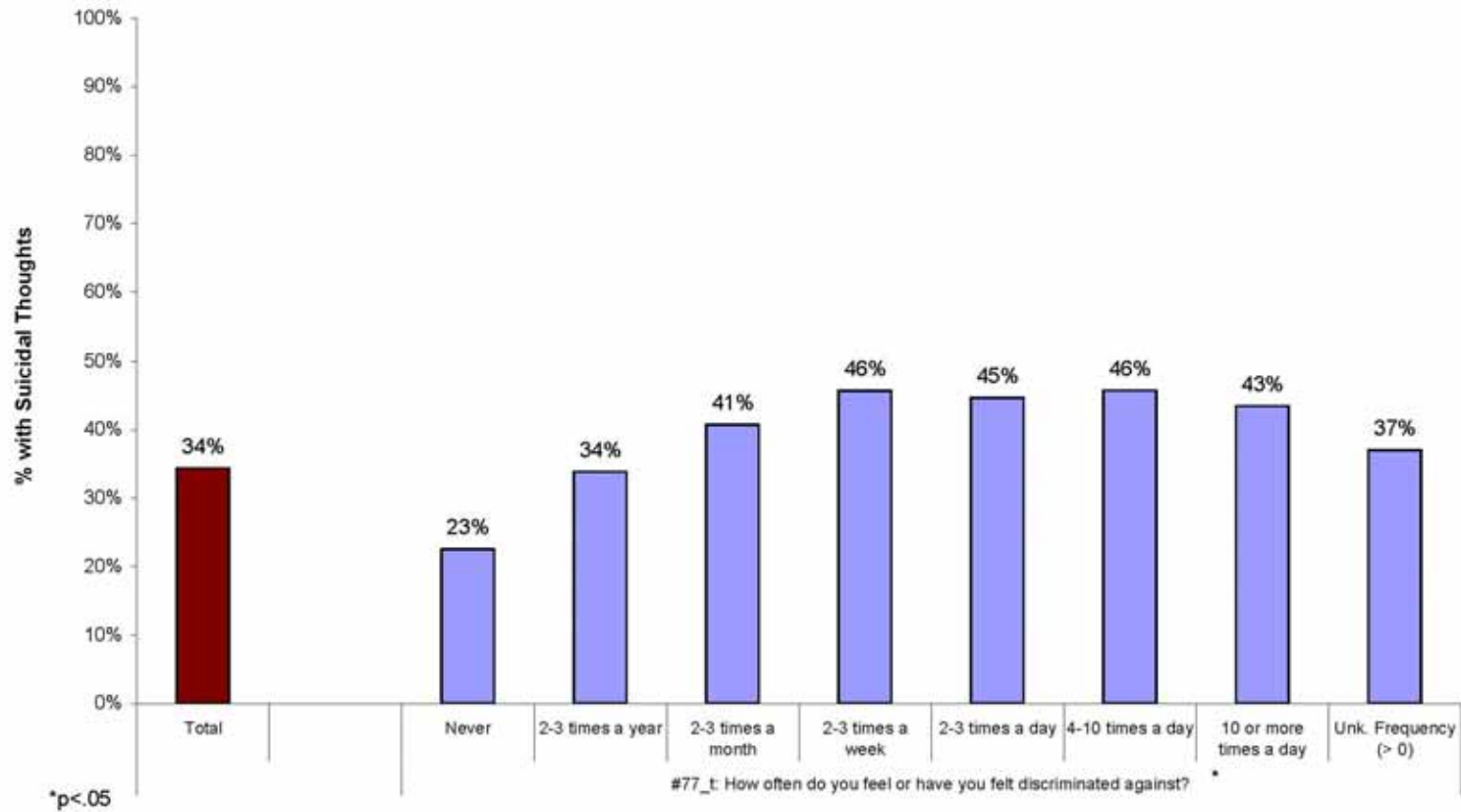
#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia, etc.)?

Hypothesis 1: Youth who have been abused/raped are more likely to harm (or think about harming) themselves than those not abused.



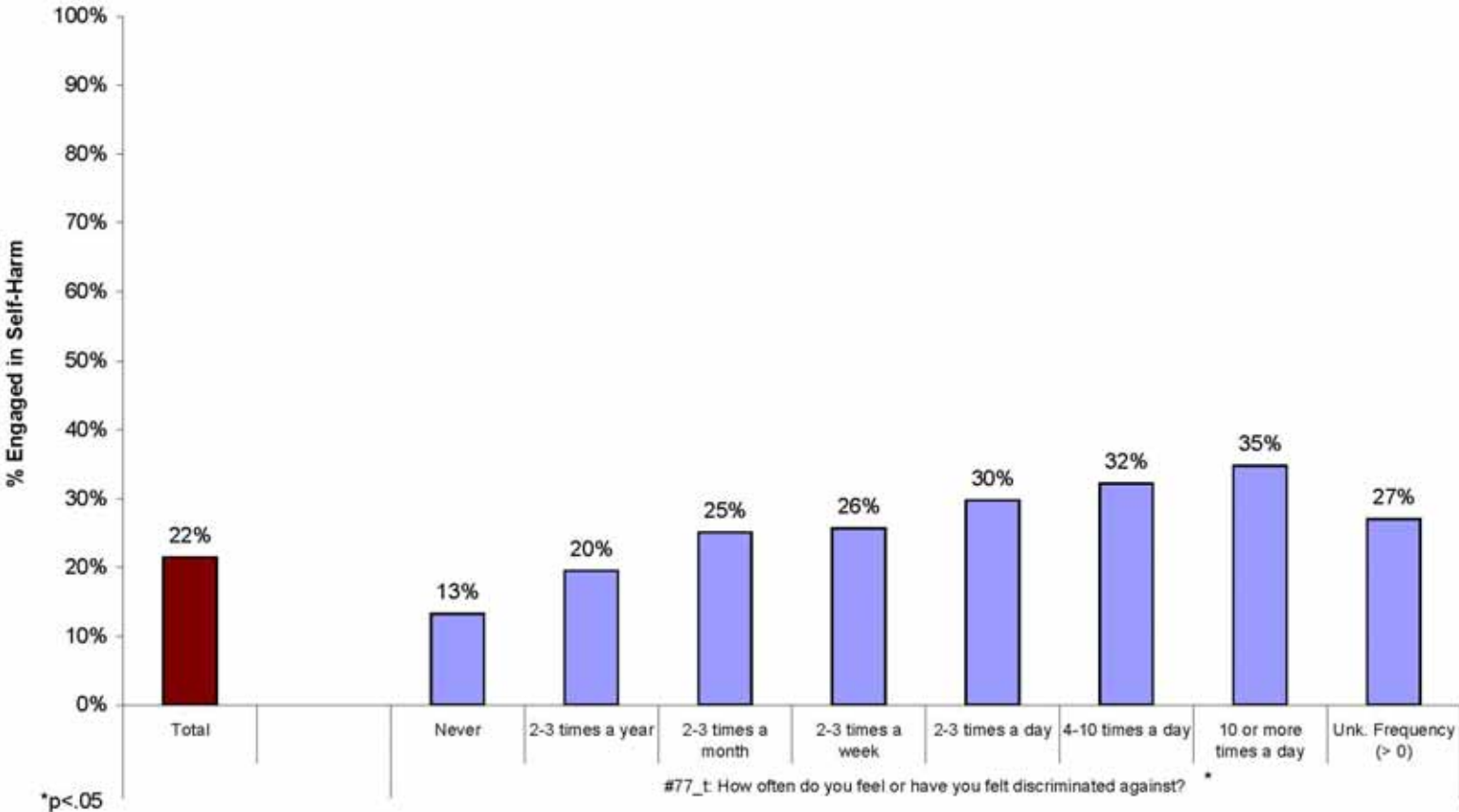
#5: Have you had suicidal thoughts?

Hypothesis 2: Youth who have been a target of discrimination are more likely to harm themselves or think about harming themselves than those experiencing discrimination.



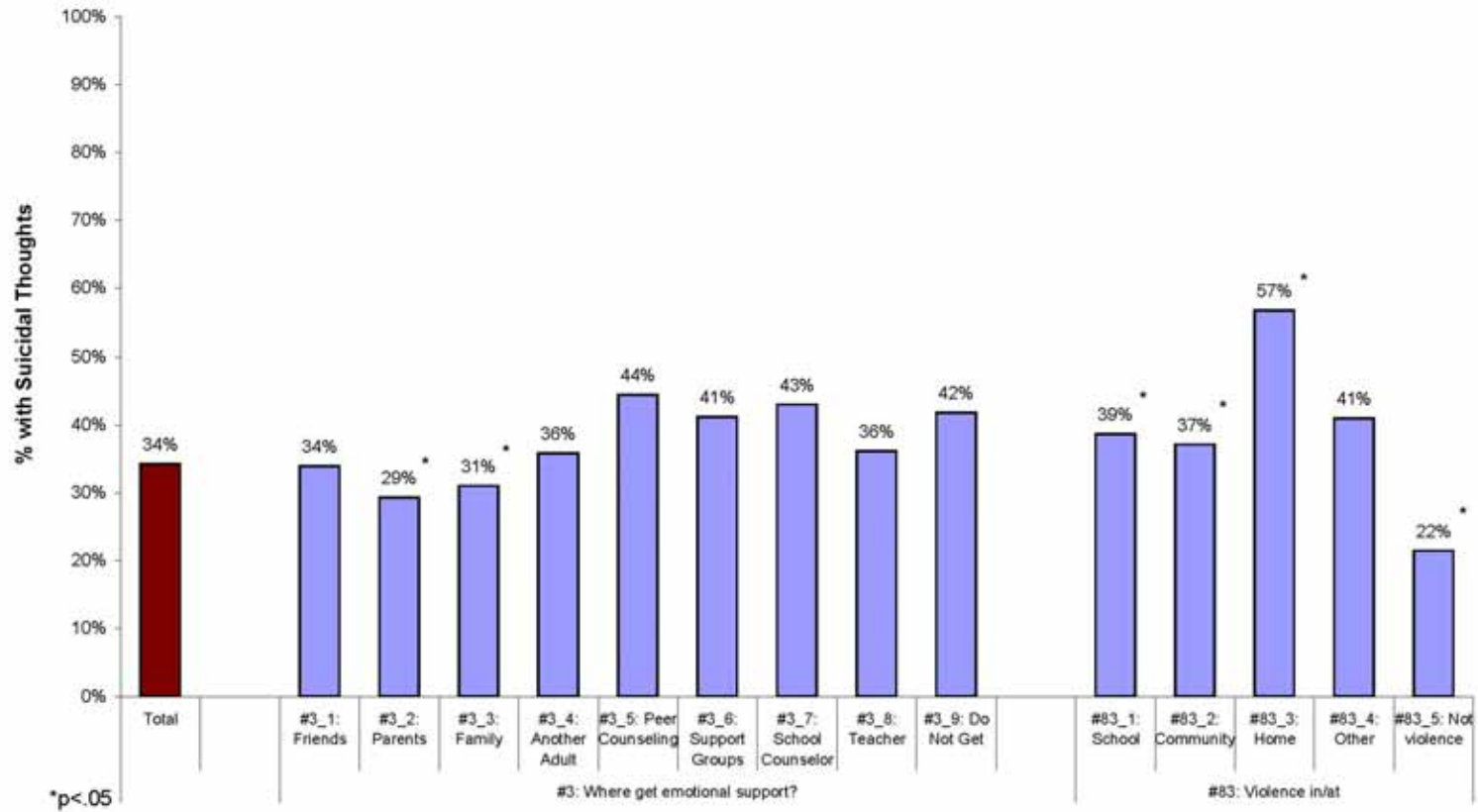
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#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia)?
Hypothesis 2: Youth who have been a target of discrimination are more likely to harm themselves or think about harming themselves than those experiencing discrimination.



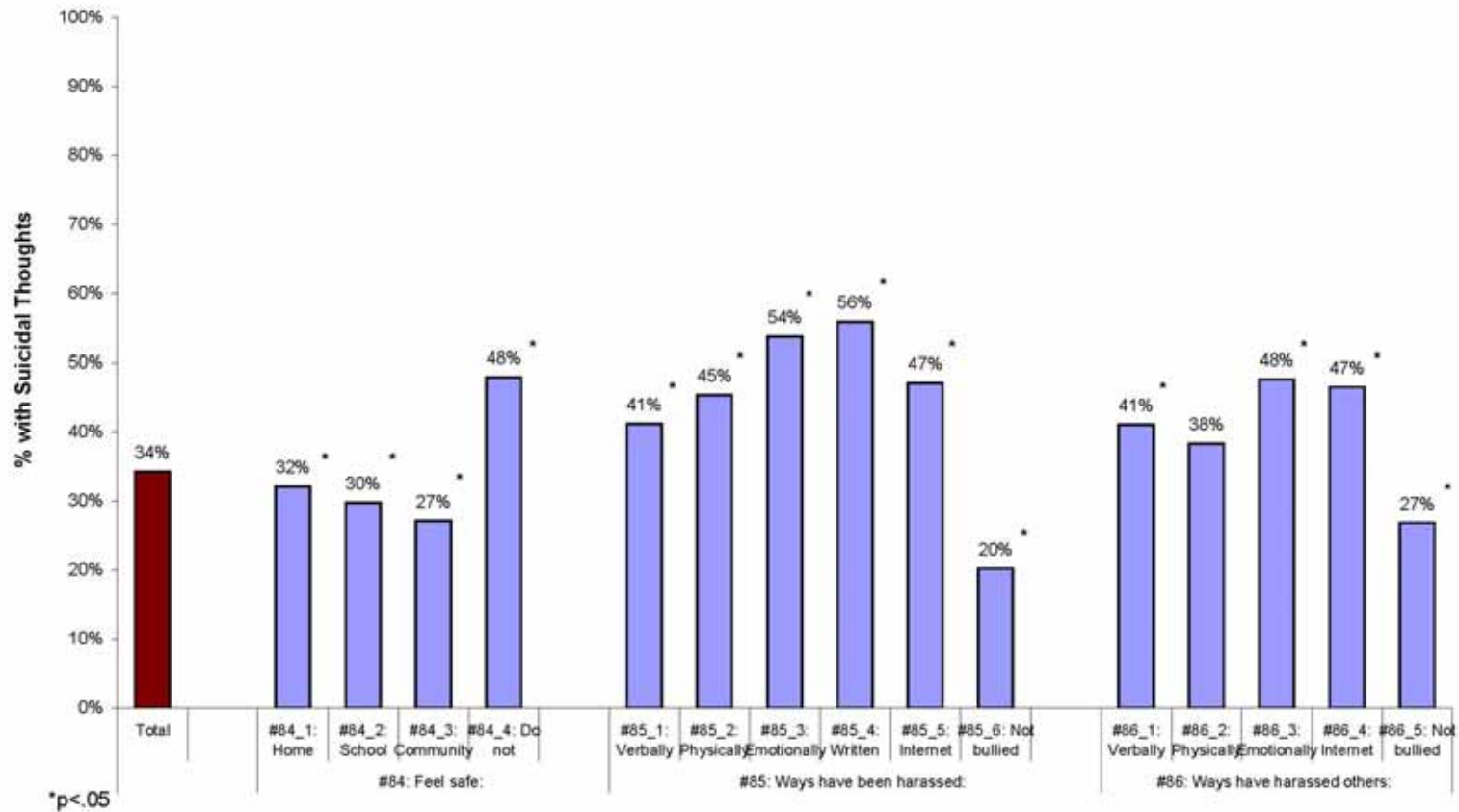
#5: Have you had suicidal thoughts ?

Hypothesis 3: Youth who harm themselves are less likely to have emotional support & non-violent ways to deal with conflict, & are more likely to have seen & experienced violence than those who do not harm themselves.



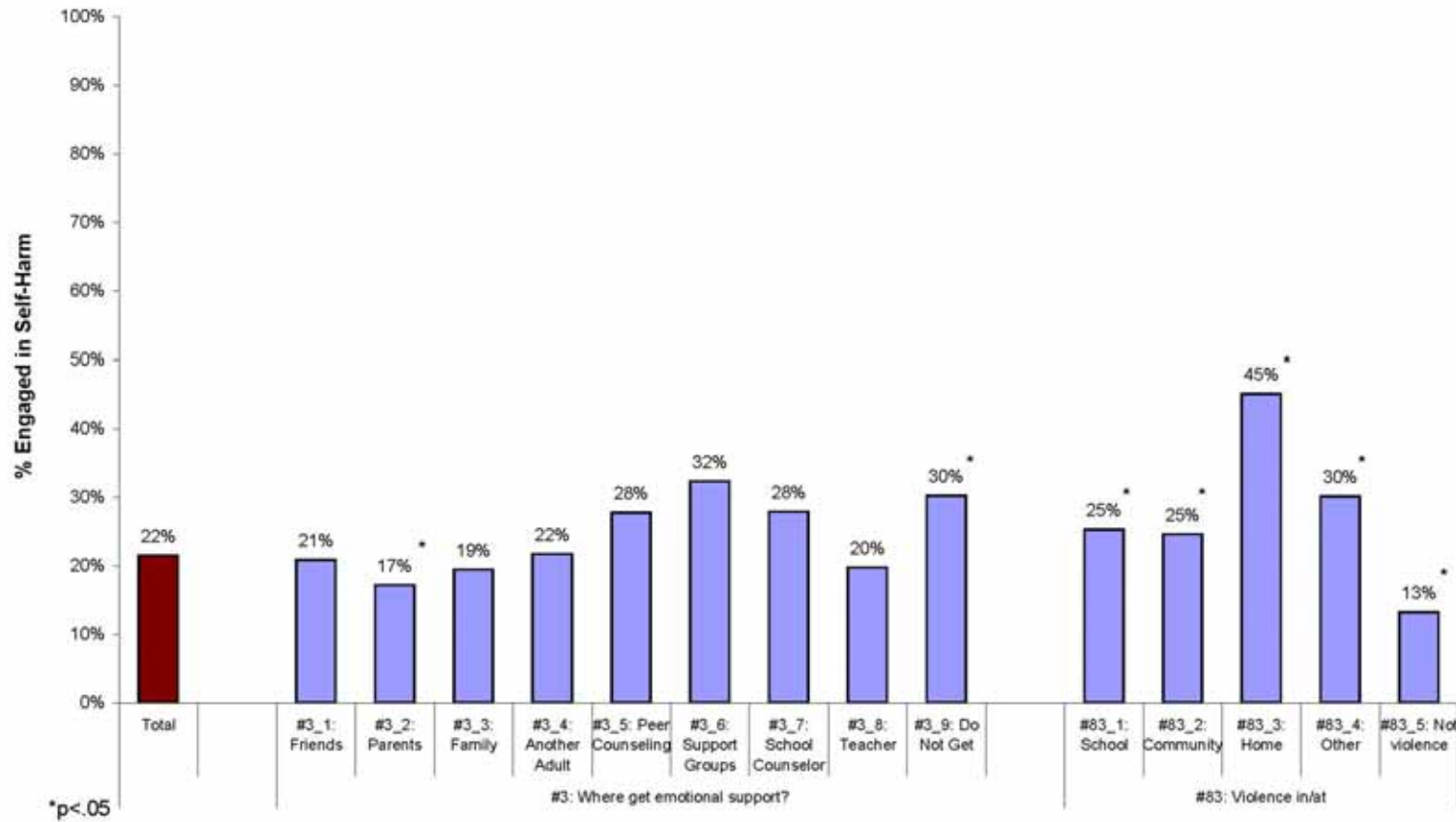
#5: Have you had suicidal thoughts ?

Hypothesis 3: Youth who harm themselves are less likely to have emotional support & non-violent ways to deal with conflict, & are more likely to have seen & experienced violence than those who do not harm themselves.



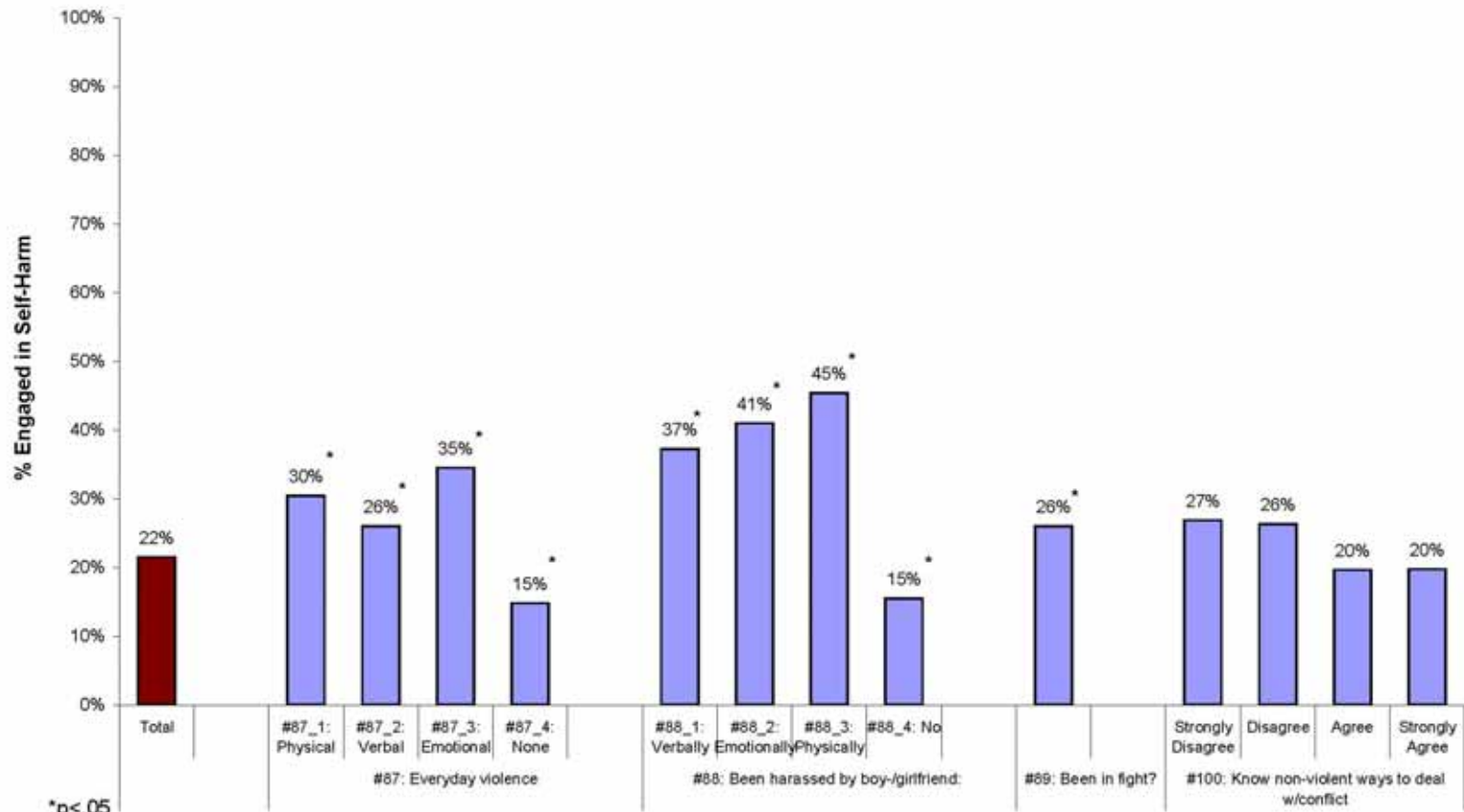
#7: Have you engaged in self-harm?

Hypothesis 3: Youth who harm themselves are less likely to have emotional support & non-violent ways to deal with conflict, & are more likely to have seen/experienced violence than those who do not harm themselves.



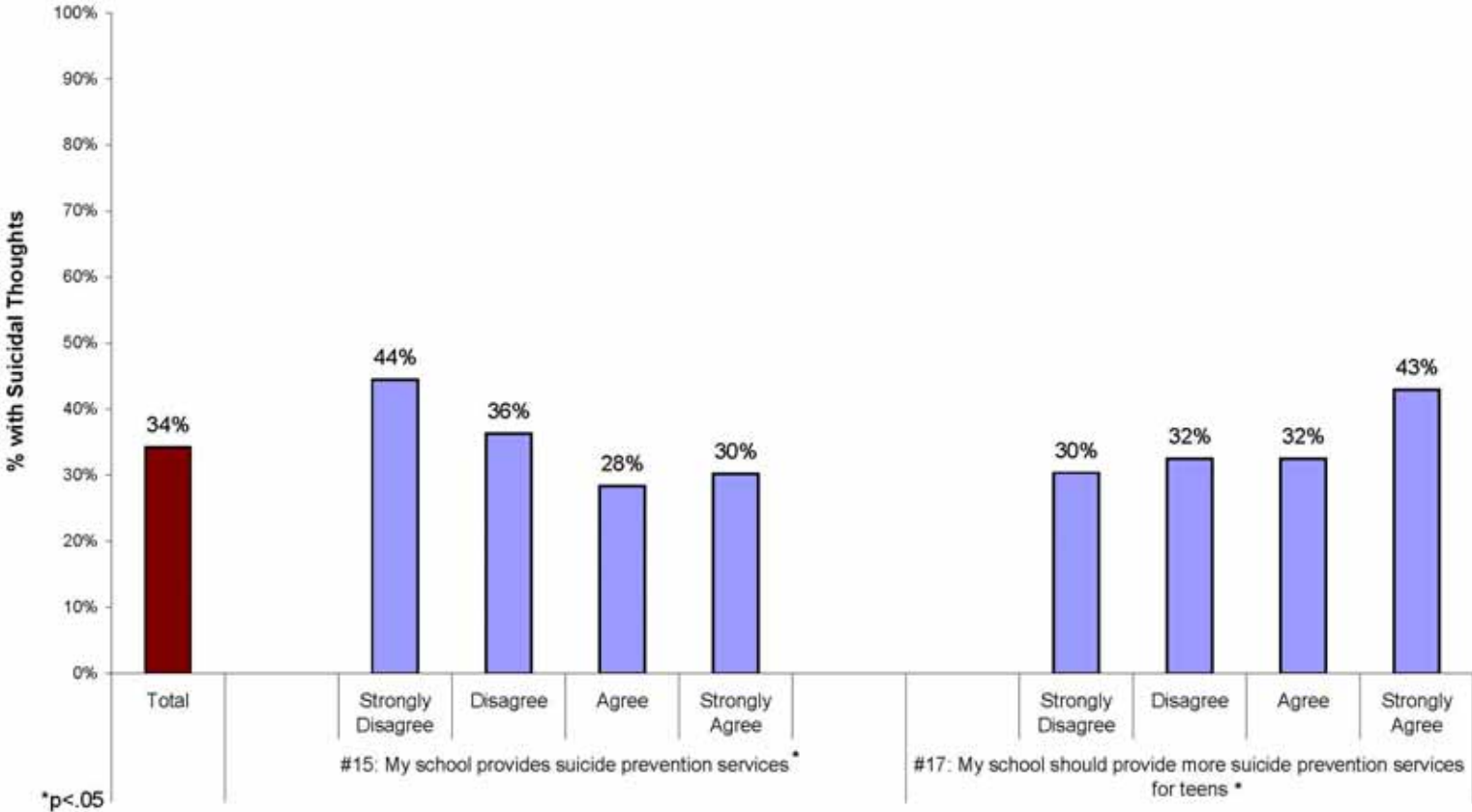
#7: Have you engaged in self-harm?

Hypothesis 3: Youth who harm themselves are less likely to have emotional support & non-violent ways to deal with conflict, & are more likely to have seen/experienced violence than those who do not harm themselves.



#5: Have you had suicidal thoughts?

