

TAKE OUT & DELIVERY FOOD SAFETY

Main risk factors for viral contamination



Food Product Delivery

Treat everything that comes into your home from the outside as potentially contaminated, then handle it accordingly.

Practice social distance/physical distance (at least 6 ft. away) from the delivery personnel.

Instruct delivery personnel to place the delivery on the porch, then notify you by phone or simply ring the doorbell to announce the food delivery.

NOTE: If you need to sign a receipt or charge authorization, have the delivery person place delivery and document on the doormat or porch, sign it, leave on the doormat or porch, then bring your delivery inside. This ensures the 6 ft. minimum distance.

STEP 1: Bring the delivery bags/packages into the home and place on a counter top.

STEP 2: Open the delivery bags/packages.

STEP 3: Wash your hands properly* after handling the delivery bag/packages.

STEP 4: Remove the food containers/packages from the delivery bag(s).

STEP 5: Place the food containers/packages on a clean counter.

STEP 6: Wash your hands after handling the food containers/packages. Transfer/dish up the food from the food packages/containers using clean and sanitary utensils, into clean and sanitary dishes, then serve.

STEP 7: Dispose of the delivery bags/packages by placing them in a refuse container or plastic garbage bag, then wash your hands afterwards.

STEP 8: Clean and disinfect all potentially contaminated contact surfaces (e.g. counter tops, etc.), with an EPA-registered household disinfectant.

***Proper hand washing:** Wash your hands with warm water and soap for at least 20 seconds, rinse with warm water, then dry with a single use paper towel.

****If delivered and take out food will not be consumed right away, refrigerate at 41°F, or below.**

Instructions to reheat hot delivered food

Heat the food to = 165 degrees F, for at least 15 seconds. Reheating hot food to = 165 degrees F for 15 seconds will kill/deactivate pathogenic organisms.)

Social Distance

If you go out, practice social distancing by keeping at least 6 feet of distance away from others at all times.

Disinfect contact surfaces

Most common EPA-registered household disinfectants will work. Use disinfectants appropriate for contact surfaces.

OPTION A: Diluting your household bleach To make a bleach solution, mix 5 tablespoons (1/3 cup) bleach per gallon of water OR 4 teaspoons bleach per quart of water.

OPTION B: Alcohol Solutions Ensure solution has at least 70% alcohol.

OPTION C: Other common EPA-registered household disinfectants

Products with EPA-approval are expected to be effective against COVID-19 based on data for harder to kill viruses. Follow the manufacturer's instructions for all cleaning and disinfection products (e.g., concentration, application method and contact time, etc.).

Keeping humans apart from other humans is the only tool we currently have to slow this virus' spread. Wash your hands frequently and follow all the other recommended actions.



**SAN MATEO
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Dial 2-1-1 for non-emergency, non-medical calls
smchealth.org/coronavirus