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Health Equity Now!

How **Place, Race, & Health** Connect
in San Mateo County

Monday, April 22nd, 2019
8 am - 4 pm
San Mateo County Office of Education
101 Twin Dolphin Dr, Redwood Shores, CA



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Schedule

Registration, Breakfast	7:45 - 8:15 am
Welcome	8:15 am - 8:30 am
Keynote	8:30 am - 9:25 am
Morning Breakout Sessions	9:30 - 10:30 am
Morning Breakout Sessions - Repeat	10:35 - 11:35 am
Lunch and Learn	11:40 am - 12:40 pm
Afternoon Breakout sessions	12:45 - 1:55 pm
Break and Networking	1:55 - 2:15 pm
Panel Session	2:15 - 3:45 pm
Closing Remarks	3:45 - 4:00 pm
Networking	4:00 pm

“The Transformation of Silence into Language and Action.”

We can learn to work and speak when we are afraid in the same way we have learned to work and speak when we are tired. For we have been socialized to respect fear more than our own needs for language and definition, and while we wait for that final luxury of fearlessness, the weight of that silence will choke us.

The fact that we are here and that I speak these words is an attempt to break that silence and bridge some of those differences between us, for it is not difference which immobilizes us but silence.

And there are so many silences to be broken.

- Audre Lorde, (1934-1992)

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Welcome
8:15 - 8:30

Keynote
8:30 - 9:25 am

Breakout Sessions

9:30 - 10:30
and
10:35 - 11:35
for repeat
session

Morning
breakout
sessions
repeat

Lunch & Learn
11:40 - 12:40

Remarks at
12 noon

Room: Tree Rooms

Edith Cabuslay, MPH, Prevention Manager, Community Health Promotion Unit, Behavioral Health & Recovery Services, San Mateo County Health



Melissa Jones, MPA, Executive Director
Bay Area Regional Health Inequities Initiative (BARHII)

Room: Tree Rooms

This session offers a high-altitude overview of strategic categories, the structures and relationships that guide the social and structural determinants of health in three critical areas: 1. Education, Employment & Income; 2. Criminal Justice, Civic & Social Engagement; and, 3. Transportation and Mobility. The quality of health across these critical areas are context-dependent, based on housing, the neighborhoods and community where residents live.

101 Educational Sessions

The 101 learning sessions will examine the role social and structural determinants of health play in people's ability to live healthy, active lives. These sessions will aim to contextualize national and statewide trends and outcomes, and allude to local data particularly as they relate to marginalized groups in San Mateo County.

Education, Employment & Income

Room: Tree Rooms



Gregg Zaire
Redwood City 2020 and Sequoia Union High School District

The presentation will discuss the impact of school suspension on health, alternatives to suspension (ATS) and what said strategies and policies have on health outcomes. Additionally, the session will discuss how the current policies and practices target or disproportionately impact specific populations.



Amber Akemi Piatt
Human Impact Partners

Criminal Justice, Civic & Social Engagement

Room: Arroyo & Butano

This session will review empirical evidence of health and social outcomes associated with criminal justice systems involvement, including those entering and exiting the criminal justice system. This presentation will discuss how place-based experiences shape people's lives and negatively impact health and social outcomes.



Eduardo "Lalo" Gonzalez
Youth Leadership Institute

Transportation and Mobility

Room: Pelican Room

This presentation will connect obesity, nutrition, recreation and other health-related data to transportation equity and inequity in San Mateo County. This presentation will discuss how housing contributes to inequities in transportation and contextualize national and statewide data to local realities in San Mateo County.

Darris Young, BA, Urban Strategies Council

Room: Tree Rooms



Darris Young will share his personal story during the lunchtime hour. Darris was born in Oakland and had his life shaped for service and activism based on the dynamics of the race riots and Black Panther Party he observed in the 60's and early 70's. He is a national organizer with decades of experience, particularly in working with Black and Latino youth in the criminal justice system. He is a former police officer and counselor. He attended Diablo Valley College and earned his BA from New Gate College in Addiction Studies.

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Breakout Sessions

12:45
-
1:55

201 Educational Sessions

The 201 sessions aim to take a deeper dive into the structural dynamics that shape the social determinants of health and offer practicable solutions to the issues brought up throughout the conference including successful or promising campaigns, policies, programs, partnerships and others.

Education, Employment & Income

This session will discuss the relationship between trauma and learning, and consider how Disability Law might be leveraged in the effort to provide equal access to education for children who have experienced trauma. The session will explore how we can capitalize on the language within case law to broaden the conception of trauma as a means of promoting trauma-informed school service strategies.

Room: Tree Rooms



Tara Ford
Stanford



Michael Gibson
EMS Corps
Alameda County



Daniel Casillas
Juvenile Justice
Delinquency &
Prevention Commission

Criminal Justice, Civic & Social Engagement

Internal Empowerment: Communities Healing Themselves from the Inside Out Utilizing New Opportunities in Policy Reform Efforts.
Current criminal justice policy has focused more on pathologizing individuals rather than empowering them to develop their own pathways to thriving communities. Focusing on self-determination through asset-based models new policymakers can push communities forward using better tools. This session will explore the ways that communities can utilize new Policymakers and new policy reforms at the national, state, and local level to reinvest in communities.