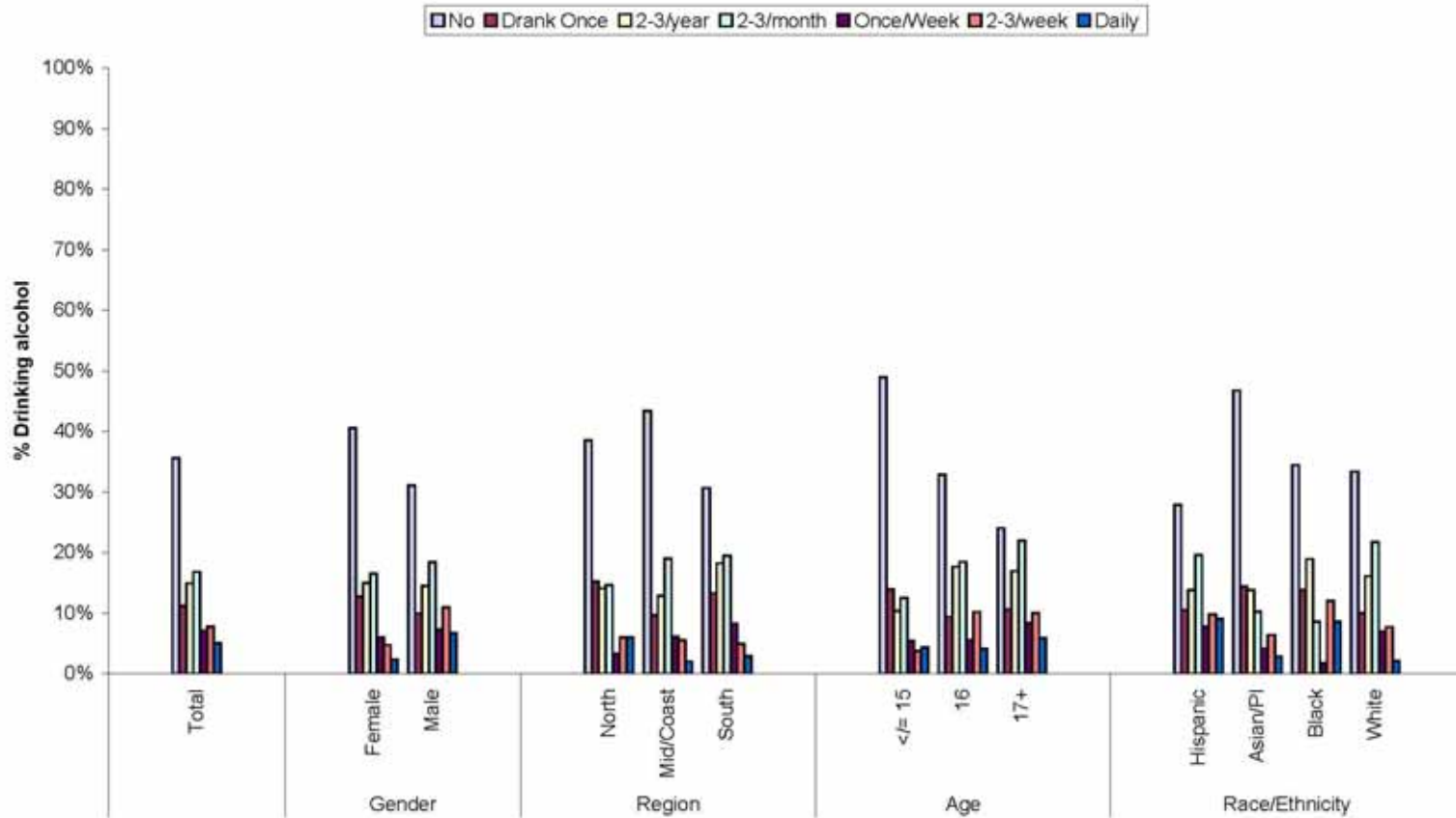
Hypothesis 6: Youth who know of suicide prevention programs are less likely to harm themselves than those who do not know about these programs.



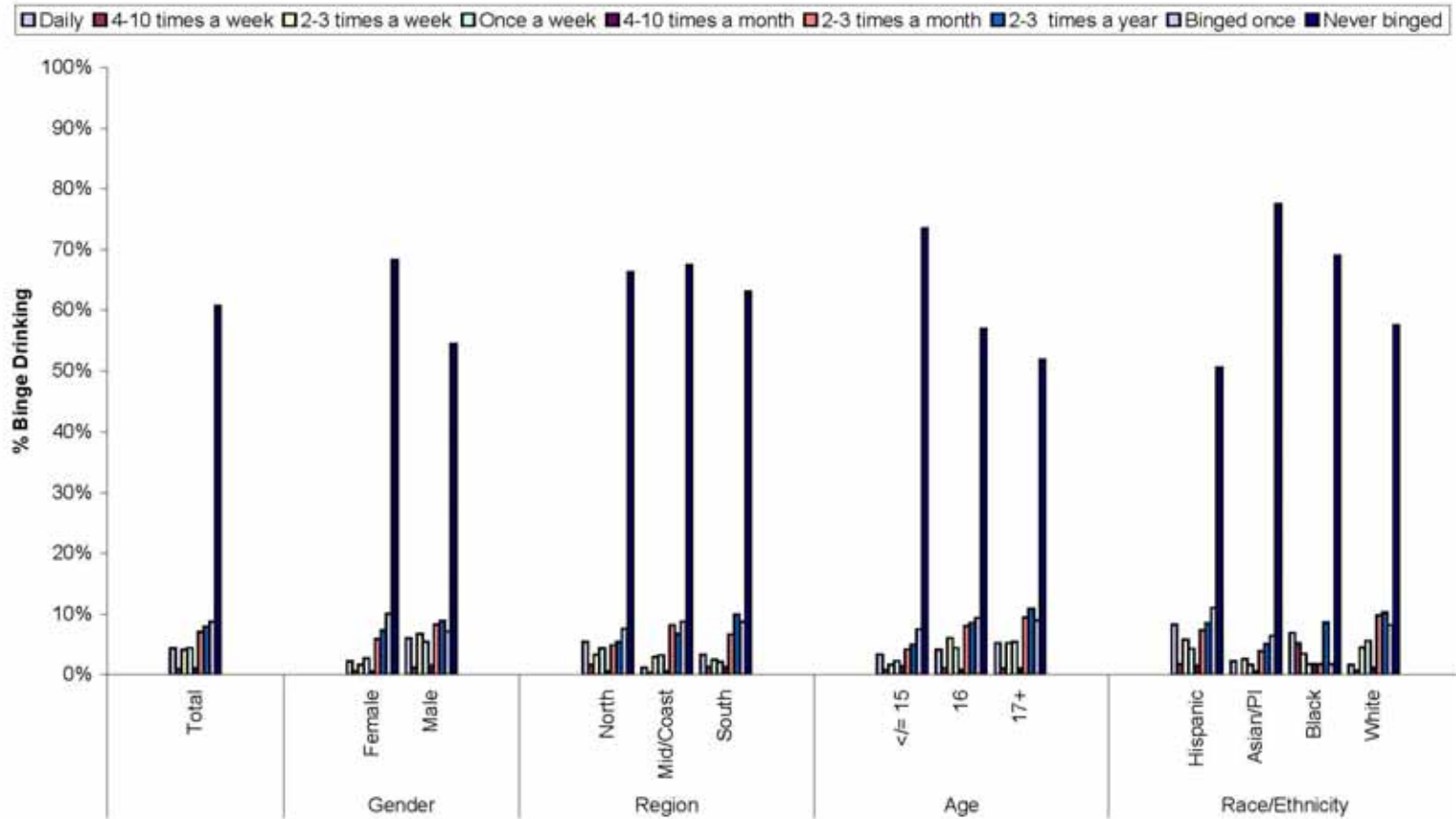
Alcohol, Tobacco, and Other Drugs

Questions 18 through 43

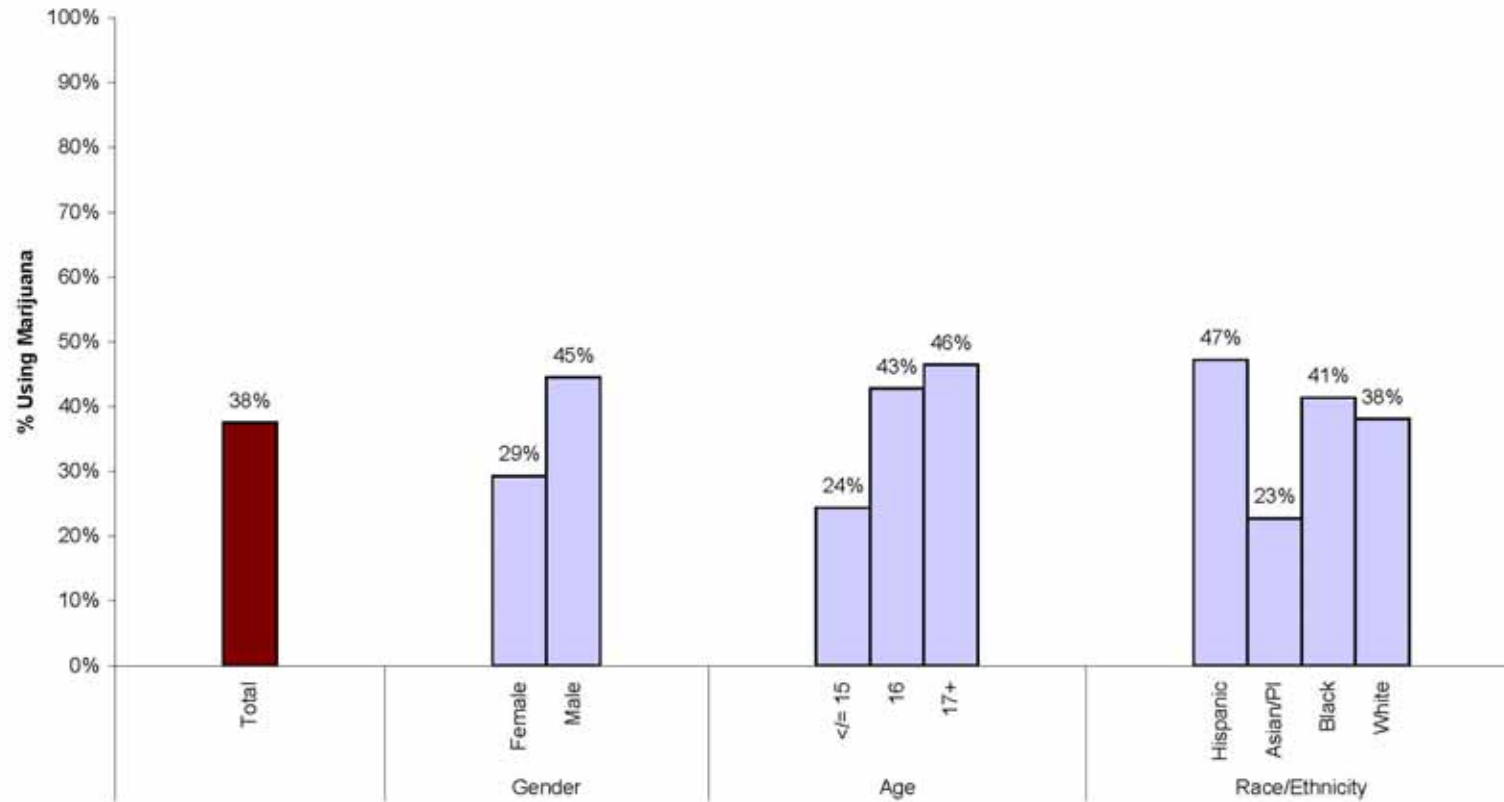
#18: Do you drink alcohol? If yes, how often?



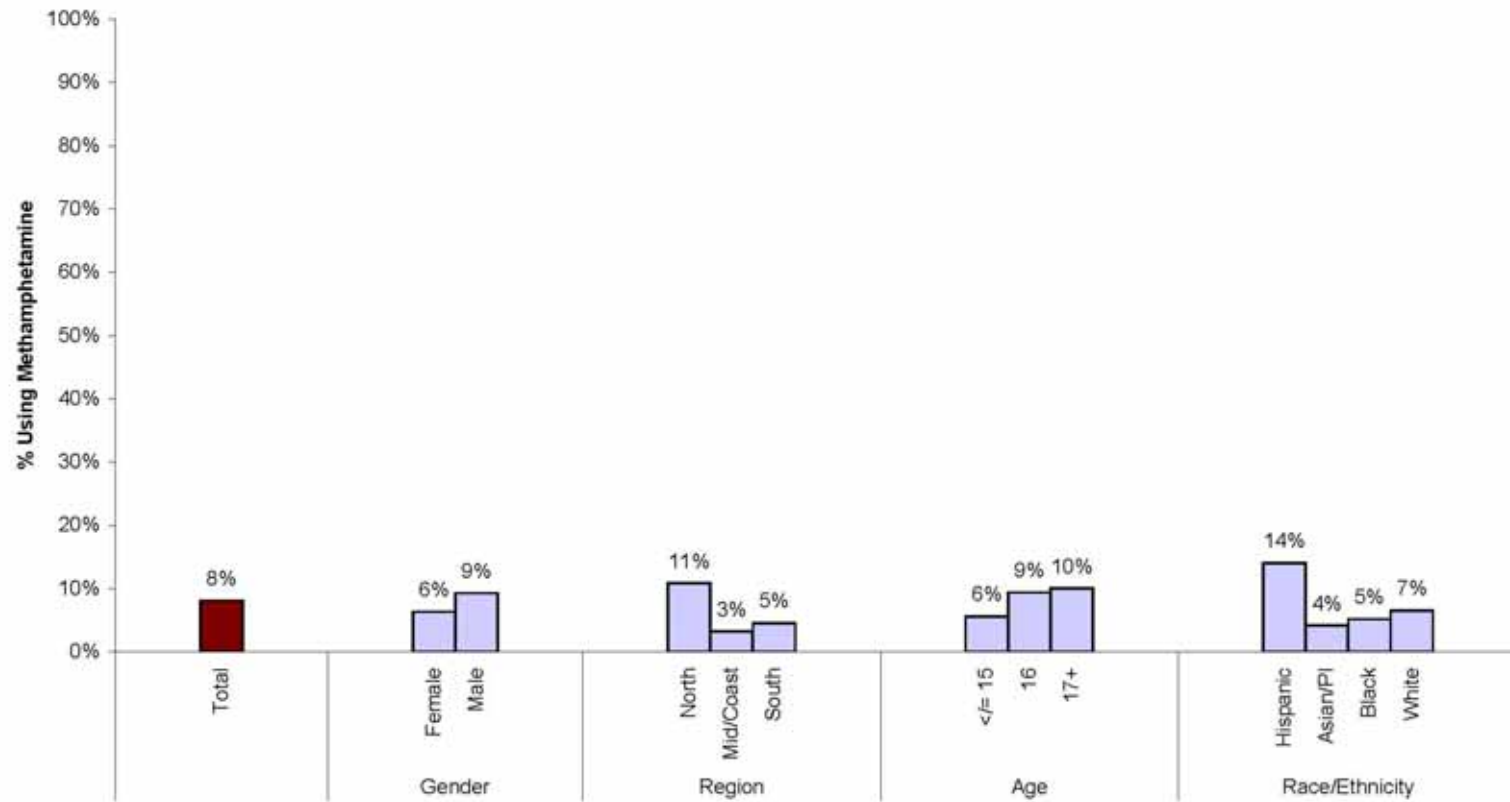
#19: Do you binge drink? If yes, how often?



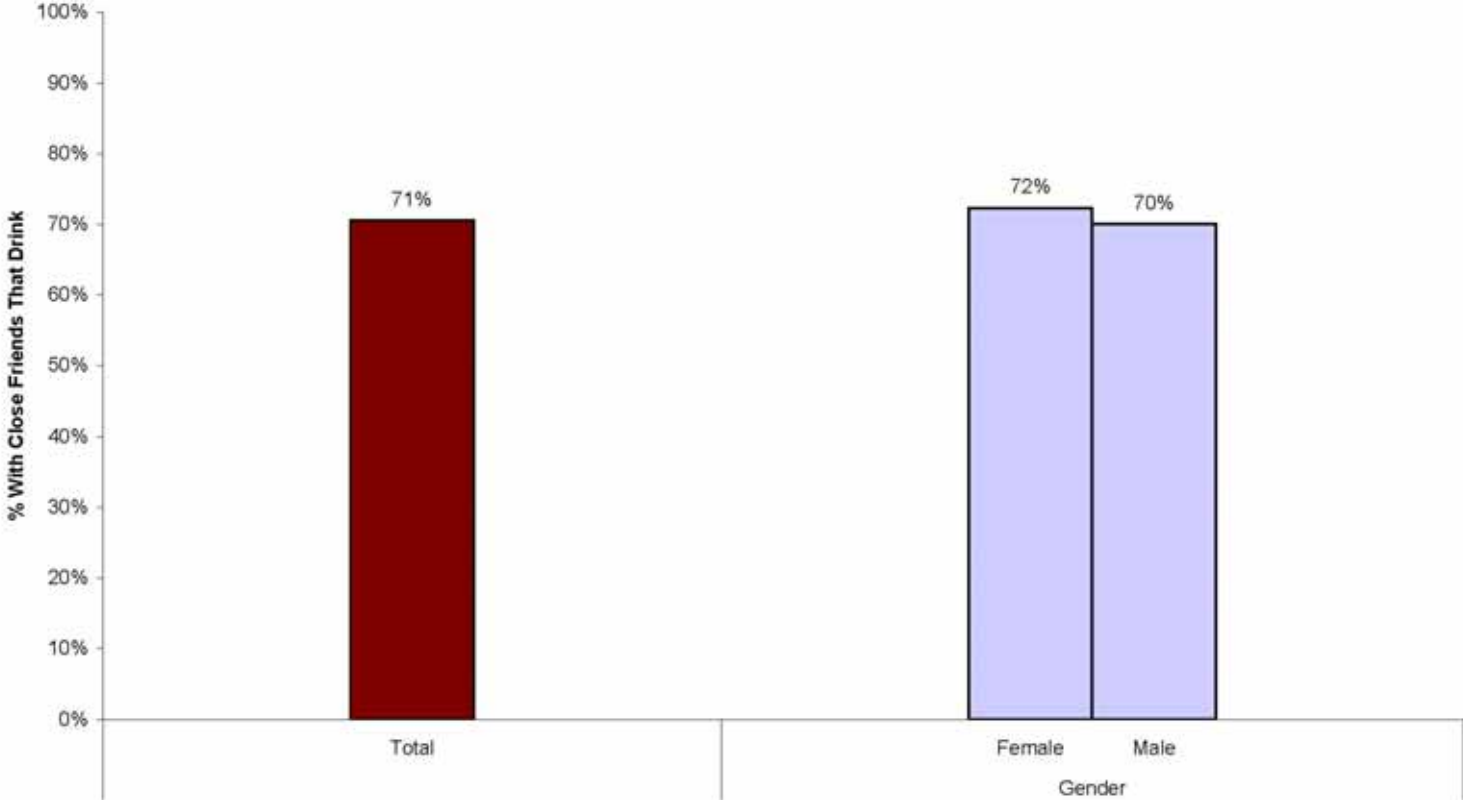
**#22_01: What other drugs have you used or do you currently use:
Marijuana**



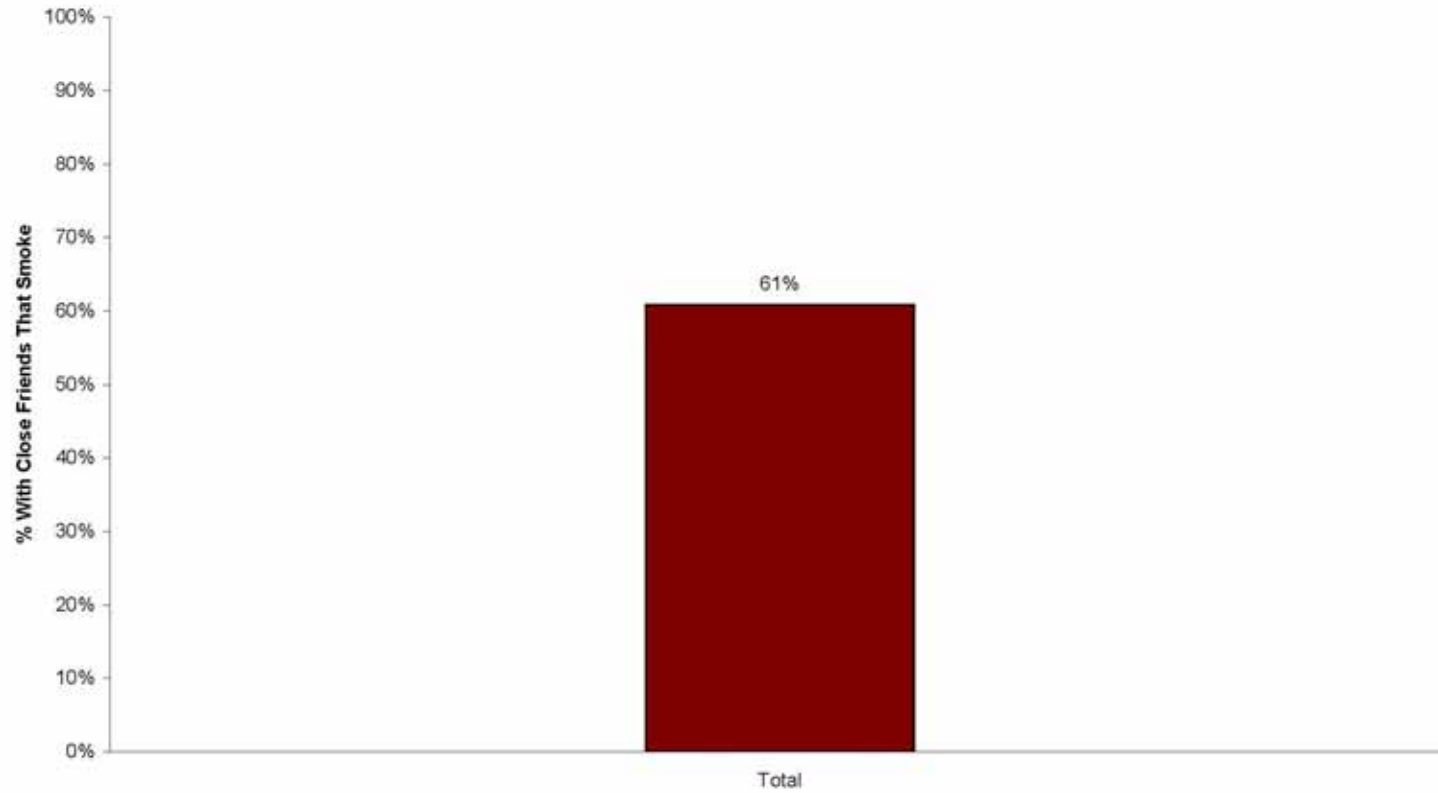
**#22_06: What other drugs have you used or do you currently use:
Methamphetamine**



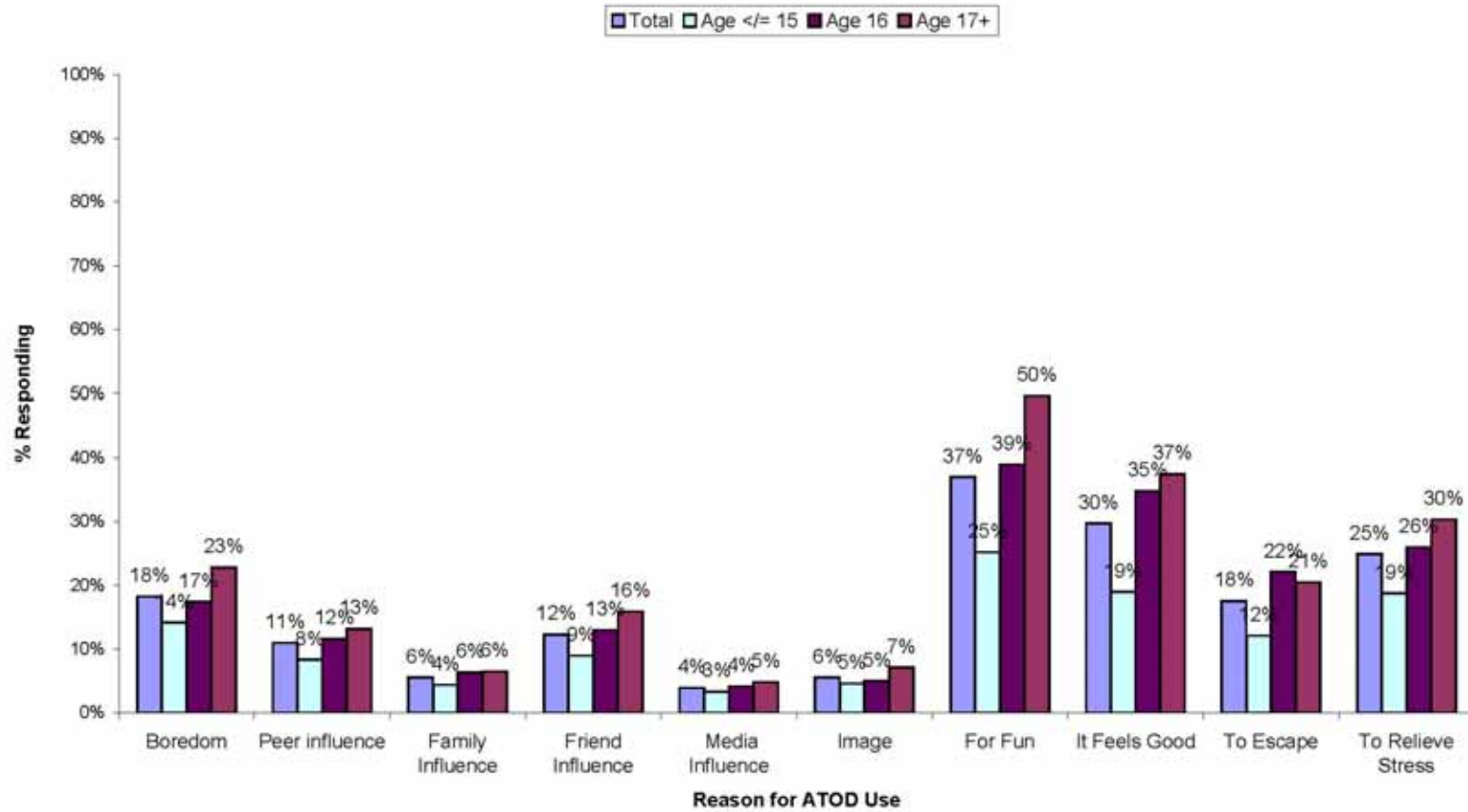
#23_1: Do your close friends drink?



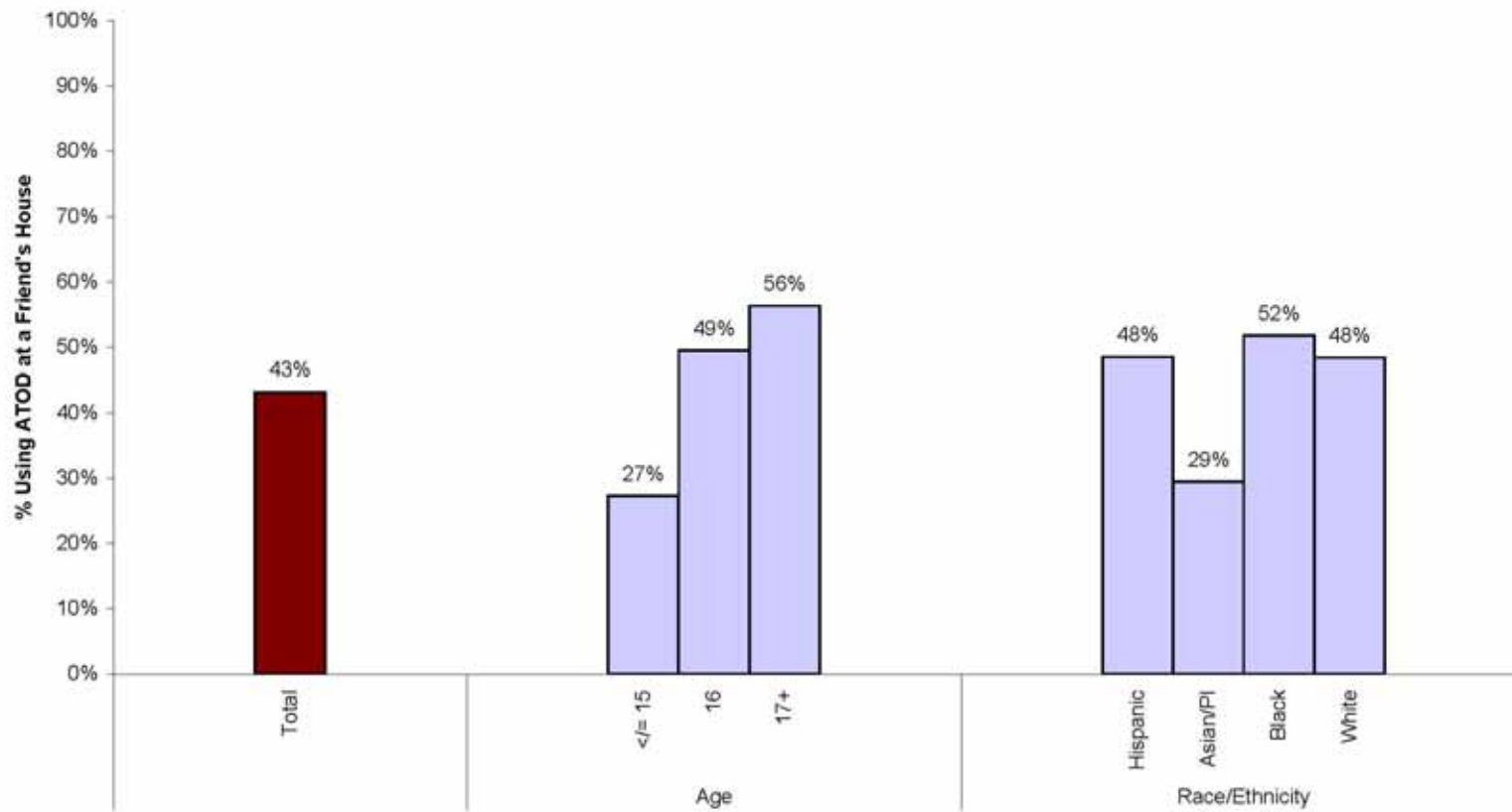
#23_2: Do your close friends smoke?



