



SAN MATEO COUNTY HEALTH
AGING & ADULT SERVICES

Commission on Aging General Meeting Minutes

Monday, November 13, 2023 9:00-11:00am

Location: In Person 455 County Center Room 101, Redwood City, CA 94063

Webinar Option for Public Attendance

Members Present: Karen Coppock; JoAnne Arnos; Eileen Barsi; Patty Clement; Angela Giannini; Monika Lee; Joyce Porter; Jeff Austin; Maria Elena Barr; Irene Liana; Ophelie Vico

Members Excused: Kathy Uhl; Marita Leth; Liz Taylor

Public Virtual Attendance: Robert Hall; Jean Perry; Wesley Taoka; Cynthia Nakayama; Pat Carbullido; Gabriela Flores; Maria Gongora; Sandra Winter; Elyse Brummer; Heather Cleary; Dixie Specht-Schultz

In Person Public Attendance: Kevin Joyner, Supervisor Canepa's office

ITEM	DISCUSSION
<ol style="list-style-type: none"> 1. Call to Order 2. Pledge of Allegiance 3. Roll Call 	<p>Meeting called to order by Chair Coppock at 9:00am followed by reciting of the Pledge of Allegiance led by Commissioner Barr. Roll call conducted and quorum was established.</p> <ul style="list-style-type: none"> • Special recognition of the following: <ul style="list-style-type: none"> ○ Veteran's Day-thanks to all Veterans for your service ○ National Family Caregiver's month ○ Native American Heritage Month
<ol style="list-style-type: none"> 4. Introduction by Supervisor Canepa of staff to CoA 	<p>Kevin Joyner spoke on behalf of Sup. Canepa who is under the weather. He is looking forward to representing the Supervisor's office.</p>
<ol style="list-style-type: none"> 5. Introduction of member of the public 	<p>Gabriela Flores from Puente, Cynthia Nakayama from Age Friendly verbally announced their attendance via ZOOM webinar. List of others is included in the minutes.</p>
<ol style="list-style-type: none"> 6. Oral Communications 	<p>No communications from the public were shared.</p>



<p>c. MISO (Middle Income Senior Opportunity Committee)</p> <p>d. Transportation and Aging in Community (TAIC) Committee</p>	<p>Commissioner Austin announced the committee is continuing to revise their work plan. Discussions are taking place to focus on connections with the faith based community. A concern being raised is the number of older adults housed in homeless shelters. He shared that this represents 35% of the shelter population, many of whom may be losing housing due to the cost of living in the county.</p> <p>Commissioner Liana reported for Chair Uhl. She announced that Tina Dubost and Margaret Baggerly from SamTrans are attending meetings and providing great information and updates:</p> <ul style="list-style-type: none">• The Ride Plus program started in June in Half Moon Bay and East Palo Alto is experiencing growing ridership.• The program is being extended through the end of the year at no cost to riders.• This is an on demand program where riders can call when transportation is needed. <p>Commissioner Arnos requested the committee ask if a stop can be provided in Pacifica near senior living buildings.</p> <p>Commissioner Taylor shared she continues to advocate to get a stop in Colma by the Veteran's housing.</p> <p>It was suggested that Commissioners ask their assigned buddies to inquire on where stops may be needed.</p> <p>Andrew Eng from staff announced that SamTrans is currently working on a bus stop improvement plan. He will find out if there are opportunities where Commissioners can share their bus stop requests.</p>
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<p>e. Nomination Ad Hoc Committee Presentation of Slate of Officers for 2024</p> <p>Action Item: Election of Officers</p>	<p>Chair Coppock and Commissioner Barr worked together on the Ad Hoc Committee. Chair Coppock thanked Commissioner Barr for her work and presented the following slate of Officers:</p> <p>Chair: Monika Lee 1st Vice Chair: Irene Liana 2nd Vice Chair: Joyce Porter</p> <p>She announced that the floor was open for other nominations to be made. No other nominations were made. Each candidate was asked to share why they would like to serve. After each candidate spoke, a roll call vote for each office took place. The results follow:</p> <p>Chair: Monika Lee 11 yes 0 no 1st Vice Chair: Liana 11 yes 0 no 2nd Vice Chair: Joyce Porter 11 yes 0 no</p> <p>Chair Coppock announced this would be her last meeting as chair and thanked all for their dedication and support during her tenure. Lisa Mancini presented Chair Coppock with flowers and thanked her for her steadfast leadership for two years.</p>
<p>10. Discussion on Advocacy</p>	<p>MISO Committee plans to submit advocacy as part of their work plan in a week.</p> <p>TAIC Committee's goal is to submit in January.</p> <p>Commissioner Arnos asked for a definition of advocacy for CoA. Discussion followed. All agreed that review of the work plans and advocacy definition for CoA would be included as part of the Commission's strategic planning in December.</p>
<p>11. Member Reports</p>	<p>Commissioner Austin provided an update on the California Senior Legislature</p>