Room: Arroyo & Butano



Tunisia M. Owens
Advocate

Transportation and Mobility

The session will explore how future developments in transportation planning, funding, and decision-making will impact health outcomes. Topics will include new approaches to managing/pricing highways and roads, the role of new mobility technologies, and the health equity impacts of autonomous vehicles.

Room: Pelican



Bob Allen
Transportation Justice
Urban Habitat



Chris Lepe
Regional Policy
TransForm

Break, Networking

1:55 - 2:15



Panel Session

2:15 - 3:45

Room: Tree Rooms

- Darris Young**, BA, Program Associate - Boys and Men of Color, Urban Strategies Council
- Gregg Zaire**, Alcohol and Other Drugs Prevention Partnership, Redwood City 2020
- Edith Cabuslay**, MPH, Prevention Manager, Community Health Promotion Unit, San Mateo County Health, Behavioral Health & Recovery Services
- Will Dominie**, MURP, Policy Manager for Housing Affordability and Equitable Development of BARHII
- Belén Seara**, Senior Community Health Planner, Get Healthy San Mateo County
- Tony Roshan Samara**, PhD, Urban Habitat, Program Director of Land Use and Housing

Closing Remarks

3:45 - 4:00

Room: Tree Rooms

Shireen Malekafzali, Senior Manager for Health Policy, Planning and Equity

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Speakers Bios

Melissa Jones, MPA, is the Executive Director of BARHII – Bay Area Regional Health Inequities Initiative

She is passionate about creating the conditions that increase quality of life and makes life fairer for more people and focuses her work on the intersection of social determinants of health, social inequity, and well-being. Her experience includes positions in municipal government and non-profits throughout the Bay Area. Melissa is an active community member in Oakland and serves on the Association of Bay Area Government's Regional Planning Committee, which advises on regional planning issues. Before joining BARHII, Melissa served as Senior Program Officer at Boston Local Initiative Support Corporation (LISC), where she launched and ran Boston LISC's Resilient Communities Resilient Families (RCRF) Initiative. She was awarded the LISC's President's award in 2014 for her work on comprehensive community development. Melissa has additional experience funding and implementing programs focused on community economic development, family financial stability, education, and civic empowerment. Specifically, she has served in youth empowerment organizations, as Program Specialist for the City of Alameda, and as Program Analyst for the City of Oakland's Oakland Fund for Children and Youth.

Gregg Zaire, Alcohol and Other Drugs (AOD) Prevention Partnership Program Coordinator, Redwood City 2020

Gregg coordinates, develops and liaises with funding agencies, faculty and administrators, contractors, parents and students to coordinate the AOD initiative throughout Redwood City 2020 and, this year, will lead the effort to expand the program throughout the Sequoia Union High School District. Gregg has worked in a number of states throughout the United States. Gregg holds a Bachelor of Arts degree in English and Ethnic Studies from the University of California, Berkeley, and a Master's degree in Sociology and Education from Columbia University, Teachers College. Whether tackling stubbornly intransigent structural issues that redound from identity, representation and belonging, education, substance abuse, homelessness, re-entry and/or employment, Gregg's concerns and career has been spent working to remove the structural barriers marginalized groups often face and the circumstances that often foreclose their dreams. As an experienced professional, Gregg has led local, regional and national youth-, education- and community development programs; he has successfully led capacity building efforts at local and regional organizations and agencies and played instrumental roles in developing comprehensive human/social services systems. Gregg is committed to furthering social justice issues, to make a positive impact in the communities he serves.

Tunisia M. Owens, JD MPA-URP

Tunisia M. Owens is a passionate advocate on issues of Black Economic Empowerment, Diversity and Inclusion, Criminal Justice Reform, Commercial Sexual Exploitation of Youth, and Education Equity. She is originally from Oakland, California and has served the public at non-profit organizations and government agencies in the Bay Area. She returned to Oakland after a career as a diplomat proudly representing the US in Africa, the Middle East, and South America. When she is not raising her daughter or on the legal battleground working to repair systems, Tunisia finds time to publish her poetry, write fiction stories, and non-fiction articles. She graduated from Spelman College in Political Science and Economics, holds a joint Master's degree from Princeton University in Public Policy and Urban/Regional Planning, and obtained her Juris Doctor from the University of California, Hastings College of the Law.

Eduardo "Lalo" Gonzalez, Program Manager, Youth Leadership Institute's San Mateo County office

He coordinates the Friday Night Live Network, a statewide youth development program, where youth leaders and their adult allies work towards promoting youth voice through youth-led action projects. In his role, Lalo provides trainings to each chapter to help the groups move their vision forward. He also serves as a leader and adult ally to two youth groups in the county, one that had a recent policy win around economic security, and the other that works towards making public transportation more equitable and youth-friendly. Lalo participated in youth-led action research projects while in high school in California's Coachella Valley, making him an expert in supporting youth and adults to make positive changes in their communities. Lalo enjoys dancing, the wizarding world of Harry Potter, and eating seafood.