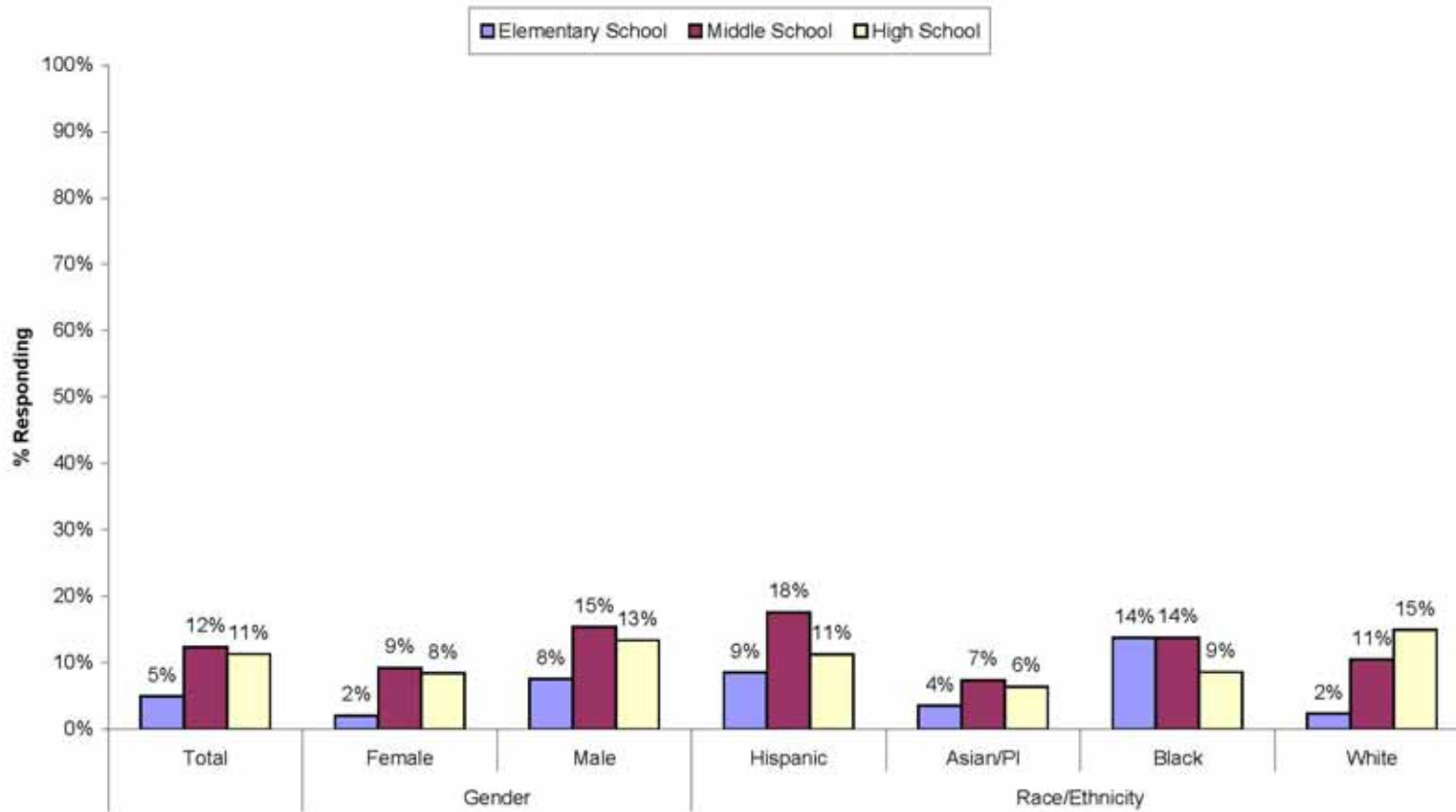
#24: Why do you use alcohol, tobacco or other drugs?



**#26_2: Where do you use alcohol, tobacco or other drugs:
A friend's house**

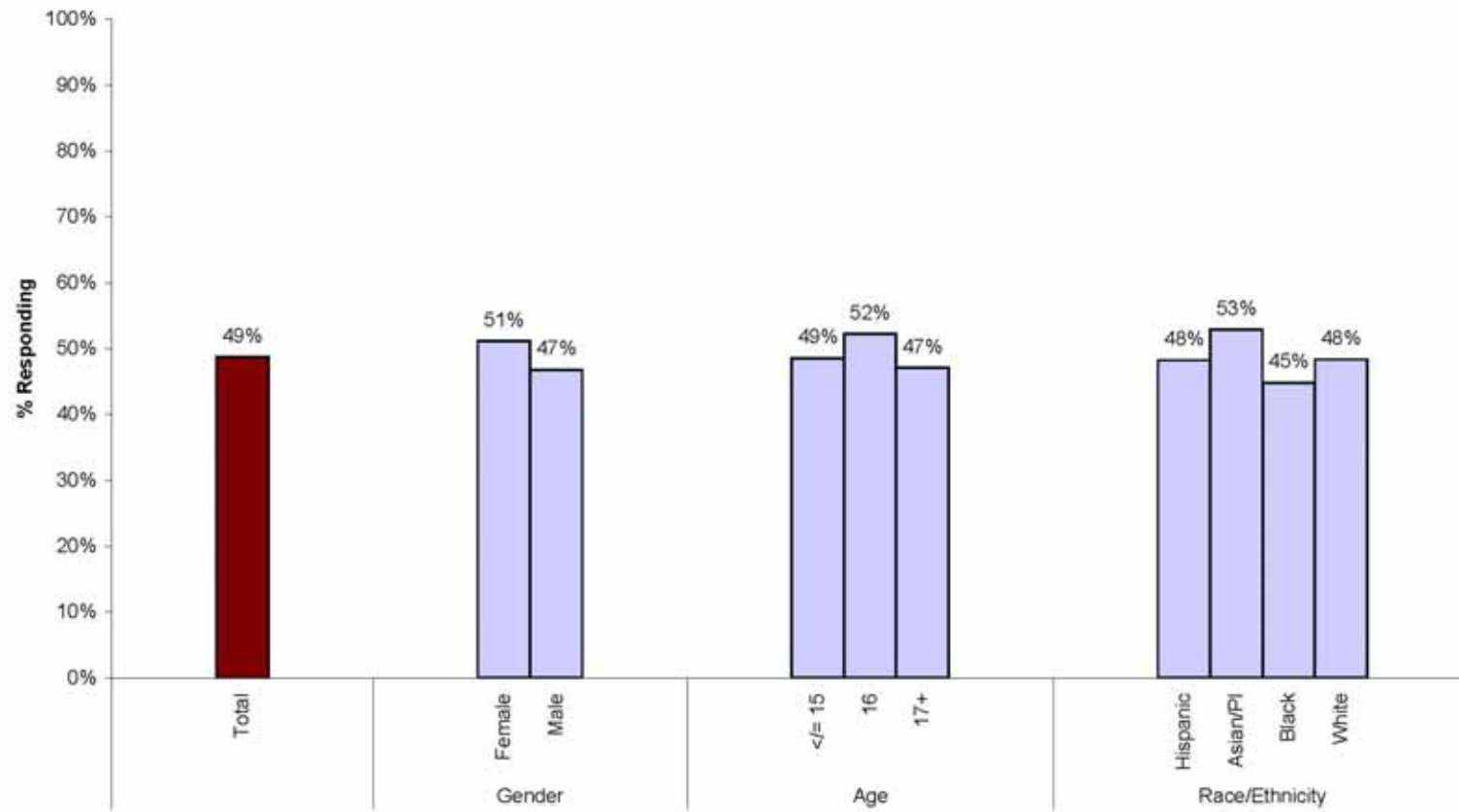


#33: When was the first time you bought drugs?

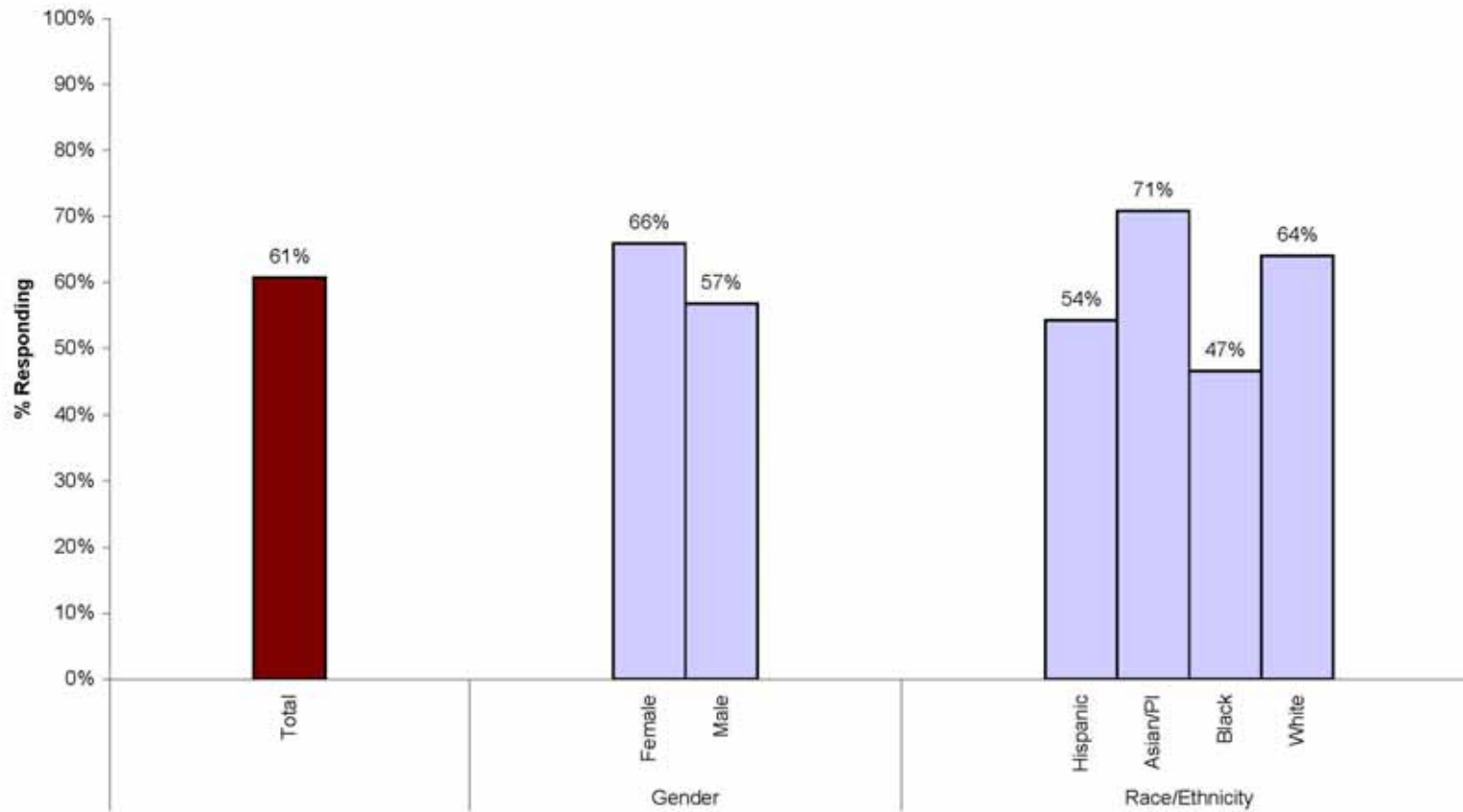


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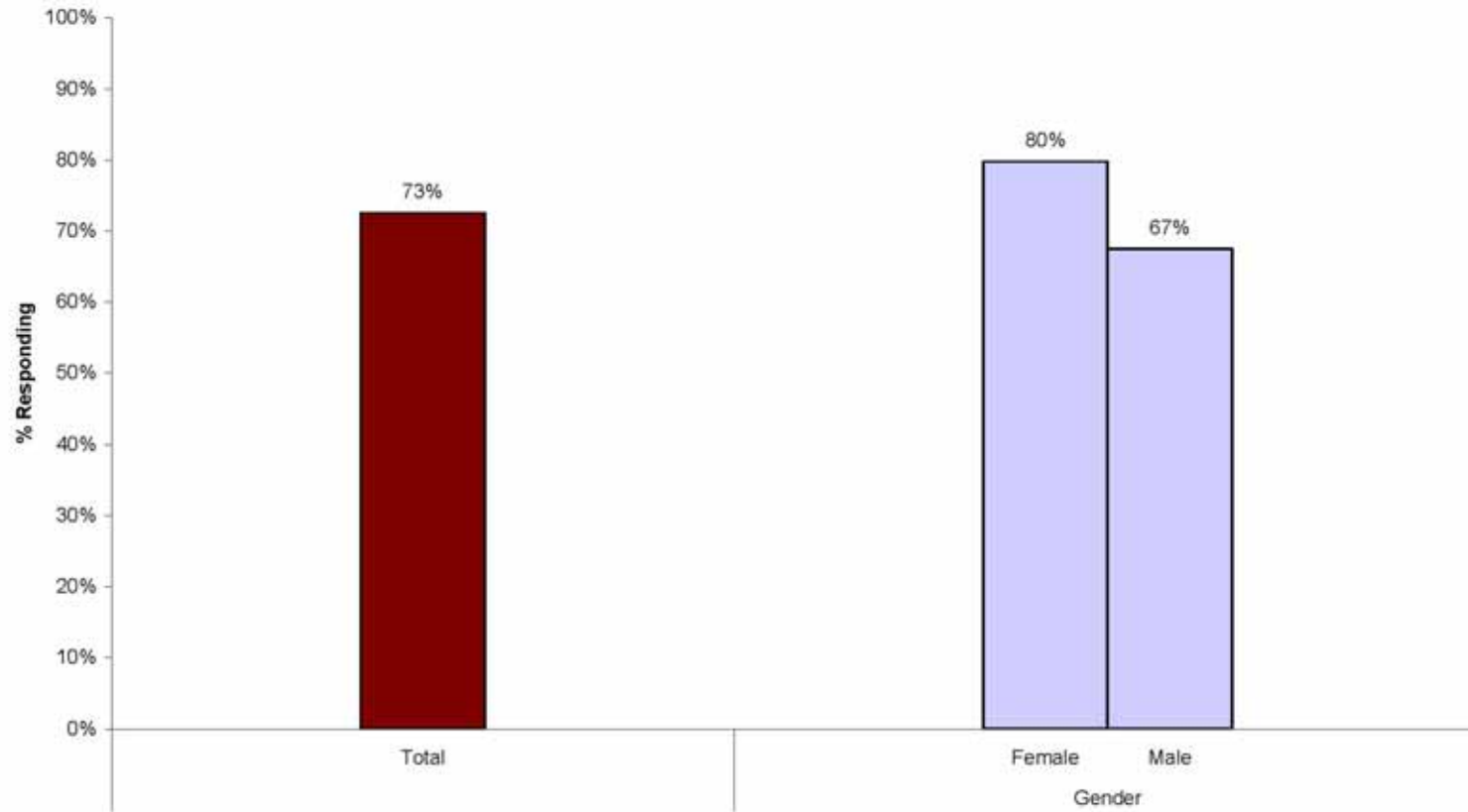
#40: My school provides effective drug and alcohol prevention services.



#41: There are enough activities and events in my community for youth that are drug and alcohol free.

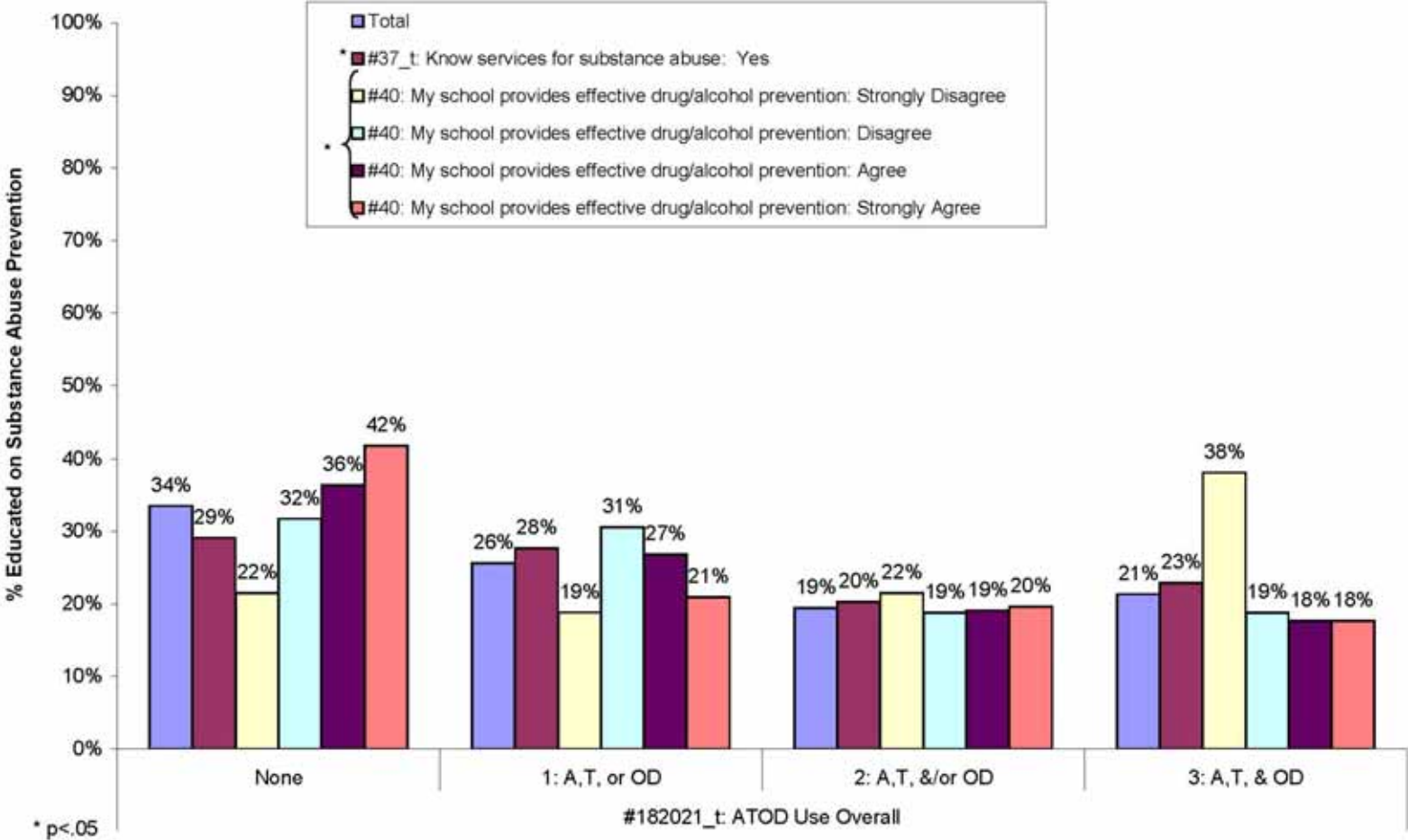


#42: Youth need a place to go for entertainment or recreation that is drug and alcohol free.



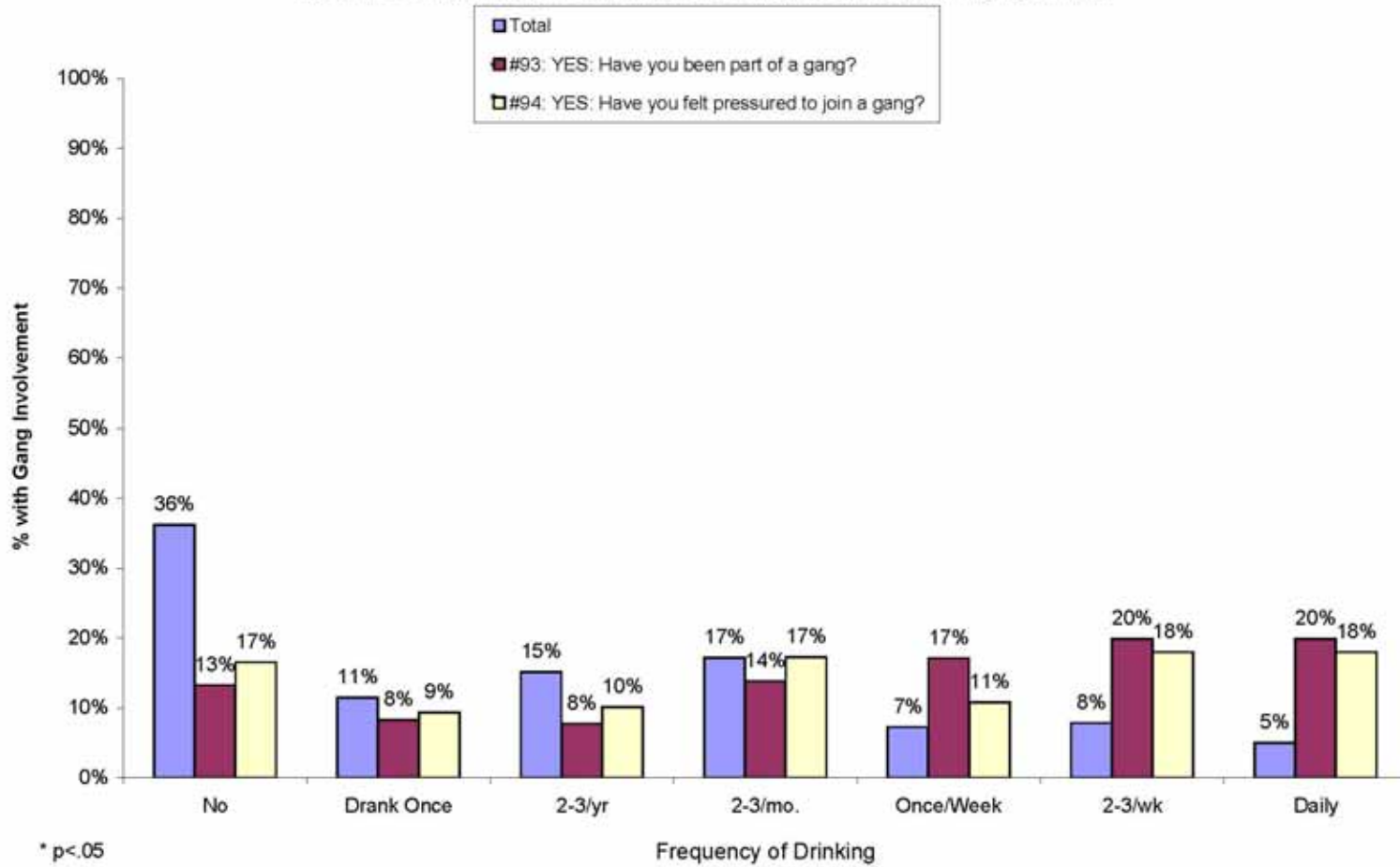
#182021_t: ATOD Use Overall

Hypothesis 2: Youth who are uninformed about substance abuse issues are more likely to abuse drugs than those who have received such information.



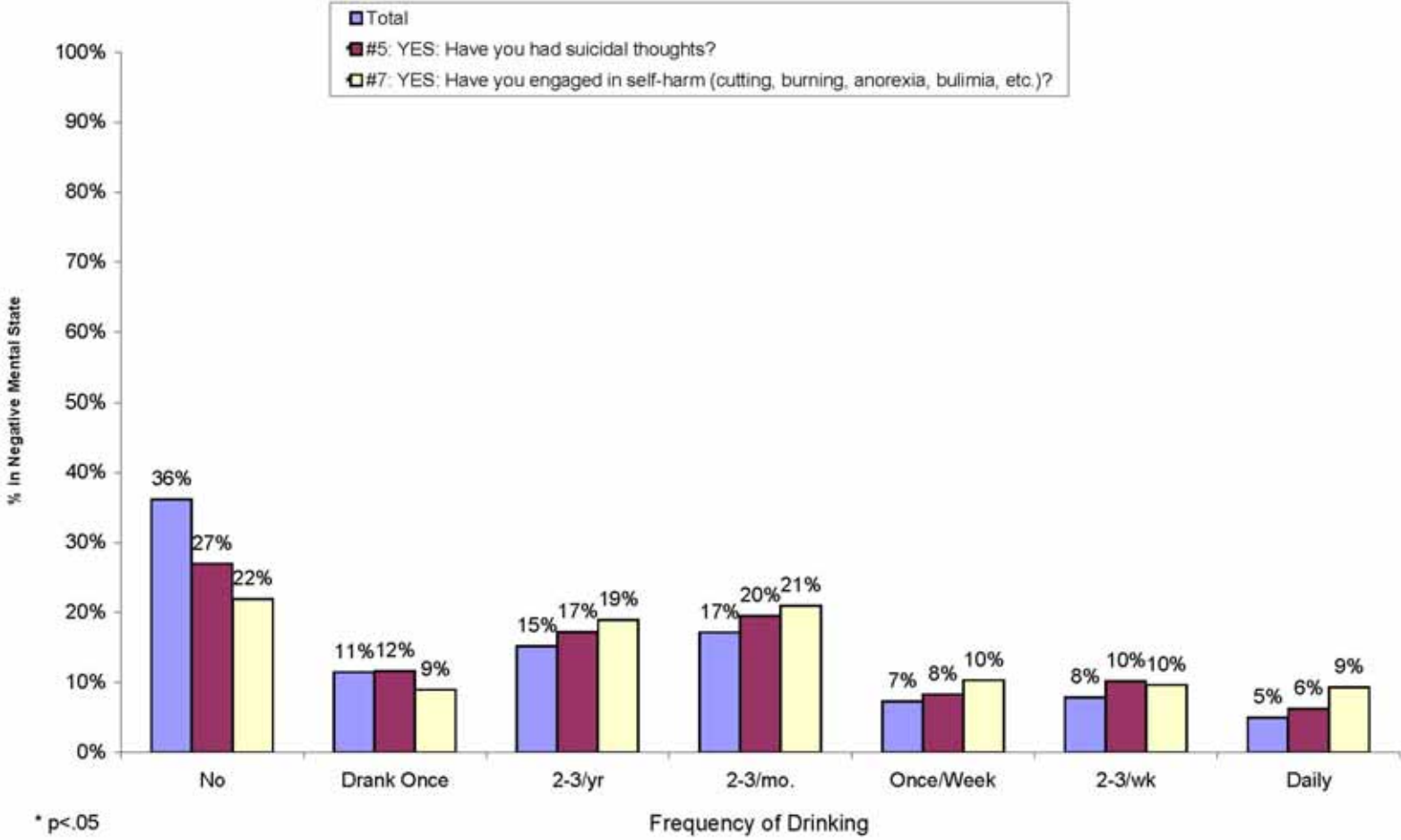
#18_t: Do you drink?

Hypothesis 3: Gang members are more likely to abuse drugs and alcohol than non-gang members.



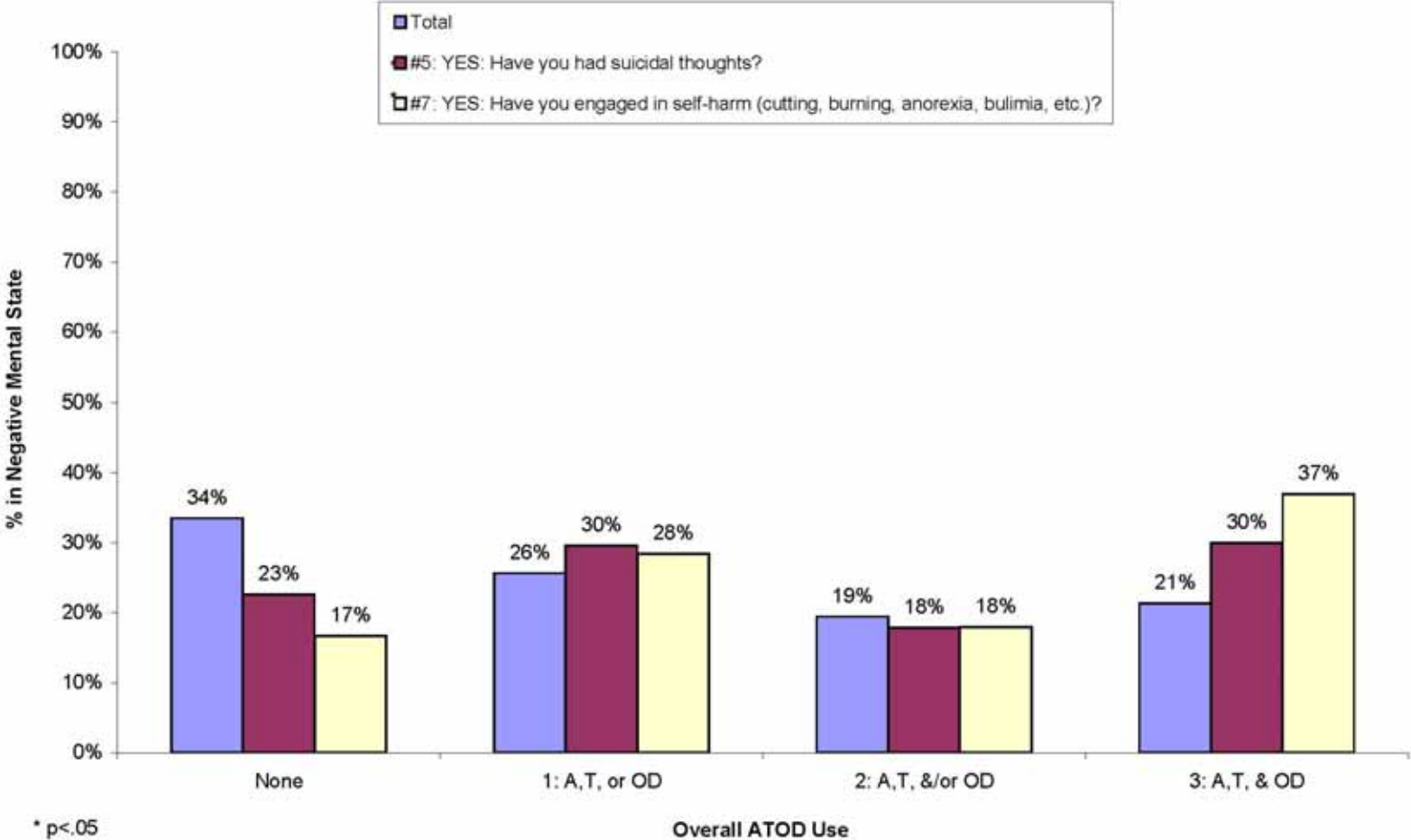
#18_t: Do you drink?

