



## MHSA Three-Year Plan – Community Program Planning

### Phase 2. Strategy Development

The MHSA Three-Year Plan is developed in collaboration with clients and families, community members, staff, community agencies and stakeholders. It includes priorities for future funding, program expansions and improvements, and expenditure allocations. The MHSA Three-Year planning process includes three phases, we are currently in Phase 2.

All of the challenges and concerns identified during the Needs Assessment phase were categorized into broad areas of need defined below.

As we move into the Strategy Development phase, there will be a number of **Community Input Sessions** facilitated throughout San Mateo County. During these sessions we will be asking participants to:

1. Decide which area of need to focus the discussion and brainstorming on.
2. Think about solutions to address the needs (programs, services, resources, etc.) that include prevention, workforce and direct service strategies.
  - *Prevention*: strategies that prevent individuals from developing a serious mental illness and substance use disorder through community supports and resources to reduce inequities and behavioral health stigma.
  - *Workforce*: strategies to recruit, increase the capacity of and retain diverse behavioral health staff across the behavioral health network of care including clinicians, contractors, peer workers and case managers.
  - *Direct Services*: strategies to engage, provide treatment and recovery supports for individuals living with serious mental health and substance use challenges.



### Categorized Areas of Need

1. **Access to Services** - this category captures the needs of diverse cultures and identities such as race/ethnicity, LGBTQIA+, veteran status and age related to accessing mental health and substance use services, including community knowledge and education and culturally responsive approaches to engaging communities.
2. **Behavioral Health Workforce** - this category captures the needs related to recruiting, developing, supporting and maintaining a sufficient workforce to address the needs and the diversity of the community. This includes supporting individuals with lived experience as clients and/or family members of clients of mental health and substance



use services to join the workforce and support all services and programming.

3. **Crisis Continuum** - this category captures needs related to mental health and substance use crisis response, as well as appropriate community-based supports and stabilization during and after a crisis.
4. **Housing Continuum** - this category captures the housing needs for individuals living with mental health challenges ranging from assisted living facilities, to having access to permanent supportive housing, to early assessment of risk of homelessness and culturally responsive approaches and support with locating and maintaining housing.
5. **Substance Use** - this category captures the increasing need for substance use services and supports that are accessible, integrated and coordinated with mental health services.
6. **Quality of Care** - this category captures the needs of clients that are in treatment for mental health and/or substance use challenges to have timely access to care when needed, are successfully connected to services after an emergency and receive culturally responsive approaches to their treatment.
7. **Youth Needs** - this category captures mental health and substance use challenges for school to transition-age youth ages 6-25, it includes recent data for adolescent suicides, juvenile justice involvement, school-based and on-campus supports.
8. **Adult/Older Adult Needs** - this category captures mental health and substance use challenges for adults and older adults, it includes recent data related to increasing complexity of needs, general poor mental health outcomes, and suicide prevention needs.