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(CSL): 11 bills are being proposed. The leading bill is regarding post hospital discharge summaries.

A takeaway from his CSL experience to date is the need to be louder and develop champions. We need to be more vigilant, stronger, more unified. Anna will send out the bills to the Commissioners.

Commissioner Barr said our freedom came at a price. As a former veteran thank you for sharing.

Commissioner Barsi shared that it is important to have data to back up needs.

Commissioner Giannini attended the Foster City Senior Showcase where attendees shared with her that the Help@Home are great resources.

She also attended the Measure K listening sessions. The minimum budget of \$250,000 for 3 years makes it difficult for smaller organizations to apply.

Chair Coppock shared that the Department of Housing is releasing a NOFA for smaller organizations on December 5th. Please go to the DOH website for more information.

Commissioner Vico shared the 60 plus program at Puente is having a hard time getting funding support. Program is being cut. They have hired a driver to help with medical/dental appts for people who live in the South Coast.

Commissioner Liana shared the Senior Fraud Prevention Seminar hosted by Congressman Mullin in Foster City was extremely well attended and informative. She was there to table for CoA and others included the IRS, FTC, Foster City



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	<p>Police, Alzheimer's Association, and AARP.</p> <p>Commissioner Arnos shared she was at a talk on ways to reduce auto insurance rates held at the City of Pacifica. She recommended the Commission consider having a presentation on finances as well as Adult Protective Services.</p>
12. Update on BoS activities regarding aging items	Chair Coppock acknowledged this was Kevin's first meeting and requested updates be provided as available at future meetings.
13. Staff Report	<p>Lisa welcomed Kevin and thanked him in advance for helping to schedule interviews for new Commissioners.</p> <p>She reported that an in-person visit was conducted by the California Department of Aging (CDA) with Aging and Adult Services and the Center for Independence for Individuals with Disabilities (CID) on November 9th. CID is a great partner and we are continuing our work to becoming a designated Aging and Disability Resource Connection (ADRC) program.</p> <p>She thanked Commissioner Barsi for her comments on the importance of data. This is increasingly important for us to provide data on the impact and effectiveness of the services being provided and the needs that still exist.</p> <p>Finally, she thanked everyone for their advocacy and assistance in helping to optimize the quality of life for older adults and people with disabilities in San Mateo County.</p>
14. Announcements	No announcements were made.
15. Stretch Break (10 minutes)	5 minute break took place.
16. Area Plan Presentation by Cristina Ugaitafa	Cristina Ugaitafa provided a presentation on the reasons for producing an area plan to provide Commissioners with



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	information in preparation for the data that will be shared from the statewide survey conducted. Data for San Mateo County is projected to be received before the end of the calendar year.
17. Adjourn	Commissioner Giannini motioned to adjourn. Commissioner Barr seconded the motion. Motion passed and meeting adjourned at 11:01am.



Commission on Aging

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