Hypothesis 4: Youth in a bad mental state (i.e., those who have thought about and/or attempted suicide or self harm) are more likely to abuse drugs than those not in a bad mental state.



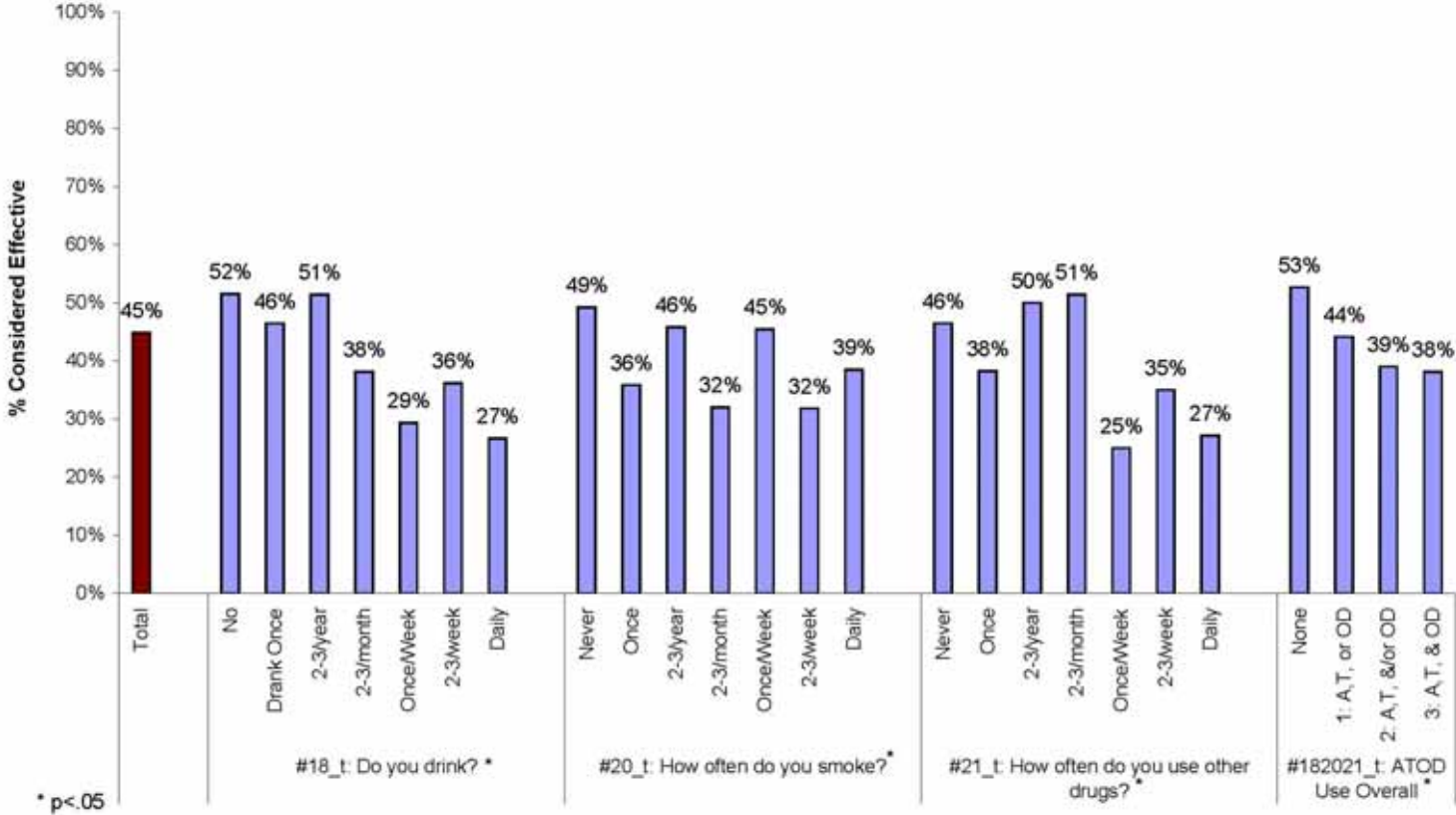
#182021_t: ATOD Use Overall

Hypothesis 4: Youth in a bad mental state (i.e., those who have thought about and/or attempted suicide or self harm) are more likely to abuse drugs than those not in a bad mental state.



#43_6: Effective Substance Abuse Prevention: ATOD Free Recreation

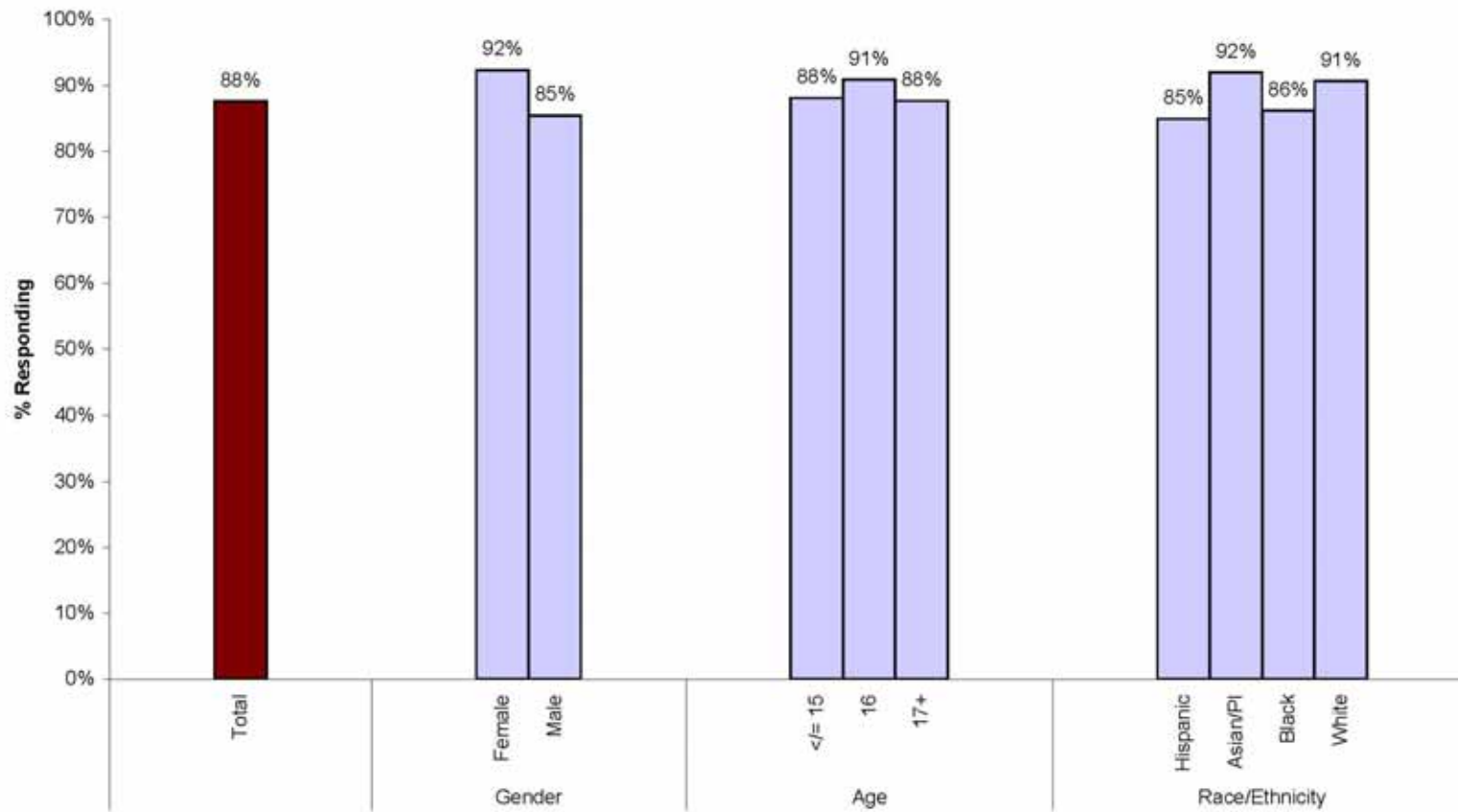
Hypothesis 5: Youth who use ATOD will have different thoughts about what is effective substance abuse prevention than those who do not use ATOD.



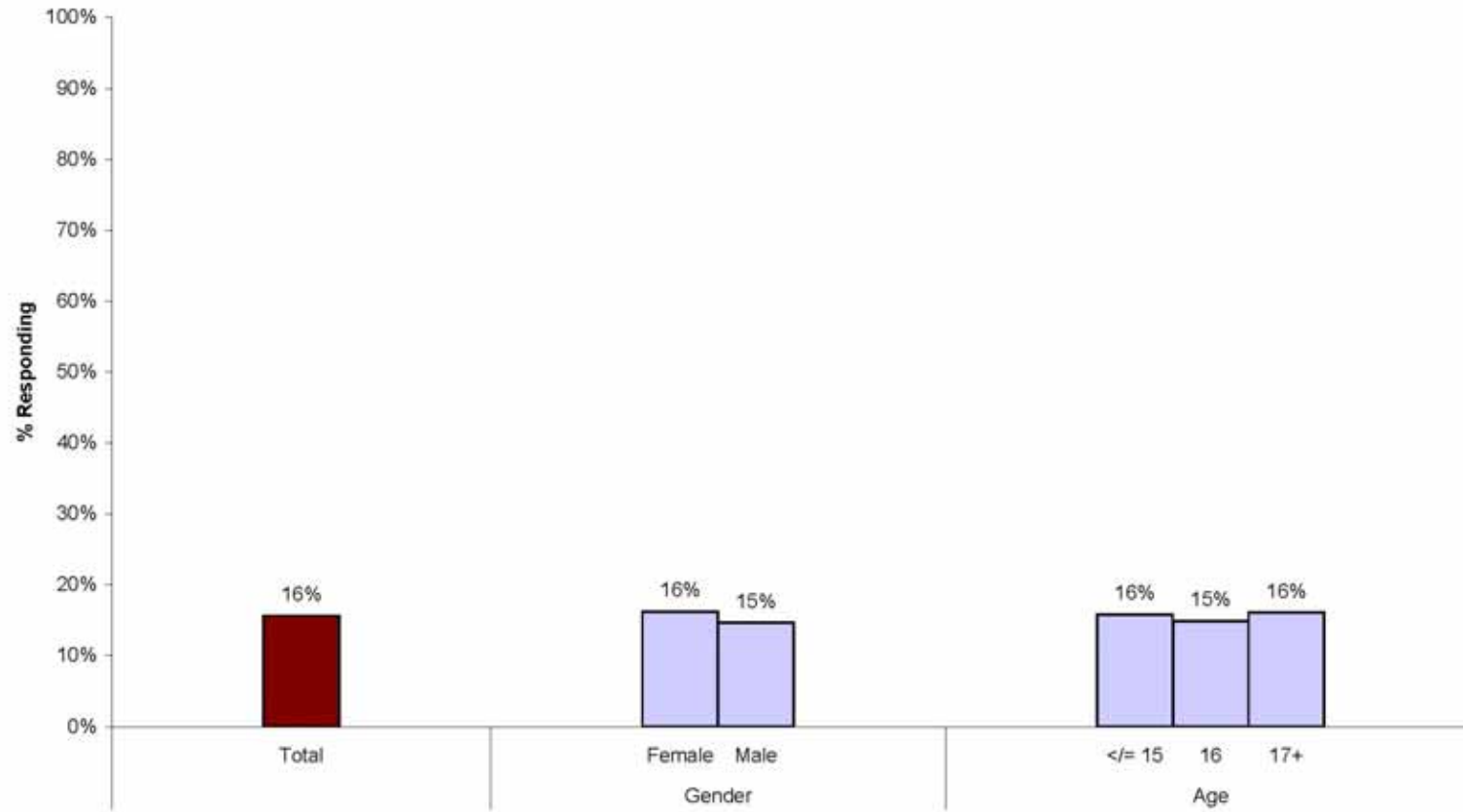
Sex and Sexuality

Questions 44 through 73

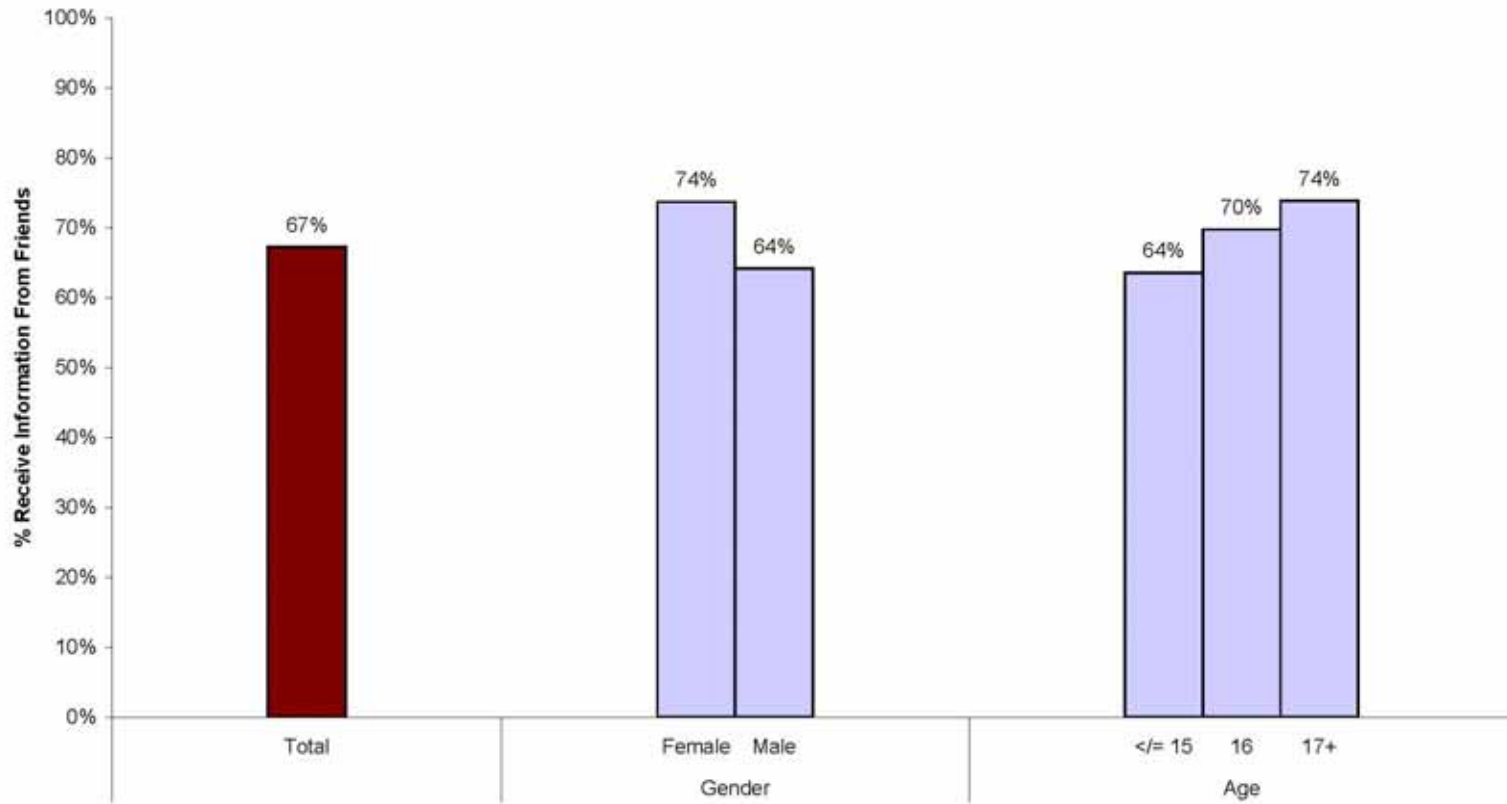
#44: Schools should provide education about sex and sexuality.



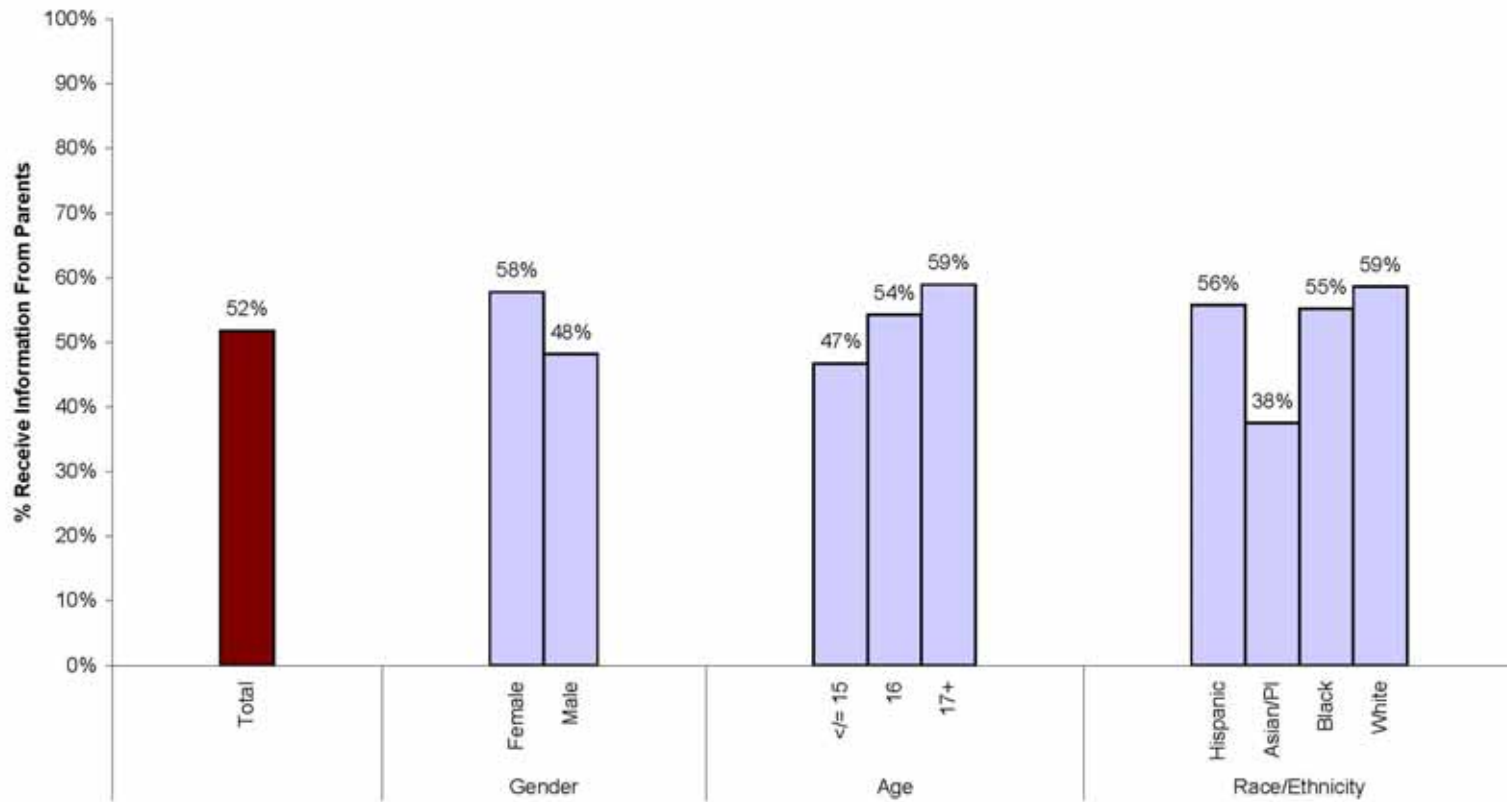
#45: Schools should only teach about abstinence.



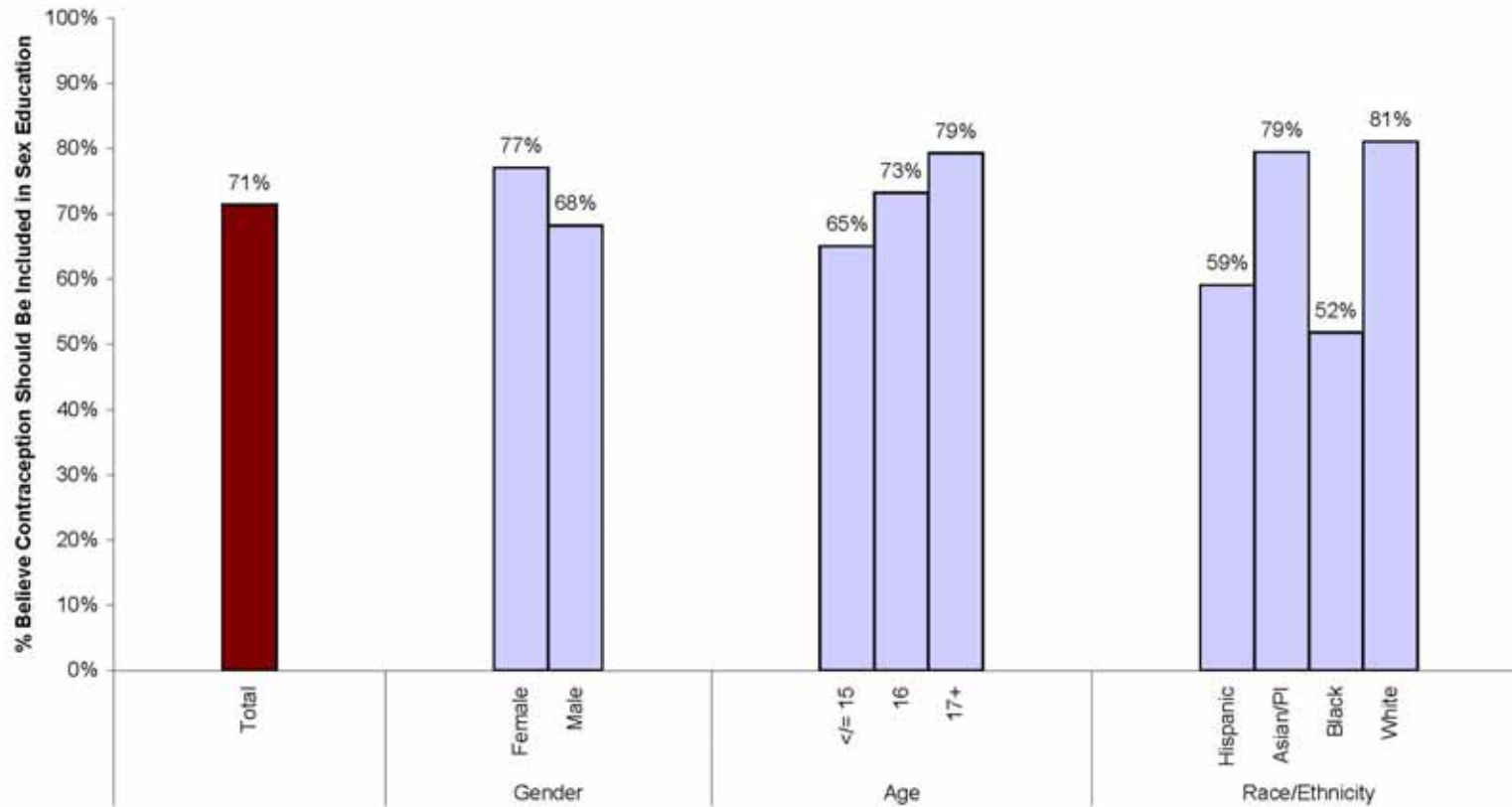
**#48_05: Where do you receive information about sex and sexuality:
Friends**



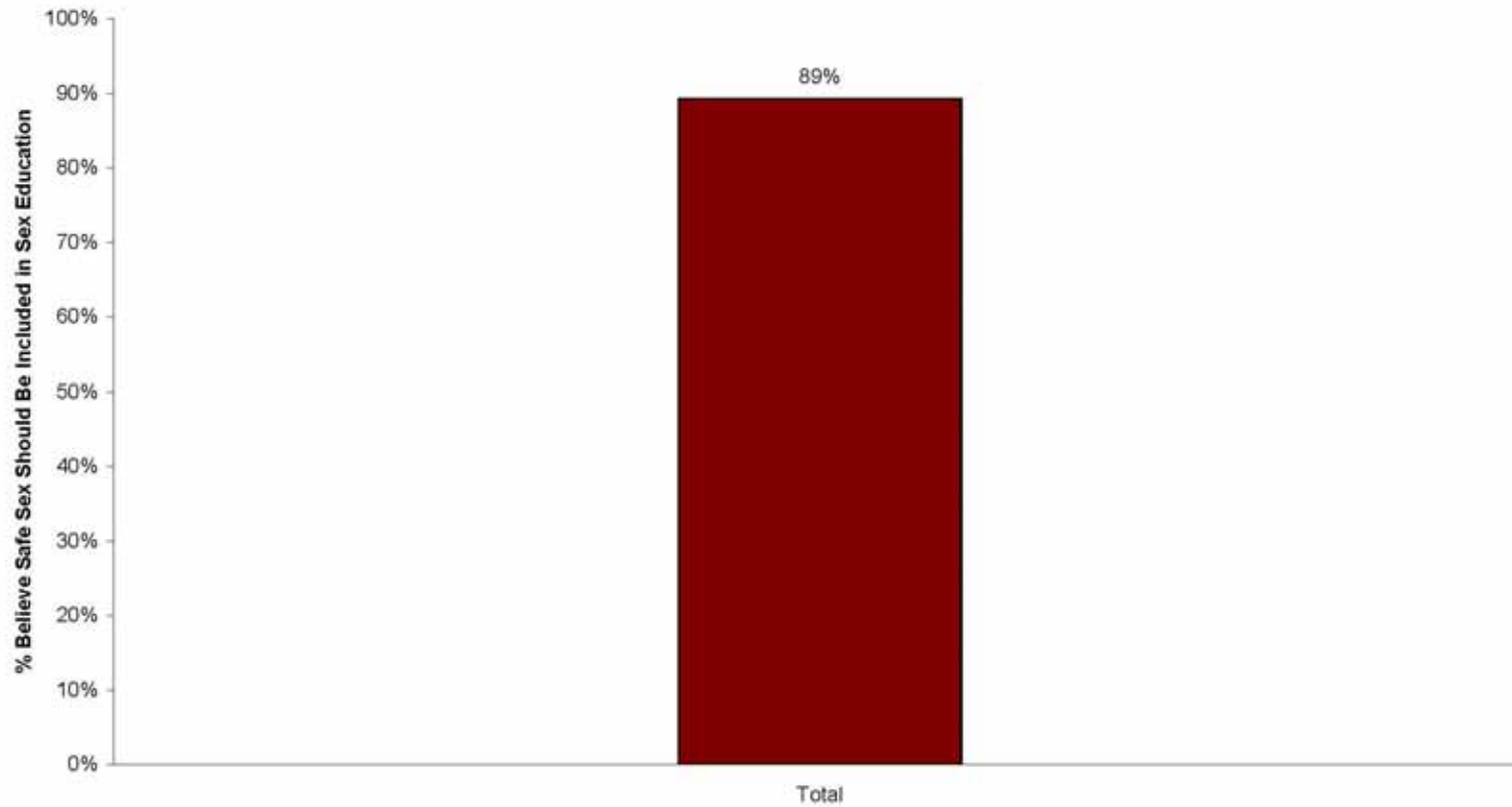
**#48_06: Where do you receive information about sex and sexuality:
Parents**