Darris Young, BA, Program Associate – Boys and Men of Color, Urban Strategies Council

Darris was born in Oakland and had his life shaped for service and activism based on the dynamics of the race riots and Black Panther Party he observed in the 60's and early 70's. He is a national organizer with decades of experience, particularly in working with Black and Latino youth in the criminal justice system. He is a former police officer and counselor. He attended Diablo Valley College and earned his BA from New Gate College in Addiction Studies.

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Tara Ford - Clinical Supervising Attorney and Lecturer at Law with the Youth and Education Law Project (YELP), a project of the Mills Legal Clinic at Stanford Law School

Tara Ford has focused her career on issues impacting children and their families, including special education, health care, mental health care, and child welfare. Previously, Tara was the Co-Founder of Pegasus Legal Services for Children, a non-profit law firm serving children and their families in New Mexico. In 2016, Tara authored "Pegasus Legal Services for Children: Taking Stock of a Rebellious Non-Profit Practice in New Mexico," published by the Clinical Law Review. Along with her colleagues and law students, Tara works to ensure that children receive appropriate education. She is counsel on Stephen C. v. BIE, litigation which aims to ensure that students in Havasupai are provided with basic education, a system of special education, and mental health and wellness supports.

Danny Casillas, Juvenile Justice Delinquency Prevention Commissioner

Daniel is a student at the College of San Mateo and works at the Multicultural & Dream Center on campus. He is majoring in Ethnic Studies and Administration of Justice. He is pursuing a career in Law and/or Education. He hopes that he will be able to use his voice and actions to uplift currently incarcerated and formerly incarcerated people.

Michael Gibson, MPA, EMS Corps of Alameda County

Michael Gibson is an expert in direct service and practice with over twenty years of experience working in Violence Prevention, Leadership Development, Transformative Mentoring, and Juvenile Justice. He is a graduate of Morehouse College in Atlanta, GA and is a native of East Oakland, CA. Due to overcoming childhood trauma and adversity, and spending time in the juvenile justice system, Gibson has been featured in numerous books to share his life story such as *Envy of the World: On Being Black in America* (Cose, 2002), *Face Forward: African-American Men at a Critical Age* (Okwu, 2000), and *Street Soldiers* (Marshall, 1996). Gibson currently serves as the Executive Director of the Alameda County Emergency Medical Services Corps. The EMS Corps is a program that transforms the lives of young men of color and prepares them for careers in health and public safety. He earned a Master's degree in Public Administration with a concentration in public management and policy analysis, from California State University, East Bay, and a Professional Coaching for Life and Work Certificate from University of California, Davis.

Amber Akemi Piatt, Health Instead of Punishment Program Director, Human Impact Partners

Amber leads HIP's Health Instead of Punishment Program. She believes it's urgently necessary to shift public resources towards healing and harm reduction instead of furthering criminalization and trauma. Her commitment to taking action in solidarity with those who have been most impacted by mass incarceration and police violence guides the program's work. Amber grew up in Reseda, California, and currently lives in Oakland. When she's not fighting for social justice, she can be found dancing, practicing yoga, hiking, or playing with the nearest dog.

Bob Allen, Director of Policy and Advocacy Campaigns, Urban Habitat

Bob has led the Transportation Justice Program at Urban Habitat since 2007. In 2009, Bob helped lead a successful campaign to stop the use of \$70 million in federal stimulus funds for the Oakland Airport Connector project based on civil rights violations. More recently Bob led UH's work supporting the successful Free MUNI for Youth campaign and regional equity campaign through the 6 Wins for Social Equity Network. His background and experience include community planning and policy work both in the United States and internationally, labor organizing, as well as organizing and advocacy with refugee and immigrant communities. Bob received both his Bachelor's degrees in Political Science and History and his Master's in Public Policy from Rutgers University.

Chris Lepe, Regional Policy Director, TransForm

Chris has over fifteen years of experience leading campaigns, initiatives, and coalitions around transportation, land use, housing, and health policy in communities across Silicon Valley. Chris' expertise and experience includes collective development of campaign strategy and consensus building around policy positions with diverse coalitions, such as around the 2016 Santa Clara County and 2018 San Mateo County transportation ballot measures. Community engagement and organizing has included coordinating outreach to workers and business owners regarding the Alum Rock Bus Rapid Transit project and Highway 101 Managed Lanes project. Chris has planned events and convenings with hundreds of attendees, including the Let's Get Moving Summit and the Connecting Communities event series. He also conducts quantitative analysis and authors reports and blog posts for TransForm. Chris has taught courses in the Environmental Studies, Health Science, and Intercultural Studies Departments at De Anza College and San Jose State University. He received his BA in Environmental Studies with a minor in Latin American/Latino Studies from the University of California, Santa Cruz and his Masters in Urban Planning at San Jose State University.

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In gratitude

Planning Committee

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San Mateo County Health
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Behavioral Health & Recovery Services,
San Mateo County Health
Gregg Zaire,
Redwood City 2020 and Sequoia Union
High School District

Speakers

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Bob Allen
Chris Lepe
Michael Gibson
Darris Young
Tony Roshan Samara
Belen Seara