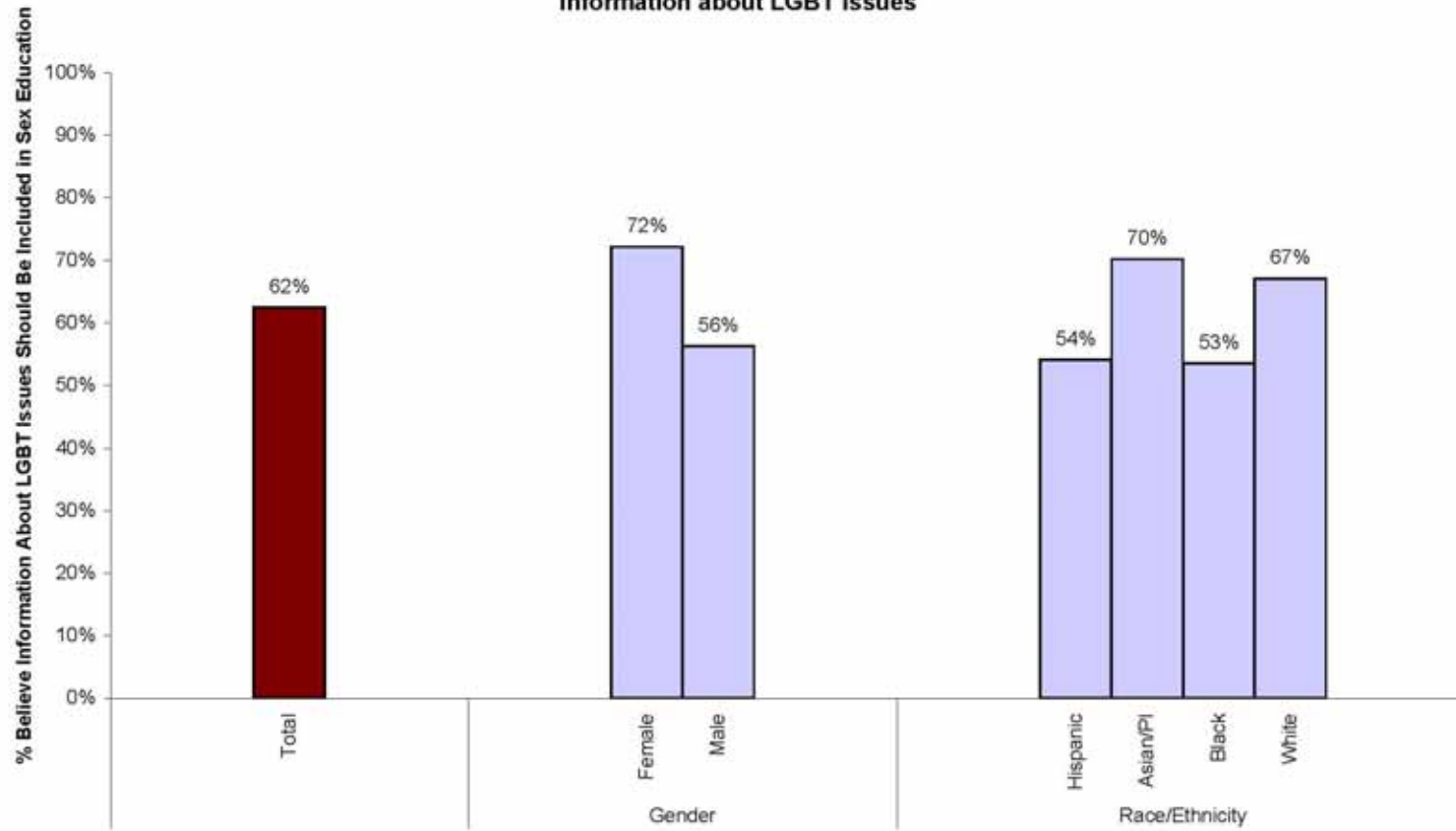
**#50_1: Which of the following topics should be included in sex education:
Contraception**



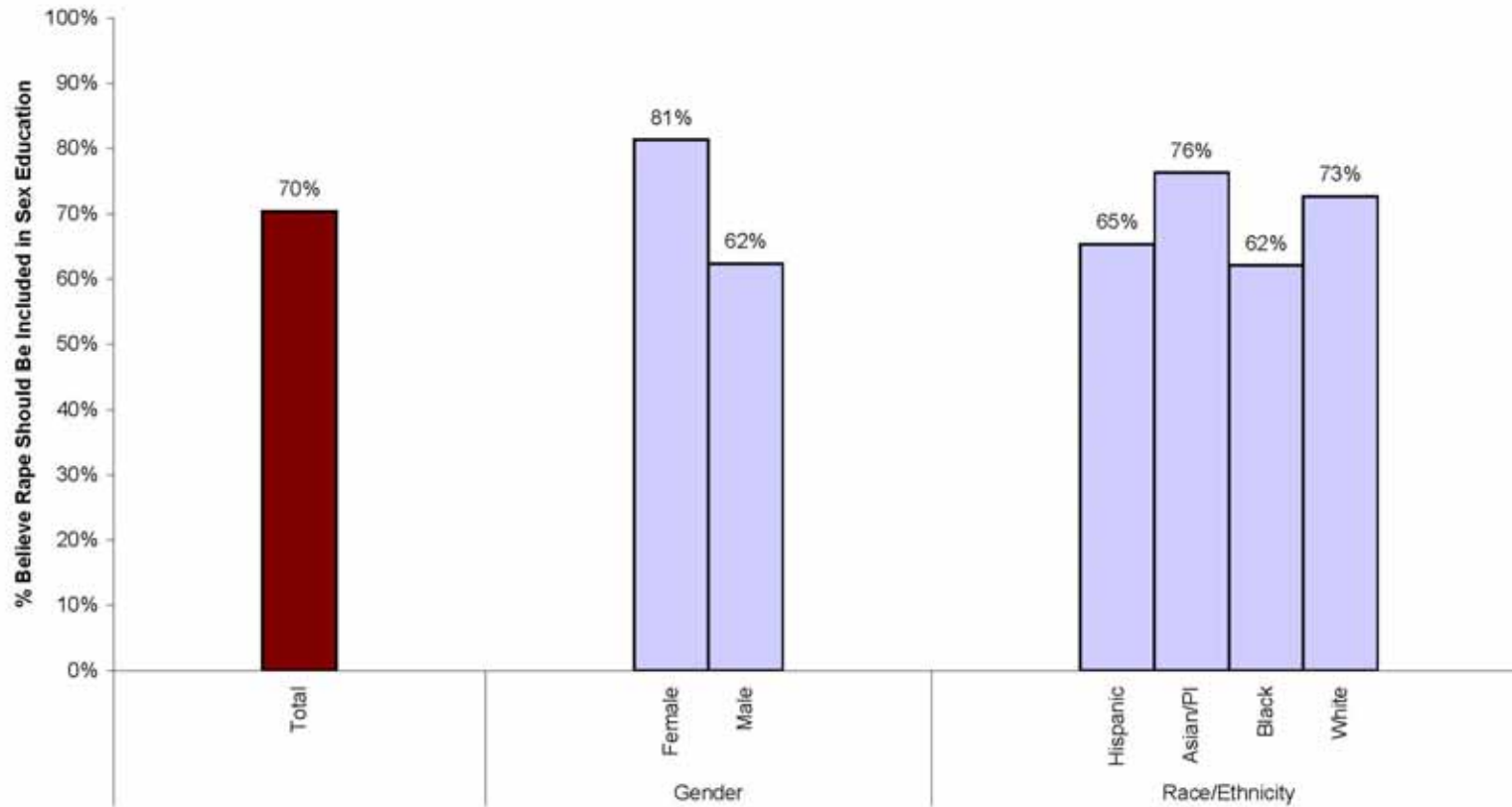
**#50_2: Which of the following topics should be included in sex education:
Safe sex**



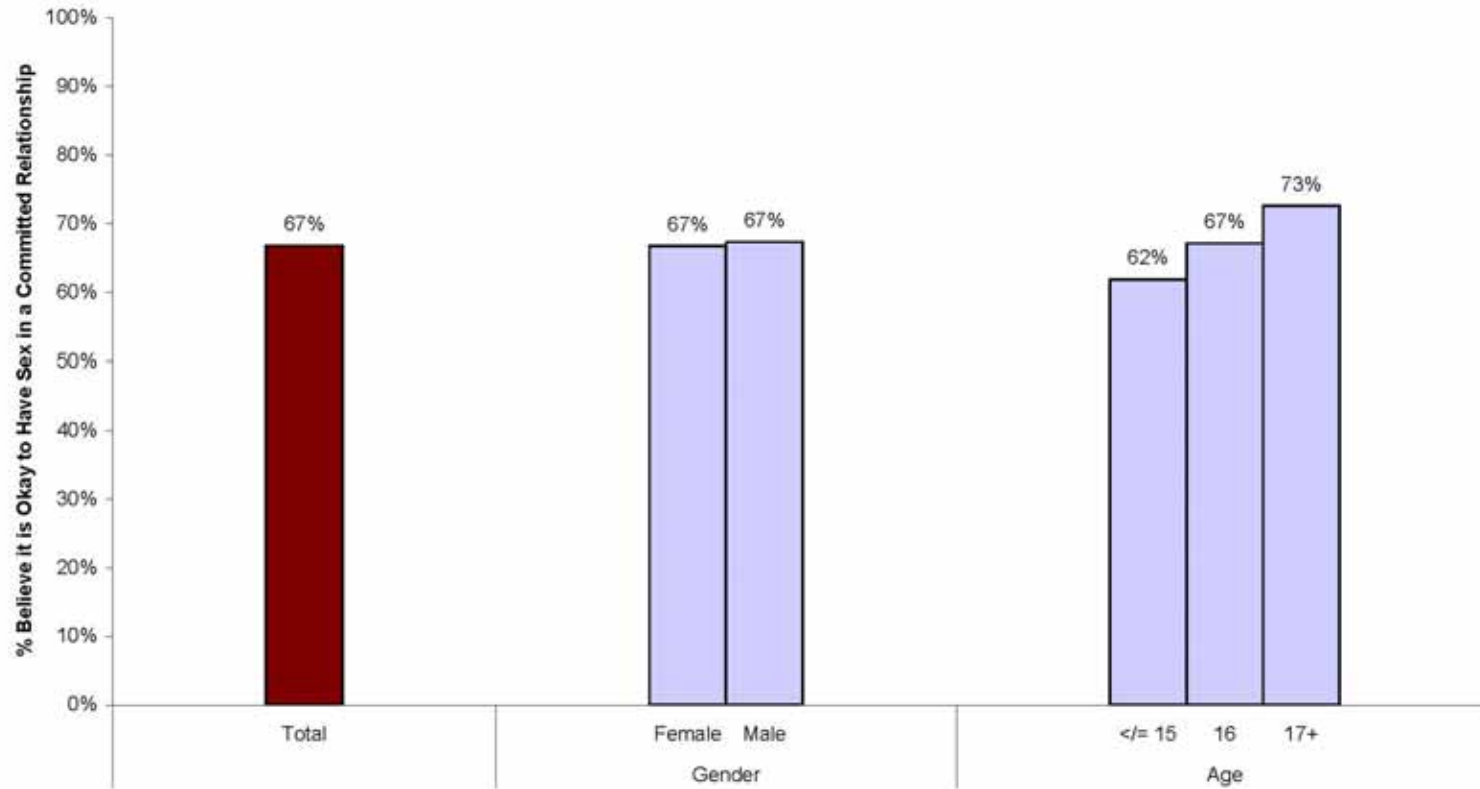
**#50_4: Which of the following topics should be included in sex education:
Information about LGBT issues**



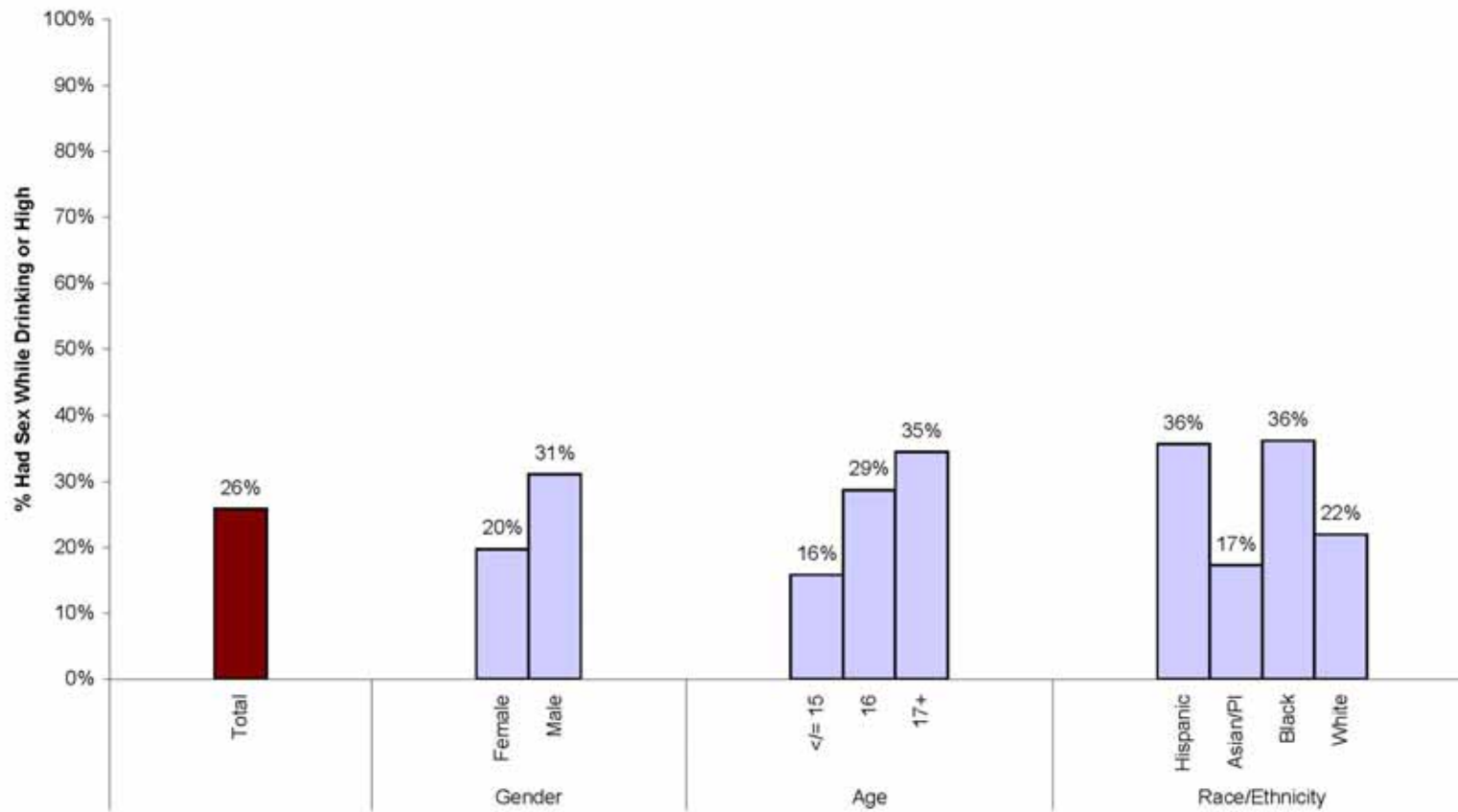
**#50_6: Which of the following topics should be included in sex education:
Rape**



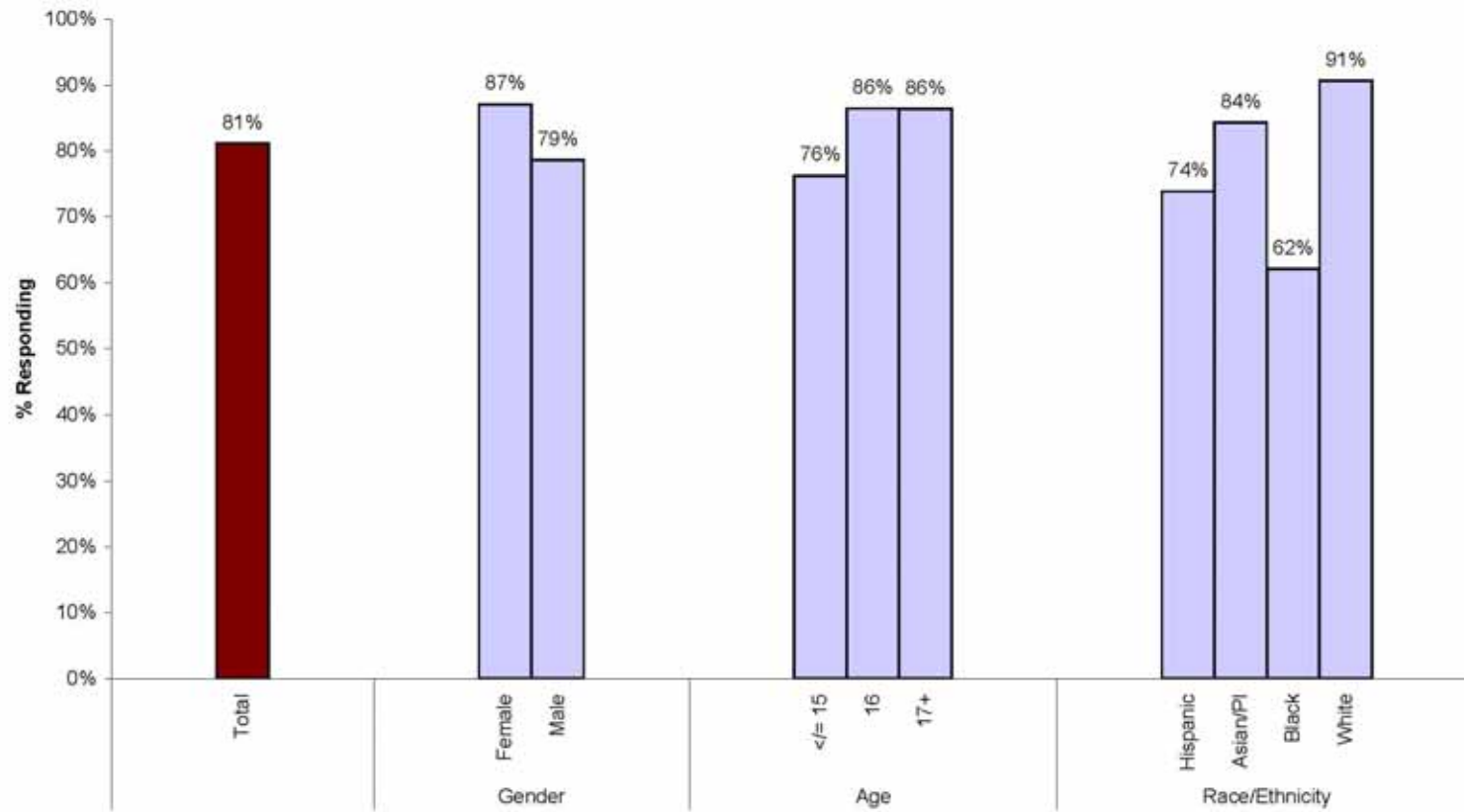
**#52_1: Which of the following is closest to your beliefs:
It is okay to have sex if you are in a committed relationship**



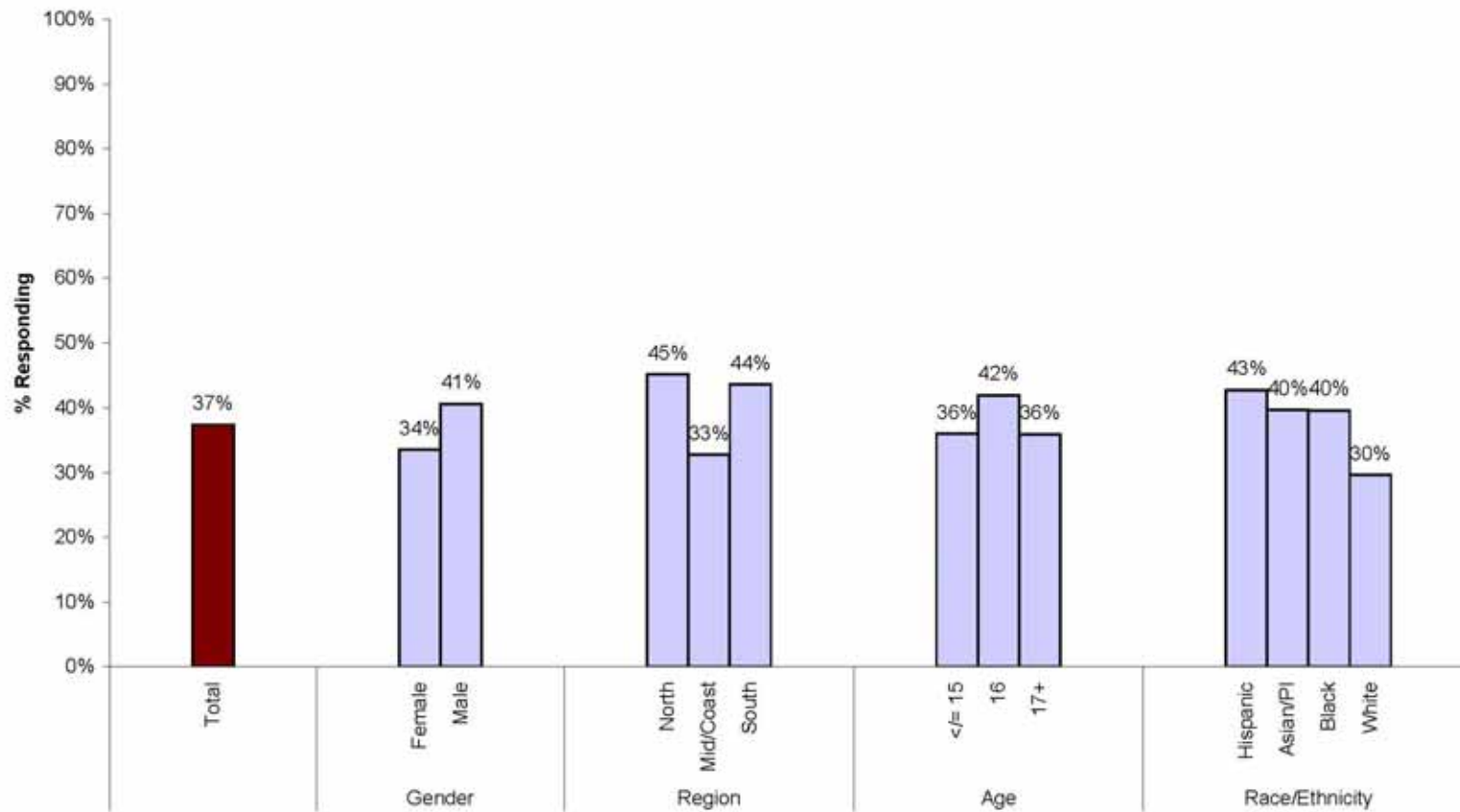
#62: Have you ever had sex while drinking or high?



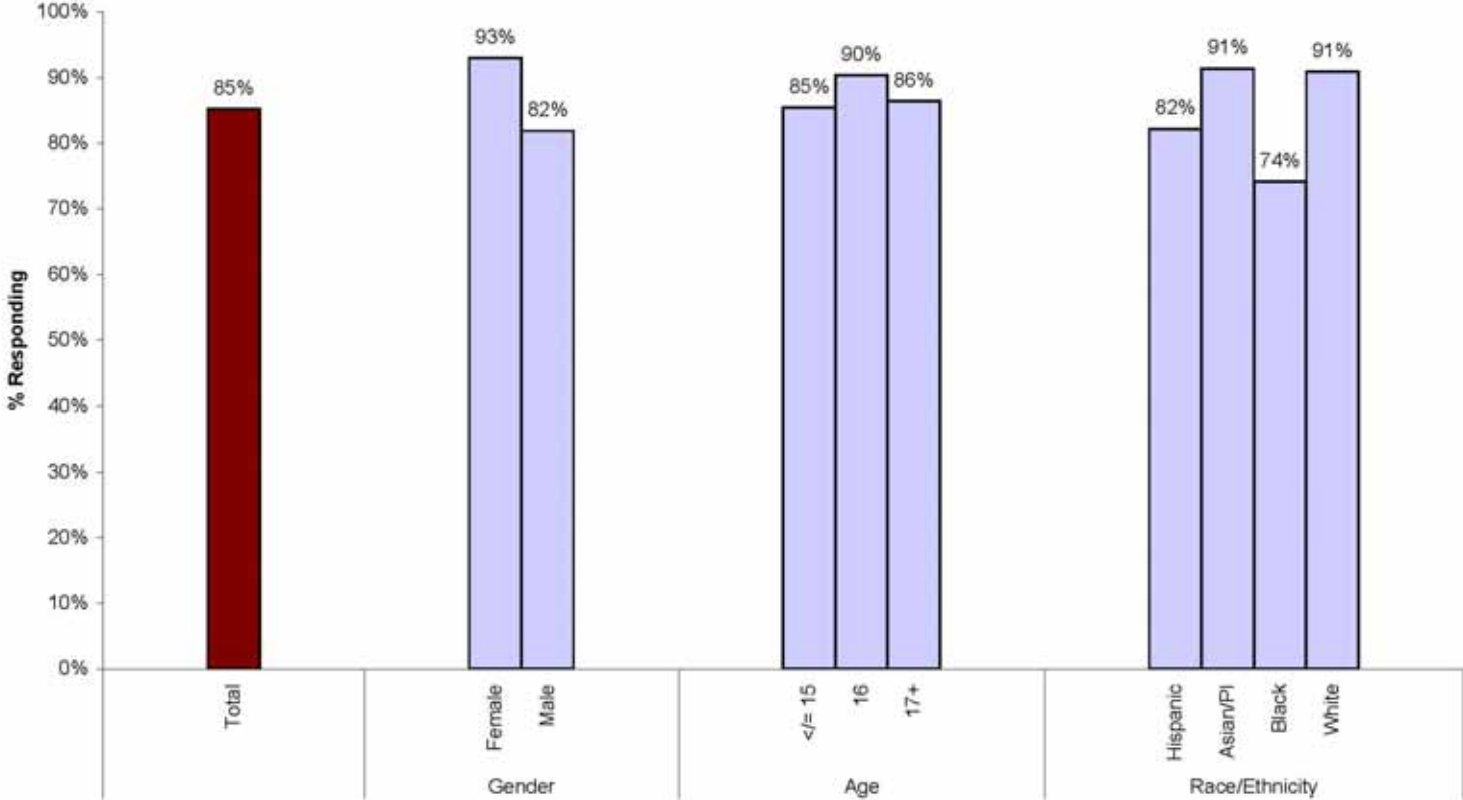
#69: I am making informed personal decisions about sex and sexuality.



#71: Parents should be able to excuse their son/daughter from sex/sexuality education.



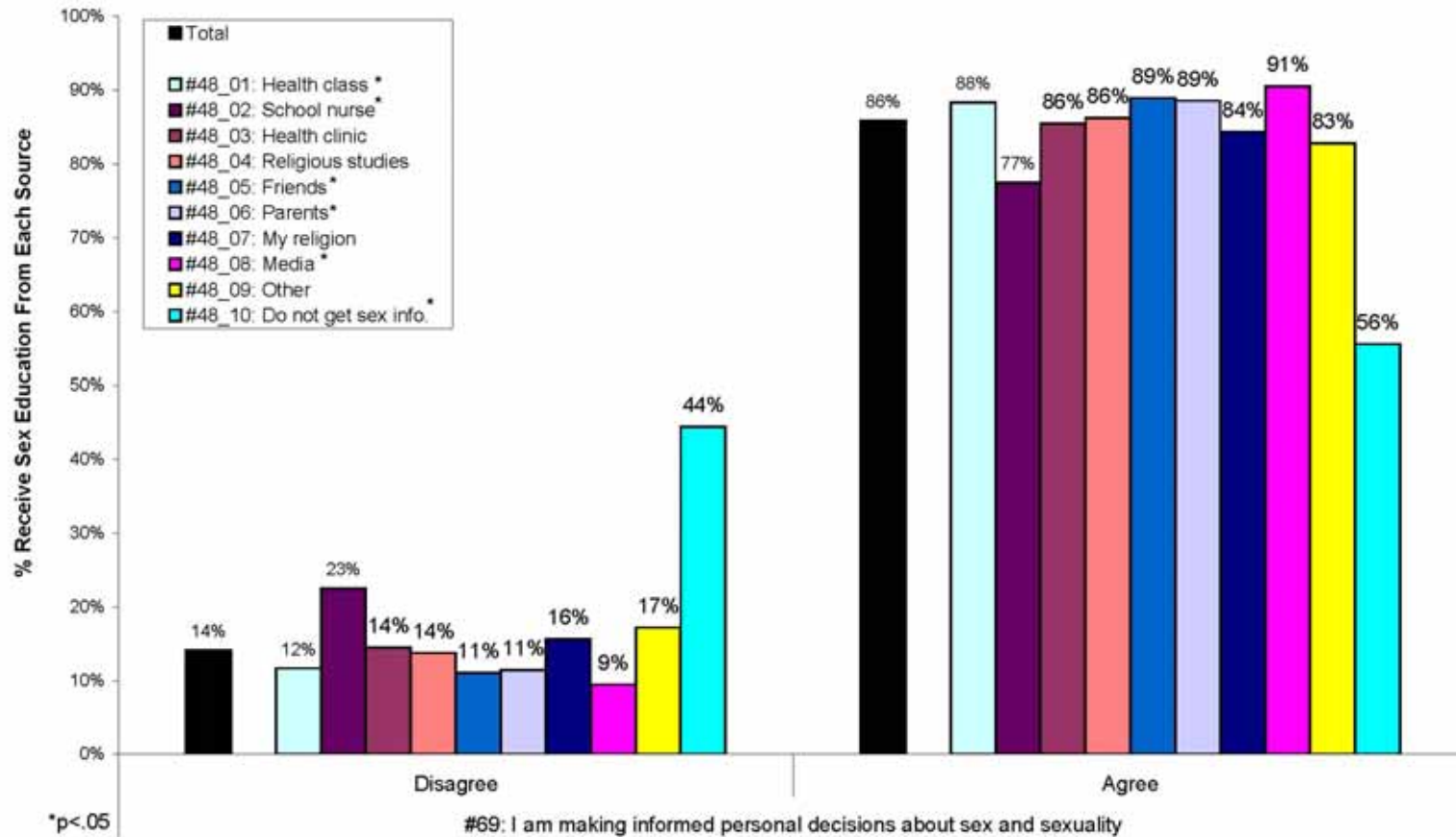
#72: Sexually active youth should get tested for STDs, HIV, and/or AIDS.



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#69: I am making informed personal decisions about sex and sexuality

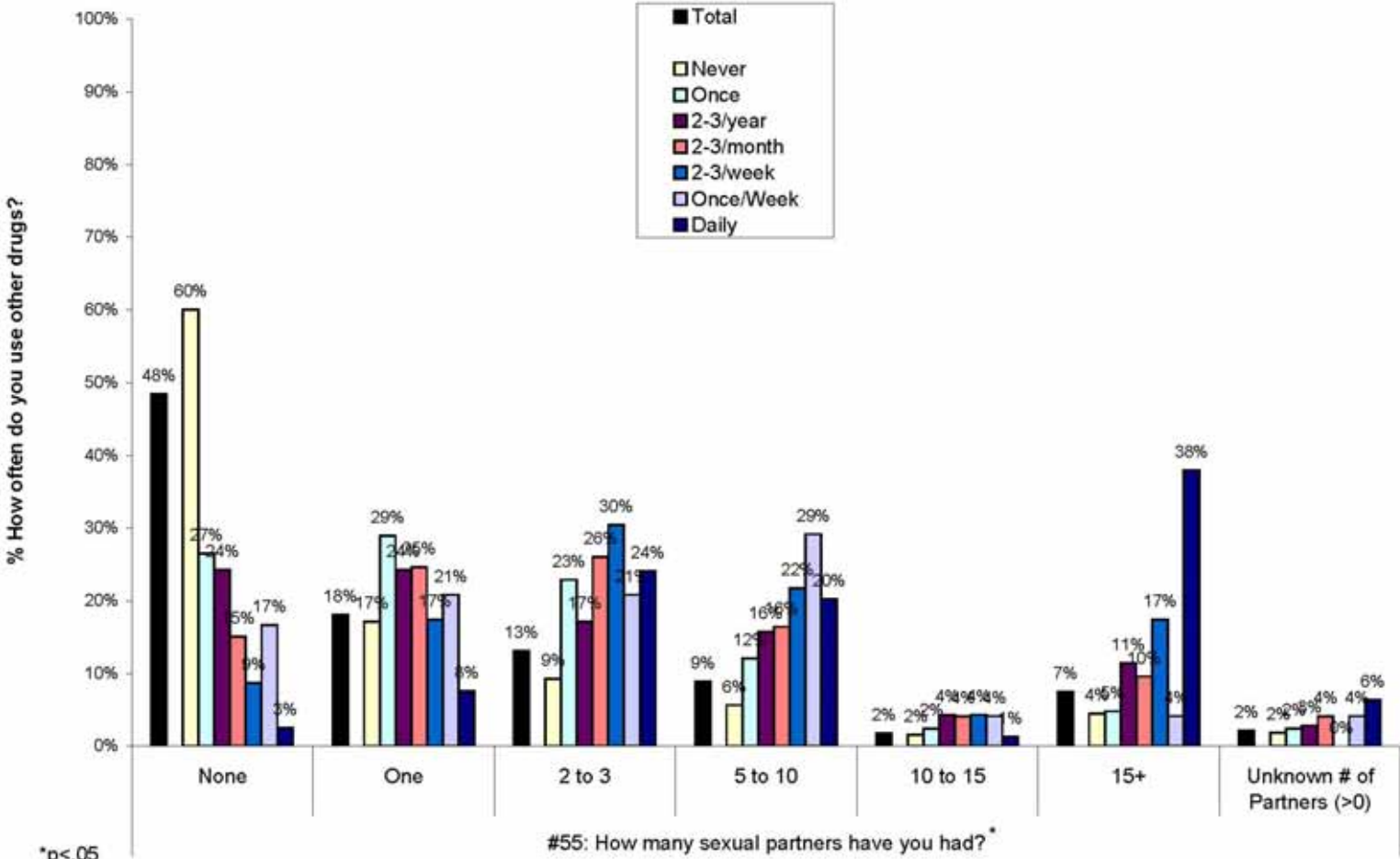
Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.



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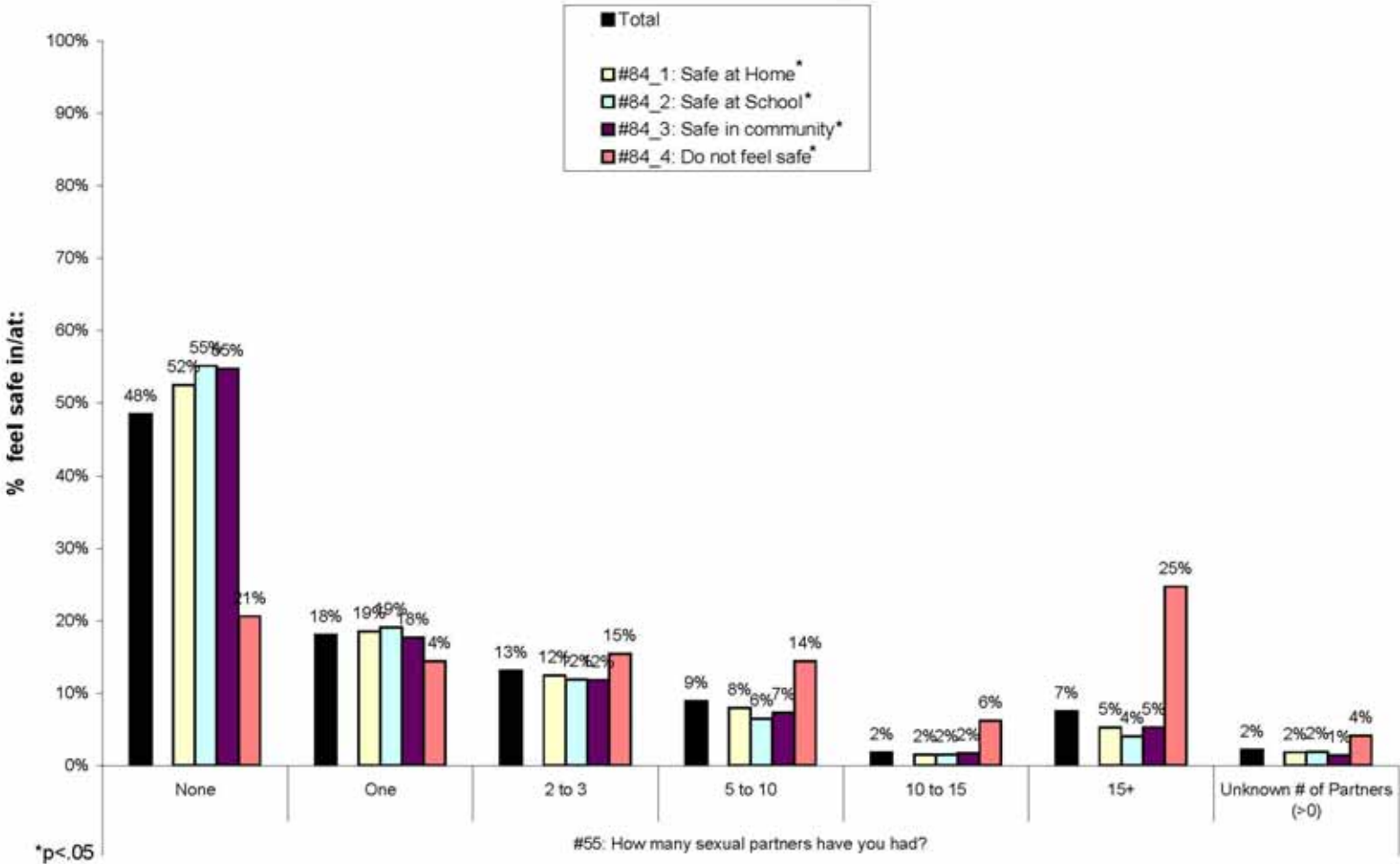
#55: How many partners have you had?

Hypothesis 7: Drug abusers are more likely to have sex than youth who do not use drugs.



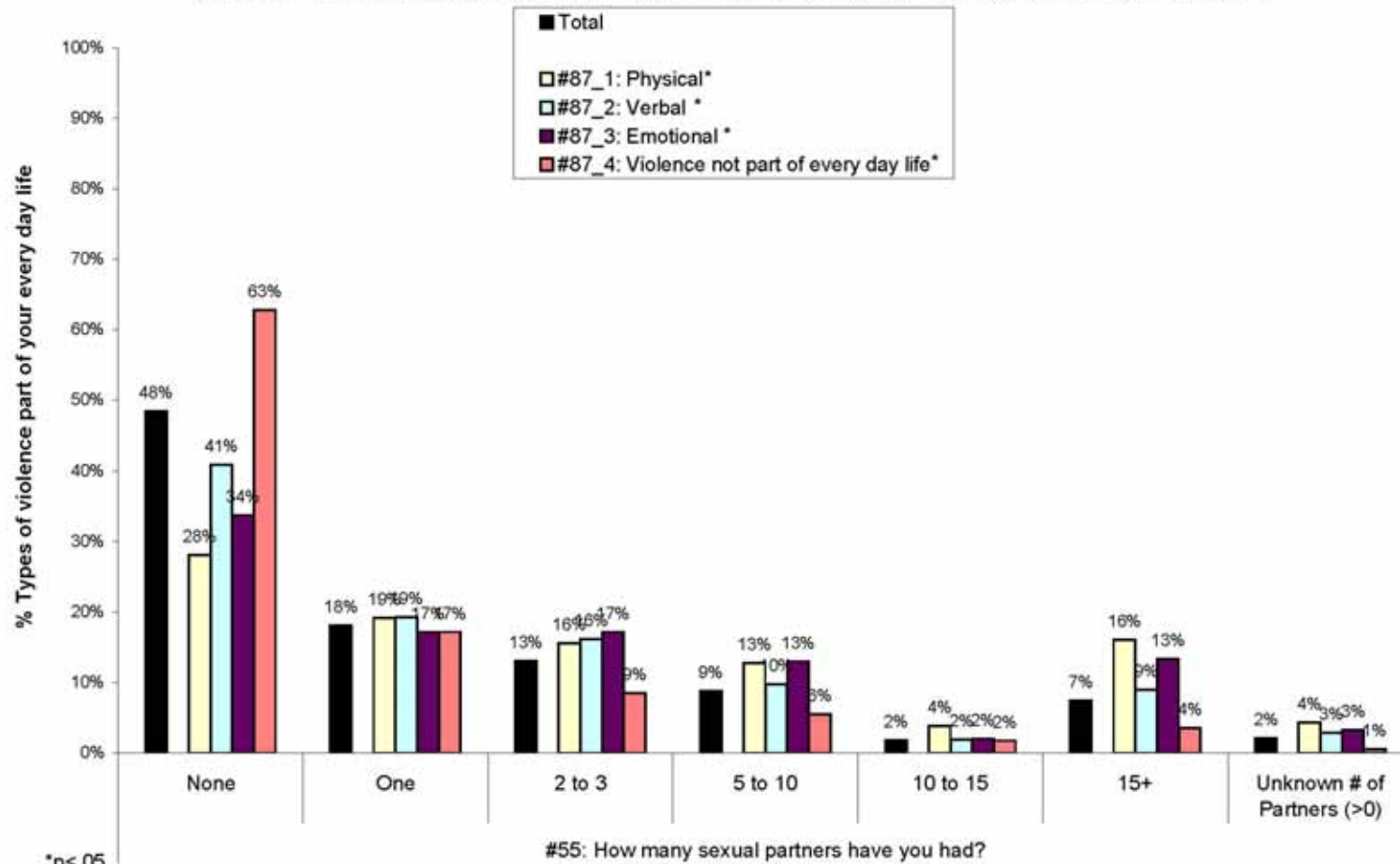
55: How many partners have you had?

Hypothesis 8: Youth who have experienced and/or inflicted violence are more likely to be sexually active than those who have not.



55: How many partners have you had?

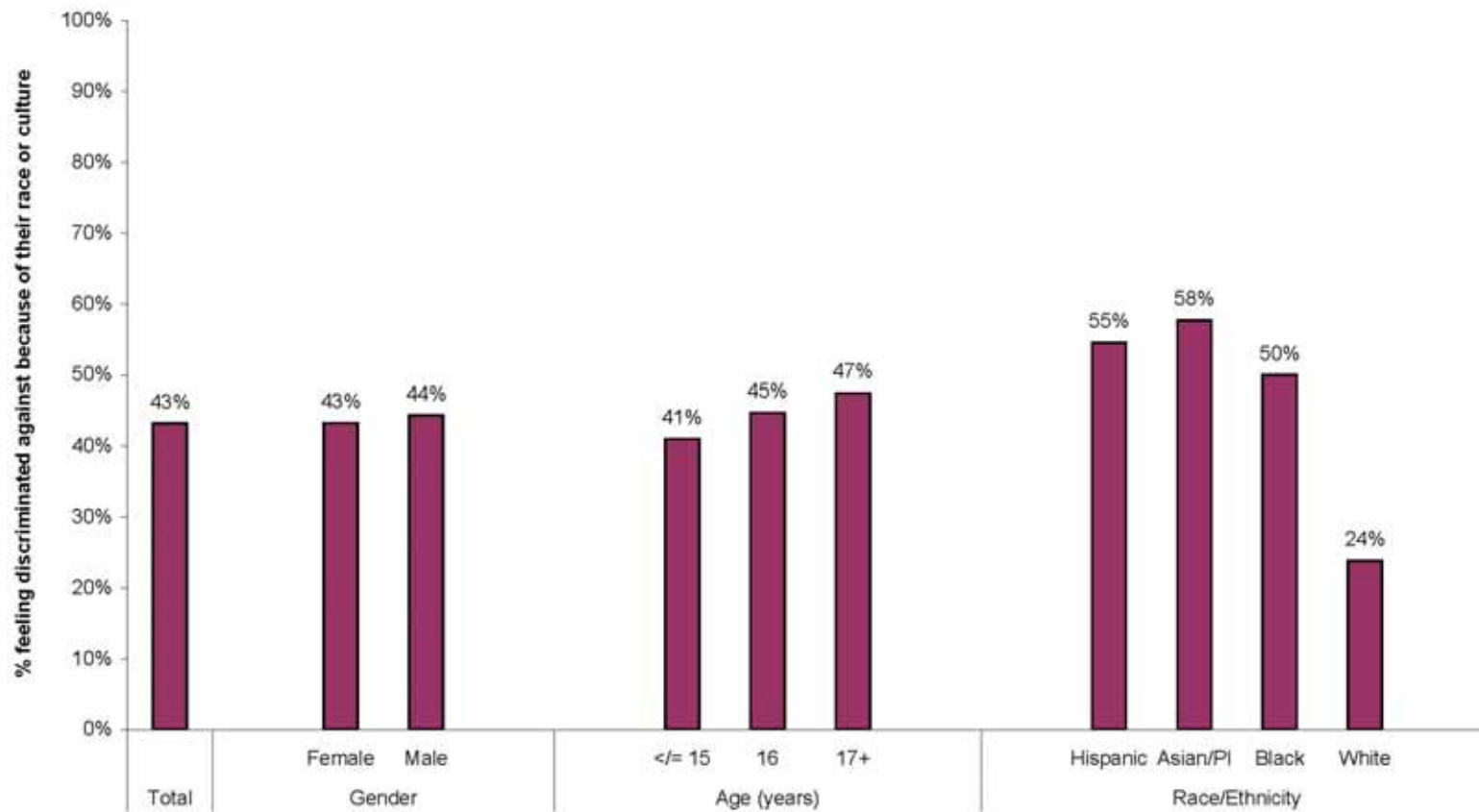
Hypothesis 8: Youth who have experienced and/or inflicted violence are more likely to be sexually active than those who have not.



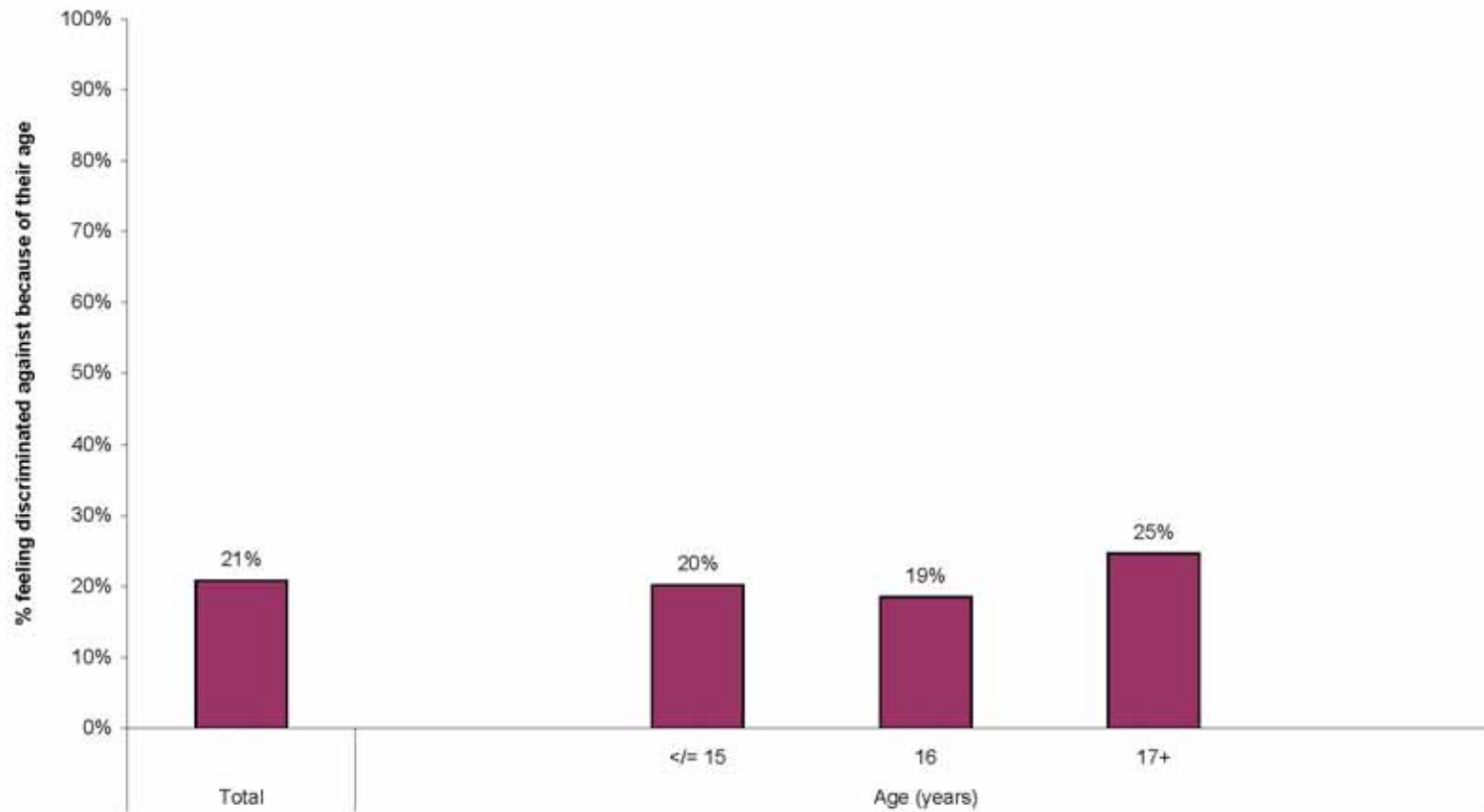
Discrimination

Questions 74 through 82

#78_1: Feel discriminated against because of my: Race or culture

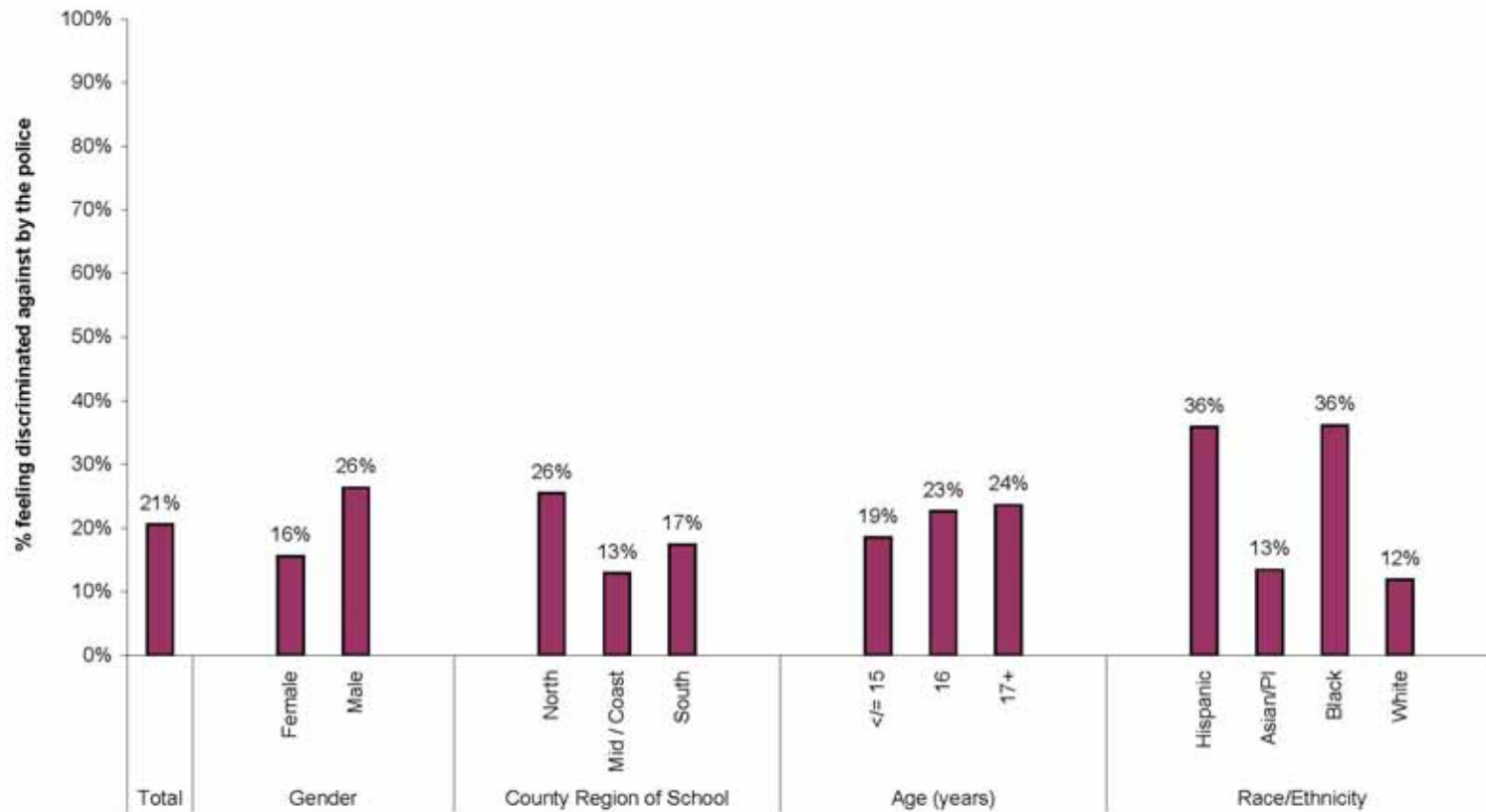


#78_7: Feel discriminated against because of my: Age



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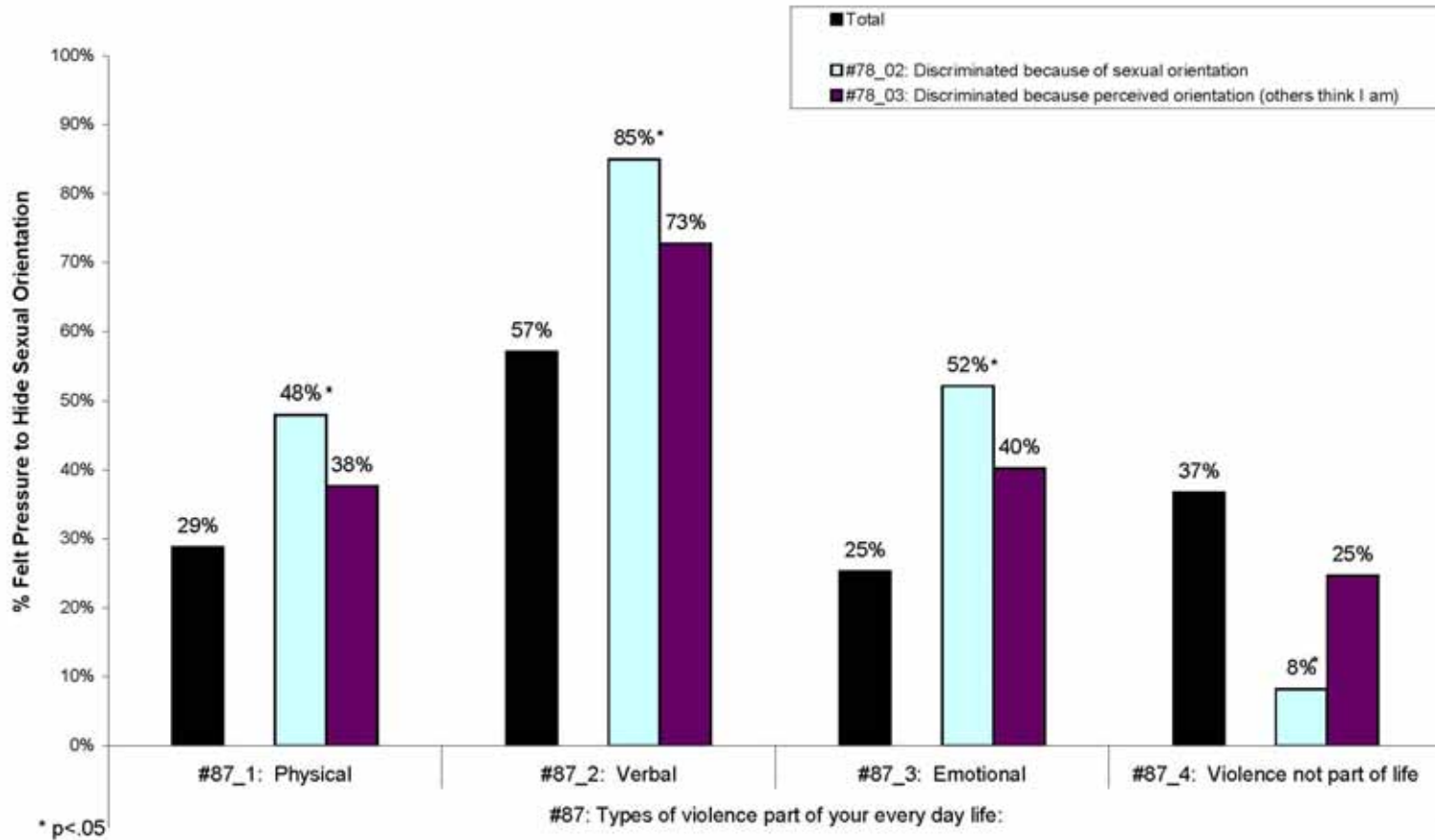
#80_4: Who do you feel discriminates against you: Police



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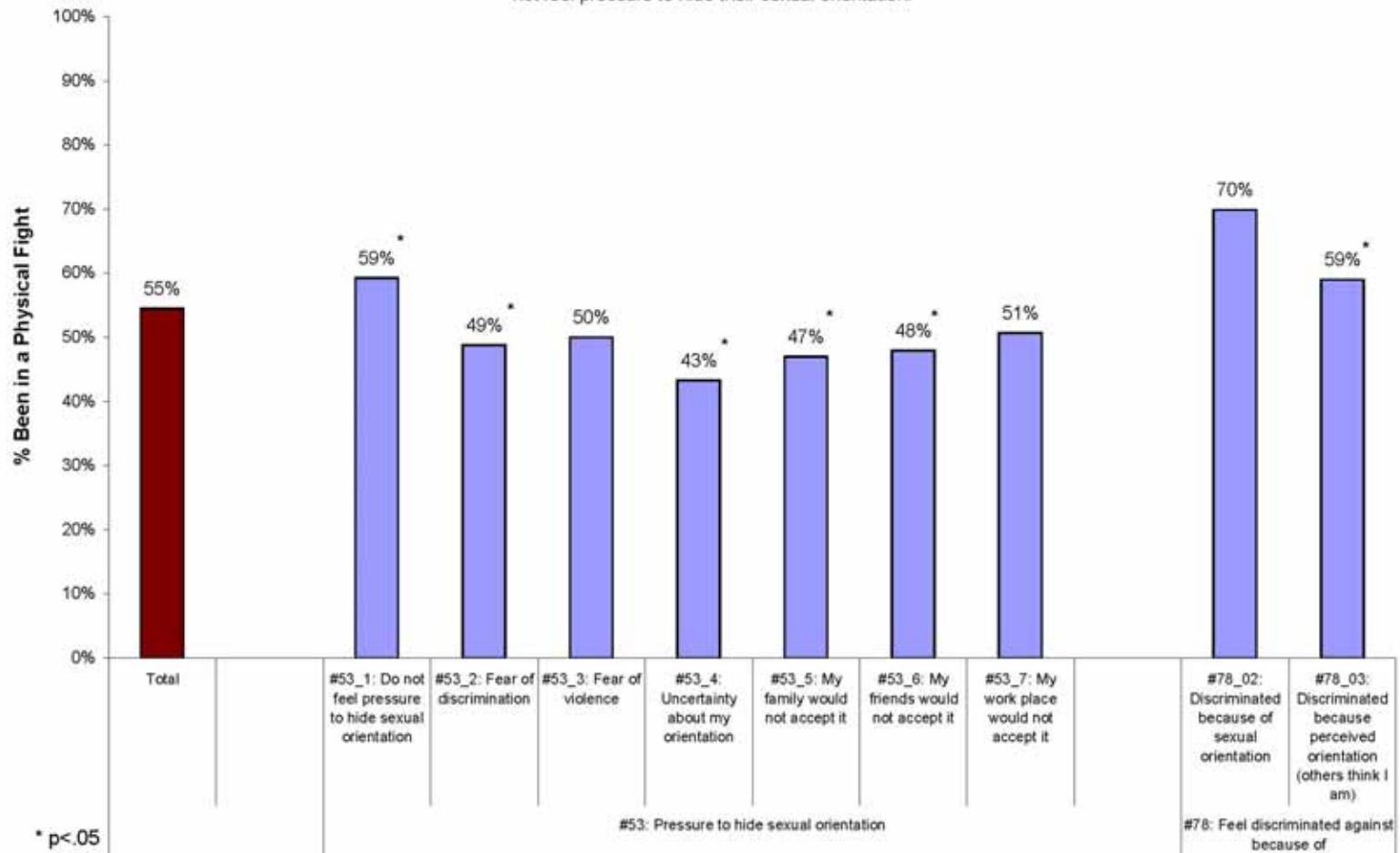
#87: Types of violence part of your everyday life:

Hypothesis 4: Youth who feel pressure to hide their sexual orientation are less likely to effectively deal with conflicts than those who do not feel pressure to hide their sexual orientation.



#89: Have you been in physical fight?

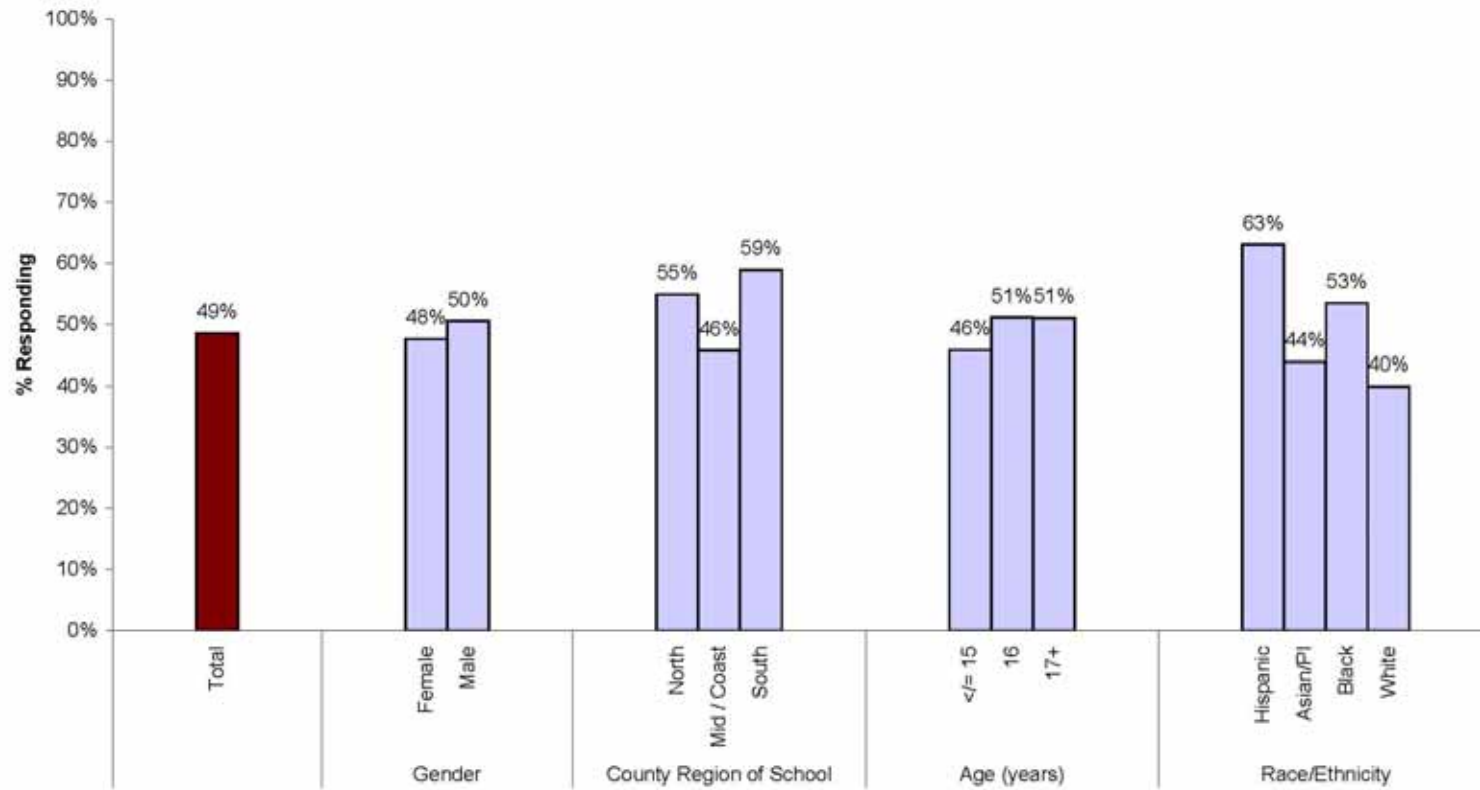
Hypothesis 4: Youth who feel pressure to hide their sexual orientation are less likely to effectively deal with conflicts than those who do not feel pressure to hide their sexual orientation.



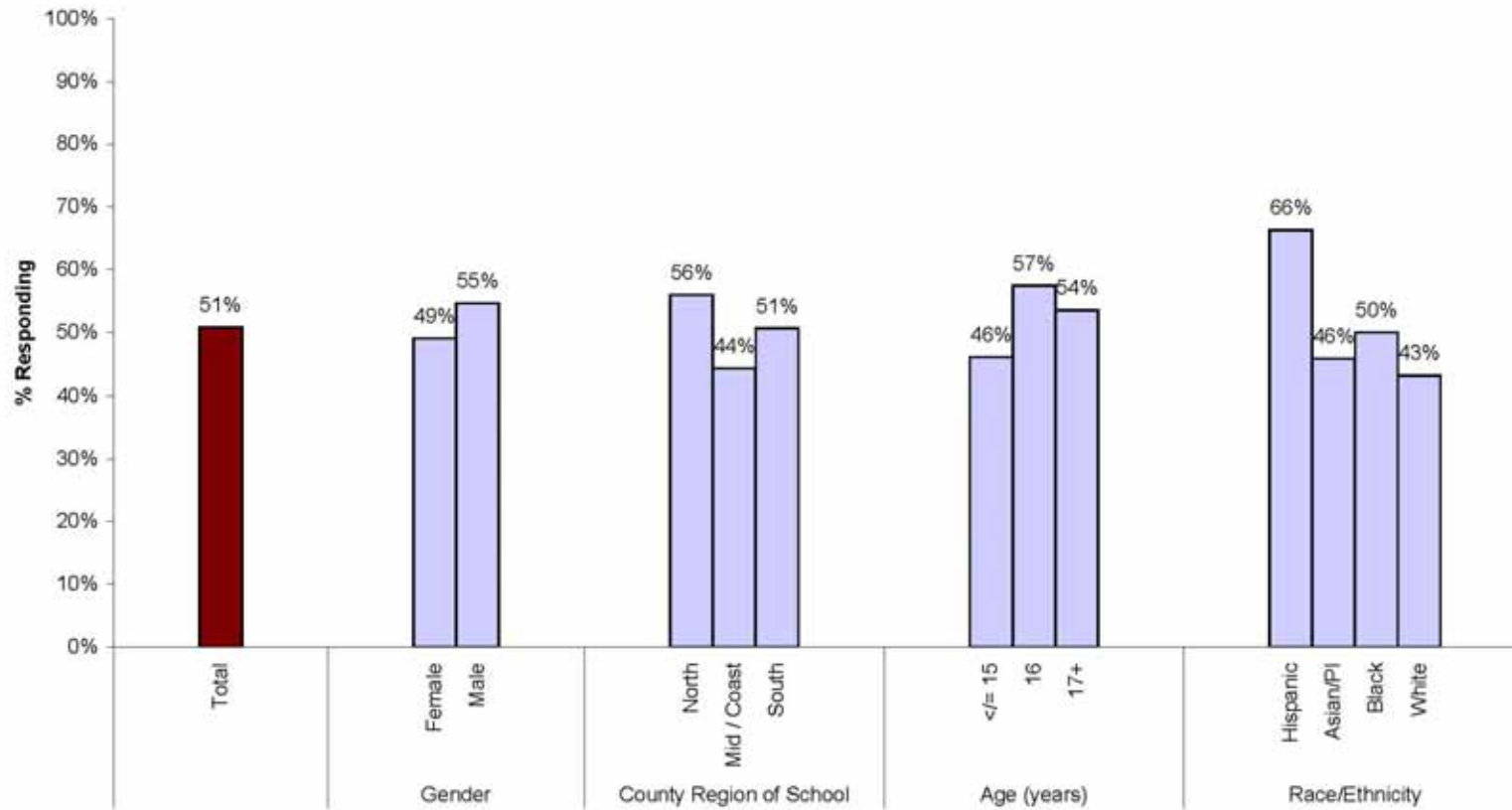
Violence

Questions 83 through 108

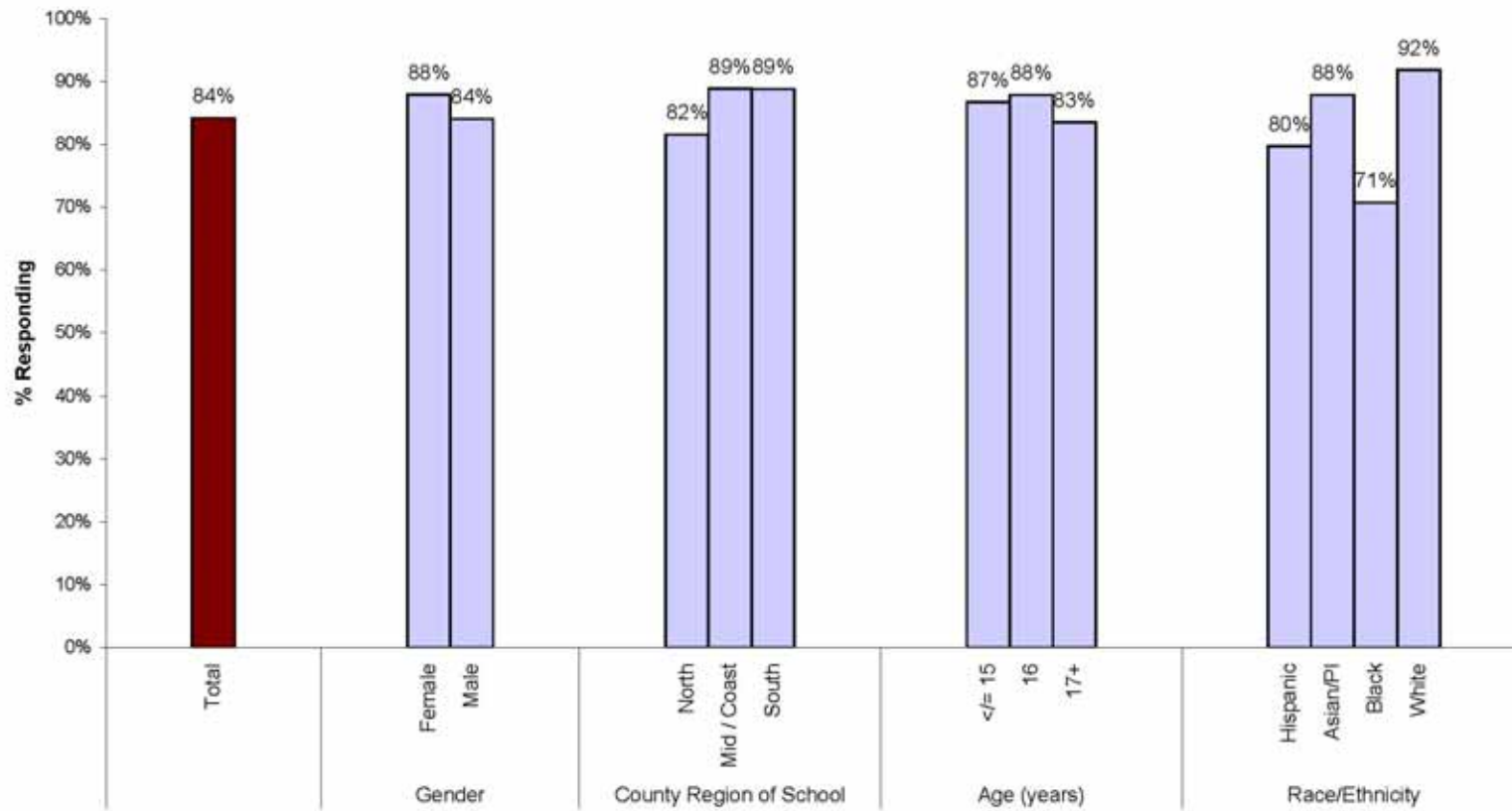
**#83: There is violence in/at:
My school**



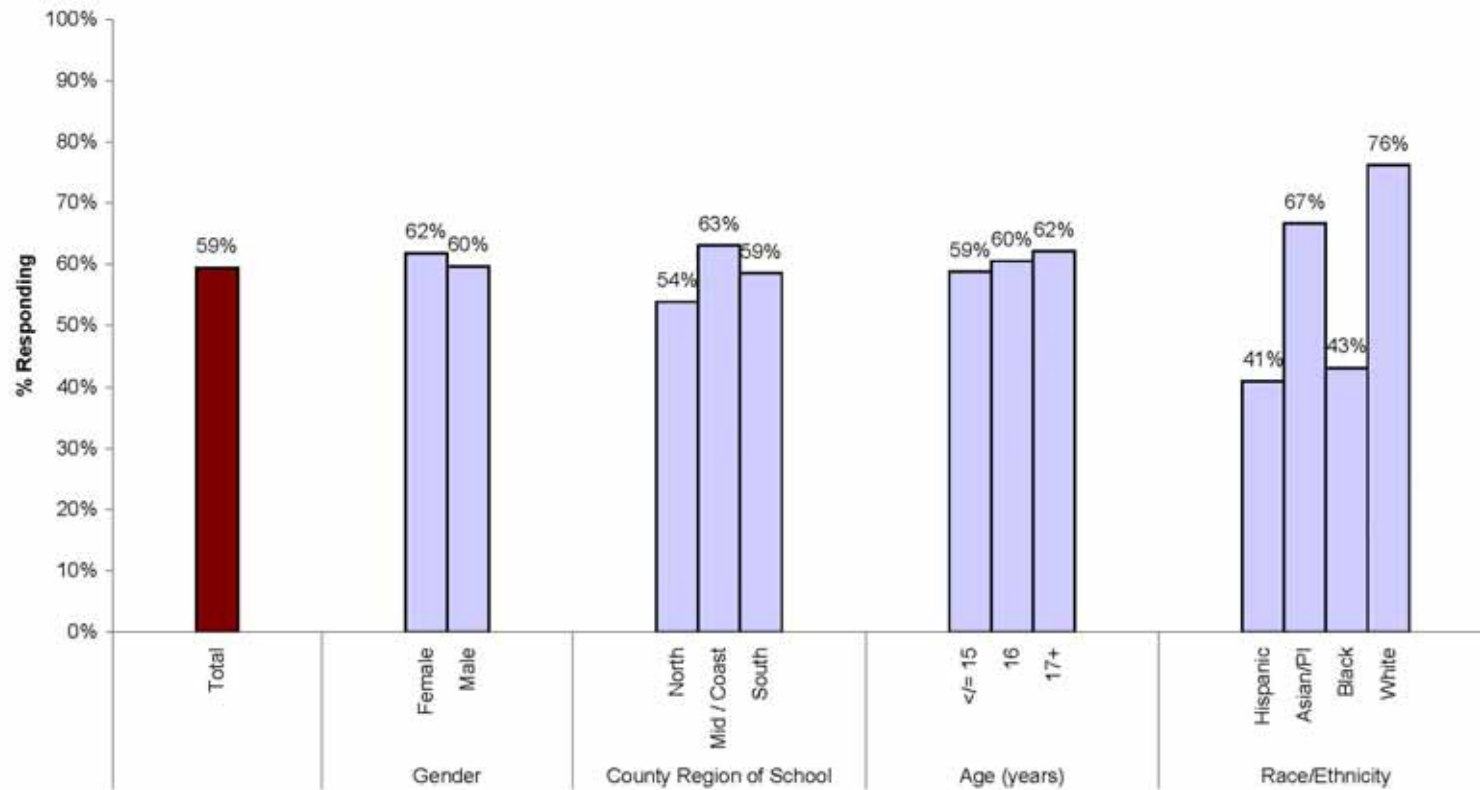
**#83_2: There is violence in/at:
My community**



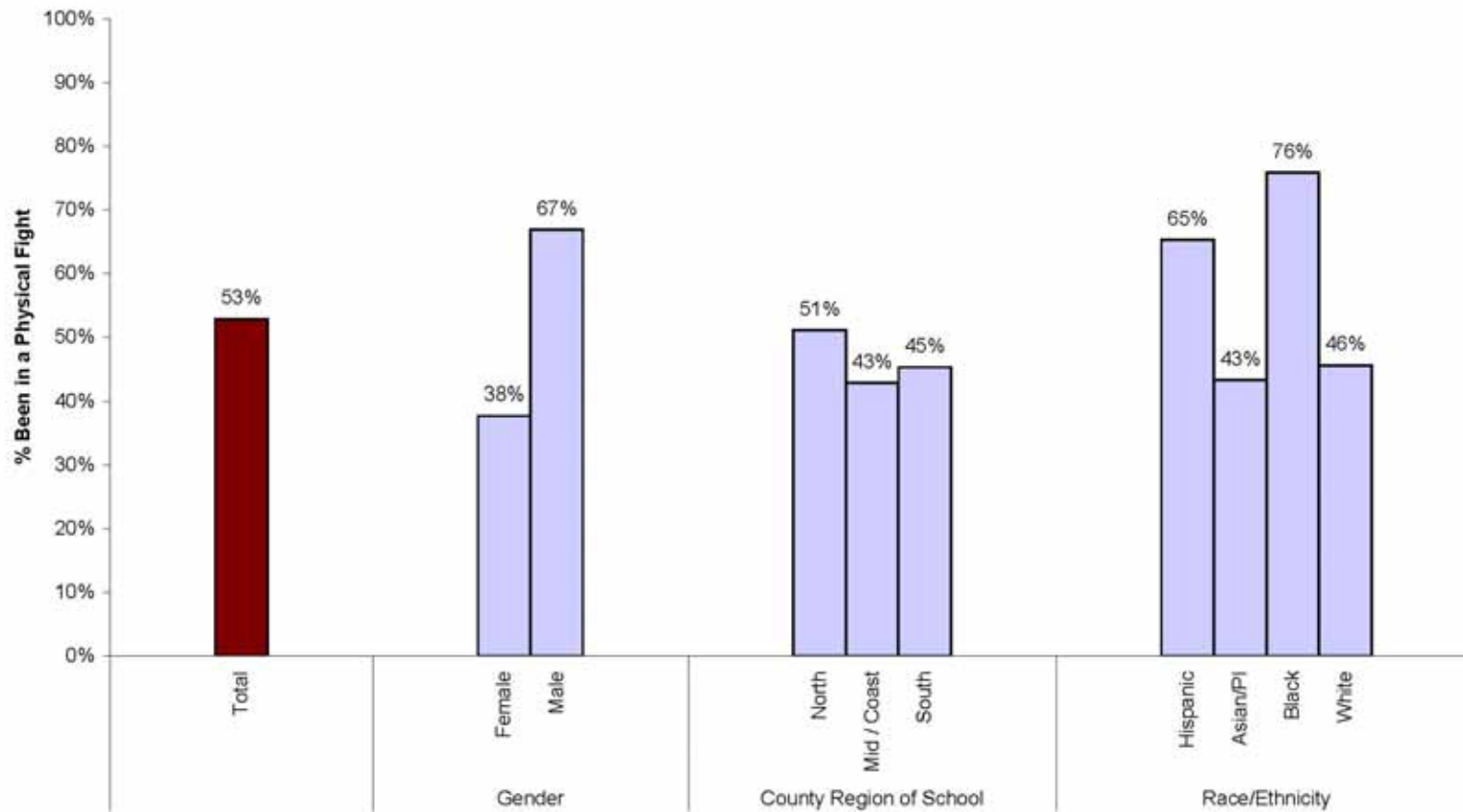
**#84_1: I feel safe in/at:
Home**



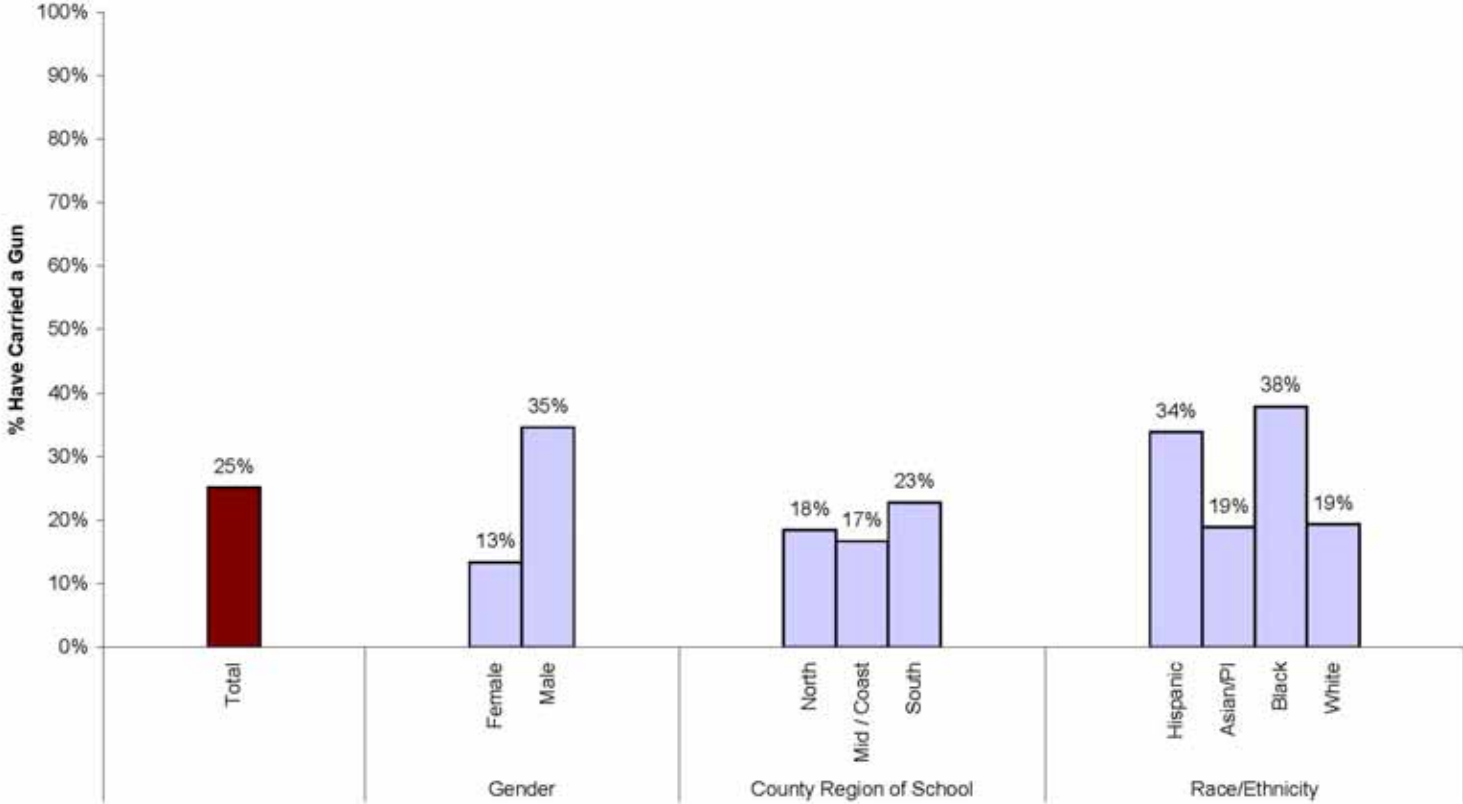
**#84_2: I feel safe in/at:
School**



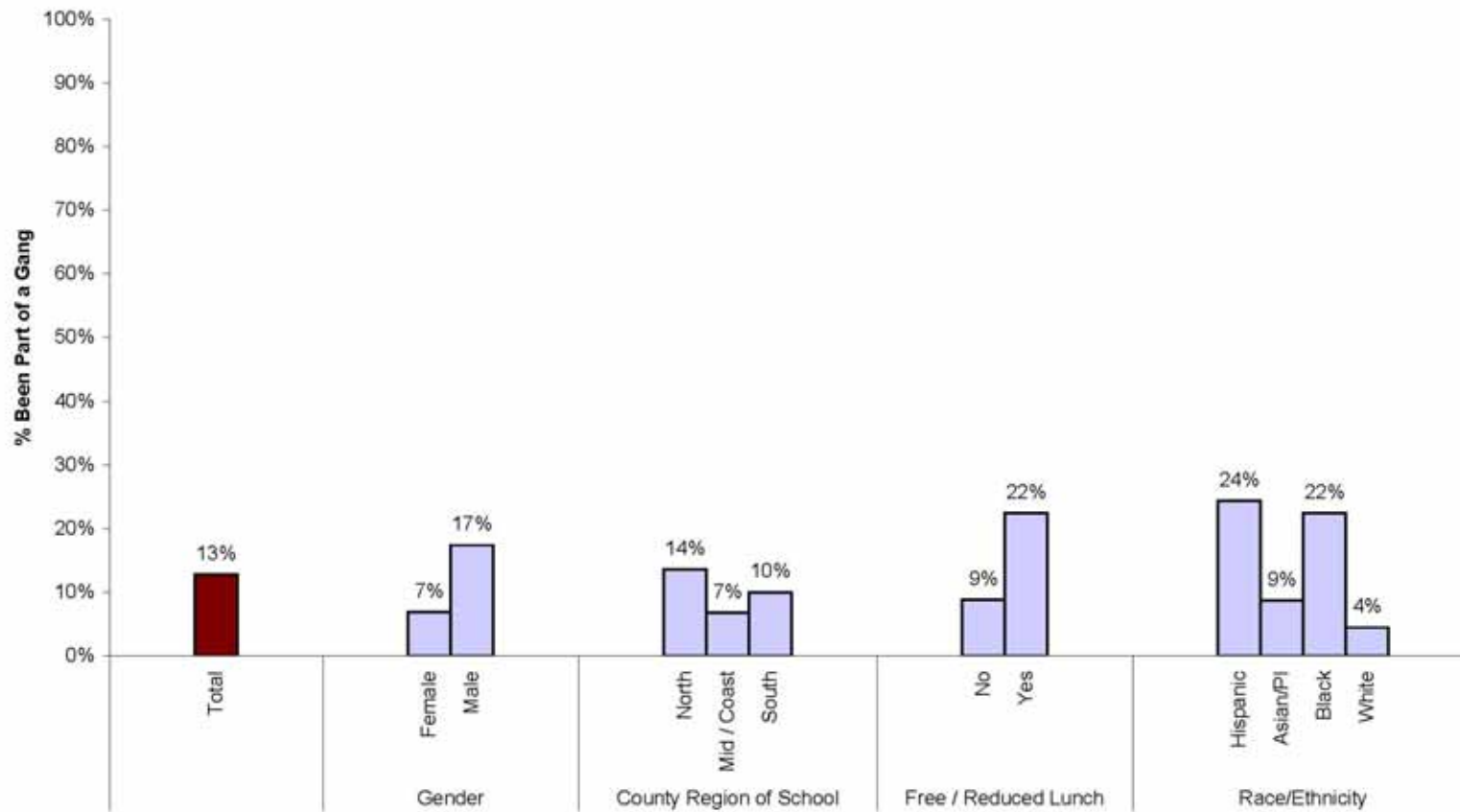
#89: Have you ever been in a physical fight?



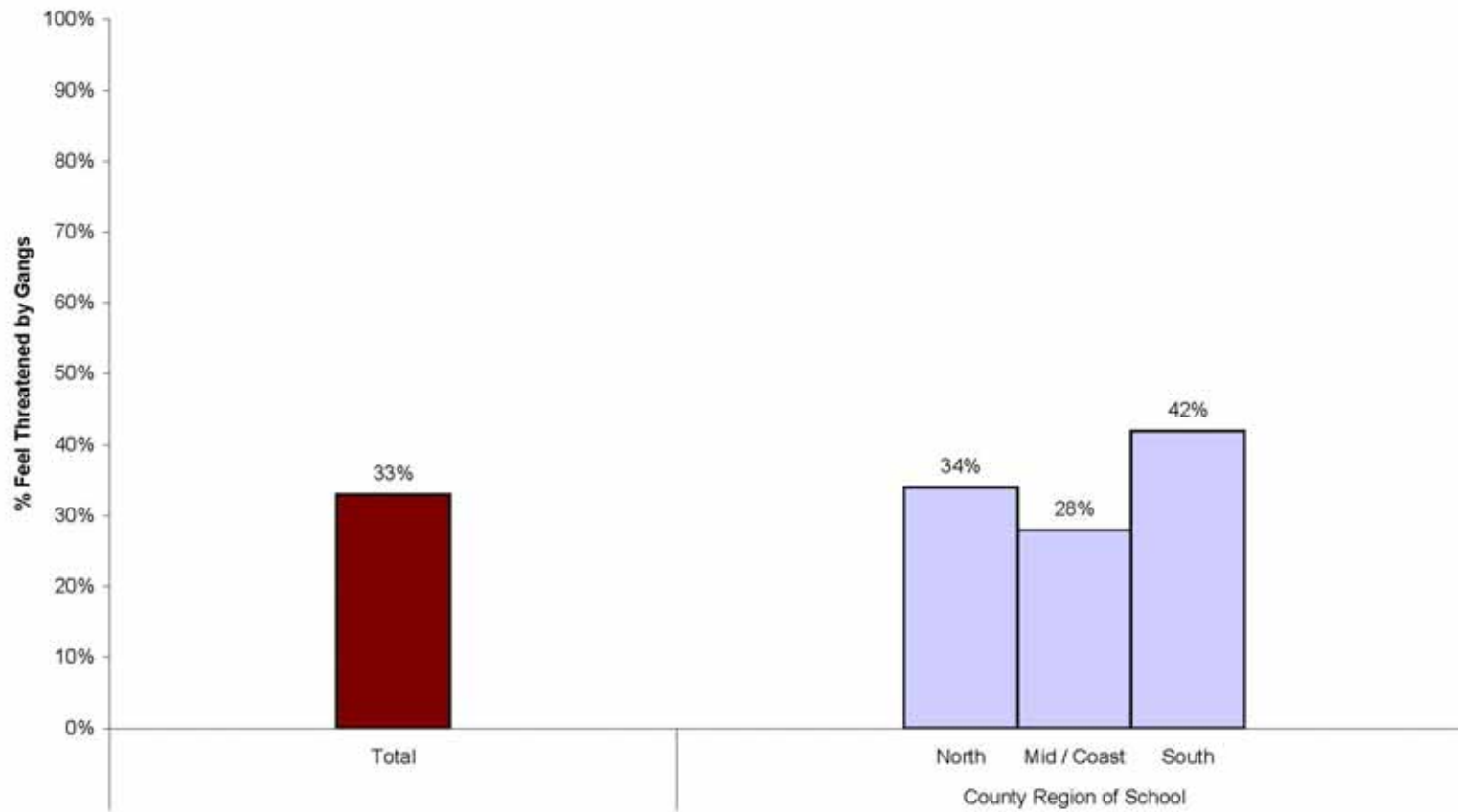
#91: Have you ever carried a gun?



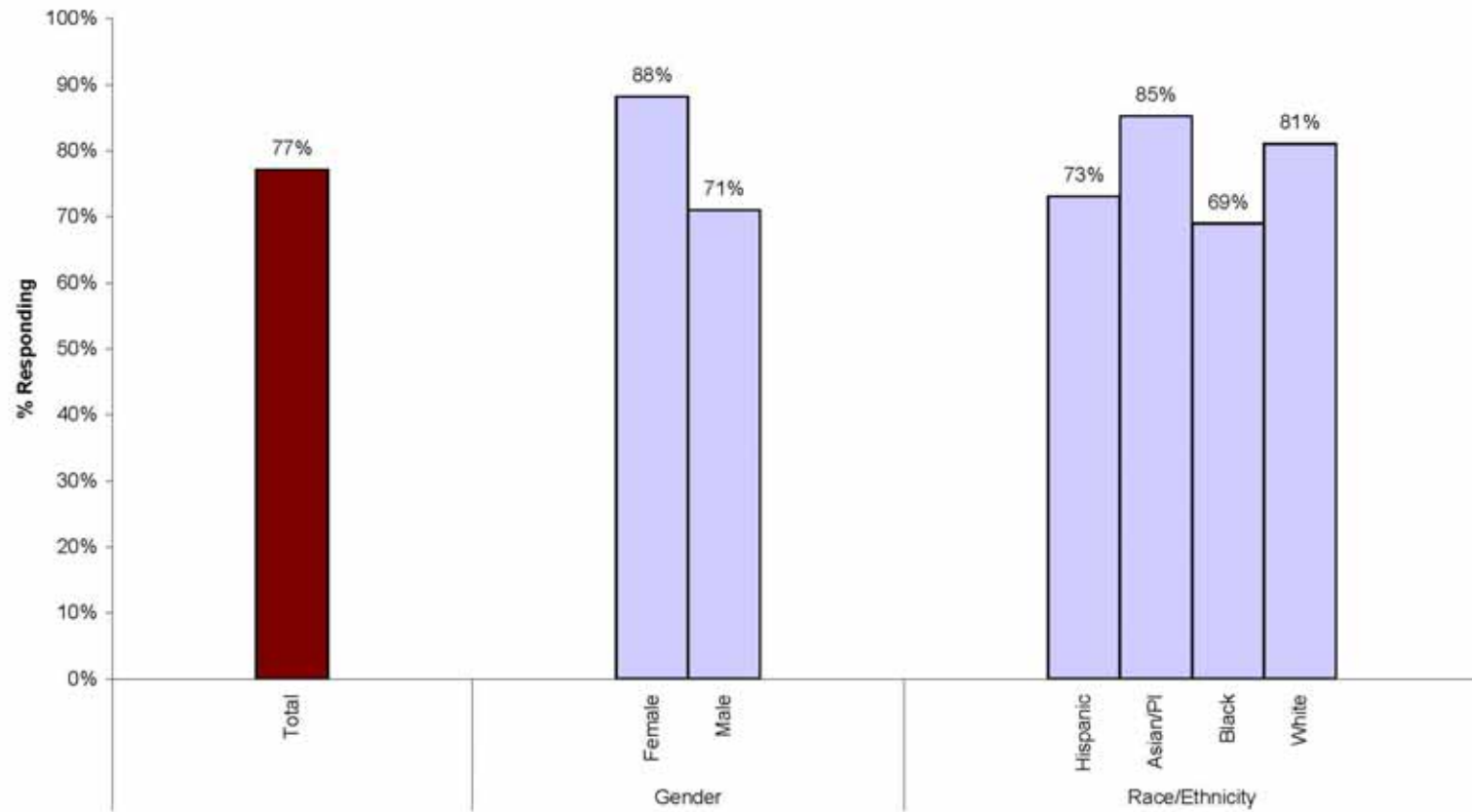
#93: Have you ever been part of a gang?



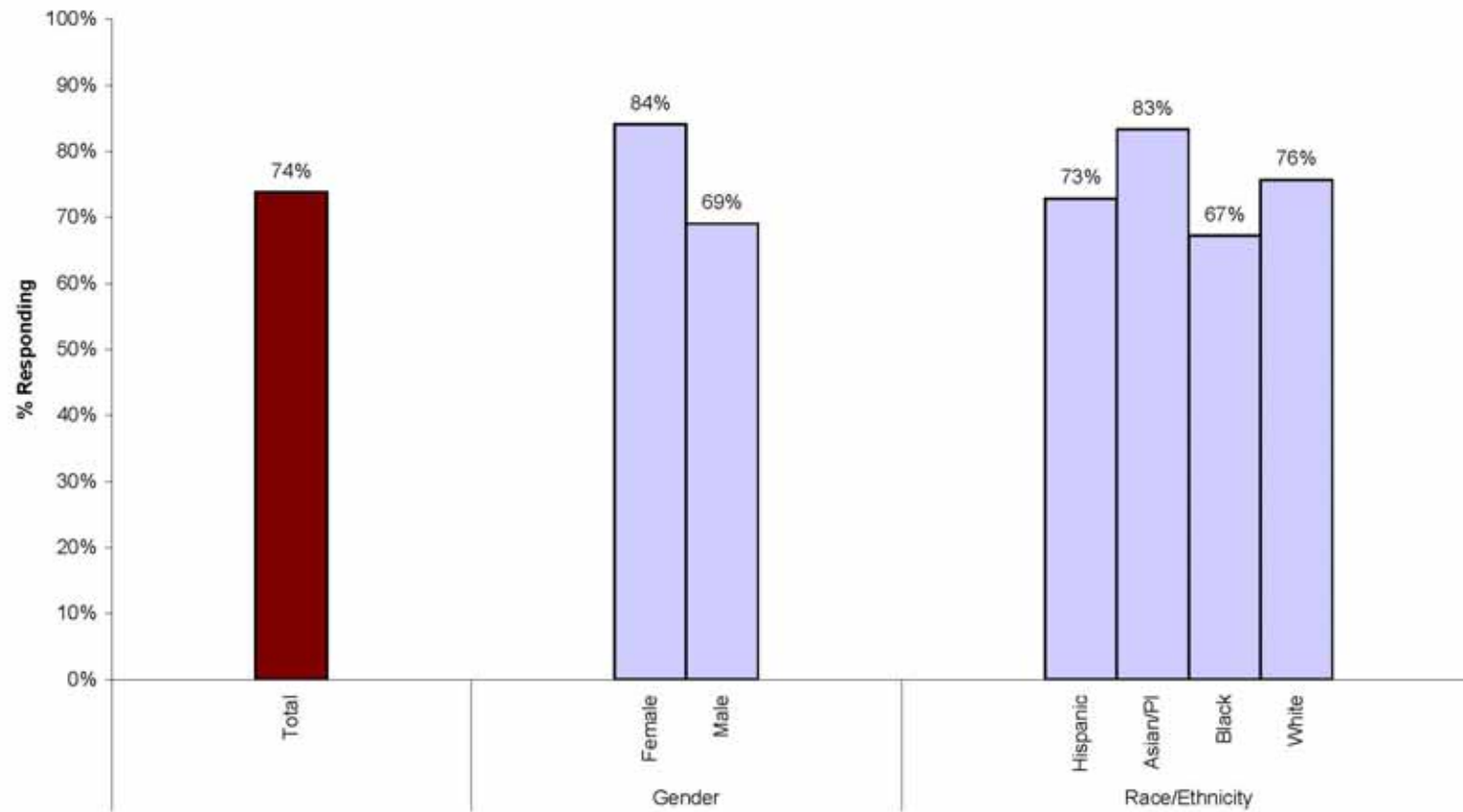
#96: Do gangs in your community make you feel threatened?



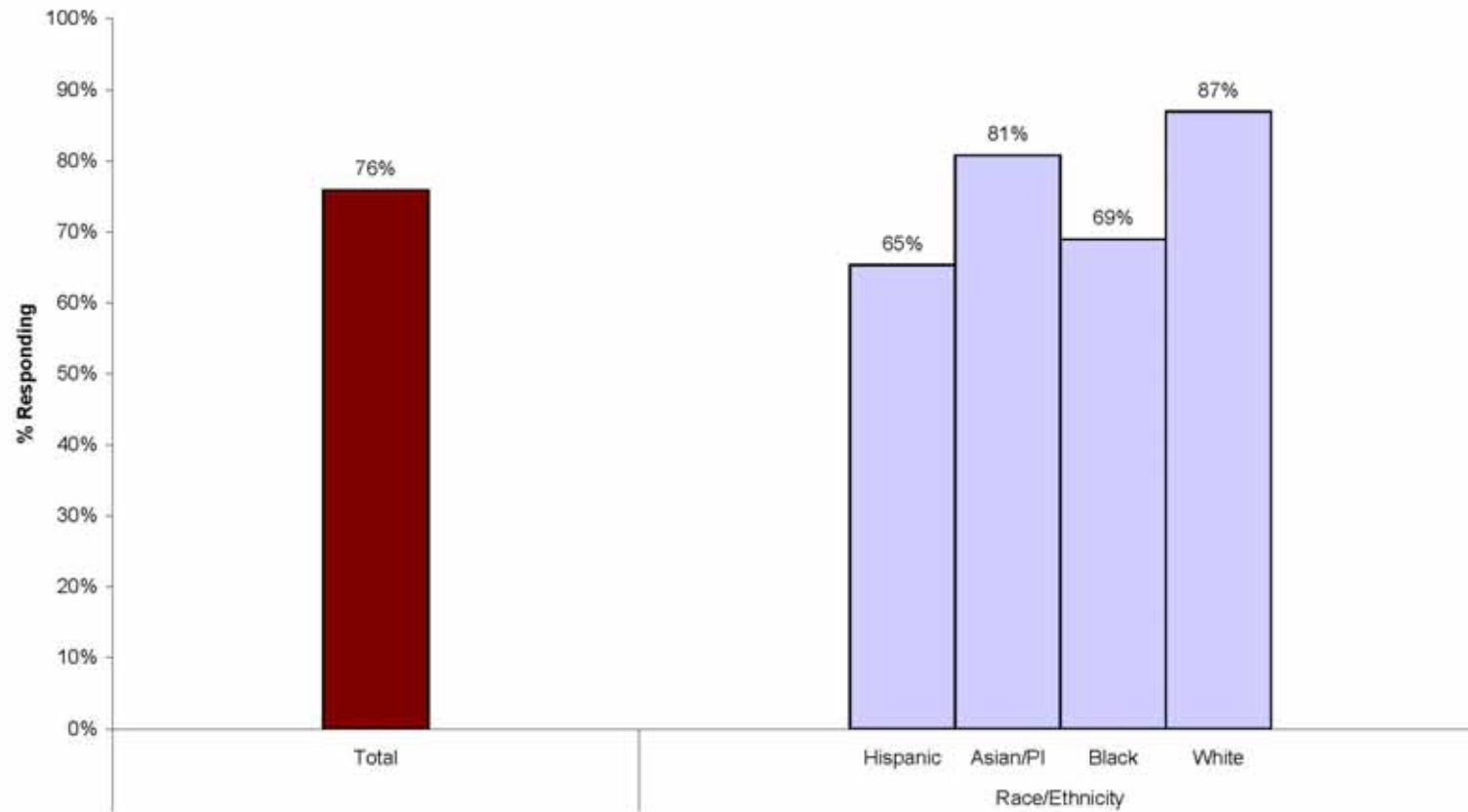
#97: Youth need education about violence prevention.



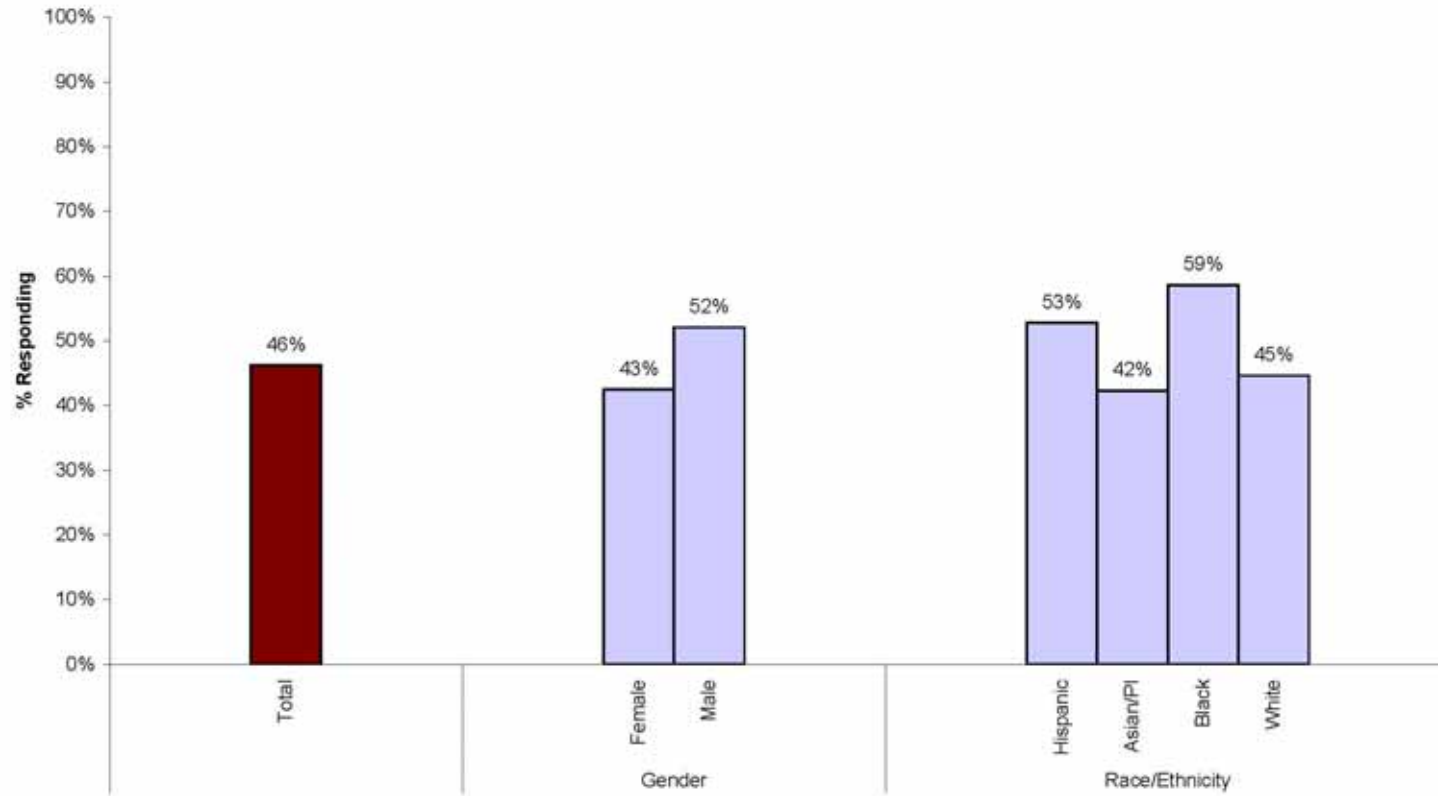
#98: Youth need more gang prevention programs.



#100: I know non-violent ways to deal with conflict.

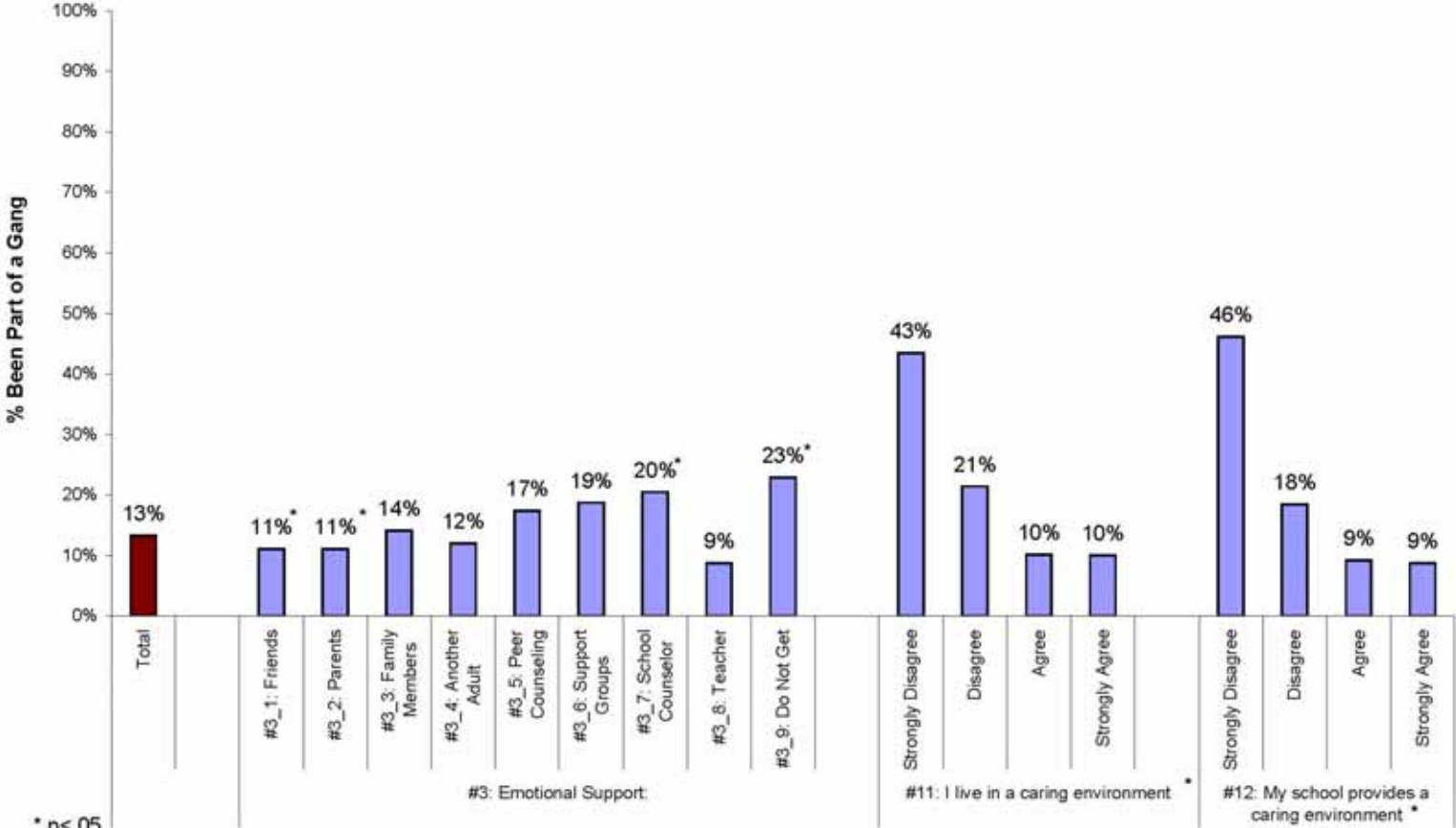


#102: My peers accept violent behavior.



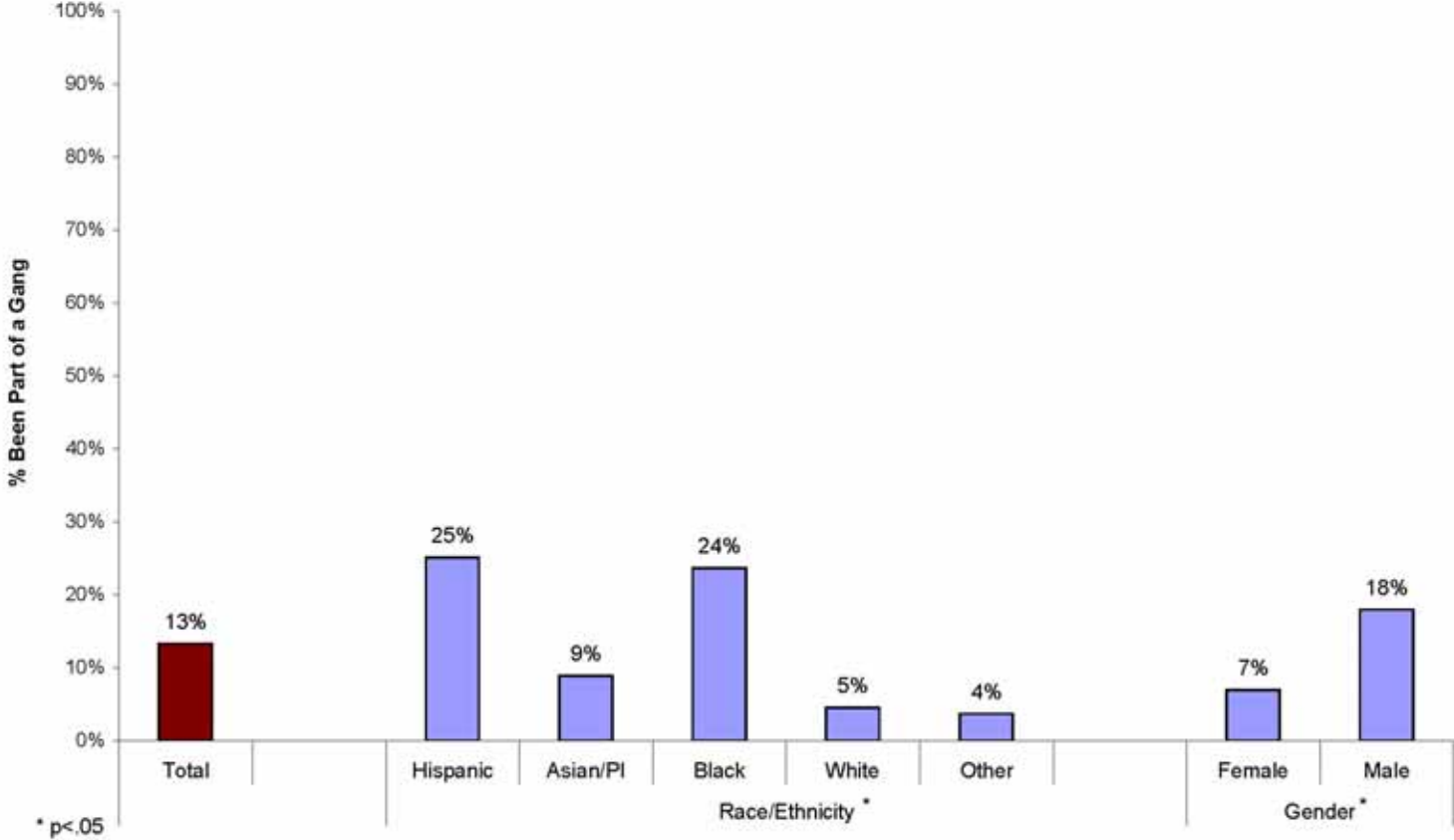
#93: Have you been part of a gang?

Hypothesis 2: Youth who do not get emotional support are more likely to join gangs than those with emotional support.



#93: Have you been part of a gang?

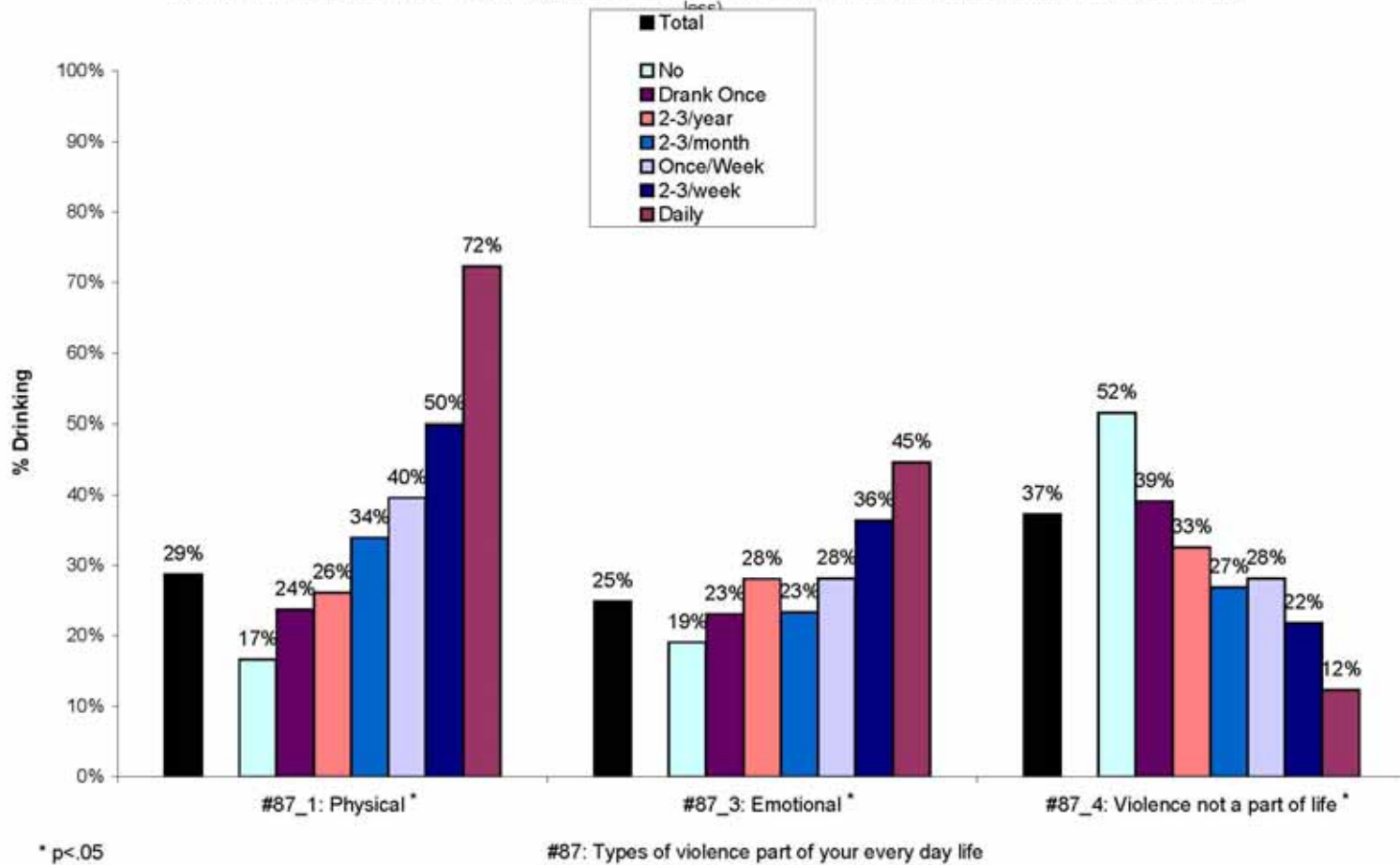
Hypothesis 4: Boys and nonwhites are more likely to be gang members than whites and girls.



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#87: Types of violence part of every day life

Hypothesis 7: Youth who drink (especially binge) or abuse drugs are more prone to violence than those who do not drink (or drink less)



#89: Have you ever been in a physical fight?

Hypothesis 7: Youth who drink (especially binge) or abuse drugs are more prone to violence than those who do not drink (or drink less).

